

Winter/Spring 2024 Program Guide

Mix
East
West
Lions
Kiwanis
Williams
Carnation
Fairground
Reading Nook
Jack's Landing

304 S. 5th Street, Oregon
OregonPark.org | 815.732.3101



CARING. CREATIVE.
COMMUNITY-FOCUSED.



Chlor

General Info

Board meetings are typically held the 2nd Tuesday of each month at 6 pm at Nash Recreation Center. Please check our website for the full meeting schedule. The public is encouraged to attend.

Board of Commissioners



Brian Beckman
President



Josh Messenger
Vice President



Mark Tremble
Commissioner



Dan Engelkes
Commissioner



Maia Johnson
Commissioner

Park District Staff



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Nick Karper
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Ethan Drew
Skilled Parks Laborer



Nick McPhail
Skilled Parks Laborer



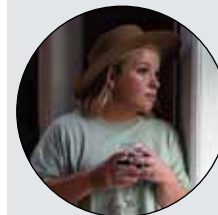
Matthew Downing
Deputy Supt. of Facilities
matthew@oregonpark.org



Bill Helfrick
Facility Maintenance Technician



Mary Sansone
Custodial & Support Services Supervisor



About the Cover Artist

Chloe Metz is a full-time artist living in Oregon who specializes in commissioned oil paintings. Her work can be found throughout Oregon including Nash Recreation Center, The National Building next to Ogle County Brewery and a new mural on the corner of 10th Street and Pines Road. To see more of Chloe's work or to contact the artist, head to www.paintedbychloe.com.

CARING. CREATIVE.
COMMUNITY-FOCUSED.





Letter from the Director

As 2023 comes to a close, the Oregon Park District is excited to look towards 2024 and the many exciting opportunities ahead. In preparation for 2024, staff will begin to roll out the 2024-2027 strategic plan. Our team has developed and approved a new Strategic Plan, accompanied by an updated Mission, Vision and Values. Throughout this process, our passionate staff worked together to identify our current culture and the values we plan to pass along to our community. Together, with an impressive range of skillsets, our team is driven to deliver meaningful recreation experiences and events to our patrons which exhibit our abilities to be caring, creative and community-focused.

Other exciting opportunities are also on the horizon. The District applied for an Open Space Land Acquisition and Development (OSLAD) Grant in 2023 to assist with park improvements at Park East. We expect to be notified in January if we receive this important funding. If approved, the OSLAD program would provide up to \$600,000 in grant funding for Park East.

Engineering work will continue in 2024 to complete the bike path connecting Route 64 to Lowden State Park. The District has been awarded \$3,000,000 in Illinois Transportation Enhancement Funds to complete the bike path and connect our community with one of our beloved State Parks. Keep an eye out for construction to begin in 2025.

I am pleased to report the District continues to be fiscally responsible and will exceed our year end fund balance goals. This is achieved year after year through a well thought out tax levy, careful consideration for our expected expenses, a rolling capital improvement plan and proper long-range planning.

Lastly, a special thank you to the Oregon Park District team. Our community is truly blessed to be served by an amazing group who are caring, creative and community-focused. Collectively, our team has served more than 17,000 program participants, 49,000 facility users and tens of thousands of park visitors in 2023.

I look forward to our continued success in 2024 and invite you to join us on our journey to bring you caring, creative and community-focused opportunities.

Sincerely,
Erin Folk
Executive Director

Our Mission

'To Provide community-focused social and recreational activities through exceptional programs, parks and facilities'

Our Vision

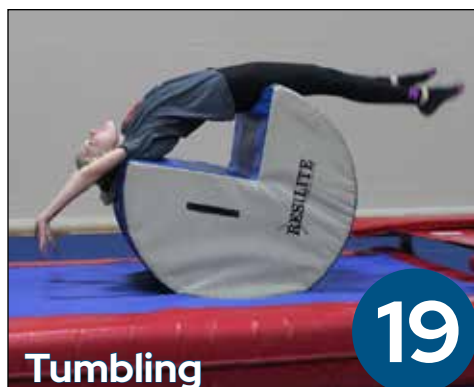
We strive for operational excellence through caring, creative and community focused service'

Our Values

Caring
Creative
Community-Focused

General Info

What's Inside



Need To Know Info

Nash Recreation Center

304 South Fifth Street
P.O. Box 237
Oregon, IL 61061
(815)732-3101
(815)732-RUBY - Hotline
(815)732-3736 - Fax

HOURS

Monday - Friday: 5:30 am - 8:00 pm
Saturday: 7:00 am - 3:00 pm
Sunday: 12:00-5:00 pm
**Open Sundays October 15-April 28*

ADMINISTRATIVE HOURS

Monday - Friday 8:30 am - 4:30 pm
*Oregon Park District Office,
Nash Recreation Center*

HOLIDAY CLOSURES

Christmas Eve: Sunday, Dec. 24
Christmas Day: Monday, Dec. 25
New Years Eve: Sunday, Dec. 31
New Years Day: Monday, Jan. 1
Memorial Day: May 27

Financial Assistance

The Oregon Park District provides financial assistance in several forms to help families or individuals that are in financial difficulty with program fees, preschool tuition, Extended Time program and Camp Oh-Pea-Dee. Funds are provided through employee-driven fundraising and generous donations through the A. Charles and Lillemor Lawrence Foundation. Applications are available online and at Nash Recreation Center, 304 S. 5th Street, Oregon. For more information or questions contact Megan at megan@oregonpark.org. Funds are available for anyone residing within the Oregon School District boundaries ages 18 and under.

sign up online.



OREGONPARK.ORG/PROGRAMS/ONLINE-REGISTRATION

Registration

Winter/Spring Registration Opens January 8 & 9!

Member registration starts January 8; Public registration opens January 9

Registrations are processed on a first-come-first-served basis. Please register early – programs fill quickly. If a program is full, we encourage you to sign up for the waitlist. Registrants on the waitlists will be notified first of additional spots opening or new program times.

Fees are listed with resident fees first. NR=Non-resident fees.

If you have any questions regarding residency or registration, call 815-732-3101 or email info@oregonpark.org.

How To Register

Online Registration

Visit us at www.oregonpark.org to sign up for an online ID and register for any of our activities over the web.



Phone-in Registration

Call (815) 732-3101 and one of our friendly receptionists would be happy to enroll you or your family.



Drop-in Registration

Visit Nash and register for any of our activities, passes or rentals.



OPD Residents

Residents are defined as individuals who live or own property within the boundaries of the District that pay taxes to help support District operations.

Exceptions:

School age children living within the Oregon School District boundaries (regardless of whether they live within the boundaries of the Park District) are considered residents of the District.

Village of Mt. Morris Residents can register for all programs, memberships, facility rentals and daily fees at the Oregon Park District resident rate. Additional non-resident fees are subsidized by the Village of Mt. Morris.

Creating an Account

An account must be established in the District's registration system before any registration for programs, events, or memberships can be completed. Accounts can be created online at www.oregonpark.org. By default, your account will be created with a Non-Resident status. If you live within the District boundaries and are a resident, please call Nash Recreation Center at 815-732-3101 so our customer service team can verify your residency and update your account.

Waitlist

If you are placed on a wait list for a class, and an opening becomes available, you will be contacted by customer service staff. Within 24 hours of being contacted, payment must be made at Nash Recreation Center, 304 S. 5th St. Oregon, or over the phone 815-732-3101.

Sibling Discount for Select Programs

The Oregon Park District offers a sibling discount of 10% for select programs for each additional child enrolled in a program where one child has already enrolled at full price in the same session. Registration for all siblings must take place at Nash or by phone at the same time in order to receive the discount, if applicable. All family members must be in the same account to qualify. Discounts are not available through online registration. If you wish to take advantage of our Sibling Discount, please register with our customer service staff over the phone or at Nash Recreation Center.

Refund Policy

To withdraw from a program, a refund application must be completed online. An administrative fee of \$5 shall be deducted from the amount of the refund to offset the cost of processing the refund. A full refund, less the fee, will be granted if the application for refund is filed at least ten days prior to the scheduled start of the program or activity. To avoid the \$5 administration fee, the refund amount may be credited to another program fee. Refunds will not be granted after the registration deadline. All program refunds are subject to the program coordinator's approval. A full refund will be issued if the Park District reschedules or cancels a class. A refund request can be made on our website under the Refund Request link or by completing a form in the office.

Class Changes

The Oregon Park District may cancel, postpone, combine classes, or change instructors. Classes may be cancelled due to low enrollment and refunds will be issued. All participants will be notified of any scheduling changes or cancellations.

Membership

Passes & Daily Fees

A pass or daily fee allows patrons to use the pool and whirlpool, gym, TRX room, and Fitness Center.

Lockers

The Oregon Park District has lockers available for rental to annual pass holders for the term of the pass. The monthly recurring cost is \$10 for residents and \$12 for non-residents.

Racquetball & Wallyball

Racquetball court rental is included in the annual pass fee and is \$3/hr for non-annual pass holders. Wallyball court rental is \$5/hr. Age restriction of 13+ without a guardian.

Nash Fitness Center

The Nash Fitness Center is over 6,000 square feet and features a three lane rubberized track that surrounds our CYBEX strength training machines, free weights, and cardiovascular equipment. Fitness Center staff is available to set up an orientation for any and all users.

TRX Room

Our TRX Room is an 800 square foot space of alternative fitness equipment including TRX stations, kettlebells, weighted ropes, yoga mats, dumbbells, tire flip, punching bag, spin bikes, rower, elliptical, air assault treadmill and stair mill. Age Restriction of 18+

Open Gym

Our facility has a 2 court gymnasium available for basketball and pickleball. The schedule is available on website.

Automatic Monthly Payment

This is a convenient way to pay for your pass. The automatic debit monthly fees are shown below. With your permission, automatic credit card charges will be made each month. The first amount is the initial payment that will be made when registering, followed by the amount of 11 equal payments charged each month.

3 Pay Payment Plan

Your annual pass is paid off in three equal consecutive payments! The pass fee is paid for the first three months, and is only available on annual passes.

Age Restrictions

Children under the age of 5 are welcome to use the gym and pool area free of charge. Anyone 3rd grade or younger must be accompanied by a parent or responsible person, Junior High aged or older in the facility. Participants must be 7th grade or older to use the Nash Fitness Center and 9th grade or older to use the free weights.

7th & 8th graders have the opportunity to complete a Fitness Orientation with Jason Donegan. Upon completion, 7th & 8th graders can use the area when accompanied by an adult, 18 years or older. See page 9 for more information on the Fitness Orientation.

Membership Cancellations

Refunds will not be approved on Park District passes, however refunds may be requested on passes for two reasons: major illness and/or injury with a doctor's note or a move outside of a 90 mile radius with proof of primary residency (updated ID, utility bill, etc.). Passes and cards are non-transferable.

Resident Fees

	Student K-12	Adult 18+	Senior 60+	Senior Couple	Family*
Annual Pass	\$158	\$224	\$185	\$330	\$515
Quarterly Pass	\$53	\$66	\$61	\$99	\$160
Monthly Pass	\$20	\$24	\$22	\$36	\$55
10 Punch Pass Card	\$18	\$25	\$19	NA	NA
Daily Fee	\$3	\$4	\$3	\$4	\$11
Auto Debit Monthly	12 @ \$15	12 @ \$20	12 @ \$17	12 @ \$29	12 @ \$44
3 Pay	3 @ \$54	3 @ \$76	3 @ \$63	3 @ \$110	3 @ \$173

Non-Resident Fees

	Student K-12	Adult 18+	Senior 60+	Senior Couple	Family*
Annual Pass	\$185	\$277	\$224	\$396	\$620
Quarterly Pass	\$61	\$79	\$72	\$121	\$187
Monthly Pass	\$22	\$30	\$25	\$44	\$66
10 Punch Pass Card	\$24	\$33	\$24	NA	NA
Daily Fee	\$4	\$5	\$4	\$6	\$15
Auto Debit Monthly	12 @ \$17	12 @ \$24	12 @ \$20	12 @ \$34	12 @ \$53
3 Pay	3 @ \$63	3 @ \$94	3 @ \$76	3 @ \$133	3 @ \$208

*Family: Persons must reside in the same household. Each household is limited to two adults, legally married (including civil union and common law marriage), with the exception of full-time students between the ages of 18 and 24. An unlimited number of persons 17 and under can be included under a family membership.

Party at the

Celebrate a special occasion with friends & family at the Nash Recreation Center! Two room sizes are available to suit your needs.

Prairie Room Splash Bash

- Enjoy the room for 1 hour with up to 15 guests. Prairie Room has seating for up to 25 people.
- \$40/\$48 NR for first hour up to 15 guests
 - \$13/\$15 NR per hour after the first hour
 - Additional guests for \$3/\$4 NR

River Room Splash Bash

- Enjoy the room for 1 hour with up to 25 guests. River Room has seating for 75-100 people.
- \$65/\$73 NR for first hour up to 25 guests
 - \$20/\$24 NR per hour after the first hour
 - Additional guests for \$3/\$4 NR

Party times are available during all open swim hours. Please see the pool schedule for specific times. Reservations are required at least 2 weeks in advance. When making a reservation, please have an approximate number attending for room set up. Set-up time of 15 minutes prior to the reservation time is allowed for decorating. Refunds will only be considered if notice is given 10 days in advance.

