Ummer 2024 Program

304 S. 5th Street, Oregon OregonPark.org | 815.732.3101

CITCE

Larry Young FIELD

LARRY YOUNG 28

CELEBRATION Please join us at Lions Park for the dedication and celebration of Larry Young Field Friday, June 14th

DEDICATION &

5:30 pm Dedication Minor Boys Baseball Game Food & Family Fun

CARING. CREATIVE. COMMUNITY-FOCUSED.



TENNIS BEGINS WITH LOVE

FRIDAY

Bill Hinkle Tennis Courts

DEDICATION & CELEBRATION

Please join us to dedicate the Oregon Park West Tennis Courts in honor of Bill Hinkle

24

Live Music Food Inflatables

Board meetings are typically held the 2nd Tuesday of each month at 6 pm at Nash Recreation Center. Please check our website for the full meeting schedule. The public is encouraged to attend.

Board of Commissioners



Brian Beckman President



Josh Messenger Vice President



Mark Tremble Commissioner



Dan Engelkes Commissioner



Georegon Howe Commissioner

Park District Staff



Erin Folk Executive Director erin@oregonpark.org



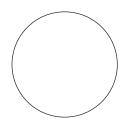
Dan Griffin Finance & Technology Administrator dan@oregonpark.org



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Administrative Services Coordinator @oregonpark.org



Caleb Jenks Adult Programming & Events Coordinator caleb@oregonpark.org



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Nick Karper Deputy Supt. of Parks nick@oregonpark.org



Ethan Drew Skilled Parks Laborer



Nick McPhail Skilled Parks Laborer



Matthew Downing Deputy Supt. of Facilities matthew@oregonpark.org



Mary Sansone Custodial & Support Services Supervisor





Letter from the Director

With the warmth of summer on the horizon, I wanted to take a moment to reconnect and share the exciting developments occurring at the Oregon Park District.

Earlier this year, the Illinois Department of Natural Resources awarded a \$600,000 OSLAD grant to the Oregon Park District for Phase I of improvements scheduled at Park East (inland). Phase I includes improvements to the ballfield, basketball court, and enhanced accessibility. Additional recreation amenities will include a new playground, a disc golf course, a recreation path, and a new parking lot. The District will be working through the final designs and construction documents in 2024, with construction slated for 2025. We look forward to improving Park East and creating a dynamic space where families, friends and neighbors can enjoy the outdoors.

The District continues to forge ahead with engineering to complete the Rock River Heritage Trail, connecting our community to Lowden State Park. The trail will be a ten-foot paved trail traversing more than 1.8 miles from Route 64 to the Lowden State Park entrance. We remain hopeful construction will begin in 2025. Updates will be posted to our website at oregonpark.org and on our Facebook page.

We continue to prioritize improving our existing infrastructure and have budgeted for \$1.5 million in capital improvements for the fiscal year 2024. Improvements will include upgrades to mechanical systems at Nash Recreation Center, park maintenance equipment upgrades, and park specific improvements. Focus on our existing infrastructure stems directly from community input received and recorded in our comprehensive plan, approved in 2017.

As you look through the pages of our Summer Guide, you will quickly see the wide range of extraordinary events and programs scheduled for the coming months. Details are included in the guide, but I personally would like to highlight a few noteworthy events. The Oregon Park District will be dedicating the Park West Tennis Courts in honor of Bill Hinkle on May 24 and the Lions Park Field in honor of Larry Young on June 14. The dedications were approved by the Board of Commissioners on November 14, 2023. Both will be family friendly events including music, fun and food.

On behalf of the Board of Commissioners and staff, I invite you to join us at our parks, facilities, and programs to experience a summer filled with fun and exciting opportunities.

Sincerely,

S. FRK

Erin Folk Executive Director

Bur, Mission 'To Provide community-focused social and recreational activities through exceptional programs, parks and facilities'

Gur, Vision We strive for operational excellence through caring, creative and community focused service'

Caring - Creative - Community-Focused

What's Inside

















Need To Know Info

Nash Recreation Center

304 South Fifth Street P.O. Box 237 Oregon, IL 61061 (815)732-3101 (815)732-RUBY - Hotline (815)732-3736 - Fax

HOURS

Monday - Friday: 5:30 am - 8:00 pm Saturday: 7:00 am - 3:00 pm Sunday: Closed* *Open Sundays October - April

ADMINISTRATIVE HOURS

Monday - Friday 8:30 am - 4:30 pm Oregon Park District Office, Nash Recreation Center

HOLIDAY CLOSURES

Memorial Day: Monday, May 27 Independence Day: Thursday, July 4 Labor Day: Monday, September 2

Financial Assistance

The Oregon Park District provides financial assistance in several forms to help families or individuals that are in financial difficulty with program fees, preschool tuition, Extended Time program and Camp Oh-Pea-Dee. Funds are provided through employee-driven fundraising and generous donations through the A. Charles and Lillemor Lawrence Foundation. Applications are available online and at Nash Recreation Center, 304 S. 5th Street, Oregon. For more information or questions contact Dan at dan@oregonpark.org. Funds are available for anyone residing within the Oregon School District boundaries ages 18 and under.

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sign up **Regi**

OREGONPARK.ORG/PROGRAMS/ONLINE-REGISTRATION

Summer Registration Opens May 6th & 7th!

Member registration starts May 6th; Public registration opens May 7th

Registrations are processed on a first-come-first-served basis. Please register early – programs fill quickly. If a program is full, we encourage you to sign up for the waitlist. Registrants on the waitlists will be notified first of additional spots opening or new program times.

Fees are listed with resident fees first. NR=Non-resident fees.

If you have any questions regarding residency or registration, call 815-732-3101 or email info@ oregonpark.org.

How To Register Online Registration

Visit us at www.oregonpark. org to sign up for an online ID and register for any of our activities over the web.

Phone-in Registration

Call (815) 732-3101 and one of our friendly receptionists would be happy to enroll you or your family.

Drop-in Registration

Visit Nash and register for any of our activities, passes or rentals.

OPD Residents

Residents are defined as individuals who live or own property within the boundaries of the District that pay taxes to help support District operations.

Exceptions: School age children living within the Oregon School District boundaries (regardless of whether they live within the boundaries of the Park District) are considered residents of the District. Village of Mt. Morris Residents can register for all programs, memberships, facility rentals and daily fees at the Oregon Park District resident rate. Additional non-resident fees are subsidized by the Village of Mt. Morris.

Creating an Account

An account must be established in the District's registration system before any registration for programs, events, or memberships can be completed. Accounts can be created online at www. oregonpark.org. By default, your account will be created with a Non-Resident status. If you live within the District boundaries and are a resident, please call Nash Recreation Center at 815-732-3101 so our customer service team can verify your residency and update your account.

Waitlist

If you are placed on a wait list for a class, and an opening becomes available, you will be contacted by customer service staff. Within 24 hours of being contacted, payment must be made at Nash Recreation Center, 304 S. 5th St. Oregon, or over the phone 815-732-3101.

