

Stay Safe and Play at



June 2020
Virtual Program Guide

OREGON
Park
District

304 S. 5th Street, Oregon | 815-732-3101 | Oregonpark.org



Dear Residents,

As June 1st approaches, many patrons have inquired as to when Nash Recreation Center will officially re-open. Public pools and recreation facility operations are not included as part of the Phase 3-Recovery of the Restore Illinois Plan released by Governor Pritzker. In addition, there has been no direction or guidelines from the Illinois Department of Public Health (IDPH) concerning safe operation of these facilities. To the degree possible without input from IDPH, the health, safety and operational challenges related to the operation of our facility under social distancing protocols are being reviewed and evaluated by the park district. Once IDPH provides direction, final decisions can be made and communicated to the public.

This is disappointing for everyone, but we will continue to adhere to the direction provided by Governor Pritzker and IDPH. We appreciate your patience and understanding.

With the cancellation of a majority of our summer programming the recreation department is excited to release a virtual activity guide for outdoor activities beginning the week of June 1st. All activities will be held virtually or with 10 or less people. We have revamped popular programming to allow for social distancing and added new programs that can be participated in from the safety of your own home or our under 10 guidelines.

The District is committed to keeping our community safe and continue to provide recreation opportunities. We appreciate your patience and understanding through this difficult time.

I know many of you have questions or concerns. Please send your comments or questions to info@oregonpark.org and staff will contact you directly to discuss your concerns.



Erin Folk
Executive Director
erin@oregonpark.org

A handwritten signature in black ink that reads "Erin Folk".



ESTABLISHED 1966

Creating fun for a lifetime!



Social Distancing Guidelines

- All class stations will be placed a minimum of 6 feet from one another to allow for social distancing. Stations will be sanitized prior to class and after class.
- Instructor will remain 6 feet from all patrons, at all times.
- Hand sanitizing stations will be available at all programming.
- If you don't feel good or have a fever, **STAY HOME**. A refund will be issued for the class or the project from the class will be made available to you.
- Please wear a mask both to and from each class.
- Enjoy your experience. Staff has worked hard to create opportunities for both young and old alike to enjoy activities while following all guidelines set by the CDC and IDPH. If you have any questions, concerns or ideas we would love to hear them, email tina@oregonpark.org.

COVID-19: SOCIAL DISTANCING IN PUBLIC PARKS AND TRAILS



Do not use parks or trails if you are exhibiting symptoms.



Be prepared for limited access to public restrooms or water fountains.



Share the trail and warn other trail users of your presence and as you pass.

Follow CDC's guidance on personal hygiene prior to visiting parks or trails.

Observe CDC's minimum recommended social distancing of 6' from other persons at all times.



STATE PARK HIKE

Join former Park Ranger, Grant Afflerbaugh on hikes through our local state parks. Each session features a different state park with a trail that is often times less traveled. Grant will lead the group and provide educational information throughout the hike. The group will meet at each park the day of the program.

Age: Any
Location: Lowden State Park
Date: 6/5
Deadline: 6/2

Day: Friday
Time: 6:00 – 7:00 pm
Fee: \$2/\$3 NR
Code: 2023-19

EARLY RISE EXERCISE WITH AIMEE

Rise and shine and get your day started with Aimee in this private, registration only class. Class size is limited to first 6 registered to allow safe social distancing. All equipment will be sanitized both before and after class. Class covers cardio and light to medium weight training to help increase stamina, strength, and flexibility. This is an excellent way to cross train! Beginner, moderate, and advanced health enthusiasts are all welcome. Classes will be held at Nash Recreation Center. Building will open at 5:45 a.m. for this private class and patrons will leave immediately following class. Facial masks will be required to enter and exit the building. Social distancing guidelines will be followed. No drop-ins allowed.

Age: 18+
Date: 6/8 – 6/29
Day: M/Th
Deadline: 6/5

Time: 5:50 – 6:50 am
Fee: \$28/\$34 NR
Code: 2047-01

VIRTUAL RUNNING CLUB

No more sitting inside in front of a screen! Lets get outside and get active! This program encourages participants to get out to Park West and complete two runs a week either alone with a buddy! You can pick any two days but we encourage you to choose a Tuesday or Thursday as we will have a sign in board at the Park West lower shelter. Sign in on the board and earn an entry into our drawing for a prize. All ages and ability levels are encouraged to join! Each Friday at 10:00 am, we will have a Zoom call to check in and see how everyone's runs are going, we will talk about topics such as stretching, drills, recovery, fuel, goal setting and more. This program aligns perfectly with our virtual 5K in July and will have you more prepared than ever to get it done. Sign up and get motivated!