Room Rentals

RIVER ROOM

The River Room has a capacity of 75-100 people. Tables and chairs are provided for events.

- \$40/\$48 NR for first hour
- \$20/\$24 NR per hour after the first hour

PRAIRIE ROOM

The Prairie Room has a capacity of 25 people. Tables and chairs are provided for events.

- \$25/\$30 NR for first hour
- \$13/\$15 NR per hour after the first hour

GYM (HALL)

The Gym features 2 full basketball courts. Each side must be reserved individually. Water only.

- \$30/\$36 NR for first hour
- \$15/\$18 NR per hour after the first hour

Private Rentals

Celebrate your event with the Nash Recreation Center pool or facility all to yourself! These parties occur after the facility has been closed to the general public and pass holders. This is a perfect location for youth group, sports teams or school after hours event. For more information or to make a private reservation, contact Megan at (815) 732-3101 or megan@oregonpark.org. Private rentals must be booked a minimum of 4 weeks in advance.

POOL WITH RIVER ROOM

- \$125/\$150 NR per hour
- Up to 100 guests

ENTIRE FACILITY WITH POOL

- \$175/\$210 NR per hour
- Up to 100 guests

Aquatics

Swimming Programs

Lap Swim

Age: 7th grade or older

Six lap lanes will be available. Swimming 32 laps is a one mile workout.

Water Aerobics

Age: 16+

Exercise your entire body without putting stress on your back and joints. This class will work on toning, cardiovascular strength, endurance, and flexibility. All levels can participate, and participants can tailor exercises to their ability.

Deep Water Aerobics

Age: 16+

Deep Water Aerobics is a more intense workout than your typical water aerobics class. Working out in the deep end will allow you to get a cardiovascular workout without the impact. You will also increase your endurance, flexibility and strength. Participants do not need to know how to swim. An aqua jogger belt will be provided.

Twinges

Age: 16+

Let the natural buoyancy and resistance of the water help you improve your joint strength and flexibility along with improving cardiovascular endurance while walking and jogging in the shallow end. Participants do not need to know how to swim.

Open Swim

Age: All

All areas of the pool are open for use, including our diving board and basketball hoop. Pool toys are allowed in the pool at the discretion of the aquatic staff.

Nash Recreation Center Pool

The Nash pool features stairs to a 3-foot bay area attached to a 25 meter 6 lane pool. The deepest area is 10 feet. The pool is equipped with a handicap chair lift to assist patrons in and out of the pool. After your workout, you can enjoy the 13-person hot tub with both high and low jets.

Hot Tub Hours

The hot tub is available for use during Lap Swim, Open Swim, Water Aerobics, and Twinges classes. You must be at least 16 years old to use the hot tub. The hot tub is equipped with a handicap chair lift to assist patrons in and out of the hot tub.



Water Aerobics Punch Passes

5 punch: \$30/\$36 NR • 15 punch: \$82/\$96 NR
30 punch: \$150/\$180 NR • 50 punch: \$225/\$270 NR
Drop-in Fee: \$9/\$11 NR

Passes are required for Water Aerobics, Deep Water Aerobics & Twinges and are valid for 1 year from date of purchase. No drop-ins are allowed and reservations are required.

Pool Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday <small>*Oct. 15-Apr. 28</small>
Lap Swim	5:45-7:30 am 10:30 am-1 pm	5:45-7:30 am 11:30 am-1 pm 4-7 pm	5:45-7:30 am 11:30 am-2 pm 4:45-7 pm	5:45-7:30 am 11:30 am-1 pm 4-7 pm	5:45-7:30 am 3:30-5:15 pm	7:15-9 am 10:15-11:15 am	3:15-4:45 pm
Water Aerobics	8-9 am	8-9 am		8-9 am		8-9 am	
Deep Water Aerobics	9:10-10:10 am	9:10-10:10 am		9:10-10:10 am		9-10 am	
Private Swim Event		1-2 pm					
Open Swim			2:30-4:30 pm		5:30-7:30 pm	11:30 am-2:30 pm	12:30-3 pm
Twinges		10:15-11:15 am		10:15-11:15 am			
Swim Lessons		4-7 pm		4-7 pm			
Rockhopper Team		6:30-7:15 pm		6:30-7:15 pm			

Please note holiday closures. Reservations for Water Aerobics, Deep Water Aerobics, & Twinges are required; cancellations must be made two hours prior, or a punch pass will be used. Reservations for a class can be made online at oregonpark.org or call 815-732-3101.

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Aquatics

4 weeks
\$65/\$71 NR
*5 weeks
\$81.25/\$88.75 NR



**Tuesdays &
Thursdays
from 4-7 pm**
Private lessons offered on
Wednesdays—\$35/lesson

Catch the Wave Swim Club structures the program to provide much more than just swimming lessons. Our curriculum, teacher training, evaluation system, and parent communication are all designed to provide a total Aquatic Education. Our primary technique to achieve water safety is to teach all students to comfortably live in the water. When a student truly learns to live in the water, the strokes come easily. We find that when a child enjoys the lessons, the more successful the learning process is. Therefore, our priority is to create a happy atmosphere.

Small class sizes • Professionally trained teachers
Consistent, year-round approach • Private swim lessons available
Flexible scheduling & make up classes offered

Penguin Babies

Parent participation is required in the water. Class focus is on water acclimation, submersion, back floating, & independence in the water.

Elite

Elite is considered our pre-team level. Students focus on swimming efficiency through distance training and coordinating stroke movements.

Little Learners

Student focus is on overcoming anxieties associated with the water and parent separation along with introductory back float techniques.

Rockhopper Swim Team

Practice times available
Tu/Th from 7:00-7:45 pm
\$67/\$78 NR per month per child

This Pre Competitive team will introduce young athletes to the world of competitive swimming for those who show an interest in the sport. It also provides a fun outlet for children to be active and healthy while learning new skills. Students must be able to perform the basics of every stroke. Athletes must be able to swim 2 full lengths of freestyle (front crawl) without stopping. This test is performed at the pool during swim team practices.

Intermediate

Student focus is on self-rescue foundations through proper stroke and breathing techniques.

Advanced

Student focus is on advanced freestyle and backstroke training with a strong emphasis on kicking & body position.

NEW TO CATCH THE WAVE?

Visit catchthewaveswim.com to create your online parent portal and register online. If you need assistance with registration or have questions about the program and/or your child, please contact Catch the Wave Director, Nick, by calling 608-340-3030 ext. 5, texting 608-340-3030 or emailing CTWOregon@gmail.com.

ALREADY IN THE CATCH THE WAVE PROGRAM? Log into the parent portal to select Rockhopper Swim Team.

Healthcare Partners

The Oregon Park District is an approved location for Silver Sneakers, Renew Active, Silver & Fit, and Active & Fit. Through these programs, the District is able to provide access to Nash Recreation Center to qualifying members. Please contact the front counter staff at Nash with your membership ID. If you are unsure of what your healthcare plan offers, our staff can assist in determining your eligibility.



SilverSneakers is a fitness and wellness program offered at no additional cost to seniors 65+ on eligible Medicare plans that helps you get active, get fit, and connect with others.



Renew Active is a program offered to select United Healthcare members at no additional cost as part of your plan.



The Silver&Fit Exercise and Healthy Aging Program is offered by health plans to eligible Medicare Advantage/Supplement beneficiaries and group retirees.



The Active&Fit Direct Program offers discounted gym membership options, at-home workout videos, and more. The program is available to millions of eligible members through employer groups, health plans, and benefit hubs.

Fitness



Early Rise with Aimee

Age: 18+

Day: M/W/F

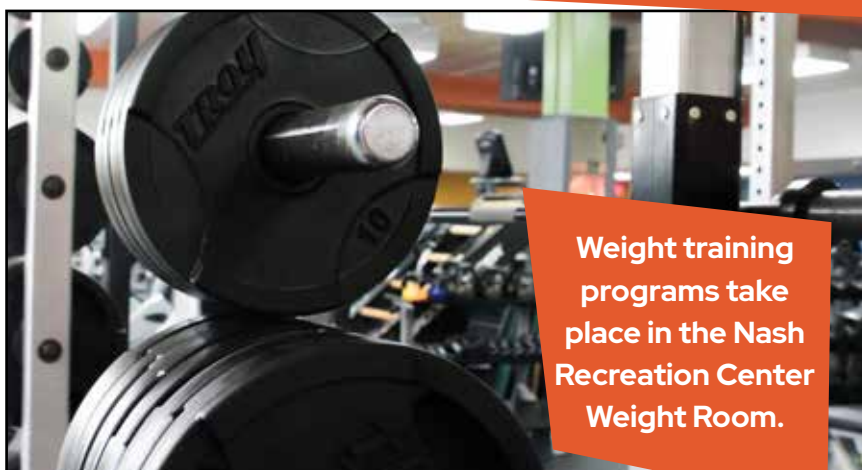
Time: 5:40-6:40 am

Location: Nash River Room

Rise and shine, get your day started with Aimee! This class covers cardio and light to medium weight training to help increase stamina, strength, and flexibility. This is an excellent way to cross train! Beginner, moderate, and advanced health enthusiasts are all welcome. Classes will be held at Nash.

*No Drop-Ins or Punch Passes, registration only.
No class on 5/27.*

Date	Fee	Code	Deadline
1/3-1/31	\$55/\$65 NR	2332-14	1/3
2/2-2/28	\$51/\$62 NR	2412-50	2/2
3/1-3/29	\$55/\$65 NR	2412-51	3/1
4/1-4/29	\$55/\$65 NR	2412-52	4/1
5/1-5/31	\$55/\$65 NR	2412-53	5/1



Weight training programs take place in the Nash Recreation Center Weight Room.

Middle School Fitness Orientation

Deadline: 2 days before each class

Tues. 4:00-5:00 pm • Jan. 9 • Code: 2332-05 | Feb. 6 • Code: 2412-30 |

Wed. 4:00-5:00 pm • Mar. 6 • Code: 2412-31 Apr. 3 • Code: 2412-32 |

May 1 • Code:2412-33 | Jun. 5 • Code: 2412-34

FREE for Nash Members • \$10 Non-Members

Students only need to attend one class

Are you in 7th or 8th grade and interested in using the free weight area? With successful completion of our weight training orientation, 7th and 8th graders can use the area when accompanied by an adult, 18 years or older. Join Kim Henry, Personal Trainer, for this 1 hour class that will teach basic technique, proper use of equipment and fitness center etiquette.

Meet The Future In Body Analysis

Oregon Park District's new BodyScript™ Ascend Body Composition Analyzer featuring the latest near-infrared technology. Track your results with the BodyScript mobile app. Plus, easily transfer data directly to your physician. Visit the Fitness Center to check it out!



US Patent # 10,322,313

- Body Fat Percentage
- 3 Fat Type Analysis
- Muscle Mass
- Lean Body Mass
- Body Mass Index (BMI)
- Metabolic Rate (BMR)
- Total Water



MEET YOUR MOTIVATOR Kim Henry & Jason Donegan

Kim Henry has been a certified Personal Trainer through ISSA (Inter(International Sports & Sciences Association) since 2005. After 3 years in Florida, Kim is back and ready to help you on your fitness goals!

Jason Donegan is a certified Personal Trainer, Nutritionist and Fitness Coach through ISSA (International Sports & Sciences Association). Jason's passion is to help both youth and adults reach their potential through exercise.

Whether you are a beginner or want to take your health and fitness to the next level, Kim or Jason can provide the personalized instruction, guidance and support necessary to help you feel and see results.

All new clients will begin with a 1/2 hour consultation to discuss your health history, establish fitness goals and even start right away with measurements and/or weigh-in.

Call 815-732-3101 or email Kim at kim@oregonpark.org or Jason at jason@oregonpark.org to make your appointment to begin your fitness journey!

Training is available in both the Nash Fitness Center and the TRX Fitness Center.

1 Hour Session: \$38/\$45 NR

Three 1-Hour Sessions: \$105/\$126 NR

Six 1-Hour Sessions: \$198/\$238 NR

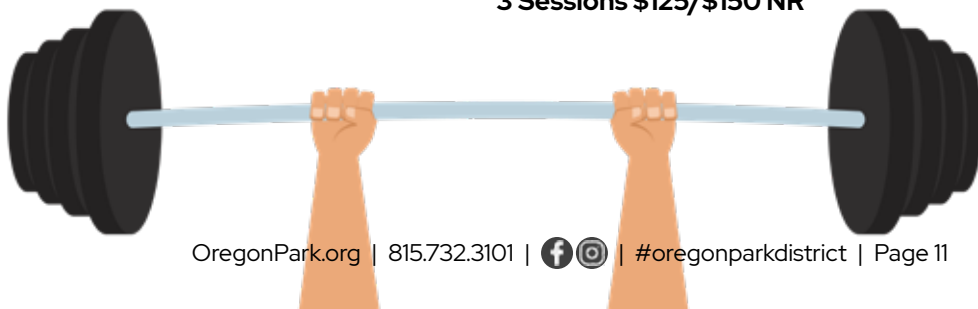


Partners

Do you and a friend both have the same goal? Let Kim Henry or Jason Donegan train you TOGETHER to increase motivation and have an accountability partner! Session will be a one-hour workout session tailored to your similar goals. This session includes weigh-in and measurements if desired.