Sibling Discount for Select Programs

The Oregon Park District offers a sibling discount of 10% for select programs for each additional child enrolled in a program where one child has already enrolled at full price in the same session. Registration for all siblings must take place at Nash or by phone at the same time in order to receive the discount, if applicable. All family members must be in the same account to qualify. Discounts are not available through online registration. If you wish to take advantage of our Sibling Discount, please register with our customer service staff over the phone or at Nash Recreation Center.

Refund Policy

To withdraw from a program, a refund application must be completed online. An administrative fee of \$5 shall be deducted from the amount of the refund to offset the cost of processing the refund. A full refund, less the fee, will be granted if the application for refund is filed at least ten days prior to the scheduled start of the program or activity. To avoid the \$5 administration fee, the refund amount may be credited to another program fee. Refunds will not be granted after the registration deadline. All program refunds are subject to the program coordinator's approval. A full refund will be issued if the Park District reschedules or cancels a class. A refund request can be made on our website under the Refund Request link or by completing a form in the office.

Class Changes

The Oregon Park District may cancel, postpone, combine classes, or change instructors. Classes may be cancelled due to low enrollment and refunds will be issued. All participants will be notified of any scheduling changes or cancellations.





Registration

Membership

Passes & Daily Fees

A pass or daily fee allows patrons to use the pool and whirlpool, gym, TRX room, and Fitness Center.

Lockers

The Oregon Park District has lockers available for rental to annual pass holders for the term of the pass. The monthly recurring cost is \$10 for residents and \$12 for non-residents.

Raquetball & Wallyball

Racquetball court rental is included in the annual pass fee and is \$3/hr for non-annual pass holders. Wallyball court rental is \$5/hr. Age restriction of 13+ without a guardian.

Nash Fitness Center

The Nash Fitness Center is over 6,000 square feet and features a three lane rubberized track that surrounds our CYBEX strength training machines, free weights, and cardiovascular equipment. Fitness Center staff is available to set up an orientation for any and all users.

TRX Room

Our TRX Room is an 800 square foot space of alternative fitness equipment including TRX stations, kettlebells, weighted ropes, yoga mats, dumbbells, tire flip, punching bag, spin bikes, rower, elliptical, air assault treadmill and stair mill. Age Restriction of 18+

	Resi	dent		New pricing begins May 6, 2024.	
	Student K-12	Adult 18+	Senior 60+	Senior Couple	Family*
Annual Pass	\$182	\$258	\$213	\$380	\$592
Quarterly Pass	\$61	\$76	\$70	\$114	\$184
Monthly Pass	\$23	\$28	\$25	\$41	\$63
10 Punch Pass Card	\$21	\$29	\$22	NA	NA
Daily Fee	\$3	\$4	\$3	\$4	\$11
Auto Debit Monthly	12 @ \$18	12 @ \$24	12 @ \$20	12 @ \$34	12 @ \$51
3 Pay	3@\$63	3@\$87	3@\$72	3 @ \$128	3 @ \$199

Non-Resident Fees

	Student K-12	Adult 18+	Senior 60+	Senior Couple	Family*
Annual Pass	\$213	\$319	\$258	\$455	\$713
Quarterly Pass	\$70	\$91	\$83	\$139	\$215
Monthly Pass	\$25	\$35	\$29	\$51	\$76
10 Punch Pass Card	\$28	\$36	\$29	NA	NA
Daily Fee	\$4	\$5	\$4	\$6	\$15
Auto Debit Monthly	12 @ \$21	12 @ \$29	12 @ \$24	12 @ \$40	12 @ \$61
3 Pay	3@\$73	3 @ \$107	3 @ \$87	3 @ \$153	3@\$240

*Family: Persons must reside in the same household. Each household is limited to two adults, legally married (including civil union and common law marriage), with the exception of full-time students between the ages of 18 and 24. An unlimited number of persons 17 and under can be included under a family membership.

Automatic Monthly Payment

This is a convenient way to pay for your pass. The automatic debit monthly fees are shown below. With your permission, automatic credit card charges will be made each month. The first amount is the initial payment that will be made when registering, followed by the amount of 11 equal payments charged each month.

3 Pay Payment Plan

Your annual pass is paid off in three equal consecutive payments! The pass fee is paid for the first three months, and is only available on annual passes.

Age Restrictions

Children under the age of 5 are welcome to use the gym and pool area free of charge. Anyone 3rd grade or younger must be accompanied by a parent or responsible person, Junior High aged or older in the facility. Participants must be 7th grade or older to use the Nash Fitness Center and 9th grade or older to use the free weights.

7th & 8th graders have the opportunity to complete a Fitness Orientation with Jason Donegan. Upon completion, 7th & 8th graders can use the area when accompanied by an adult, 18 years or older. See page 9 for more information on the Fitness Orientation.

Membership Cancellations

Refunds will not be approved on Park District passes, however refunds may be requested on passes for two reasons: major illness and/or injury with a doctor's note or a move outside of a 90 mile radius with proof of primary residency (updated ID, utility bill, etc.). Passes and cards are non-transferable.

Aquatics

4 weeks \$65/\$71 NR *5 weeks \$81.25/\$88.75 NR

Catch the Wave Swim Cub structures the program to provide much more than just swimming lessons. Our curriculum, teacher training, evaluation system, and parent communication are all designed to provide a total Aquatic Education. Our primary technique to achieve water safety is to teach all students to comfortably live in the water. When a student truly learns to live in the water, the strokes come easily. We find that when a child enjoys the lessons, the more successful the learning process is. Therefore, our priority is to create a happy atmosphere.

Small class sizes • Professionally trained teachers Consistent, year-round approach • Private swim lessons available Flexible scheduling & make up classes offered

Penguin Babies

Parent participation is required in the water. Class focus is on water acclamation, submersion, back floating, & independence in the water.

Little Learners

Student focus is on overcoming anxieties associated with the water and parent separation along with introductory back float techniques.

Intermediate

Student focus is on self-rescue foundations through proper stroke and breathing techniques.

Advanced

Student focus is on advanced freestyle and backstroke training with a strong emphasis on kicking & body position.

Elite

Elite is considered our pre-team level. Students focus on swimming efficiency through distance training and coordinating stroke movements.

Summer Swim Team

Practices twice per week June 1-July 31 • \$168

Registration fee includes all practices and both summer swim meets. Contact Catch the Wave for times and to register.

Jr. Lifeguard Program

Ages: 10-15 Dates: June 17-26 Schedule: M/Tu/W 1:00-3:00 pm Fee: \$90 per student Register through Catch the Wave.

Tuesdays & Thursdays from 4-7 pm Private lessons offered on Wednesdays–\$35/lesson

WIM

NEW TO CATCH THE WAVE?

Visit catchthewaveswim.com to create your online parent portal and register online. If you need assistance with regsitration or have questions about the program and/or your child, please contact Catch the Wave Director, Nick, by calling 608-340-3030 ext. 5, texting 608-340-3030 or emailing CTWOregon@gmail.com.

ALREADY IN THE CATCH THE WAVE PROGRAM? Log into the parent portal to select Rockhopper Swim Team.

Party at the

Celebrate a special occasion with friends & family at the Nash Recreation Center! Two room sizes are available to suit your needs.