Age: 9+
Date: 6/15 – 7/15
Deadline: 6/10

Fee: \$5/\$6 NR
Code: 2047-03



TORO TUESDAYS

Join us for Toro Tuesdays for 2 v 2 games at the new courts at Park West. Sign up is for teams of 2 who will compete against other teams in no contact exciting games. These games combine elements of soccer, strategy and teamwork! Each time slot will feature 45 mins of playing time, with 15 minutes



transition times between games. All players will receive a league t-shirt. There will be a 4-week regular season followed by an end of season tournament. Wearing of face masks is strongly encouraged. Social distancing rules will be observed in these no contact games. No spectators will be allowed. An OPD staff member will be present at all times. There will be a hand sanitizer station on site.

Age: 10 – 14
Date: 6/16 – 7/14
Day: Tu
Deadline: 6/10

Time: 9:00 am – Noon
Fee: \$30/\$30 NR
Code: 2047-08

Age: 15-18
Date: 6/16 – 7/14
Day: Tu
Deadline: 6/10

Time: 4:00 – 7:00 pm
Fee: \$30/\$30 NR
Code: 2047-09



CORONA CORNHOLE BAGS TOURNAMENT

Join us at the new bags courts at Park West for a fun bags league. This will have a 4-week regular season, followed by a 1 week tournament. Sign up in teams of 2 and prizes will be awarded to the winners. Number of teams is limited, so sign up soon! Social Distancing Guidelines will be followed with only one game being played at a time. There will be a designated waiting area for players behind the boards. Must use OPD bags. Wearing of face masks is strongly encouraged. No spectators will be allowed. An OPD staff member will be present at all times. There will be a hand sanitizer station on site.

Age: 18+
Date: 6/24 – 7/22
Day: W
Deadline: 6/18

Time: 5:00 – 8:00 pm
Fee: \$40/\$48 NR
Code: 2047-07

PARK VIRTUAL 5K

See the new amenities at Park West! Complete a 5K run between July 1st and July 15th, with a route including a tour of OPD's newly renovated Park West and see all of the new amenities. The route will be emailed to you following registration. Once completed, please send in a photo or log of your time to lesley@oregonpark.org. All finishers will receive a t-shirt and medals will be awarded to the top male and female finishers. Please be sure to follow social distancing guidelines during your run.

Date: 7/1 – 7/15
Deadline: 6/30

Fee: \$10/\$12 NR
Code: 2047-02



ONLINE REGISTRATION



Save Time! Register Online!

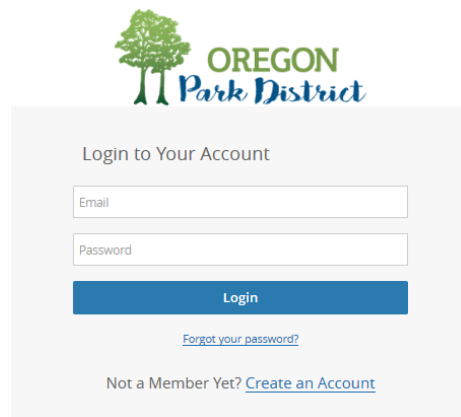
The Oregon Park District recently launched Perfect Mind, a new online registration system. With the new system, the District now offers a user-friendly interface, simple navigation, and customizable features to save you and your family time when registering for District programs and events!

Perfect Mind provides the ability for our users to update account information, view attendance history and future schedule, register for an activity or event, and check on the availability of a shelter or Nash Recreation Center room rental from anywhere with an internet connection.