1 Session: \$45/\$54 NR

3 Sessions \$125/\$150 NR



Fitness



Tai Chi

Age: 18+ • Location: Nash River Room

Are you interested in focusing on balance, mindfulness meditation and relaxation? Tai Chi may be the right class for you. Tai Chi is the Chinese internal martial art focused on balance, breathing and centering oneself. Now offered twice a week! Join us for FREE in January on Tuesday nights to try out! Sign up for both Tuesday and Saturdays in one month and receive a 25% off on both registrations.

Date	Fee	Code	Deadline
SATURDAY MORNINGS-8:45-9:30 am			
1/13-1/27	\$18/\$22 NR	2412-98	1/13
2/3-2/24	\$25/\$30 NR	2412-40	2/3
3/2-3/30	\$31/\$36 NR	2412-41	3/2
4/6-4/27	\$25/\$30 NR	2412-42	4/6
5/4-5/25	\$25/\$30 NR	2412-43	5/4
TUESDAY EVENINGS-6:15-7:00 pm			
1/9-1/30	FREE!	2412-48	1/9
2/6-2/27	\$25/\$30	2412-44	2/6
3/5-3/26	\$25/\$30	2412-45	3/5
4/2-4/30	\$31/\$36 NR	2412-46	4/2
5/7-5/28	\$25/\$30 NR	2412-47	5/7

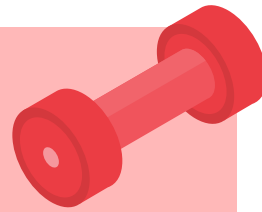
Senior Workouts with Kim

Day: T/TH • Time: 9:00-9:45 am • Location: Nash River Room

Join Kim Henry to get active this winter. Classes will vary each month as we work to get moving! Class registration is monthly and will be held in the River Room. All abilities welcome and exercises can be modified to use a chair. Silver Sneakers are welcome to attend for free but must register and swipe their pass each class!

Date	Fee	Code	Deadline
1/9-1/30	\$28/\$34 NR	2412-09	1/5
2/1-2/29	\$36/\$43 NR	2412-03	1/29
3/5-3/28	\$32/\$38 NR	2412-04	2/25
4/2-4/30	\$36/\$43 NR	2412-05	3/29
5/2-5/30	\$36/\$43 NR	2412-06	4/29

Getting Stronger Together



Free Weights 101

Age: 18+

Day: T/TH

Time: 10:30 am-12:00 pm

Location: Nash Rec Center

Fee: \$90/\$108 NR

Join Kim Henry, Personal Trainer, for this 4-week class that will meet twice a week. Meet in the fitness center free weight area to learn the equipment, target specific areas each class and learn what exercises to do to reach your individual goals. Join us to get stronger together in the new year!

Date	Code	Deadline
1/9-2/1	2412-00	1/2
2/13-3/7	2412-01	2/6
3/19-4/11	2412-02	3/12

Women's Weightlifting Club

Age: 15+

Day: M/TH

Time: 6:15-8:00 pm

Location: Nash Rec Center

Fee: \$160/\$192 NR

Join Kim Henry, Personal Trainer, for this 8-week club. Women ages 15 and up will workout at Nash Fitness Center, learn new moves, empower each other and get stronger together.

Date	Code	Deadline
1/8-2/15	2412-99	1/7
2/26-4/4	2412-07	2/16
4/15-5/16	2412-08	4/8

IT'S SOCCER TIME!



Spring Soccer

Practices will be held during the week and games are scheduled for Saturdays beginning March 30th in Oregon and surrounding towns. All players are required to provide their own practice balls, which can be purchased for an additional fee. Are you unsure of which age level to sign up for? Reference our age chart below.

3/18-5/4 • Deadline 2/28

	Year Born	Fee	Code
U6 League	2018 & 2019	\$55/\$66 NR	2412-80
U7 League	2017	\$55/\$66 NR	2412-81
U8 League	2016	\$70/\$84 NR	2412-82
U9 League	2015	\$70/\$84 NR	2412-83
U10 League	2014	\$70/\$84 NR	2412-84
U11 League	2013	\$70/\$84 NR	2412-85
U13 League	2011 & 2012	\$75/\$90 NR	2412-86
U15 League	2009 & 2010 (No HS players)	\$75/\$90 NR	2412-87

Indoor Soccer

Date: Sat 2/10-3/9

Time: 9:00 am-12:00 pm

Location: Nash Rec Center Gym

Fee: \$50/\$60 NR

Deadline: 1/22

Practice your soccer skills in the warmth of Nash! Youth players will develop their fundamentals and team playing strategies through a 30-minute practice followed by a 30-minute game every week. All players will receive a t-shirt and their own soccer ball to keep! **Must be 4 years old by 2/10/24 to register.** Volunteer coaches are needed. Please email lesley@oregonpark.org if you are interested.

Age	Code
4-5	2332-20
6-7	2332-21

Open Gaga Ball

All Ages

Date: Wed 1/10-5/15

Time: 2:30-4:00 pm

Location: Prairie Room

Fee: Daily fee/Membership

***No Registration Needed!**

Gaga ball is a fast paced, high energy sport played in an octagonal pit, combining the skills of dodging, striking, running and jumping while trying to hit opponents with a ball below the knees. Join us on Wednesday afternoons at Nash for Gaga ball games in the Prairie room. No registration needed.

Youth Axe Throwing League

Age: 9-15 • **Location:** Rustic Ridge Axe • **Fee:** \$60/\$72 NR

Join us for this youth beginners 6 week league at Rustic Ridge Axe Throwing in Oregon. League will include instruction and playing each week. A tournament will be held the last week. Join us for this unique sports league! A league shirt is included in the price.

Informational Meeting: Join us at Rustic Ridge Axe Throwing, 117 N. 4th Street, Oregon on Wed, January 31st, to see the facility, ask questions and see if your child is interested—drop in anytime from 2:30-4 pm to ask questions or try out axe throwing!

Date	Time	Code	Deadline
Wed 2/7-3/13	2:30-3:30 pm	2412-90	1/26
	4:00-5:00 pm	2412-91	
Wed 4/3-5/8	2:30-3:30 pm	2412-92	3/27
	4:00-5:00 pm	2412-93	

Beginners Pickleball Open Gym

Age: 18+

Date: Mon, 1/8-5/27

Time: 12:00-1:30 pm

Location: Nash Gym

Fee: Daily fee/Membership

***No Registration Needed!**

Have you been interested in trying out Pickleball? This game is fast, fun, addictive, and can be played by people of all ages and athletic abilities! Join us for a new beginners time on Mondays, when you can learn to play with other beginners in a relaxed environment. A few of our regular pickleball players may even be around to give you some tips! To learn more about pickleball you can visit the USA Pickleball Association at: usapa.org. Nash has a limited number of paddles and balls that you can borrow to play.

Doubles Pickleball League

Age: 18+

Time: 9:00-11:30 am

Location: Nash Rec Center Gym

Fee: \$50/\$60 NR (per team)

Join us for our doubles Pickleball League. Sign up as a pair for this fast paced 6-week League on Tuesday mornings in the Nash Gym. Every week, each team will play 2 different teams in a best of three games format. Prizes will be awarded to the top league finishing team. Sign up soon, as there is a limited number of team slots.

Date	Code	Deadline
Tues 1/9-2/13	2412-16	1/4
Tues 3/5-4/9	2412-11	2/29

OCUSD Pickleball Clinic

All Ages

Time: 5:00-7:00 pm

Location: Nash Rec Center Gym

Fee: \$15/\$18 NR

Join the Oregon Junior High and High School Gym teachers, Mrs. O'Neil, Mr. Boyer and Mr. Larson for a Pickleball Clinic. This clinic is perfect for beginners and intermediate players to hone their pickleball skills! The instructors are all experienced pickleball players and one of them has traveled extensively in the USA to compete in ranked Pickleball tournaments. All proceeds from this clinic will benefit the Oregon JH and HS Physical Education Departments. Spots are limited in this clinic, so don't wait to sign up.

Date	Code	Deadline
Mon 1/29	2412-13	1/24
Mon 4/8	2412-14	4/3

Evening Doubles Pickleball League

Age: 18+

Date: Mon 2/19-3/25

Time: 6:00-8:00 pm

Location: Nash Rec Center Gym

Fee: \$50/\$60 NR (per team)

Code: 2412-10 • **Deadline:** 2/14

Join us for our new doubles evening Pickleball League. Sign up as a pair for this fast paced 6-week League on Monday evenings in the Nash Gym. Every week, each team will play 2 different teams in a best of three games format. Prizes will be awarded to the top league finishing team. Sign up soon, as there is a limited number of team slots.

Spring Doubles Pickleball Tournament

Age: 18+

Date: Tues 3/26

Time: 4:00-8:00 pm

Location: Nash Rec Center Gym

Fee: \$25/\$30 NR (per team)

Code: 2412-15 • **Deadline:** 3/19

Come and play in our Spring Pickleball Tournament! This tournament will be a doubles tournament. Teams can be made up of male, female, or co-ed. Players must sign up as a team. Nash does have a limited number of paddles that are available to play with. Only 8 teams allowed...don't wait to register!

Pickleball Open Gym for Ages 18+

Dates: M/W/F 8 am-12 pm;

Tu 4-7 pm;

Sun 3-5 pm (until 4/28/24)

Fee: Nash Membership or Daily Fee

Pickleball is often described as a mixture of ping-pong, tennis, and badminton, all played on a mini tennis court with an oversized paddle and a ball similar to a wiffle ball. This game is fast, fun, addictive, and can be played by people of all ages and athletic abilities! Drop in at your own leisure and enjoy this wonderful sport. To learn more about pickleball you can visit the USA Pickleball Association at: usapa.org.





Women's Basketball League

Age: 18+

Date: Wed 4/3-5/8

Time: 6:00-8:00 pm

Location: Nash Rec Center Gym West

Fee: \$115/team

Code: 2412-22 • **Deadline:** 3/27

Womens Basketball League is back at the Oregon Park District! Games are played 3-on-3 on a half court at Nash. Teams will compete in a regular season followed by a tournament to conclude the season. This is a fun opportunity for all skill levels to play in a competitive atmosphere. The league will be self-officiated and all players must be 18+ years old and graduated from High School. The number of teams is limited, so register early!



Batting Cage Rentals

Date: Mondays 6/5-7/31

Time: 1:00-3:00 pm in 30-minute increments

Fee: \$15/\$18 NR

Ready for some batting practice? We are excited to offer rentals for Batting Cages with a pitching machine at Oregon Park West. A staff member will be onsite to assist with the pitching machine. You must provide your own bat and helmet. Reservation must be made by the prior Thursday. Available in 30 min intervals, but you can certainly book more than one! Need a different day or time? Please email Lesley@oregonpark.org to check availability.



Volleyball Open Gym

All Ages

Date: Thurs, 1/4-5/30

Time: 3:30-5:30 pm

Location: Nash Gym East

Fee: Daily fee/Membership

***No Registration Needed!**

Continue to develop your volleyball skills with a new weekly open gym at Nash Recreation Center. One court will be set up with balls for you to practice and play. Free for members, or daily admission fee.

Co-Ed Volleyball

Age: 18+

Date: Thurs 2/8-4/18

Time: 6:00-8:00 pm

Location: Nash Rec Center Gym

Fee: \$260/team

Code: 2412-20 • **Deadline:** 1/31

Adult Co-ed Volleyball is back at Nash! Games will be played on Thursday nights. This is a fun and semi-competitive league and will consist of a regular season and an end of season tournament. Teams may have a maximum of 6 players on the court at one time with no more than 3 males at once. All players must be 18+ and graduated from High School. A mandatory captains meeting will be held on 2/8 at 5:30 pm at Nash Recreation Center. A maximum of 8 teams will be allowed, register early!

Sand Volleyball

Age: 18+

Date: Thurs 5/16-7/25 *No games 7/4

Time: 6:00-10:00 pm

Location: Park West

Fee: \$165/team

Code: 2412-21 • **Deadline:** 5/8

This Co-Ed Sand Volleyball League will be played at our sand volleyball courts at Park West. There will be a regular season followed by an end of year tournament. Teams may have up to 6 players on the court at a time, but may never exceed 3 males on the court. Players must be 18+ and graduated from High School. Gather your friends and come on out for some summer fun on Thursday nights!