	Dav	Prairie Room		River Room	
	Day	Available Times	Reservation Fee	Available Times	Reservation Fee
sh	Friday^	5:00-7:30 pm	\$69/\$81 NR	5:00-7:30 pm	\$110/\$126 NR
sh	Saturday	11:00 am-2:00 pm	\$76/\$89 NR	11:00 am-12:30 pm 1:00-2:30 pm	\$87/\$98 NR \$87/\$98 NR
als	Sunday*	11:30 am-2:30 pm	\$76/\$89 NR	11:00 am-12:30 pm 1:00-2:30 pm	\$87/\$98 NR \$87/\$98 NR

^ Friday Pool Schedule only available during Fall/Winter

* Sundays are closed from May through September

Spla Ba Renta

Priva Renta

Splash Bash Rentals include up to 15 guests in the Prairie Room and 25 guests in the River Room. Additional Guests can attend the Splash Bash at the daily facility rate. Reservations are required at least 2 weeks in advance. When making a reservation, please have an approximate number attending for room set up. Set-up time of 15 minutes prior to the reservation time is allowed for decorating. Refunds will only be considered if notice is given 10 days in advance.

	Day	Time	Under 50 guests	50 or more guests
	Friday^	8:00-10:00 pm	\$350/\$420 NR	\$400/\$480 NR
ite	Saturday*	3:30-6:30 pm	\$525/\$630 NR	\$600/\$720 NR
als	Sunday	5:30-8:30 pm	\$525/\$630 NR	\$600/\$720 NR

^ Friday Private Facility Rental only available during Fall/Winter to coincide with Open Swim Pool Schedule * Additional hours may be available on Saturdays with advanced notice.

Celebrate your event with the Nash Recreation Center pool and facility all to yourself! These parties occur after the facility has been closed to the general public and pass holders. This is a perfect location for youth groups, sports teams or school after-hours events. For more information or to make a private reservation contact Dan at (815) 732-3101 or dan@ orgonpark.org. Private rentals must be booked a minimum of 3 weeks in advance to verify staff scheduling availability.

Party at ISS States of the second sec

Room Rentals

RIVER ROOM

The River Room has a capacity of 75-100 people. Tables and chairs are provided for events.
\$45/\$55 NR for first hour
\$23/\$28 NR per hour after the first hour

PRAIRIE ROOM

The Prairie Room has a capacity of 25 people. Tables and chairs are provided for events.

- \$30/\$35 NR for first hour
- \$15/\$17 NR per hour after the first hour

GYM (HALF)

The Gym features 2 full basketball courts. Each side must be reserved individually. Water only; no other food/drinks.

- \$35/\$41 NR for first hour
- \$17/\$21 NR per hour after the first hour

NEW! Special Party Rentals



SUPER SPORTS PARTY

- Prairie Room & East Gym The Super Sports Party will include setup for Volleyball, Pickleball, Dodgeball or Basketball. Let us know your sport of choice and we will set up the East Gym along with the Prairie Room for a 3-hour rental. The room allows for up to 25 guests and party attendees will be allowed use of the remainder of the facility.

• \$125/\$150 NR



NERF PARTY

Prairie Room & East Gym
Bring your own Nerf branded
guns and enjoy a Nerf Party! The
party includes a 3-hour rental of
the Prairie room and one hour
in the East Gym. The East Gym
will be setup with bunkers of
tumbling equipment for your
Nerf fight. The room allows
for up to 25 guests and party
attendees will be allowed use of
the remainder of the facility.
\$150/\$180 NR



TODDLER TUMBLING PARTY

- River Room Let us set up our tumbling equipment for your toddler and friends to play. This party package includes 3 hours in our River Room. We can setup tables and chairs for 25 guests along with the equipment. Party attendeeds will be allowed to use the remaineder of the facility.

• \$125/\$150 NR

Special Party Rental Available Hours: Friday: 5:00-8:00 pm • Saturday: 11:30 am-2:30 pm • Sunday*: 1:30-4:30 pm * Sundays are closed from May through September

Aquatics

Swim Programs

Twinges Age: 16+

Let the natural buoyancy and resistance of the water help you improve your joint strength and flexibility along with improving cardiovascular endurance while walking and jogging in the shallow end. Participants do not need to know how to swim.

Water Aerobics Age: 16+

Exercise your entire body without putting stress on your back and joints. This class will work on toning, cardiovascular strength, endurance, and flexibility. All levels can participate, and participants can tailor exercises to their ability.

Deep Water Aerobics Age: 16+

Deep Water Aerobics is a more intense workout than your typical water aerobics class. Working out in the deep end will allow you to get a cardiovascular workout without the impact. You will also increase your endurance, flexibility and strength. Participants do not need to know how to swim. An aqua jogger belt will be provided.

Lap Swim Age: 7th grade or older

Six lap lanes will be available. Swimming 32 laps is a one mile workout.

Open Swim

Age: All

All areas of the pool are open for use, including our diving board and basketball hoop. Pool toys are allowed in the pool at the discretion of the aquatic staff.

Multi-Use Swim

Multi-Use Swim is open to all ages, however, children are to be accompanied by an adult, ages 13 or older. Patrons may swim laps, play in the bay area, water jog in the deep end, or enjoy the hot tub.



The Nash pool features stairs to a 3-foot bay area attached to a 25 meter 6 lane pool. The deepest area is 10 feet. The pool is equipped with a handicap chair lift to assist patrons in and out of the pool. After your workout, you can enjoy the 13-person hot tub with both high and low jets.

Hot Tub Hours

The hot tub is available for use during Lap Swim, Open Swim, Water Aerobics, and Twinges classes. You must be at least 16 years old to use the hot tub. The hot tub is equipped with a handicap chair lift to assist patrons in and out of the hot tub.



Water Aerobics Punch Passes

5 punch: \$30/\$36 NR • 15 punch: \$82/\$96 NR 30 punch: \$150/\$180 NR • 50 punch: \$225/\$270 NR Drop-in Fee: \$9/\$11 NR

Passes are required for Water Aerobics, Deep Water Aerobics & Twinges and are valid for 1 year from date of purchase. No drop-ins are allowed and reservations are required.

Summer Pool Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lap Swim	5:45-7:45 am 11:30 am-1 pm 3:45-5:30 pm	5:45-7:45 am 11:30 am-1 pm 4-6 pm	11:30 am-1:15 pm 3:45-5:30 pm	5:45-7:45 am 11:30 am-1 pm 4-6 pm	5:45-9:30 am	7:15-9 am
Water Aerobics	8-9 am	8-9 am		8-9 am		8-9 am
Deep Water Aerobics	9:10-10:10 am	9:10-10:10 am		9:10-10:10 am		9-10 am
Private Swim Event	•	1-2 pm				
Open Swim	1:30-3:30 pm		1:30-3:30 pm	1-3 pm	10 am-12 pm	12-2 pm
Twinges	10:15-11:15 am	10:15-11:15 am		10:15-11:15 am		
Swim Lessons	•	4-7 pm		4-7 pm		
Multi-Use Swim					7-9:30 am	10:15-11:45 am

Please note holiday closures. Reservations for Water Aerobics, Deep Water Aerobics, & Twinges are required; cancellations must be made two hours prior, or a punch pass will be used. Reservations for a class can be made online at oregonpark.org or call 815-732-3101.