Select an Activity

9 locations selected

Aquatics Group Swim Lessons	Athletics & Sports Adult Sports Fitness Youth Sports	Classes & Activities Adult Courses Adult Single Classes All Age Activities Youth Courses Youth Single Classes
For Your Pets Classes Special Events	Special Programs & Events Events Inclusion Programs Trips & Tours	Youth Education Childrens Center Extended Time No School Days



OREGON Park District

Login to Your Account

Email

Password

Login

[Forgot your password?](#)

Not a Member Yet? [Create an Account](#)

Not a member yet? Create an Account! Already have an account with your primary email address? Simply login or select 'Forgot your password' to re-establish your account. Once you're in, you can update your household information, payment information, sign up for programs and activities, and reserve shelters.

While the District strives to make your online experience one of the best, please note there are a few account features that are not available online.

- All patrons that create their own account will be flagged as a Non-Resident. If you live within the District boundaries and are a Resident, please call Nash Recreation Center at (815) 732-3101 so our Customer Service team can update your account. Once updated, resident rates will be applied for all future online registrations and reservations.
- Discounts are not available through Online Registration. If you wish to take advantage of our Sibling Discount, please register over the phone or at Nash Recreation Center.

The Oregon Park District is excited to be able to provide our community with an easy online experience. If you have any questions regarding Online Registration, contact us at info@oregonpark.org or call Nash @ 815-732-3101.

ONLINE REGISTRATION

FOLLOW US ON FACEBOOK FOR PERFECT MIND UPDATES AND HAPPENINGS AT OREGON PARK DISTRICT!



PAINT THE PARK

Join us the week of June 8th as we "Paint the Park" with social distancing! Various time slots will be available throughout the week of June 8th to paint. Squares can be painted individually or with members of your household, but only 3 squares will be available each time slot. After registering, you will be emailed a square number that will be labeled in Park West on paths north of the splash pad with your assigned time. Paint and water will be provided at your square and you will have 1 hour to complete. Please bring your own brushes and towels! An Oregon Park District supervisor will be on-site to monitor all social distancing guidelines are adhered to. Masks are recommended and hand sanitizing stations will be available. Paint the Park is sponsored by E.D. Etnyre & Co.

DATE	TIME	CODE
Monday, June 8th (Deadline 6/5)	8:30 – 9:30 am	2047-11
	10:00 – 11:00 am	2047-12
	11:30 – 12:30 pm	2047-13
	1:00 – 2:00 pm	2047-14
	2:30 – 3:30 pm	2047-15
	4:00 – 5:00 pm	2047-16
Tuesday, June 9th (Deadline 6/5)	4:00 – 5:00 pm	2047-17
	5:30 – 6:30 pm	2047-18
	7:00 – 8:00 pm	2047-19
Thursday, June 11th (Deadline 6/5)	8:30 – 9:30 am	2047-20
	10:00 – 11:00 am	2047-21
	11:30 – 12:30 pm	2047-22
	1:00 – 2:00 pm	2047-23
	2:30 – 3:30 pm	2047-24
	4:00 – 5:00 pm	2047-25
	5:30 – 6:30 pm	2047-26

PROGRAM	TIME	CODE
Tape Painting Wed. 6/3 (Deadline 6/2)	9:00 – 9:30 am	2047-27
	9:45 – 10:15 am	2047-28
	10:30 – 11:00 am	2047-29
	11:15 – 11:45 am	2047-30
	12:30 – 1:00 pm	2047-31
	1:15 – 1:45 pm	2047-32
	2:00 – 2:30 pm	2047-33
	2:45 – 3:15 pm	2047-34
	3:30 – 4:00 pm	2047-35
	4:15 – 4:45 pm	2047-36
Keychains Wed. 6/10 (Deadline 6/8)	9:00 – 9:30 am	2047-37
	9:45 – 10:15 am	2047-38
	10:30 – 11:00 am	2047-39
	11:15 – 11:45 am	2047-40
	12:30 – 1:00 pm	2047-41
	1:15 – 1:45 pm	2047-42
	2:00 – 2:30 pm	2047-43
	2:45 – 3:15 pm	2047-44
	3:30 – 4:00 pm	2047-45
	4:15 – 4:45 pm	2047-46
Slime Wed. 6/17 (Deadline 6/15)	9:00 – 9:30 am	2047-47
	9:45 – 10:15 am	2047-48
	10:30 – 11:00 am	2047-49
	11:15 – 11:45 am	2047-50
	12:30 – 1:00 pm	2047-51
	1:15 – 1:45 pm	2047-52
	2:00 – 2:30 pm	2047-53
	2:45 – 3:15 pm	2047-54
	3:30 – 4:00 pm	2047-55
	4:15 – 4:45 pm	2047-56
Frames Wed. 6/24 (Deadline 6/22)	9:00 – 9:30 am	2047-57
	9:45 – 10:15 am	2047-58
	10:30 – 11:00 am	2047-59
	11:15 – 11:45 am	2047-60
	12:30 – 1:00 pm	2047-61
	1:15 – 1:45 pm	2047-62
	2:00 – 2:30 pm	2047-63
	2:45 – 3:15 pm	2047-64
	3:30 – 4:00 pm	2047-65
	4:15 – 4:45 pm	2047-66