Athletics



Pre-Season Softball Camp

Date: Sun 4/28-5/12

Location: Park West

Fee: \$20/\$24 NR

Deadline: 4/23

Join OHS Softball Coaches, Nate Rogers, Carly May, Abigail Baker, Ryan Dannhorn, Ryan Fletcher, Jeff Hendricks, Ellie Egyed and their players to get ready for softball season. These instructional camps, held at Park West, will give you hands on practice to perfect your skills this preseason and learn from the HS Athletes and coaches. The 3 o'clock session of the camp will be a general skills camp, each week focusing on a different set of softball skills. **The 4 o'clock session is for pitchers only.** Camp will be held on 4/28, 5/5 and 5/12. All proceeds will benefit OHS Softball Program.

Age	Time	Code
7-14	3:00-4:00 pm	2412-73
9-14 (pitchers only)	4:00-5:00 pm	2412-74

T-Ball

Age: 5-6

Date: M/W 5/29-6/26

Fee: \$45/\$54 NR

Location: Off Location

Code: 2412-75 • **Deadline:** 4/24

T-Ball introduces the fundamentals of baseball. All games will be played at Etnyre field beginning in June. A few practices will be held prior to each team's first game. Players must turn 5 by 6/1 and not turn 7 before 5/1 to be eligible for T-Ball. Players must provide their own glove. Practice dates and times will vary depending on the preference of the head coach. Parents interested in coaching can contact Lesley Sheffield at 815-732-3101 or email lesley@oregonpark.org.

Girls Coach Pitch Softball

Age: 7-8

Date: Mon & Wed 5/6-6/26

Location: Off Location

Fee: \$60/\$72 NR

Code: 2412-64 • **Deadline:** 4/3

This Girls league prepares players for softball, allowing them the opportunity to hit from a live pitch from their coach. Teams will have practices along with regular scheduled games held in Oregon and Byron beginning the week of 5/20. Eligible players must not turn 9 before 5/1. Practice dates and times will vary depending on the Head Coach, the only way to guarantee your child's practice time is to volunteer to coach. Please contact Lesley at 815-732-3101 or lesley@oregonpark.org if you are interested.

Minor Girls Softball

Age: 9-10

Date: 5/6-7/26

Location: Off Location

Fee: \$90/\$108 NR

Code: 2412-65 • **Deadline:** 4/3

Minor Girls softball continues to develop players skills, including the introduction of pitching. Games will be played against area towns and will follow a regular practice schedule. There will be an end of the tournament to conclude the season. Players must not turn 11 before 5/1 to play in this league. Games are scheduled to begin the week of 5/20. If you are interested in coaching please contact Lesley at 815-732-3101 or email lesley@oregonpark.org.

Junior Girls Softball

Age: 11-12

Date: 5/6-7/26

Location: Off Location

Fee: \$105/\$126 NR

Code: 2412-66 • **Deadline:** 4/3

Players will continue to develop their fundamentals through new skills and strategies. This player-pitch softball league will have games in Oregon and surrounding towns, as well as a regular practice schedule. There will be a tournament following the conclusion of the regular season. Games are scheduled to start the week of 5/20. Players must not turn 13 before 5/1 to play in this league. Practice times will vary depending on coach preference and field availability. Parents interested in coaching can contact Lesley Sheffield at 815-732-3101 or lesley@oregonpark.org.

Senior Girls Softball

Age: 13-14

Date: Mon-Sat 5/6-7/26

Location: Off Location

Fee: \$110/\$132

Code: 2412-67 • **Deadline:** 4/3

While continuing to develop fundamentals, players will learn more complex parts of the game of softball. Games are played in Oregon and surrounding towns during the season. An end-of-year tournament will follow. Players must not turn 15 before 5/1 to be eligible to play in this league or have attended High School. Games are scheduled to start the week of 5/20. Interested in coaching? Please email Lesley@oregonpark.org or call 815-732-3101.



Pre-Season Baseball Camp

Date: Sun 4/28-5/12

Location: Park West

Fee: \$20/\$24 NR

Deadline: 4/23

Join OHS Baseball Coaches Nate Girton, Bailey Elliot, Derrek Rufer, Travis Stark, Dan Salsbury, Josh Messenger, Chuck Cain and players to get ready for baseball season. This instructional camp will give you hands on practice to perfect your skills this season. Camp will meet on 4/28, 5/5 and 5/12. All proceeds to benefit the High School Baseball team. Meet at OHS Baseball Field.

Age	Time	Code
7-10	3:00-4:00 pm	2412-71
11-14	4:00-5:00 pm	2412-72

Little Baseball Stars

Age: 3-5

Date: Tu/Th 7/9-7/18

Location: Off Location

Fee: \$40/\$48 NR

Deadline: 6/19

Your child will learn the very basics of baseball in this introductory program, offered by OHS Coach Nate Girton and his baseball players. A parent/adult will be required to attend each evening and may be asked to assist their child throughout the program. Each week, children will learn a new skill and develop previously learned skills. Catching, running, batting and safety will be taught. The last night will be a T-Ball game! Only the first 14 participants will be accepted for each time slot. Each child will receive a t-shirt. All proceeds to benefit OHS Baseball program.

Time	Code
4:00-4:45 pm	2412-68
5:00-5:45 pm	2412-69
6:00-6:45 pm	2412-70



Boys Coach Pitch Baseball

Age: 7-8

Date: Mon & Wed 5/6-6/26

Location: Off Location

Fee: \$60/\$72 NR

Code: 2412-60 • **Deadline:** 4/3

This boys league prepares players for baseball, allowing them the opportunity to hit from a live pitch from their coach. Teams will have practices along with regular scheduled games, held in Oregon and Byron, beginning the week of 5/20. Eligible players must not turn 9 before 5/1. Practice dates and times will vary depending on the Head Coach. The only way to guarantee your child's practice time is by volunteering to coach. Please contact Lesley Sheffield at 815-732-3101 or lesley@oregonpark.org if you are interested. Parents will not be contacted with practice schedules until the required number of coaches have volunteered.

Minor Boys Baseball

Age: 9-10

Date: 5/6-7/26

Location: Off Location

Fee: \$90/\$108 NR

Code: 2412-61 • **Deadline:** 4/3

This is a player pitch baseball league that will play games in Oregon and surrounding towns, as well as follow a regular practice schedule. There will be a tournament following the conclusion of the regular season. Players will continue to build their fundamentals while incorporating new skills and strategies. Games are scheduled to begin the week of May 20. Players must not turn 11 before 5/1 to be eligible for this league. Practice times will vary depending on coach preference and field availability. Parents interested in coaching can contact Lesley Sheffield at 815-732-3101 or lesley@oregonpark.org.

Athletics

Leon Gasmund Baseball

Age: 11-12

Date: 5/6-7/26

Location: Off Location

Fee: \$105/\$126 NR

Code: 2412-62 • **Deadline:** 4/3

Players will continue to build on their fundamentals while incorporating new skills and strategies. This league will have games in Oregon and surrounding towns, as well as a regular practice schedule. There will be a tournament following the conclusion of the regular season. Players must not turn 13 before 5/1 to be eligible to play in this league. Games are scheduled to start the week of May 20. Practice dates and times will vary depending on preference of head coach and field availability. If you are interested in coaching please contact Lesley Sheffield at 815-732-3101 or lesley@oregonpark.org.

Sandy Koufax Baseball

Age: 13-14

Date: 5/6-7/26

Location: Off Location

Fee: \$110/\$132 NR

Code: 2412-63 • **Deadline:** 4/3

While continuing to develop their fundamentals, players will learn more complex aspects of the game of baseball. Games are played against area teams during the season and followed by an end-of-year tournament. Players must not turn 15 before 5/1 to be eligible to play in this league or have attended High School. Practice days and times will vary depending on preference of Head Coach and Field availability. If you are interested in coaching, please contact Lesley Sheffield at 815-732-3101 or email at lesley@oregonpark.org.

IN MEMORY OF



JOE KERWIN

Joe Kerwin

Baseball & Softball Celebration at Park West

FREE!

SATURDAY, JUNE 1 FROM 8:30 AM- 1:00 PM

Celebrate the start of baseball and softball season with a special kickoff event with double-headers on both Park West diamonds. Between games, we have a special ceremony recognizing all 2024 Oregon Park District youth baseball and softball teams. This event is held in honor of former Oregon Park District scorekeeper and baseball enthusiast Joe Kerwin. Members of the Kerwin family will be present to recognize players who demonstrate exceptional sportsmanship with the Joe Kerwin Player of the Game Awards. Come pack the park and watch our youth players play ball with the Kerwin Memorial Baseball & Softball Kickoff.



Tumbling

Tiny Tumblers

Date	Time	Fee	Code	Deadline
	4:35-5:20 pm		2324-84	
1/10-1/31	5:25-6:10 pm	\$70/\$77 NR	2324-89	1/3
	6:15-7:00 pm		2324-94	
	4:35-5:20 pm		2414-40	
2/7-2/28	5:25-6:10 pm	\$70/\$77 NR	2414-41	1/31
	6:15-7:00 pm		2414-42	
	4:35-5:20 pm		2414-43	
3/6-3/27	5:25-6:10 pm	\$70/\$77 NR	2414-44	2/28
	6:15-7:00 pm		2414-45	
	4:35-5:20 pm		2414-46	
4/3-4/24	5:25-6:10 pm	\$70/\$77 NR	2414-47	3/27
	6:15-7:00 pm		2414-48	
	4:35-5:20 pm		2414-49	
5/1-5/22	5:25-6:10 pm	\$70/\$77 NR	2414-50	4/24
	6:15-7:00 pm		2414-51	

Beginner/Novice

Date	Time	Fee	Code	Deadline
	4:35-5:20 pm		2324-99	
1/10-1/31	5:25-6:10 pm	\$70/\$77 NR	2324-104	1/3
	6:15-7:00 pm		2324-109	
	4:35-5:20 pm		2414-52	
2/7-2/28	5:25-6:10 pm	\$70/\$77 NR	2414-53	1/31
	6:15-7:00 pm		2414-54	
	4:35-5:20 pm		2414-55	
3/6-3/27	5:25-6:10 pm	\$70/\$77 NR	2414-56	2/28
	6:15-7:00 pm		2414-57	
	4:35-5:20 pm		2414-58	
4/3-4/24	5:25-6:10 pm	\$70/\$77 NR	2414-59	3/27
	6:15-7:00 pm		2414-60	
	4:35-5:20 pm		2414-61	
5/1-5/22	5:25-6:10 pm	\$70/\$77 NR	2414-62	4/24
	6:15-7:00 pm		2414-63	

Tiny Tumblers

Age: 3-5

Day: Wednesdays

Location: Nash Rec Center Gym East

Our Tiny Tumblers class teach both the fundamentals of tumbling and classroom participation. Through a variety of fun activities your student will learn to cartwheel, roll, listen, follow directions, work independently and cooperate with others. Our fun style of fitness will leave them eager to return!



Beginner/Novice

Age: 5-12

Day: Wednesdays

Location: Nash Rec Center Gym East

BEGINNER-This entry level tumbling class is designed to teach basic skills and technique needed to safely progress in this dynamic sport. Cartwheels and handstands, power and grace, this exciting class offers an hour of nonstop fun and fitness.

NOVICE-Mastered the basics? Ready for a new challenge? Then this is the SPOT for you! Our Novice tumbling class will continue to challenge your tumbler with introduction of limbering skills and handsprings. This is a faster paced class.





Explore Oregon with us!!

SATURDAY, MAY 4

OUTDOOR FLOWER & PLANT SALE 8 AM-1 PM - RIVER'S EDGE EXPERIENCE

Our annual spring plant and flower sale is open to the public.

Buy or sell to kick start the gardening season!

Vendors can register for a 10x10 outdoor space. Vendors must provide tables.

\$15/\$18NR • \$5 discount if vendors registered by 4/15!

INDOOR MINI MARKET 8 AM-1 PM RIVER'S EDGE EXPERIENCE

Join us for our indoor market. FREE to the public and stay for our Spring Brunch!

The market has limited available for vendors. Vendor spaces are \$20/\$25NR and include 8 foot table for displaying. If interested in being a vendor, contact teresa@oregonpark.org.

SPRING BRUNCH PAIRING 9:30 AM RIVER'S EDGE EXPERIENCE

Age: 21+ • Fee: \$28/\$33NR • Code 2413-67 • Deadline: 4/26

Looking for a fun day out in Oregon or to celebrate Mother's

Day? Enjoy 4 brunch items paired with a flight of morning cocktails. Brunch also includes discount coupons for local businesses to enjoy exploring Oregon. Non-alcoholic drinks available upon request. Registration required.