Healthcare Partners

The Oregon Park District is an approved location for Silver Sneakers, Renew Active, Silver & Fit, and Active & Fit. Through these programs, the District is able to provide access to Nash Recreation Center to qualifying members. Please contact the front counter staff at Nash with your membership ID. If you are unsure of what your healthcare plan offers, our staff can assist in determining your eligibility.



SilverSneakers is a fitness and wellness program offered at no additional cost to seniors 65+ on eligible Medicare plans that helps you get active, get fit, and connect with others.



Renew Active is a program offered to select United Healthcare members at no additional cost as part of your plan.

The Silver&Fit Exercise and Healthy Aging Program is offered by health plans to eligible Medicare Advantage/Supplement beneficiaries and group retirees.



The Active&Fit Direct Program offers discounted gym membership options, at-home workout videos, and more. The program is available to millions of eligible members through employer groups, health

plans, and benefit hubs.

Fitness

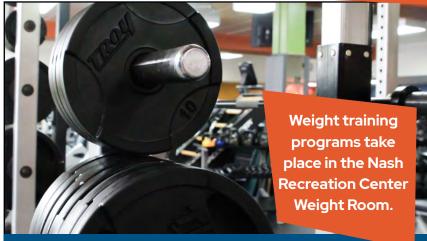


Early Rise with Aimee Age: 18+ Day: M/W/F Time: 5:40-6:40 am Location: River Room

Rise and shine, get your day started with Aimee! This class covers cardio and light to medium weight training to help increase stamina, strength, and flexibility. This is an excellent way to cross train! Beginner, moderate, and advanced health enthusiasts are all welcome.

No Drop-Ins or Punch Passes, registration only.

Date	Fee	Deadline
5/1-5/31 *no class 5/27	\$55/\$65 NR	5/1
6/3-6/28	\$51/\$62 NR	6/3
7/1-7/31 *no class 7/5	\$55/\$65 NR	7/1
8/2-8/30	\$55/\$65 NR	8/2
9/4-9/30	\$51/\$62 NR	9/4



Middle School Fitness Orientation

Dates: Tu 6/4 • Tu 6/25 • Tu 7/16 • Wed 8/7 • Time: 4:00-5:00 pm Deadline: 2 days before class • Students only need to attend one class FREE for Nash Members • \$10 Non-Members

Are you in 7th or 8th grade and interested in using the free weight area? With successful completion of our weight training orientation, 7th and 8th graders can use the area when accompanied by an adult, 18 years or older. Join Kim Henry, Personal Trainer, for this 1 hour class that will teach basic technique, proper use of equipment and fitness center etiquette.

Fitness

Women's Weightlifting Club

Age: 16+ • Time: 6:15-8:00 pm • Location: Nash Rec Center Weight Room

Join Kim Henry, Personal Trainer, for this 6 week club. Women ages 16 and up will workout together at Nash Fitness Center. Learn new moves, empower each other and get stronger together!

Date	Fee	Deadline
M/Th 5/20-7/1* *no class 5/27	\$160/\$192 NR	5/17
W 5/29-7/3	\$80/\$96 NR	5/22
M/Th 7/8-8/15	\$160/\$192 NR	7/5
W 7/10-8/14	\$80/\$96	7/3
M/Th 8/19-9/26* *no class 9/2	\$147/\$177 NR	8/16
W 8/21-9/25	\$80/\$96	8/14

Summer Senior Stroll

Age: 18+ • Time: 8:00-8:45 am • Location: Fairgrounds Park Fee: \$30/\$36 NR

Join Kim Henry, Personal Trainer, for this 6-week class that take you outside. We will stroll through Fairground Park walking and doing exercises that will get you moving and show a new way to get active outside. Must be able to walk 1/2 mile.

Date	Deadline
Wed 5/22-6/26	5/20
Wed 7/3-8/7	7/1
Wed 8/14-9/18	8/12

Senior Workouts with Kim

Age: 18+ • Time: 9:15-10:00 am • Location: River Room

Join Kim Henry to get active. Classes will vary each month as we work to get moving! Class registration is monthly and will be held in the River Room. All abilities welcome and exercises can be modified to use a chair. Silver Sneakers are welcome to attend for free but must register and swipe their pass each class! Registration required.

Date	Fee	Deadline
Tu/Th 6/4-6/27	\$32/\$38 NR	5/30
Tu/Th 7/2-7/30* *no class 7/4	\$32/\$38 NR	6/28
Tu/Th 8/1-8/29	\$36/\$43 NR	7/27
Tu/Th 9/3-9/26	\$32/\$38 NR	8/29

Personal Training





Jason Donegan

Kim Henry

Jason Donegan is a certified Personal Trainer, Nutritionist and Fitness Coach through ISSA (International Sports & Sciences Association). Jason's passion is to help both youth and adults reach their potential through exercise.

Kim Henry has been a certified Personal Trainer through ISSA (Inter(International Sports & Sciences Association) since 2005. Kim is eady to help you on your fitness goals!

Whether you are a beginner or want to take your health and fitness to the next level, Kim or Jason can provide the personalized instruction, guidance and support necessary to help you feel and see results.

All new clients will begin with a 1/2 hour consultation to discuss your health history, establish fitness goals and even start right away with measurements and/or weigh-in.

Call 815-732-3101 or email kim@oregonpark.org or jason@oregonpark.org to make your appointment to begin your fitness journey!

Training is available in both the Nash Fitness Center and the TRX Fitness Center.

Individual Sessions

1 Hour Session: \$38/\$45 NR Three 1-Hour Sessions: \$105/\$126 NR Six 1-Hour Sessions: \$198/\$238 NR

Partner Sessions

Do you and a friend both have the same goal? Train together to increase motivation and have an accountability partner! Sessions will have a one-hour workout tailored to your similar goals. The session can include weigh-in and measurements if desired.

1 Session: \$45/\$54 NR 3 Sessions \$125/\$150 NR

Fitness



Tai Chi Age: 18+ • Location: Nash River Room

Are you interested in focusing on balance, mindfulness meditation and relaxation? Tai Chi may be the right class for you. Tai Chi is the Chinese internal martial art focused on balance, breathing and centering oneself. Sign up for both Tuesdays and Saturdays in one month and receive 25% off on both registrations.

Date	Fee	Deadline
SATURDAY N	ORNINGS-8:4	5-9:30 am
5/4-5/25	\$25/\$30 NR	5/4
6/15-6/29	\$19/\$24 NR	6/15
7/6-7/27	\$25/\$30 NR	7/6
8/3-8/31	\$31/\$36 NR	8/3
9/7-9/28	\$25/\$30 NR	9/7
TUESDAY E	VENINGS-6:15	-7:00 pm
5/7-5/28	\$25/\$30 NR	5/7
6/11-6/25	\$19/\$24 NR	6/11
7/2-7/30	\$31/\$36 NR	7/2
8/6-8/27	\$25/\$30 NR	8/6
9/3-9/24	\$25/\$30 NR	9/3

Athletics



Batting Cage Rentals Fee: \$15/\$18 NR per ½ hour

Ready for some batting practice? We are excited to offer rentals for Batting Cages with a pitching machine at Oregon Park West. A staff member will be onsite to assist with the pitching machine. You must provide your own bat and helmet. Available in 30-minute intervals, but you can certainly book more than one! Please email Lesley@ oregonpark.org to check availability.