ART IN THE PARK

Art in the Park, sponsored by E.D. Etnyre & Co., is back this summer with a social distancing twist! The program is still free but registration will be required and slots are available on a first-come, first-serve basis. Five stations will be set up at The Reading Nook for five children per time slot. Only 1 adult per family will be allowed to adhere promote social distancing. Each child signs up for a table spot that will include all materials to complete the craft. Ms. Allyse will be on hand to direct everyone from a safe, social distance. Join us as we get creative in the park with a safe twist! Register online today!



operation *move* '20



Time to get moving this summer! Until we can have events in person, let's do some fun virtual Operation Move challenges, sponsored by KSB Wellness.

**No Registration
Required!**

Week One - Virtual 1 Mile Run

Complete a 1 mile run, anytime from June 1st through June 7th. Submit photo of your run to lesley@oregonpark.org by June 8th to be entered into a drawing for prizes!

Week Two - Step Challenge

This week walk at least 8,000 steps per day for at least 5 days between June 8th and June 14th. Pedometers are available upon request, limited quantities! Please email lesley@oregonpark.org by June 4th to request a pedometer. Submit photo of change to lesley@oregonpark.org by June 15th to be entered into Prize drawings.

Week Three - 3 Mile Bike Ride

Complete a 3 mile bike ride between June 15th and June 21st. Submit photo of ride to lesley@oregonpark.org by June 22nd to be entered into Prize drawings. Please be sure to follow all social distancing guidelines while completing your bike ride.

STENCILED SUMMER SIGN WITH T&T



Learn the basics of stenciling with Timber + Tribe and a prepared kit to make a fun summer sign. It's easy to follow the step by step instructions (YouTube video) to make these fun trendy signs. Upon registration, choose between the 4 summer sign choices. Kits include the wood, directions, stain and paint needed to make your sign as shown. If you prefer a different background or paint color, please let us know upon registration. Kit will also include access to the "How To" YouTube video where Charlotte guides you through the sign making process. Signs are approximately 8" x 16". **Pick up kit at Nash Recreation Center on Monday, June 15, 2020 between 12:00-2:00 p.m.**

Age: 16+
Deadline: 6/10

Fee: \$22/\$26 NR
Code: 2047-82

CUT & SEAL KID CREATIONS WITH BETH & BOYS

Come join Beth Shenberger and her boys in the kitchen for this interactive ZOOM class. Kids will have fun making crustless sandwiches, pizza puffs, tarts and more! Learn tips and tricks to using the newly designed Pampered Chef Cut-N-Seal and have fun in the kitchen making yummy food. **On Friday, June 12 between 12-2 pm, pick up your class packet at Nash Recreation Center.** Packet includes Cut-N-Seal, recipes, grocery list, ZOOM access, and more. Purchase the grocery items needed if you don't already have the items in your cupboard. And if on the 17th you are not available to ZOOM with Beth and her boys, it will be recorded and a follow up email will be sent. More than one child can participate

and parents are encouraged to help younger children in the kitchen. No need to register multiple children unless you wish to have a Cut-N-Seal per child.

Date: 6/17
Day: W
Deadline: 6/10

Zoom Time: 5:30 pm
Fee: \$16/\$19 NR
Code: 2047-74



SUMMER SALAD DRESSINGS, MARINADES & GRILLING RUBS

Join Lynnne to learn how to make two homemade salad dressings and a versatile dressing/ marinade for an Asian Salad Dinner. Also, make the perfect rub for your summer grilling chicken and pork. These recipes provide easy ways to add flavor to your foods without the additives and preservatives of store-bought brands! Ingredients are included in class fee, however, participants will bring a few cooking supplies to class. Due to social distancing, there will only be 8 participants in each class. Class will be held at Park West. We will be following social distancing guidelines. Masks will be worn and participants will be 6' apart.