Handmade Homes for Birds

Age: 16+ • Date: Wed 1/17 & 1/24 • Time: 6:00-8:30 pm

Location: Happily Handmade 815 • Fee: \$70/\$80 NR

Code: 2413-60 • Deadline: 1/14

Do you want to provide a home for your feathered friends? Come to Happily Handmade 815 for a two-day workshop. Wednesday, January 17 build your birdhouse out of Terracotta clay. Birdhouse will stay at studio to dry and be fired in the kiln. Then, Wednesday, January 24 you will glaze your birdhouse to add color and make the house waterproof. House will once again stay at studio for drying and firing. You should be able to pick birdhouses up by Friday, January 26. Each student will start with one pound of clay. You will use slab and coil building techniques to make these whimsical birdhouses. No two need to be alike, feel free to do your own texture and other attachments, such as clay flowers, leaves, swirls, or add your flair with glaze colors in second workshop. The possibilities are endless.



Handmade Bird Feeder

Age: 16+

Date: Wed 3/13 & 3/20

Time: 6:00-8:30 pm

Location: Happily Handmade 815

Fee: \$70/\$80 NR

Code: 2413-62 • Deadline: 3/6

Feed your feathered friends and enjoy the view in your own yard. March 13, you will learn to pinch pot a mug and turn it into a bird feeder with multiple hanging options. Once done, you will leave feeder at studio to dry and be kiln fired. On March 20, you will glaze your feeder to add color and make it water proof. Once again you will leave it at the studio to dry and be fired. You will be able to pick your feeders up on Friday, March 22.



Handmade Windchimes

Age: 16+ • Date: Wed 2/21 & 2/28 • Time: 6:00-8:30 pm

Location: Happily Handmade 815 • Fee: \$70/\$80 NR

Code: 2413-61 • Deadline: 2/14

Bring music to your yard with these Pinecone Clay Wind Chimes that sway and make sound in the breeze. You will learn how to use the slab building technique to create these dancing pinecones. This class will take place over multiple days to complete the whole process. February 21, you will handbuild your wind chimes, then leave them at the studio to dry and be kiln fired. On February 28, you will return to glaze them to add color and to make them waterproof. You will leave them at the studio to dry and be fired. Friday, March 1, you can pick them up, they will be attached by twine on the inside. Students must decide what they will hang them from at home.



Cold Hardy Annual Planters

Ages: 16+

Time: 6:00-8:00 pm

Location: Hidden Timber Gardens

Fee: \$28/\$34 NR • Deadline: 4/9

Do you have spring fever, but can't find anything to plant that can handle the cold? Come and enjoy an early spring planter class at Hidden Timber Gardens specializing in cold hardy early bloomers to beautify your outdoor space. Bring gardening gloves and a small trowel, as you will be planting a container to bring home with you with plants of your choosing. Total price of the workshop can range from \$45-\$80 depending on your planter and plant selections. All attendees will receive a \$25 credit towards their final purchase price. Additional add-ons will be paid to Hidden Timber Gardens that evening.

Date	Code
Tu 4/16	2413-68
Wed 4/17	2413-69

Plant Native Landscaping Workshop

Ages: 16+

Time: 6:00-8:00 pm

Location: Hidden Timber Gardens

Fee: \$28/\$34 NR • Deadline: 6/5

Native perennial plants can beautify any home, improve wildlife habitat, and are able to handle the wide range of weather conditions experienced in northern Illinois. For this special workshop, we will have a program on the many benefits of incorporating native perennials into your landscaping, a tour of Hidden Timber Gardens to see native landscaping in action, and time for brainstorming and shopping for your own home. All attendees will receive \$25 credit for any perennials purchased on-site.

Date	Code
Wed 6/12	2413-40
Th 6/13	2413-41

Activities

COMIC BOOK



Comic Book Workshop with Do Art Productions

Ages: 5-17

Date: Wed 2/7

Location: Nash River Room

Fee: \$28/\$32 NR

Deadline: 1/31

Come join Do Art Productions for a workshop on designing comic books. Spring is here and creativity is needed! At the comic book workshop, we will be discovering the different languages of comics from the eyes to the body positions to the actual language of speech bubbles. By the end, we will have discovered how to generate anything into a comic, as well as new confidence to express ourselves! Everyone will go home with stickers, bookmarks, and materials to help them create further at home!

Age	Time	Code
5-12	2:30-4:30 pm	2414-84
13-17	5:00-7:00 pm	2414-85

Teen Comic Club

Ages: 13-18

Time: 2:30-3:30 pm

Location: Nash Prairie Room

Fee: \$10/\$12 NR

Calling all comic book fans! Come to Nash Recreation Center when school is out early for a special comic book club just for teens. We will follow the Transformers 2023 comic series from Skybound Entertainment written and drawn by Daniel Warren Johnson, with a different issue each month. All attendees will receive a copy of the comic, and Oregon Park District will provide snacks and games. This comic series is rated T.

Date	Code	Deadline
Wed 2/28	2414-78	2/14
Wed 3/20	2414-79	3/6
Wed 4/24	2414-80	4/10
Wed 5/15	2414-81	5/1

Art with Kara

Ages: 5-13

Fee: \$25/\$30 NR

Location: Nash River Room



Come paint with Kara Schabacker. Each month will feature a different theme which your child will create on canvas to take home. Designs will be simple using basic shapes. Acrylic paints will be used in this painting class. Sign up for one month or for the entire series!

Dates	Theme	Age	Time	Code	Deadline
Wed 1/17	Snowman	5-9	2:30-4:00 pm	2414-20	1/10
		10-13	4:30-6:00 pm	2414-21	
Wed 2/14	Lovebug	5-9	2:30-4:00 pm	2414-22	2/7
		10-13	4:30-6:00 pm	2414-23	
Wed 3/13	Lucky Leprechaun	5-9	2:30-4:00 pm	2414-24	3/6
		10-13	4:30-6:00 pm	2414-25	
Wed 4/17	Easter Bunny	5-9	2:30-4:00 pm	2414-26	4/10
		10-13	4:30-6:00 pm	2414-27	
Wed 5/15	Flowers	5-9	2:30-4:00 pm	2414-28	5/8
		10-13	4:30-6:00 pm	2414-29	

Ceramic Easter Baskets

Ages: 6+

Date: Fri 3/29

Time: 1:00-3:00 pm

Location: Cin's

Treasures

Fee: \$17/\$20 NR

Code: 2414-89

Deadline: 3/22



Cindy Hendrickson is opening her Conover Square Studio, Cin's Treasures, for a special children's class where we will be making a ceramic Easter basket and peep centerpiece. Open to ages 6 and up, this is the perfect introduction to ceramics for the aspiring artist in your family. Creations will need to be glazed after class, pick them up the next day and have them on your table for Easter Breakfast.

Activities



Holiday Crafting Fun!

Sponsored
by



Heart Crafts for Kids

Ages: 5-12

Date: Wed 1/31

Time: 2:30-3:30 pm

Location: Nash River Room

Fee: \$3/\$4 NR

Code: 2414-86

Deadline: 1/24

Hearts are a symbol of love and Valentine's Day. Join us to make a no-sew pillow and a sequined sun catcher that are both perfect for gifts or to keep to decorate your own room. There may be time for Bingo as well. *This program is sponsored by E.D. Etnyre & Co.*



Leprechaun Crafts for Kids

Ages: 5-12

Date: Wed 2/28

Time: 2:30-3:30 pm

Location: Nash River Room

Fee: \$3/\$4 NR

Code: 2414-87

Deadline: 2/21

The luck of the Irish will be with you in this crafting class for kids. We will make a pony bead leprechaun hat for hanging from a backpack and a 3D rainbow shamrock. If we have time, we will see if the luck of the Irish is on us with a game of Bingo! *This program is sponsored by E.D. Etnyre & Co.*



Easter Fun for Kids

Ages: 5-12

Date: Wed 3/20

Time: 2:30-3:30 pm

Location: Nash River Room

Fee: \$3/\$4 NR

Code: 2414-88

Deadline: 3/13

Join us at Nash for a day of crafting for Easter. We will make Easter Bunny jars which can be used for decoration or candy storage. We will also learn to make our own sidewalk chalk. If we have time we will play Bingo! *This program is sponsored by E.D. Etnyre & Co.*



Earth Day Crafts for Kids

Ages: 5-12

Date: Wed 4/10

Time: 2:30-3:30 pm

Location: Reading Nook

Fee: \$3/\$4 NR

Code: 2414-90

Deadline: 4/3

Join us as we prepare for Earth Day. We will be making Earth Day seed bombs and painting garden rocks to beautify our Earth. *This program is sponsored by E.D. Etnyre & Co.*

Activities



NO SCHOOL! Grades K-6

Registration
open NOW!

Martin Luther King Jr. Day

Date: Mon 1/15

Time: 7:30 am-5:30 pm

Location: Nash Prairie Room

Fee: \$35/\$43 NR

Code: 2414-15 • **Deadline:** 1/7

There's no school on January 15th for Martin Luther King Jr. day. Come to Nash for a day of fun. We will play games, do crafts and swim. Your child will need a sack lunch, water bottle, swimsuit and towel.

Carlson Ice Arena

Date: Fri 2/16

Time: 7:30 am-5:30 pm

Fee: \$45/\$53 NR

Code: 2414-10 • **Deadline:** 2/9

There's no school February 16 for a teacher's institute and OPD has a trip planned to the Carlson Ice Arena/ Sapora Playworld. We will start our day at Nash and then head to Carlson Ice Arena for skating and playtime. We will return to Nash to end our day.

President's Day

Date: Mon 2/19

Time: 7:30 am-5:30 pm

Location: Nash Prairie Room

Fee: \$35/\$43 NR

Code: 2414-11 • **Deadline:** 2/12

There's no school on February 19th for President's Day. Come to Nash for a day of fun. We will play games, do crafts and swim.

Spring Break Day at LOMC

Date: Mon 3/25

Time: 8:30 am-4:00 pm

Fee: \$30/\$35 NR

Code: 2414-12 • **Deadline:** 3/18

Join us for a day of activities out in nature at LOMC. We will hike, make a nature craft, play games and weather permitting shoot archery. Lunch will be provided by LOMC. This plans to be a fun day of activities to start Spring Break Week.

Spring Break Mini Camp

Date: Tues/Wed 3/26 -3/27

Time: 7:30 am-5:30 pm

Location: Nash Prairie Room

Fee: \$70/\$86 NR

Code: 2414-13 • **Deadline:** 3/18

Come join us at Nash for some Spring Break fun. The days will be spent playing games, doing crafts and swimming. Weather permitting, we will venture out to our parks to play as well. On Wednesday we will join the Nerf for Kids event so campers will need their Nerf guns (no rival series guns) and eye protection.

Spring Break Day at Taft

Date: Thurs 3/28

Time: 8:30 am-4:00 pm

Fee: \$30/\$35 NR

Code: 2414-14 • **Deadline:** 3/21

Join us for a day of outdoor learning at Lorado Taft. We will enjoy a number of fun activities and lunch provided by the Taft cooks.

Do you have a group that you want to get outdoors more? Oregon Park District is thrilled to be able to offer **group outdoor education programs** by appointment! Enjoy one of our scenic parks with hands on outdoor activities led by Park District Staff. Educational programs are themed around Illinois plants and animals, and can be customized for your group needs and are suitable for students in kindergarten through 8th grade. Get your kids active and outdoors while learning this year.

Email caleb@oregonpark.org to schedule your group outing today. Rate is \$45 per hour of programming for the whole group.

OPEN SWIM

Join us for special open swims
when school isn't in session!

Tuesday, December 26 2-3:30 pm
Wednesday, December 27 2:30-4:30 pm
Thursday, December 28 1:30-3:30 pm
Friday, December 29 1-3 pm
Tuesday, January 2 2-3:30 pm
Wednesday, January 3 2:30-4:30 pm
Thursday, January 4 1:30-3:30 pm
Friday, January 5 1-3 pm
Monday, January 15 1:30-3:30 pm
Friday, February 16 1-3 pm
Saturday, February 19 1:30-3:30 pm
Monday, March 25 1:30-3:30 pm
Tuesday, March 26 2-3:30 pm
Wednesday, March 27 2:30-4:30 pm
Thursday, March 28 1:30-3:30 pm
Friday, March 29 1-3 pm



Donate Blood. Save Lives.

February 5, April 1 & May 27 • 11:00 am-5:00 pm at Nash Rec Center River Room

Give back this year by joining us in donating blood with the Rock River Blood Center in the River Room at Nash. Your donation can save up to 3 lives and you're sure to get that amazing feeling of accomplishment and satisfaction for helping. Guidelines for donating blood change frequently, so if you have questions about whether you qualify to donate, please talk to a donor care specialist by calling (815)965-8751 or check out www.rrvbc.org. To schedule an appointment for one of our drives please contact Tina at (815)732-3101 or tina@oregonpark.org.