Little Baseball Stars

Age: 3-5 • Date: Tu/Th 7/9-7/18 Times: 4:00-4:45 pm; 5:00-5:45 pm; 6:00-6:45 pm

Location: Off Location • Fee: \$40/\$48 NR per time slot • Deadline: 6/19 Your child will learn the very basics of baseball in this program offered by OHS Coach Nate Girton and his baseball players. A parent/adult will be required to attend each evening and may be asked to assist their child. Each week, children will learn a new skill and develop previously learned skills. Catching, running, batting and safety will be taught. The last night will be a T-Ball game! Only the first 14 participants will be accepted for each time slot. Each child will receive a t-shirt. All proceeds to benefit OHS Baseball program.

Athletics



Summer Running Series

Age: 5th-8th Grades Date: Fri 6/7-7/30 *no class 7/5 Time: 1:00-2:00 pm Fee: \$60/\$72 NR • Deadline: 6/4

Calling all 5th-8th Graders! Join Certified Running Coach Matt Hussung for our summer running series and get prepared for the fall season. The group will meet weekly on Friday afternoons for an hour to train and run. Coach will develop a training program for workouts that runners can do on their own! The series will conclude with an entry into the Park District's Color Run on July 30th and an exclusive summer run series/color run shirt to wear to the event.

Jr. High Cross Country Age: 5th-8th Grades Date: Mon-Fri 8/5-10/4 Fee: \$75/\$90 NR • Deadline: 8/14

5th-8th grade athletes will develop endurance, improve their running technique, and build team camaraderie. Practices will be held multiple days of the week and meets will be held similar to the high school schedule. Transportation to meets is not provided. Sign up early to ensure you maximize practices before the meets begin! Practices will begin the week of 8/5, but registration is open through 8/14.

OHS Volleyball Camp

Age: PreK-8th Grades • Date: 7/29-7/31 • Location: Blackhawk Center Deadline: 7/15

Join Oregon Hawks Volleyball Coach Farrell Cain, her coaching staff and the OHS Lady Hawks for a camp of basic techniques, skill building and intra-team scrimmages. This camp will either introduce your child to the sport of volleyball or build on their skills. Each player will receive an OHS Lady Hawks team shirt. Players will be divided by age levels. Younger players will learn the basics of volleyball at their level with an age appropriate net. 100% of the proceeds from camp benefit the OHS Volleyball Team. **Please register your child for the grade they are entering in fall 2024**.

Grade	Time	Fee
PreK-1st	9:00-10:00 am	\$30/\$36 NR
2nd-4th	10:30 am-12:00 pm	\$40/\$48 NR
5th-8th	1:00-3:00 pm	\$50/\$60 NR

Jr. High Sand Volleyball League

Age: Entering 7th & 8th Grades Date: Tu/Wed 6/11-7/17 (no class 7/2-7/3) Time: 1:00-3:00 pm Location: Park West Fee: \$50/\$60 NR • Deadline: 6/5

Join us for our new Junior High sand volleyball league at Park West this summer. Players should be entering 7th or 8th grade in the fall. Teams will be drafted from participants. Practices will be on Tuesday afternoons and games will be held on Wednesday afternoons. There will be a 4-week regular season followed by an end of season tournament. All players will receive a team tank top! Practices will be led by OHS volleyball players.



6th Grade Competitive Volleyball

Date: Mon-Fri 8/12-9/27

Location: Nash Recreation

Center Fee: \$75/\$90 NR Deadline: 8/1

The 6th grade volleyball program focuses on skill development and is an introduction to volleyball. The program will help prepare participants for the Jr. High level of competition. Practice dates and times will vary depending on the preference of the head coach. Home games are played at the Nash and travel to away games is provided by OCUSD buses. Tryouts may be required if the max number of participants is reached.

Adult Athletics



Co-Ed Softball League

Age: 18+ • Date: Th 8/15-10/10 • Time: 6:00-10:00 pm Location: Park West Diamond 1 • Fee: \$450 per team • Deadline: 8/7

Recreational softball is back at Park West! This league is designed for men and women to enjoy slow-pitch softball through friendly competition. Bats will be provided by the park district for each team to use. The league will consist of a regular season, and a postseason tournament to end the year.

Pickleball Open Gym for Ages 18+

Dates: M/W/F 8:00 am-12:00 pm; Tu 4:00-7:00 pm; Sat 8:00-10:00 am *No class 5/10, 5/11, 5/13 Fee: Nash Membership or Daily Fee

Pickleball is often described as a mixture of ping-pong, tennis, and badminton, all played on a mini tennis court with an oversized paddle and a ball similar to a wiffle ball. This game is fast, fun, addictive, and can be played by people of all ages and athletic abilities! Drop in at your own leisure and enjoy this wonderful sport. To learn more about pickleball you can visit the USA Pickleball Association at: usapa.org.



Sand Volleyball

Age: 18+ • Date: Thurs 5/16-7/25 *No games 7/4 Time: 6:00-10:00 pm • Location: Park West Fee: \$165/team • Deadline: 5/8

This Co-Ed Sand Volleyball League will be played at our sand volleyball courts at Park West. There will be a regular season followed by an end of year tournament. Teams may have up to 6 players on the court at a time, but may never exceed 3 males on the court. Players must be 18+ and graduated from High School. Gather your friends and come on out for some summer fun on Thursday nights!

Beginners Pickleball Open Gym

Age: 18+ Day: Mondays *no class 5/13 Time: 12:00-1:30 pm Location: Nash Gym Fee: Daily fee/Membership *No Registration Needed!

Are you interested in trying Pickleball? This game is fast, fun, addictive, and can be played by people of all ages and athletic abilities! Join us for a beginners time on Mondays, where you can learn to play with other beginners in a relaxed environment. A few of our regular pickleball players may even be around to give you some tips! Nash has a limited number of paddles and balls that you can borrow to play.

Athletics



Soccer Camp Age: 4-14 Date: 6/10-6/14 Location: Park West • Deadline: 5/28

Oregon High School Soccer Camp is back! Varsity coaches Seger Larson and Tiffany Rufer and the Oregon Hawks team will run this fun, interactive, and informative camp at Park West! The coaches and players will teach the fundamentals of the game, various age-appropriate strategies, as well as teamwork. Each participant will also receive a camp shirt, please bring your own practice ball. A limited number of balls will be available to borrow.

Age	Time	Fee
4-8	9:00-10:00 am	\$30/\$36 NR
9-14	10:00 am- 12:00 pm	\$45/\$54 NR

Fall Soccer

Date: Sat 8/10-10/5 (no games 8/31) Deadline: 7/10

Soccer returns to Park West in the Fall of 2024! Practices will be held during the week and games are scheduled for Saturdays beginning August 17th in Oregon and surrounding towns. Are you unsure of which age level to sign up for? Reference our age chart below. A new practice ball is included with your registration. If you are interested in coaching please contact Lesley at lesley@oregonpark.org.