Age: 16+
Date: 6/18
Day: Th
Deadline: 6/11

Time: 5:15 – 6:00 pm
Fee: \$25/\$30 NR
Code: 2047-80

Age: 16+
Date: 6/18
Day: Th
Deadline: 6/11

Time: 6:30 – 7:15 pm
Fee: \$25/\$30 NR
Code: 2047-81

SUMMER CRUISE PAINTED CANVAS



Find your inner artist. If you want to give painting a try, this class is for you. Or, if you are missing the frequent classes offered by the Park District, this Canvas painting kit is your chance to express your creativity and paint again. Kit includes pre-drawn canvas, instructions, access to video tutorial and all paint needed. If you don't have your own brushes (3/4" flat, size 6 round, size 2 or smaller round)

you can pay a little more and brushes will be included in your kit. 11 x 14 Summer Cruise Canvas. **Pick up kit at Nash Recreation Center, Tuesday, June 23 between 12:00-2:00 p.m.**

Age: 16+
Deadline: 6/10

Fee: \$17/\$21 NR
Paint Brushes \$5 (optional)
Code: 2047-7



MAKE YOUR OWN SALSA VERDE WITH HECTORS

Don't miss this opportunity to make fresh Salsa Verde with Michelle Carreno of Hector's Cocina. Fresh ingredients will be provided along with Hector's special mix of spices. Bring to class a cutting board and pairing knife. You will also need to bring your Molcajete (stone mortar and pestle tools) for grinding the veggies. If you would like the Molcajete included in the class fee, you will be charged an additional \$18. Not only will you learn to make authentic Salsa Verde, but you will leave with your own 16oz container of salsa, some fresh tomatillos for later and a bag of Hectors signature chips to take home and enjoy! Class will be held at Park West. We will be following social distancing guidelines. Masks will be worn and participants will be 6' apart.

Age: 16+
Date: 6/24
Day: W
Deadline: 6/17

Time: 5:30 – 6:15 pm
Fee: \$10/\$12 NR
(\$18 Molcajete optional)
Code: 2047-77

Age: 16+
Date: 6/24
Day: W
Deadline: 6/17

Time: 6:45 – 7:30 pm
Fee: \$10/\$12 NR
(\$18 Molcajete optional)
Code: 2047-78

FRIENDS & FAMILY FIELD DAY

Lets get out of the house and play! Form your team of 4 and register for a time slot to begin your journey through games and challenges throughout Park West. Everyone is strongly encouraged to bring a bike or a non-electric scooter to travel between each activity station. Each team must have at least one participant that is 10 years or older. You will begin at the community garden for your first activity and then will be directed where to go next. Each activity will be ran and timed by our park district staff and added up following the event. After each group, materials will be disinfected to ensure germs do not cross between teams. 1st, 2nd and 3rd place best times will be announced on Friday and gift certificates to local businesses will be awarded. There will be a combination of inflatable games, classic field day type games and more! We can't wait to see you out there! Social distancing protocol will be put in place and no interacting of teams will be allowed.

Date: 6/25

Day: Th

2:00 pm – Code: 2047-83
2:15 pm – Code: 2047-84
2:30 pm – Code: 2047-85
2:45 pm – Code: 2047-86
3:00 pm – Code: 2047-87

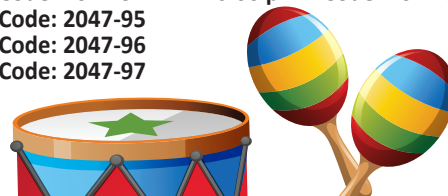
3:15 pm – Code: 2047-88
3:30 pm – Code: 2047-89
3:45 pm – Code: 2047-90
4:00 pm – Code: 2047-91
4:15 pm – Code: 2047-92

Deadline: 6/19

Fee: \$15/\$18 NR

4:30 pm – Code: 2047-93
4:45 pm – Code: 2047-94
5:00 pm – Code: 2047-95
5:15 pm – Code: 2047-96
5:30 pm – Code: 2047-97