Camp Oh-Pea-Dee goes

OLYMPIC

The 2024 Summer Olympics will be held in Paris, France this summer. Camp OPD will be going Olympic to celebrate along with the athletes. We will spend June and July learning about the different countries that participate in the Olympics and famous Olympians from each country. Our final week in August will have us holding our own Camp OPD games with a variety of activities. Each week will also feature park/outside time, a field trip, games, and other activities. Lunch will be available some days and a nutritious snack will be served each afternoon. Registration for camp will begin on April 2, 2024. Field Trips will be announced in late March. ***Your child will need a water bottle, lunch, swimsuit and towel each day. They will need to wear closed toe shoes and should dress for outdoor play.***

WEEK
ONE:
Eastern
Asia
5/28-5/31

WEEK
TWO:
Western
Asia
6/3-6/7

WEEK
THREE:
Western
Europe
6/10-6/14

WEEK
FOUR:
Eastern
Europe
6/17-6/21

WEEK
FIVE:
N. America
& Oceania
6/24-6/28

WEEK
SIX:
Latin
America
7/8-7/12

WEEK
SEVEN:
The
Caribbean
7/15-7/19

WEEK
EIGHT:
Northern
Africa
7/22-7/26

WEEK
NINE:
Southern
Africa
7/29-8/2

WEEK
TEN:
Camp OPD
Olympics
8/5-8/9

Fees: Tuesday-Thursday \$120/\$140 NR | Monday \$30/\$35 NR | Friday \$30/\$35 NR

*****No camp May 22-24, Memorial Day, July 1-5, August 12-16*****

Family Storybook Adventures: The Mitten

All Ages • Date: Sat 2/10 • Time: 2:00–4:00 pm
Location: Park West–Upper Shelter • Fee: \$5/\$6 NR
Code: 2414-91 • Deadline: 2/3



Family Storybook Adventures is moving to Park West. Join us at the upper shelter for a reading of the beloved classic “The Mitten” by Jan Brett, followed by a special family challenge where we learn all about how wild animals survive the winter with hands on activities. We will wrap up by enjoying roasted s’mores and hot chocolate around a campfire. Bundle up, because this fun family adventure will be outdoors.

Nerf Night for Kids

Age: 6-12 • Location: Nash Rec Center Gym • Fee: \$5/\$6 NR

Battle it out with Nerf. Compete in games like Capture the Flag and Free-for-All Combat as well as do some target practice. Bring your own Nerf guns (no rival series guns please) and safety glasses. We will provide the bullets. Label all your equipment with your name. Oregon Park District is not responsible for lost or damaged guns, bullets or eye protection.

Date	Time	Code	Deadline
Thurs 2/22	6:00–7:30 pm	2414-82	2/15
Tues 3/26	1:00–2:30 pm	2414-83	3/19

Mother Son Date Night

Age: 3-15 • Date: Fri 3/1 • Time: 6:30–8:30 pm • Location: River’s Edge Experience
Fee: Child \$16/\$19 NR; Adult \$10 • Code: 2414-71 • Deadline: 2/16

The mother-son date night is back in action at River’s Edge Experience. Enjoy dancing, games, refreshments, and prizes, all set to a fun tropical beach party theme at Oregon’s newest event venue. Come out to River’s Edge Experience for an evening of memory making with your favorite little surfers. Substitute moms are welcome (grandmothers, aunts, big sisters, etc.). Professional portraits to commemorate the occasion can be purchased.

Daddy Daughter Dance

Age: 3-15 • Date: Sat 3/2 • Time: 6:30–8:30 pm • Location: River’s Edge Experience
Fee: Child \$16/\$19 NR; Adult \$10 • Code: 2414-72 • Deadline: 2/16

The 2024 Daddy Daughter Dance is back in action at River’s Edge Experience. Set to a tropical beach party theme, enjoy a night of quality girl time with dances, games and prizes. Substitute Dads (grandpas, uncles, big brothers, etc.) are welcome! Professional pictures can be purchased to remember the evening forever.

Mario Day Escape Room

Age: 6+ • Date: Sat 3/9
Location: Nash Board Room
Fee: \$1/\$2 NR • Deadline: 3/2

Join us to celebrate Mario Day one day early! Bowser escaped the bird cage he was trapped in at the end of the most recent Mario movie with the assistance of Kamek and Bowser Jr. The trio then proceeded to kidnap and shrink Mario and Luigi. Can you assist Daisy and Peach, solve the puzzles and rescue our favorite plumbers?

Puzzles created with assistance from Elizabeth Murray and the St. Joseph (MO) Public Library.

Copyright Disclaimer: This event was not authorized, licensed or endorsed by Nintendo, Shigeru Miyamoto, Universal Pictures, Illumination or any other individual or entity associated with the Super Mario Brothers Franchise.

Time	Code
9:00–10:00 am	2414-73
10:00–11:00 am	2414-74
11:00 am–12:00 pm	2414-75
12:30–1:30 pm	2414-76
1:30–2:30 pm	2414-77



Activities



S'more Please! Dessert Lasagna

Age: 16+
Date: Th 2/15
Time: 6:00-7:30 pm

Location: Cork & Tap

Fee: \$40/\$48 NR

Code: 2413-70 • Deadline: 2/7

Everything is better when it's dessert! Join Lynn Kaufman of Linnie's Kitchen for a sensationally sweet cooking class just in time for Valentine's Day. This no-bake dessert lasagna is perfect for sharing or for keeping all to yourself. Layers of graham crackers, chocolate, and marshmallow are the perfect melt in your mouth flavor explosion. Participants will need to bring some dishes and utensils from home. A full supply list will be distributed by email after registration closes. Gluten free option available upon request.



Corn & Potato Chowder with Beer Bread

Age: 21+
Date: Wed 3/20
Time: 6:00-7:30 pm

Location: Cork & Tap

Fee: \$40/\$48 NR

Code: 2413-71 • Deadline: 3/13

Beer bread with soup is a delicious meal, perfect for chilly spring days. Join Linnie's Kitchen at Cork & Tap to create a flavorful corn & potato chowder with a loaf of beer bread ready to take home and bake. This chowder features a perfect balance of corn, potatoes, and vegetables in a creamy broth. Participants will need to bring some dishes and utensils from home. A full supply list will be distributed to participants by email after registration closes. Gluten Free Option available upon request.



Homemade Ravioli & Fettuccine

Age: 11+
Date: Th 4/25
Time: 6:00-7:30 pm

Location: Cork & Tap

Fee: \$40/\$48 NR

Code: 2413-72 • Deadline: 4/18

Have you ever wanted to make your own pasta? Join Linnie's Kitchen at Cork & Tap to create your own delightful ravioli and fettuccine from scratch. Lynn will supply the ingredients, and you will need to bring some dishes and utensils from home. Pasta making is best with a team, you can sign up with a friend, or be assigned a partner at class time. Great for couples or parent/child teams. Full supply list will be distributed to participants by email after registration closes. Each person attending must register.



Taco Pizza

Age: 16+
Date: Wed 5/8
Time: 6:00-7:30 pm
Location: Cork & Tap
Fee: \$40/\$48 NR

Code: 2413-73 • Deadline: 5/1

Tacos or pizza? Why not both! Make a delicious pizza with a made from scratch crust and a big helping of yummy taco toppings with Linnie's Kitchen. Perfect for weekend meals or for watching the big game! Make this pizza as spicy as you want. Participants will need to bring some dishes and utensils from home. A full supply list will be distributed by email after registration closes.



Galentine's Day Pairing

Age: 21+
Date: Fri 2/9
Time: 6:30-7:30 pm
Location: Cork & Tap
Fee: \$26/\$30 NR
Code: 2413-64 • Deadline: 2/2



Grab your friends and celebrate Galentine's Day with this fun pairing featuring 4 delicious treats paired with four specialty cocktails. Treats provided by The Noble Cakery, CheeseKake Ko., Jen's Artisan Breads and Teresa's Treats! Cork and Tap will pair these treats with 4 unique cocktails to enhance the flavors.



Lucky Sweets Cookie Night

Age: 21+
Date: Fri 3/15
Time: 6:30-8:00 pm
Location: Cork & Tap
Fee: \$48/\$58 NR
Code: 2413-65 • Deadline: 3/8

Learn to decorate cookies just like the ones at the bakery with Brooke Cox of Aunt B's Baking. This fun night out will feature a St. Patrick's Day theme. Everyone will enjoy creating four colorful flavorful sugar cookies to take home. Perfect for a St. Patrick's Day ladies night out, this is one you don't want to miss.

Activities



BINGO Brownies & Booze!

Age: 21+ • Location: Cork & Tap

Who doesn't love BINGO! Join us at Cork & Tap where we will play bingo for prizes, enjoy a specialty brownie from Teresa's Treats and a drink of your choice from Cork & Tap while playing for fun! Must be 21 to attend. Register soon, Bingo sells out quickly!

Date	Time	Fee	Code	Deadline
Th 3/14	6:00-8:30 pm	\$12/\$14 NR	2413-66	3/7

Taft Eagle Watching Brunch

Time: 9:30-11:30 am • Location: Lorado Taft Campus

Fees: Ages 0-2 FREE; Ages 3-10 \$10;

Teen & Adult \$18/\$22 NR

Join us for a delicious brunch buffet over the scenic Rock River Valley. Enjoy an interactive educational presentation highlighting the life and conservation of our national symbol, the bald eagle. Illinois is a top-tier eagle watching state in the winter, so you can enjoy watching these spectacular birds while enjoying a topnotch menu including the famous Taft cinnamon rolls and a full brunch spread. Children aged 2 and under are free, children 3-10 are \$10.

Dates	Code	Deadline
Sat 1/20	2333-24	1/13
Sun 1/21	2333-25	1/14
Sun 2/4	2333-26	1/28

Souper Sunday at Cork & Tap

Age: 21+

Date: Sun 1/21

Time: 2:00-3:00 pm

Location: Cork & Tap

Fee: \$26/\$30 NR

Code: 2333-34 • Deadline: 1/15



Join us for a Souper Bowl Sunday at Cork & Tap! This pairing will feature two soups, gourmet grilled cheese and a sweet treat to enjoy. Enjoy food prepared by Hazel's, Teresa's Treats and CheeseKake Co. Cork & Tap will pair this January meal with your choice of a beer or wine flight!



Activities



Drop-in Stargazing

All Ages

Date: Fri 1/12 and 2/2

Time: 5:30-7:00 pm

Location: Park West

Fee: FREE-no registration needed!

Make the most of the long winter nights by coming out to Park West to see the stars. Oregon Park District staff will have a telescope on top of the hill at Park West and will be highlighting visible constellations and planets. This program may be postponed if conditions are cloudy on the day of. This is a free, drop-in program, no registration is needed. Oregon Park District thanks Ogle Natural Areas Alliance for making this program free to our community.

WorkOUTside Saturdays

Age: 18+

Date: Sat 1/27 and 2/10

Time: 10:00 am-1:00 pm

Location: Nachusa Grasslands

***Register online through**
nachusagrasslands.org.

Volunteering is good for both the volunteer and the community. Oregon Park District is proud to Partner with Nachusa Grasslands to promote volunteering, conservation and wellness. On select Saturdays in the 2024 winter season, all volunteers who report for Nachusa Grasslands weekly volunteer days will receive a Nash Recreation Center Day Pass. Any decisions regarding workdays and weather plans will be made by Nature Conservancy Staff. Please Register in advance online through the Friends of Nachusa Grasslands website.

Fiddler on the Roof at the Fireside Dinner Theater

Age: 16+

Date: Fri 3/22

Time: 8:30 am-6:00 pm

Location: Fireside Dinner Theater-
Fort Atkinson, WI

Fee: \$102/\$112 NR

Code: 2413-90 • **Deadline:** 2/22

Enjoy the timeless musical masterpieces of "Sunrise, Sunset," "If I were a Rich Man," and "Matchmaker, Matchmaker" and more in a stirring and powerful performance. We will enjoy a luncheon before the show with choice of chicken cordon bleu, Roast Beef Tenderloin, or Baked Almond Crusted Cod for the main entree. Registration includes transportation, luncheon, gratuity, and performance. Additional beverages can be purchased on-site, and don't forget about the Fireside Theater's fantastic shopping!

Secret Life of Butterflies

Age: 8+

Date: Tues 4/2

Time: 11:00 am-5:00 pm

Location: Nicholas Conservatory-
Rockford, IL

Fee: \$10/\$12 NR

Code: 2414-92 • **Deadline:** 3/26

Welcome spring with a day trip to explore the beautiful world of butterflies at Nicholas Conservatory. We will depart Nash Recreation Center at 11:00 am in Park District Vans and stop at Prairie Street Brewery in Rockford for lunch. After our meal, we will head to Nicholas Conservatory to visit the incredible Secret Life of Butterflies Seasonal Exhibit. See butterflies from around the world in the lovely tropical environment of Nicholas Conservatory. Registration includes transportation and admission to the conservatory. Please bring money for lunch at Prairie Street Brewery.