	Beginning 8/10				
	Year Born	Fee			
U6 League	2019	\$70/\$84 NR			
U7 League	2018	\$70/\$84 NR			
U8 League	2017	\$85/\$102 NR			
U9 League	2016	\$85/\$102 NR			
U10 League	2015	\$85/\$102 NR			
U11 League	2014	\$85/\$102 NR			
U13 League	2012 & 2013	\$90/\$108 NR			
U15 League	2010 & 2011 (No HS players)	\$90/\$108 NR			

Little Hawks Soccer

Age: 3-4 Date: Sat 7/20-8/10 Time: 9:00 am-12:00 pm Location: Park West Soccer Fields Fee: \$55/\$66 NR Deadline: 7/1

Welcome to our newest program for our youngest soccer players! Join us on Saturday mornings at Park West soccer fields for a fun introduction to soccer. Youth players will develop their fundamentals and team playing strategies with a 30-minute practice followed by a 30-minute game every week. All players will receive a t-shirt and their own soccer ball to keep! Must be 3 years old by 7/20/24 to register. Volunteer coaches are needed. Please email lesley@ oregonpark.org if you are interested.

High School Co-Ed Mini Pitch Tournament

Age: High School Age/2024 Grad Date: Sat 6/22 Time: 9:00 am-5:00 pm Location: Park West Mini Pitch Fee: \$85/\$102 NR per team Deadline: 6/13

Sign up for a new Co-Ed Mini Pitch tournament! This double elimination, one-day tournament will be a 4 v 4 format, with one goalkeeper and 3 players on court. There is a maximum of 6 players per team roster. Every team will be guaranteed at least 2 games. **Players must be HS age or a 2024 graduate.** All games will be officiated. Space in limited, be sure to sign up your team early!

OHS Summer Basketball Camp

Age: 6-14 Date: 6/3-6/7 Location: Blackhawk Center Fee: \$35/\$42 NR • Deadline: 5/23

Join Jarett Reynolds, Boys Varsity Basketball Coach, and Angela Reynolds, OHS Girls Varsity Basketball Coach at the Blackhawk Center. This Co-ed camp will concentrate on developing your fundamental skills and learning new strategies. The week will end with a friendly 3 v 3 tournament for the players on Friday! All participants will receive a camp T-shirt and medals will be awarded to the tournament winners. All proceeds will benefit the OHS Boys' and Girls' Basketball programs.

Age	Time		
6-9	10:00-11:00 am		
10-14	11:00 am-12:00 pm		



OHS Summer Athletes Camp (Co-Ed)

Age: 1st-5th Grades Date: Tu/Th 6/11-7/25 (no class 7/2 & 7/4) Time: 1:00-2:00 pm Location: Blackhawk Center Fee: \$40/\$48 NR • Deadline: 6/5

Oregon High School Football and Boys Basketball teams will be hosting a Coed Athlete Camp for athletes entering 1st-5th grade this fall. The camp will consist of training and movements needed to become a better athlete. Focus will be on speed, agility, plyometrics, and strength through an assortment of different activities and games. **There will be no camp the week of July 4th**. All athletes will receive a Athlete Camp T-Shirt. Proceeds will go to support the OHS Football and Boys basketball programs.

Youth Pickleball Camp Age: 6-14 Date: 6/10-6/13

Date: 6/10-6/13 Location: Mix Park Pickleball Courts Fee: \$40/\$48 NR • Deadline: 6/3

Join the Oregon Junior High and High School Gym teachers, Mrs. O'Neil and Mr. Larson for a Youth Pickleball Camp. Practice some shots and learn how the game is played, then play games against your fellow campers. Sign up soon as space is limited. All campers will receive their own pickleball paddle to keep! All proceeds from this camp will benefit the Oregon JH and HS Physical Education Departments.

Age	Time		
6-9	1:00-2:00 pm		
10-14	2:00-3:00 pm		

Athletics

OHS Middle School Boys Summer Strength Camp

Age: 6th-8th Grades Date: Tu/Th 6/11-7/25 (no class 7/2 & 7/4) Time: 2:00-3:00 pm Location: Blackhawk Center Fee: \$40/\$48 NR • Deadline: 6/5

The OHS Football and Basketball teams and Coaches will be hosting summer strength for any boy entering 6th-8th grade in the fall. Your athlete will be taught the basics in the weight room along with improved speed and agility throughout the summer. Camp will be every Tuesday and Thursday. **There will be no camp the week of July 4th**. Every athlete will receive a Summer Strength Camp T-Shirt. All proceeds benefit the OHS Football and Basketball programs.

Youth Tennis Camp

Age: 3rd-12th Grades Date: 6/18-6/21 Location: Park West Tennis Courts Fee: \$45/\$54 NR • Deadline: 6/6

Tennis Camp is back at Oregon Park West! Join Coach Kristy Eckardt for a fun filled week learning basic skills and improving on your current skills. Kristy is an experienced certified Tennis Coach and is the current Rochelle High School Tennis Coach. Please bring a tennis racket and a water bottle. All camp participants will receive a t-shirt. There will be a limited number of park district tennis rackets that you can borrow.

Grade Entering	Time
3rd-6th	9:00-10:30 am
7th-12th	10:30 am-12:00 pm



Join the Oregon Park District and KSB Wellness as we get kids moving! Operation Move is a free program to promote families to get active in the summer. Free events will be held throughout the Oregon Parks in June and July. Sign up for giveaways at the events. No registration required.

Date	Activity
5/30	Backyard Games and Sand Volleyball–Park West
6/6	Kickball Game– Fairgrounds Park Ball Diamond
6/13	TORO Games–Park West
6/20	Mini Pitch Game–Park West
6/27	Dodgeball– Park West Soccer Fields
7/11	Kickball Game– Park East Ball Diamond
7/18	Basketball and 4 square– Park West
7/25	Mini Pitch Game-Park West
8/1	All Ages T-ball Game–Park East

Check out these FREE OPD Activities!



TORO Tuesdays

Age: 7-14 Date: Tu 6/4-8/6 (No games 7/2) Time: 1:00-3:00 pm Location: Park West

Join OPD Staff every Tuesday afternoon for free, fun, organized games of TORO. Drop by and improve your soccer skills while playing fun games. This is a free event, and we will form ageappropriate teams/games every week with players that arrive. No games on July 2nd.

Youth Mini Pitch Games Age: 7-14

Date: Wed 6/5-8/7 (No games 7/3) Time: 1:00-3:00 pm Location: Park West

Have you tried playing soccer on our Mini-Pitch court? Swing by on Wednesday afternoons from 1-3 pm for fun, free Mini Pitch soccer games led by OPD staff. A Futsal ball will be provided, and teams and games will be formed from players that arrive each week. These are fast paced games that will challenge all ages and skill levels. No cleats on court. No games on July 3rd.