5:45 pm – Code: 2047-98
6:00 pm – Code: 2047-99



BEAT & SHAKE-AIRELOOM MUSIC CLASS

Join Aireloom Music teachers at the Bandshell at Park West to learn about drumming with homemade shakers and drums. These instruments will be made of recyclable materials and be provided at the first class. The first class we will choose our drums and shakers and be able to decorate your instruments. The following week we will have a drum circle using the decorated instruments. The participants will then be able to take home their own homemade drum circle instruments. Social distancing guidelines will be followed. Parents are asked to either drop off or walk the park path during class time. We will also be requiring masks and maintaining 6 feet whenever possible throughout the class along with supplying hand sanitizer.

Age: 7-10
Date: 6/18 – 6/25
Day: Th
Deadline: 6/11

Time: 9:30 – 10:30 am
Fee: \$10/\$12 NR
Code: 2047-71

CIN'S TREASURES: HOW CREATIVE CAN YOU GET?

Have fun painting your choice of one of these decorative dishes. Each one measures approx 5" across.

Your kit will come complete with an assortment of 4 paints and 2 brushes and the ceramic assembled by Cin's Treasures Art Studio. These are for decorative use only and not food safe. The perfect at-home craft for any age. Those registered, can pick up via a drive thru at Nash Recreation Center on the chosen date and time.



Date: 6/9
Day: Tu
Deadline: 6/5

Time: Noon – 2:00 pm
Fee: \$10/\$12 NR
Code: 2047-72

Date: 6/23
Day: Tu
Deadline: 6/19

Time: Noon – 2:00 pm
Fee: \$10/\$12 NR
Code: 2047-73

FIRST NAME TIE DYE SIGN

Kids will love making their own personalized tie dye sign. Crafty kids will learn the basics of stenciling with Timber + Tribe with a prepared kit to make a sign with child's first name. It's easy to follow the step by step instructions (YouTube video) to make these fun trendy signs. Upon registration, let us know the name you

want for your stencil and if you prefer primary or pastel colors. Kits include the wood, directions, stain and paint needed to make your sign. Kit will also include access to the "How To" YouTube video where Charlotte guides you through the sign making process. Sign is approximately 6" x 14". **Pick up kit at Nash Recreation Center on Monday, June 15 between 12:00-2:00 p.m.**

Age: 8+
Deadline: 6/10

Fee: \$13/\$16 NR
Code: 2047-75



KIDS HOT AIR BALLOON CANVAS PAINTING KIT

Looking for an art project for the kids? Let them try painting on canvas. No experience required for this project and it is fairly easy because the pattern is already drawn on the canvas for you. Purchase this painting kit and let your child express his/her creativity with art. Kit includes pre-drawn canvas, instructions, access to video tutorial and all paint needed. If you don't have your own brushes (3/4" flat, size 6 round, size 2 or smaller round) you can pay \$5 dollars upon registration and brushes will be included in your kit. 11" x 14" Hot Air Balloon. **Pick up kit at Nash Recreation Center, Tuesday, June 23 between 12:00-2:00 p.m.**



Age: 6+
Deadline: 6/10

Fee: \$17/\$21 NR
\$5 Paint Brushes optional)
Code: 2047-76

A large illustration on the left side of the page features a girl with black hair and a blue floral dress, and a boy with a yellow and blue striped shirt and a yellow cap. A large pink paper airplane is flying from the girl's hands, and a large yellow and blue striped pencil is pointing towards the boy. Dashed lines connect the girl to the airplane and the boy to the pencil. The background is a light blue box with a dark blue border, set against a white background with light blue horizontal lines.

PRESCHOOL ZOOM WITH *Ms. Teresa*

Join Ms. Teresa on Wednesdays in June for some preschool Zoom fun! Cost is per family and more than one child in the family can join! In this half hour virtual class you will zoom with Ms. Teresa and read a story, create a craft and make a snack. A list of supplies will be emailed to you upon registration for the craft and snack and zoom link will be send 24 hours prior to the class.