Eagles Nest Luncheon and Matinee: The Blind

Age: 18+

Date: Sun 4/14

Time: 2:00-6:00 pm

Location: Lorado Taft Campus

Fee: \$70/\$80 NR

Code: 2413-63 • **Deadline:** 4/7

Lorado Taft's Eternal Indian Statue, nicknamed Blackhawk, has towered over Oregon for generations. Celebrate our history and legacy with a special buffet luncheon at the site of the Eagle's Nest Art Colony and a performance of "The Blind", a play written at the colony which inspired other Taft works of art. This program is a fundraiser for the Blackhawk Restoration Committee and Oregon Park District Youth Scholarship Fund.



Perky Pelicans

All Ages

Date: Sat 4/20

Time: 8:00-11:00 am

Location: Park East

Observation Deck

Fee: FREE-no registration needed!

Grab your binoculars and join Oregon Park District Staff for the second annual pelican watch on the Park East observation deck. Watch majestic American White Pelicans and other migrating birds as they make a pit-stop at the dam for easy fishing. Free drop-in birding program from 8:00 - 11:00 am, coffee while it lasts. Educational Activities for all ages plus the chance to win a bird field guide if you can guess the number of pelicans we see. Park East observation deck is wheelchair accessible. This is a free, drop-in program, registration is not needed. Sponsored by E.D. Etnyre & Co.





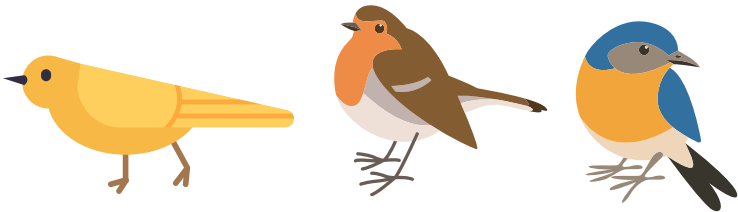
Activities

Hike to Strike Hunger Walks

All Ages • Day: Saturday • Fee: \$5/\$6 NR • Location: TBA

Outdoor time is good for you, and helping a good cause is good for everyone. Put the two together with Hike to Strike Hunger Walks. Retired Park Superintendent and lifelong outdoors-man Grant Afflerbaugh will lead you on a guided hike roughly 2 miles long and share his experiences with Northern Illinois natural resources. All revenue generated with these hikes will be donated to the Oregon United Methodist Church Wednesday free meals program. Hike locations will be chosen by Grant based on group size and trail conditions. All participants will receive an email after registration closes with the meeting location.

Date	Time	Code	Deadline
2/3	9:00-10:30 am	2413-87	1/31
4/27	1:00-2:30 pm	2413-88	4/24



Warbler Walk at Jack's Landing

All Ages • Date: Sat 5/11 • Location: Jack's Landing
Fee: \$2/\$3 NR • Deadline: 5/4

Jack's Landing turns into a migration hotspot each spring as migrating songbirds are heading north for the nesting season. Many colorful species are only in our area for a few weeks at a time during migration seasons. Come out to the landing to see these dazzlingly beautiful birds on a guided hike in small groups. Limit 8 per session, children under 10 must be accompanied by an adult. Oregon Park District will supply binoculars for anyone who does not have one. No two walks are ever the same, but species reported at Jack's Landing include prothonotary warbler, yellow-throated warbler, and American redstarts.

Time	Code
8:00-8:45 am	2413-82
9:00-9:45 am	2413-83
10:00-10:45 am	2413-84

Spring Birding Clinic

All Ages • Date: Sat 3/30 • Location: Lorado Taft Campus
Fee: \$5/\$6 NR • Deadline: 3/23

No sound is as cheerful on a spring day as the sound of a bird singing. With spring migration in full swing, come out to enjoy a special clinic sure to help you make the most of the season with our fine feathered friends. Learn when, why, and where some of our birds migrate. Gain confidence in your birding skills, and see some wildlife in its natural habitat. We will have an adult only and a parent-child session, each featuring age appropriate, hands-on activities and time practicing your skills in the Taft Campus birding garden. Bring your own binoculars or borrow a set from Oregon Park District.

Time	Code
9:30 am-12:00 pm (adult-only)	2413-80
1:00-2:30 pm (parent-child)	2413-81

Endangered Habitats of Illinois Field Trip

Age: 8+ • Date: Sat 5/18 • Location: Nachusa Grasslands
Fee: \$6/\$8 NR • Deadline: 5/11

High quality habitat is critical for wildlife conservation. Many habitats once common in Illinois are now rare, and that includes the wildlife that calls it home. The Nachusa Grasslands preserves and maintains 4,000 acres of habitat, including 700 plant species, 180 bird species, 30 reptile and amphibian species, and a herd of bison. We will meet at Nash Recreation Center and take a Park District Van to the grasslands, where we will explore oak savanna and prairie areas on foot with Nature Conservancy staff. Learn about how these restored habitats are established and maintained with a chance to see wildlife challenging to find in other parts of the state. We will also take a short ride through a portion of the bison enclosure for a chance to view the herd. Morning session will include a longer and more strenuous hike.

Time	Code
8:00 am-12:00 pm	2413-85
1:00-4:00 pm	2413-86

Activities



Snowed In Family Puzzle Party

All Ages

Date: Sat 2/3

Time: 1:00-3:00 pm

Location: Nash River Room

Fee: \$30/\$36 (per family) NR

Code: 2414-70 • **Deadline:** 1/22

Celebrate National Puzzle Day with a fun family contest at Nash Recreation Center. Each family will receive an identical 500 piece puzzle and will race against other families to see who can put it together the fastest. Families can keep their puzzle at the end of the contest. Oregon Park District will provide refreshments and prizes for winning family teams. Perfect for kids, parents, and grandparents, maximum of 6 people per team. Registration is priced per team/family, not per individual.



Toddler Gym with Nancy

Age: 1-3 • **Time:** 11:30 am-12:15 pm • **Location:** Nash Rec Center River Room

Let's head to the gym and burn off some energy! These sessions will include marching, jumping, skipping and dancing. Class is instructed by Nancy Crandall. Class includes structured play, free play and parachute time. Toddlers must be accompanied by a caregiver. Classes are held in the River Room at Nash Recreation Center.

Dates	Fee	Code	Deadline
2/6-2/27	\$25/\$30 NR	2334-26	1/30



Toddler Drop-in & Play

Age: 0-5

Date: Fri 9/8/23-5/17/24*

Time: 9:00 am-12:00 pm

Fee: FREE/Daily Fee for non-members

Location: Nash Rec Center River Room

Bring your child aged 0-5 to the River Room to play and meet friends. Cost will be free for passholders or the daily fee for others. Children under 5 are free. No registration required! Children must be accompanied by an adult who stays in the room with them all times.

**No drop-in and play on 12/29, 1/5, 2/16, & 3/29.*

Easter Egg Hunts!



Easter Egg Hunt

Date: Thurs 3/28 • **Location:** Park West Lower Shelter
Fee: FREE! • **Deadline:** 3/22

The Easter Bunny is coming to Park West! Come and join the fun of the Easter Egg hunt. The traditional Easter Egg hunt is for children in preschool through fourth grade. Registrations are free but required for all egg hunters. Bring your favorite Easter Basket and hunt for eggs before they are all gone. Parents, grandparents, and older siblings are all welcome to attend. Each age group will have their own area of the park to hunt for eggs in, and start times will be staggered by age group. Don't forget about family pictures with the Easter Bunny!

Age	Time	Code
Pre/K (with parent)	5:00-5:15 pm	2414-30
Pre/K (without parent)	5:15-5:30 pm	2414-31
1st/2nd Grades	5:30-5:45 pm	2414-32
3rd/4th Grades	5:45-6:00 pm	2414-33

Flashlight Easter Egg Hunt

Date: Thurs 3/28 • **Location:** Park West Lower Shelter
Fee: FREE! • **Deadline:** 3/21

Looking for Easter fun, but too old for a traditional egg hunt? Come out after dark and hunt for prizes with a flashlight. The flashlight Easter Egg Hunt is open to Students in grades 5-8, with different times for the 5/6 and 7/8 cohorts. Bring a flashlight and a bag or basket and hunt for prizes before they disappear.

Age	Time	Code
5th/6th Grades	8:00-8:30 pm	2414-34
7th/8th Grades	8:45-9:15 pm	2414-35

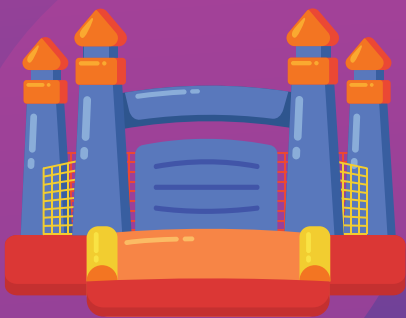


family fun night!

FRIDAY, MARCH 15 • 5:30–9:00 PM • \$5/PERSON

Join us for a Family Fun Night at Nash Recreation Center! We are teaming up with the OHS Class of 2024 to help raise funds for Prom! Nash will be turned into a fun zone for everyone to enjoy!

**Swimming from 6:00–8:30 pm • Inflatables
Dodge Ball • Games • Gaga Pit
Easter Crafts and Bingo in the River Room
Hector's Cocina will have food for purchase in Nash
Popcorn & Snacks in the Snack Bar**



Plus we've heard the Easter Bunny may be making a visit! Join us to help raise money for the Senior Class!

children's center

The Oregon Park District Children's Center program is designed to help prepare your child for kindergarten. Children will learn both indoors and outdoors utilizing both of our classrooms. Mrs. Crandall and Mrs. Teresa have developed a curriculum to assist your child's social and emotional development as well providing kindergarten readiness skills.

Drop-off and pick-up will occur at our Children's Center entrance located at School Street and South 6th Street. This location allows for you to drop your child off at the entrance from your car directly to our teachers.

The Tuesday/Thursday class is geared towards 3 year olds and younger 4-year olds. Class meets from 8:15-10:45 am two days per week. Children must be at least 3 years old to attend the two-day class. Cost is \$108R/\$122NR.

The Monday/Wednesday/Friday class is structured for 4 year olds and younger 5 year olds. Children must be at least 4 years old by Sept. 1 to attend. Class will meet on Monday and Friday from 8:15-11 am. Wednesday class will meet from 8:15 am-12 pm. Children will bring a packed lunch each Wednesday and enjoy lunch with their teacher's to help prepare them for school lunches in Kindergarten. Cost is \$140R/\$168NR.

Children must be potty trained by the first day of class.

A copy of child's birth certificate is required at registration.

Registration for the 2024-25 school year will be Saturday, March 2 beginning at 7:30 am.

For more information contact tina@oregonpark.org.

Tuition Assistance:

Application and guidelines are available at Nash Recreation Center for the A. Charles and Lillimore Lawrence Scholarship. The scholarship will supplement tuition for the Children's Center for the 2024/25 school year for families that meet income guidelines. For more information call Nash Recreation Center, 815-732-3101 or e-mail tina@oregonpark.org.

To register for either program, please call Nash (815) 732-3101. A deposit is required at the time of registration.

The deposit is non-refundable and applied towards your September tuition. Monthly tuition payments will begin in October 2024.

Education



Registration begins March 2!

Education

EXTENDED TIME

After School Care Your Kids will Love!

Staff engages students in both recreational and educational activities that encourage teamwork, self-confidence and fun. This program is now located in the Oregon Elementary School (Room 138). Children can come straight to the ET room after school! The daily afternoon schedule includes time for snack, homework, themed projects, as well as physical activity. Extended Time follows the school calendar.

Please ensure we have all information updated in our online registration system, including payment, by 25th of the month prior to attendance. \$2/student/day late fee with a max of \$20. No registrations are accepted after the first of the month.

To withdraw a child from Extended Time, a refund request must be submitted online. A full refund, less the \$5 administrative fee, will be granted if the application for refund is filed by the 25th of the month prior, also known as the Extended Time registration deadline. Refunds will not be granted after the 25th of the month prior unless due to a medical note or emergency. All refunds are subject to the program coordinator's approval. A full refund will be issued if the Park District cancels a scheduled day.

Registration
Deadline:
25th of the
month prior

AFTER SCHOOL M/T/TH/F: 3:00-5:30 pm | \$8/day per student
WEDNESDAY AFTERNOONS: 2:00-5:30 pm | \$11/day per student

WILD WEDNESDAYS IN THE OUTDOOR CLASSROOM

FREE!



Did you know that Park West has an outdoor classroom? Come and enjoy learning outdoors when school is out early! This program is a continuation of our summer backyard wildlife safari program and will feature hands-on activities and games themed around Illinois plants and animals that are suitable for a wide age range. This program is made free through a grant from Ogle Natural Areas Alliance. Registration is free but required, children under age 10 must be accompanied by an adult. This program takes place at the Park West Upper Shelter.