AND MORE @THE MARKET

5:30-7:00 PM AT RIVER'S EDGE MARKET THURSDAYS JUNE 6 · JUNE 27 · JULY 18



BURN N BUSH JUNE 6 CRAFT: KINETIC SAND

Mike Guzman

WELL STRUNG JUNE 27 CRAFT: SLIME

Scott Stephens

JUSTIN JONES JULY 18 CRAFT: POOL NOODLE MONSTERS

> ROCK RIVER TITLE

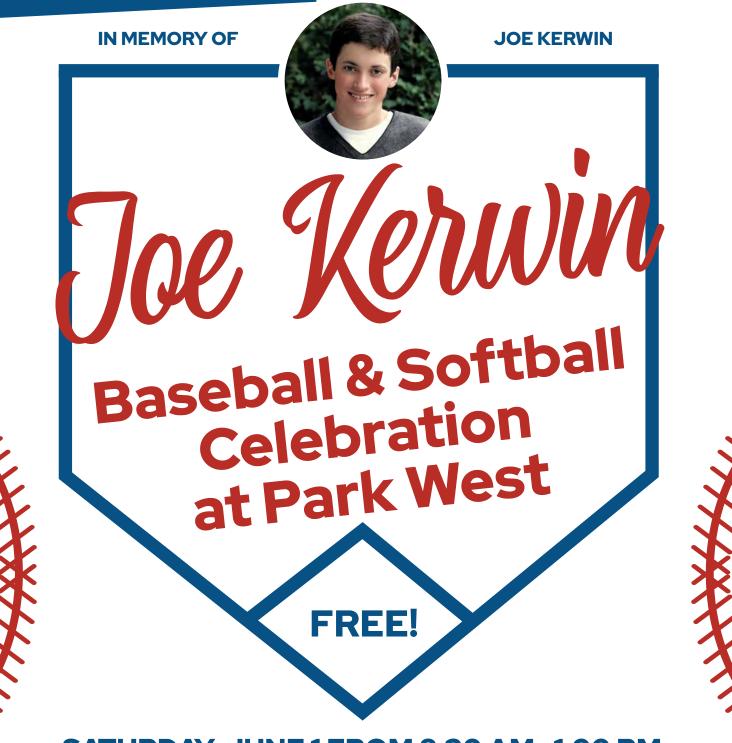
ENJOY GREAT MUSIC ALONG THE ROCK RIVER, A LITTLE SHOPPING AT THE RIVER'S EDGE MARKET, AND SOME OUTDOOR FUN FOR KIDS WITH THE OREGON PARK DISTRICT. MARK YOUR CALENDAR FOR MUSIC AND MORE @ THE MARKET. RAIN LOCATION IS RIVER'S EDGE EXPERIENCE.





JOIN THE OREGON PARK DISTRICT STAFF FOR CRAFTS SPONSORED BY E.D. ETNYRE & CO. FROM 5:30-6:30 PM.

Athletics



SATURDAY, JUNE 1 FROM 8:30 AM-1:00 PM

8:30 AM – Leon Gasmund – Oregon Burgundy vs. Byron White – Diamond 1 8:30 AM – Junior Girls – Oregon Burgundy vs. Byron Orange – Diamond 2 10:30 AM – Memorial Ceremony and Announcement of Teams 11:00 AM – Sandy Koufax – Oregon Blue vs. Dixon Hammitt State Farm – Diamond 1

This event is held in honor of Joe Kerwin, former Oregon Park District scorekeeper and baseball enthusiast.

Tumbling



Tiny Tumblers

Age: 3-5 • Day: Wed • Location: Nash Rec Center Gym

Jump, flip, and roll! This class is perfect for the kids that just love to tumble. Tiny Tumblers focuses exclusively on the fundamentals of tumbling and classroom participation. Through a variety of fun activities your preschooler will learn to cartwheel and roll, listen and follow directions, work independently and cooperate with others. Must be potty trained to participate.

Date	Time	Fee	Deadline	
	4:35-5:20 pm		8/28	
9/4-9/25	5:25-6:10 pm	\$70/\$77 NR		
	6:15-7:00 pm			
	4:35-5:20 pm			
10/2-10/23	5:25-6:10 pm	\$70/\$77 NR	9/25	
	6:15-7:00 pm			
	4:35-5:20 pm		10/30	
11/6-11/20	5:25-6:10 pm	\$53/\$58 NR		
	6:15-7:00 pm			
	4:35-5:20 pm		11/27	
12/4-12/18	5:25-6:10 pm	\$53/\$58 NR		
	6:15-7:00 pm			
	4:35-5:20 pm			
1/8-1/29	5:25-6:10 pm	\$70/\$77 NR	1/1	
	6:15-7:00 pm			

Beginner and Novice

Age: 6-17 • Day: Wed • Location: Nash Rec Center Gym

Our entry level tumbling class is designed to teach the basics skills and technique needed to safely progress in this dynamic sport. Cartwheels and handstands, power and grace, this exciting class offers 45 minutes of nonstop fun and fitness!

Date	Time	Fee	Deadline	
	4:35-5:20 pm		8/28	
9/4-9/25	5:25-6:10 pm	\$70/\$77 NR		
	6:15-7:00 pm			
	4:35-5:20 pm			
10/2-10/23	5:25-6:10 pm	\$70/\$77 NR	9/25	
	6:15-7:00 pm			
	4:35-5:20 pm		10/30	
11/6-11/20	5:25-6:10 pm	\$53/\$58 NR		
	6:15-7:00 pm			
	4:35-5:20 pm		11/27	
12/4-12/18	5:25-6:10 pm	\$53/\$58 NR		
	6:15-7:00 pm			
	4:35-5:20 pm			
1/8-1/29	5:25-6:10 pm	\$70/\$77 NR	1/1	
	6:15-7:00 pm			

20 Seasons of Vintage Base Ball

This spring, the Oregon Ganymedes Vintage Base Ball Club will be celebrating their 20th season of playing the sport of vintage base ball. This all-volunteer educational outreach program of Oregon's not-for-profit Chana School Museum has been playing 1858 to 1867 vintage rules base ball games for the public since 2005.

Vintage base ball teams play by the earliest rules of "America's pastime" when players did not use gloves, teams wore wool uniforms, hit with big wooden bats and played a faster-paced gentleman's game. The early rules are just quirky enough to make the games interesting and fun to watch.

The club is made up of players from all occupations that have ties to the Oregon community. They range in age from twenty to seventy. Over 80% of the current team graduated from Oregon High School and all have learned to master the bare-handed skills and rules differences needed to play vintage ball. Well over a hundred players have put on the gray and red Ganymedes' uniform since the club was started twenty years ago.

"We play Base Ball the way it was meant to be played to educate and entertain our guests," said Ganymedes Captain, Mark Herman. "It was a game designed for exercise and plenty of exciting action for both the players and spectators...the rules of Base Ball have changed and evolved over the years from when it first started in the mid-1800's", Herman said.

The Ganymedes are ambassadors for the City of Oregon when they host teams at Oregon Park East and as they travel throughout the Midwest and beyond playing at historic towns, museums and festivals. The Oregon team has developed a reputation as one of the best vintage base ball clubs in the Midwest.

To date, the club has played over 250 games against fifty different vintage base ball clubs from eight states. Their home games are played Saturday or Sunday afternoons from May until August on the open grass field next to the Chana School Museum at Oregon Park East. The games are free and spectators should bring their own chairs or blankets to watch the games from under the shade trees at the park.