Theme: The Little Red Hen makes a Pizza

Date: 6/3

Day: W

Deadline: 6/1

Time: 11:00 – 11:30 am

Fee: \$3/\$4 NR

Code: 2047-67

Theme: Monsters Don't Eat Broccoli

Date: 6/10

Day: W

Deadline: 6/8

Time: 11:00 – 11:30 am

Fee: \$3/\$4 NR

Code: 2047-68

Theme: Curious George Goes to an Ice Cream Shop

Date: 6/17

Day: W

Deadline: 6/15

Time: 11:00 – 11:30 am

Fee: \$3/\$4 NR

Code: 2047-69

Theme: The Watermelon Seed

Date: 6/24

Day: W

Deadline: 6/22

Time: 11:00 – 11:30 am

Fee: \$3/\$4 NR

Code: 2047-70

Drive Thru Summer Meals

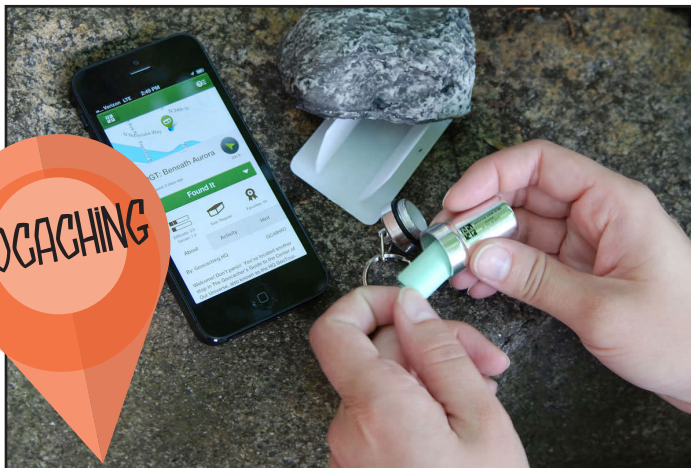
Masks Required

**Ages 18 & younger
6/1 - 8/12**

Oregon Park District has partnered with Oregon United Methodist Church and River Stone Christian Church to offer summer breakfasts and lunches Monday-Friday. Meals will be provided through the Northern Illinois Food Bank. **Meals will be picked up drive-thru style, Monday-Friday at Mix Park from 12-1 p.m.** Meals are for anyone 18 and younger but they don't need to be present. Anyone over 18 can request any number of meals. Boxes will include a breakfast and lunch. Masks will be required and social distancing guidelines will be adhered to. *For more information contact amanda@oregonpark.org.*

ACTIVITIES

GEOCACHING



Are you looking for a unique and fun way to spend time outdoors at our parks? Geocaching (geo-caching) is an environmentally friendly outdoor recreational activity. This outdoor treasure hunting game involves searching for hidden objects using clues and GPS (global positioning system) coordinates. There are 7 geocaches strategically placed within and near the Oregon Park District's parks.

To get started go to www.geocaching.com to obtain a membership, have a GPS-enabled mobile phone to navigate to a cache and a pen or pencil to sign the cache log! To start your adventure, retrieve a free Oregon Park District Geocaching Log Book & Guide online or at Nash Recreation Center today.

PROGRAM/LEVELS	DAY	DATE	LOCATION	TIME	FEE	CODE
Pack Walks						
Moderately Challenging	W	6/3 (Deadline 5/27)	Lowell Park	5:45 – 6:30 pm	\$5/\$6 NR	2024-03
Challenging	W	6/17 (Deadline 6/10)	White Pines State Park	5:45 – 6:30 pm	\$5/\$6 NR	2024-04
Physically Challenging	W	7/1 (Deadline 6/24)	Castle Rock State Park	5:45 – 6:30 pm	\$5/\$6 NR	2024-05
Physically Challenging	W	7/15 (Deadline 7/8)	White Pines Ranch	5:45 – 6:30 pm	\$5/\$6 NR	2024-06
Easy	W	7/29 (Deadline 7/22)	Park West	5:45 – 6:30 pm	\$5/\$6 NR	2024-07
Easy	W	8/19 (Deadline 8/12)	Fairgrounds Park	5:45 – 6:30 pm	\$5/\$6 NR	2024-08

PACK WALKS

Dogs need to explore just as much as they need food and water. Join us as we explore local parks while working on indirect socialization and confidence building with our furry friends. This is a safe environment to indirectly socialize and exercise your dog among others. Dogs must be at least 6 months of age.