APRIL 3

Deadline: 3/29
3:00-4:00 pm
Code: 2414-93

APRIL 24

Deadline: 4/19
3:00-4:00 pm
Code: 2414-94

MAY 1

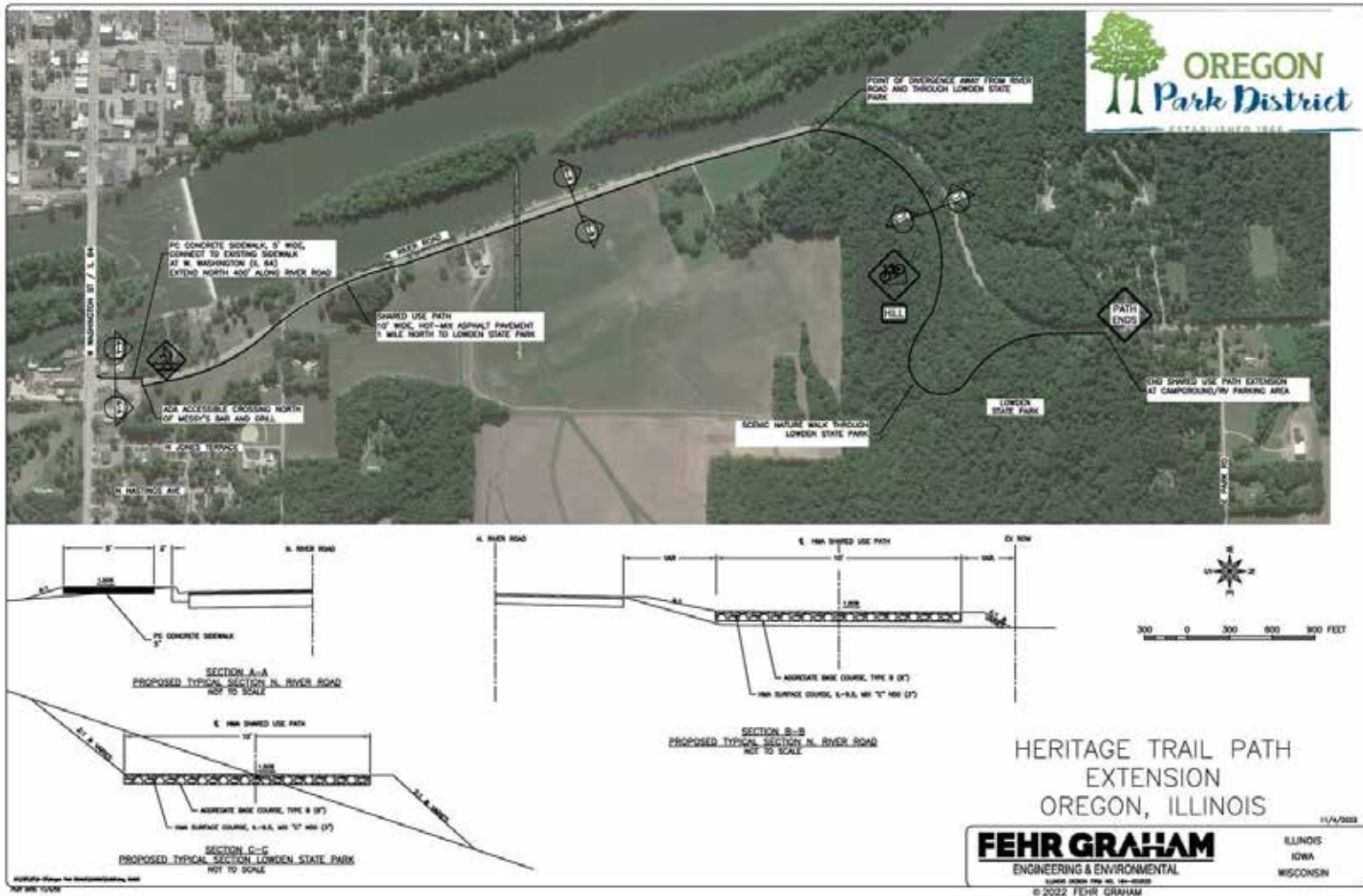
Deadline: 4/26
3:00-4:00 pm
Code: 2414-95

MAY 15

Deadline: 5/10
3:00-4:00 pm
Code: 2414-96

Exciting Things are On the Way!

Oregon Park District is pleased to announce we have been awarded \$3,000,000 in Illinois Transportation Enhancement funds to construct the Rock River Heritage Trail connecting Route 64 to Lowden State Park. The Rock River Heritage Trail is a 1.88 mile shared-use path for residents and visitors to access the state park and downtown Oregon, IL. Construction is tentatively scheduled to begin in 2025.



OUTDOOR EDUCATION PROGRAM



Oregon Park District was also given a \$1,500 grant to support our new Outdoor Education program. This will be used to build out a curriculum and purchase supplies to help kids and adults alike engage with the outdoors and learn about our local wildlife, natural areas and ecosystems.

Pictured L-R are Ogle Natural Areas President, Trevor Hogan, Oregon Park District Events and Adult Programing Coordinator Caleb Jenks, Oregon Park District Executive Director Erin Folk and Oregon Park District Superintendent of Recreation Tina Ketter.

Shelters

Reserve Space Outdoors!

Community members may reserve a park shelter for family parties, reunions, or community group picnics. The shelters below will provide your group an area to gather and share a meal while enjoying an Oregon Park District park site. Shelter reservations are available April-October and can be made up to 365 days in advance.

Park West 1402 Koontz Place

With a yalp court, baggo, inclusive playground, ampitheater, skate park, splash park, boardwalk, batting cage, 2 sand volleyball courts, 2 ball diamonds, 3 tennis courts, 2 basketball courts, 4 shelters, grills, an open play area, and a walking trail, this park has just about everything you need for a great day outdoors. NEW this summer! Mini-Pitch Soccer!

Upper Shelter

- Capacity: 30-40
- Picnic Tables: 6
- Fee: \$35/\$42 NR
- Per Day: \$50/\$60 NR

Lower Shelter

- Capacity: 40-60
- Picnic Tables: 10
- Fee: \$45/\$52 NR
- Per Day: \$65/\$78 NR



Upper Shelter



Lower Shelter

Park East 200 Jones Terrace / 120 River Road

Split by River Road this park has many options for recreation including a ball diamond, 2 shelters, grills, 2 playgrounds, an open play area, river fishing, basketball court, and a walking trail.

Inland Shelter

- Capacity: 100-200
- Picnic Tables: 17
- Fee: \$35/\$42 NR
- Per Day: \$50/\$60 NR

River Shelter

- Capacity: 40-50
- Picnic Tables: 8
- Fee: \$35/\$42 NR
- Per Day: \$50/\$60 NR



Inland Shelter



River Shelter

Shelters



Lions Park 809 Webster St.

This park has a ball diamond, shelter, playground, and open play area.

- Capacity: 20-30
- Picnic Tables: 8
- Fee: \$35/\$42 NR
- Per Day: \$50/\$60 NR



Kiwanis Park 201 N. 2nd St.

This park has a shelter and access for river fishing.

- Capacity: 20-40
- Picnic Tables: 6
- Fee: \$35/\$42 NR
- Per Day: \$50/\$60 NR



Mix Park 701 S. 4th St.

Located in the middle of Oregon, this park's amenities include a shelter, grill, playground, open play area, and pickleball courts.

- Capacity: 30-40
- Picnic Tables: 7
- Fee: Free



Fairground Park 607 Fair Park Dr.

Park has a ball diamond, shelter, grill, gazebo, playground, open play area, basketball court, a walking trail and fitness/play pods located on the walking trail.

- Capacity: 40-60
- Picnic Tables: 9
- Fee: \$35/\$42 NR
- Per Day: \$50/\$60 NR

Reservations can be made online at www.oregonpark.org or over the phone by calling 815-732-3101. Reserve any shelter from 8 am-2 pm or 2 pm-8 pm. Reserve both time slots at a discounted rate.

Shelters

	Capacity	Grill	Electricity	Picnic Tables	Playground	Sports Fields	Walking Trail	Fishing	Park Size
Park West Upper	30-40	✓		6	✓	✓	✓		58.5 acres
Park West Lower	40-60	✓	✓	8	✓	✓	✓		58.5 acres
Park East Inland	100-120	✓	✓	19	✓	✓			21.5 acres
Park East River	40-50	✓	✓	7	✓			✓	21.5 acres
Lions Park	20-30			8	✓	✓			3 acres
Kiwanis Park	20-40			6				✓	1.5 acres
Mix Park	30-40	✓	✓	7	✓	✓			3 acres
Fairground Park	40-60	✓	✓	7	✓	✓	✓		10.5 acres

Reservations can be made online at www.oregonpark.org or over the phone by calling 815-732-3101. Reserve any shelter from 8 am-2 pm or 2 pm-8 pm. Reserve both time slots at a discounted rate.

Reading Nook 210 S. 6th St.

Park offers a little library, pergola with seating and playground for ages 2-5.

- Picnic Tables: 3



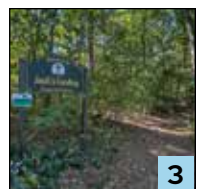
Wiggly Field Dog Park 810 S. 13th St.

One acre fenced off-leash dog park with two separate entrances and exits for safety. The first area is an open running area and the second is an agility training area. The park offers water fountains for people and dogs. All users and dogs must have a permit from Nash Recreation Center to get your permit. Proof of rabies vaccination is required upon registering. A \$10 Key Fob deposit is collected for all first-time users. Yearly Fee: 1st dog \$5/\$6 NR; 2nd dog \$2/\$3 NR



Other Oregon Park District Parks

- 1. Carnation Park**, 1 Webster Street: River fishing and a walking trail
- 2. Williams Park**, 1101 Illinois Street: Open play area and playground
- 3. Jack's Landing**, Corner of Lafayette & 2nd St. in Daysville: Canoe portage and a walking trail



General Info

Activity Guide Release

Digital activity guides are released each year. Print versions are also available by request at the front counter at Nash Recreation Center. A full updated guide can always be found by visiting the district's website: www.oregonpark.org.

Blood Pressure Monitor

The Park District offers a free blood pressure and heart rate monitor in our Fitness Center. It is a fully automatic self-attended monitor. Be heart-healthy and happy! Know your blood pressure!

Lost & Found

Lost and found articles are kept a maximum of 30 days and then donated to charitable organizations. If you think you or a family member may have lost something in one of our parks or facilities, please call or visit Nash Recreation Center.

Scholarship Program

The Oregon Park District believes that every child should have an opportunity to participate in recreational programs regardless of financial hardship. The Oregon Park District offers scholarships to all OCUSD students for reduced program rates according to financial need. Application forms are available at Nash Recreation Center or online at www.oregonpark.org. Applicants for scholarships are not guaranteed program registration or choice of program location. Scholarship fund availability cannot be guaranteed.

Memorial Tree & Bench

Sponsored by the Oregon Park District, the Memorial Bench and Tree Program allows groups and individuals to donate trees or benches to commemorate special events, honor individuals or agencies, or as memorials to loved ones to be placed in park district parks. The criteria for tree and bench styles is based on park design, function, aesthetics, and maintenance. There are two benches and ten different trees available for memorials. Costs for the memorial benches and trees vary. Please contact Brent Suter, Superintendent of Parks and Facilities, at 815-732-3101 or brent@oregonpark.org for ordering information.

Americans With Disabilities Act

The Oregon Park District is happy to comply with the spirit of the Americans with Disabilities Act. If you need special accommodations (such as an interpreter or physical assistance), please call the Oregon Park District (TDD or Voice) two weeks in advance so that we may make the necessary arrangements for you.

Night Fishing Permits

You can now fish at night in Oregon Park District parks by purchasing a required Night Fishing Permit. To purchase a permit, please call Nash Recreation Center (815)732-3101. Permits are \$20.00 and are valid through the end of the calendar year.



Photo Policy

The Oregon Park District and/or professional photographers under contract may videotape or take photographs of participants in Park District activities, classes, programs, or parks. These photographs and videotapes are used for future recreation guides, brochures, Facebook and other marketing materials.

Gift Cards

Gift Cards are available for memberships, activities, and more! For more information call (815)732-3101.

Military Policy

Military home on active duty, their resident family members during military tours and wounded warriors will have access to Nash Recreation Center at no charge. Also, veterans will receive a military discount rate of 10% that cannot be combined with any other discounts. Proof of Common Access Card or documentation with their status as a veteran disabled during service is required.

Image Release

Some graphics courtesy of Vecteezy, Pixabay, Unsplash, Freepik and Flaticon.

let's get
social.  

FOR CURRENT NEWS AND HAPPENINGS
AT OREGON PARK DISTRICT, BE SURE TO
FOLLOW US ON FACEBOOK & INSTAGRAM!
[@oregonparkdistrict](https://www.facebook.com/oregonparkdistrict)

The Oregon Park District would like to thank the following businesses for their gracious sponsorships. Each sponsorship is allocated to help offset the costs of programs and events offered to our community.

Presenting Sponsor



Entertainment Sponsors



Mike Guzman
815.732.6106
Mike.guzman@countryfinancial.com



Youth Area Sponsors



Any local business who is interested in becoming an Oregon Park District sponsor may do so by contacting Tina Ketter, Superintendent of Recreation, at tina@oregonpark.org or 815-732-3101.