To mark the club's 20th anniversary season, the Oregon Park District will be adding a permanent scoreboard to the open field at Oregon Park East where the Ganymedes have played all their home games since they began 20 years ago. The field has been named "Iron Chest Field – Home of the Ganymedes" to recognize the Oregon Ganymedes Base Ball Club's founder and Captain, Mark "Iron Chest" Herman.

Local artist and sign painter, John Barnhart will hand-letter the new scoreboard in the style of the mid-1800' using colors and fonts that were popular of the times. The score board will come complete with small black numbers to hang on nails to show the runs after each inning of play. "John will be making us one of the most beautiful and historically unique vintage base ball score boards in the country," Herman said. "The team is excited to finally get a proper scoreboard for our beloved home field".

During this year's upcoming 2024 season, the club will have four home doubleheaders at Iron Chest Field as well as nearby away games in Creston, Grand Detour and Malta. The Ganymedes have also been invited to the 12-team Portage Vintage Base Ball Festival near Kalamazoo, Michigan in June as well as the Gettysburg 19th Century Historic Base Ball Festival in July. The Gettysburg tournament will feature thirty clubs from fifteen states held on a farm adjacent to the Gettysburg National Battlefield Park in Gettysburg, Pennsylvania.

The Ganymedes will once again represent the state of Illinois at the World Tournament of Historic Base Ball event at The Henry Ford Museum of American Innovation Greenfield Village in Dearborn,



Michigan in mid-August. This will mark the ninth time that the Oregon club has been invited to this prestigious 12-team tournament that features the best vintage base ball clubs from five states. This is an extremely competitive event that attracts thousands of spectators and is the highlight of the club's season.

So, what is a Ganymede? The name Ganymede was first linked to the City of Oregon when the famous journalist Margaret Fuller visited Oregon in 1843. During the city's 4th of July celebration, she observed an eagle drinking from a spring on the bank of the Rock River and authored the poem "Ganymede to His Eagle" which was published nationally. According to Greek mythology, Ganymede was a youth that was carried off by an eagle to Mt. Olympus to become the cup bearer to the gods. As a result of her poem, Ganymede Spring and the City of Oregon soon became a tourist attraction.

To learn more about the sport of vintage base ball, check out the Vintage Base Ball Association at vbba.org. For more information about the club, visit the Oregon Ganymedes Base Ball Club Facebook page.



Oregon Ganymedes Base Ball Schedule

5/5 at 1pm–vs. Regulators Base Ball Club of Creston, IL & Quarrymen Base Ball Club of Lemont, IL @ Creston

5/18 at 1pm-vs. Milwaukee Grays Base

Ball Club of Milwaukee, WI-Double Header @ Chana School Museum in Oregon

6/2 at 1pm-vs. Quarrymen Base Ball Club of Lemont, IL-Double Header @ Chana School Museum in Oregon

6/8 at 1pm-vs. Plowboys Base Ball Club of DuPage County, IL @ John Deere Historic Site in Grand Detour 6/22 at 1pm-vs. McLean County Prairie Chickens Base Ball Club of Normal, IL-Double Header @ Chana School Museum in Oregon

6/29 at TBA-vs. 14 vintage clubs from Michigan, Indiana & Illinois @ Portage Vintage Base Ball Festival in Portage, MI

7/14 at 1pm–vs. Regulators Base Ball Club of Creston, IL– Double Header @ Chana School Museum in Oregon

7/20 & 7/21 at TBA-vs. 32 clubs from 15 states @ Gettysburg 19th Century Base Ball Festival in Gettysburg, PA 8/4 at 1pm-vs. McHenry County Independants Base Ball Club of Prairie Grove, IL @ Malta

8/10 & 8/11 at TBA-vs. 11 vintage clubs from 5 states @ the Henry Ford Museum of American Innovation Greenfield Village World Tournament of Historic Base Ball in Dearborn, MI

8/25 at 2pm-vs. McHenry County Independants Base Ball Club of Prairie Grove @ Prairie Grove

9/15 at 3pm-vs. Regulators Base Ball Club of Creston, IL @ Creston Booster Days

Activities

Bingo, Brownies & Booze!

Age: 21+ • Date: Th 9/12 • Time: 6:00-8:30 pm Location: Cork & Tap • Fee: \$12/\$14 NR • Deadline: 9/5

Who doesn't love BINGO! Join us at Cork & Tap where we will play bingo for prizes, enjoy a specialty brownie from Teresa's Treats and a drink of your choice from Cork & Tap while playing for fun! Check-in at 6 pm; Bingo begins at 6:30 pm.

Summer Sweets & Cocktail Treats

Age: 21+ Date: Wed 6/19 Time: 6:30-7:30 pm Location: Cork & Tap Fee: \$26/\$30 NR • Deadline: 6/12

Grab your friends for this summer pairing featuring 4 delicious summer cheesecakes from CheeseKake Ko paired with four refreshing summer cocktails created by Cork & Tap.



Charcuterie Dish

Age: 16+ Dates: Wed 6/19 & 6/26

Times: 1:00-3:30 pm or 6:00-8:30 pm Location: Happily Handmade 815 Fee: \$70/\$80 NR • Deadline: 6/12

This **two-part workshop** is a perfect introductory ceramics class. Learn to make a fun shell-shaped charcuterie tray by hand that you can use. Week 1 of this two-part workshop will create the shape of the dish and week 2 will add the glaze to give it color and make it ready to use. Instructor Tonya Hardy will guide you through the clay sculpting techniques, and will kiln-fire your project after each session. Finished projects can be picked up after class during Happily Handmade 815's regular business hours on or after July 3rd.



Fall Planter with Hagemann Horticulture

Age: 16+ • Date: Tu 9/24 • Time: 5:00-6:00 pm or 6:30-7:30 pm Location: River's Edge Experience • Fee: \$55/\$65 NR Deadline: 9/17

BING

Some of the prettiest flowers are the last to bloom in the growing season. Assemble a beautiful planter pot with varieties and exciting new decor specially selected by Tyler Hagemann to be at their best

in the fall season. Registration includes a 14" diameter pot, soil medium, plants, and decorative add-ons. The class will take place at River's Edge Experience and will be on the outdoor patio weather permitting. Enjoy an evening of planting by the water with Hagemann Horticulture.





Ceramic Mushrooms Age: 16+

Age: 16+ Dates: Wed 7/17 & 7/24

Times: 1:00-3:30 pm or 6:00-8:30 pm Location: Happily Handmade 815 Fee: \$70/\$80 NR • Deadline: 7/10

This is a two-part workshop. Add some whimsy to your decor with a set of handmade ceramic mushrooms. Easy to customize and perfect for adding to shelves, flower pots, or gardens. Instructor Tonya Hardy will teach you the hands-on ceramic techniques needed and will kiln fire your projects after each class. Finished projects can be picked up on or after July 31 during Happily Handmade 815's regular business hours.



Hug Mugs Age: 16+

Age: 16+ Dates: Wed 8/21 & 8/28

Times: 1:00-3:30 pm or 6:00-8:30 pm Location: Happily Handmade 815 Fee: \$70/\$80 NR • Deadline: 8/14

Every coffee drinker has a favorite mug and the best mugs are made by hand. Let Tonya Hardy of Happily Handmade 815 guide you through the pinch pot technique as you create your own mug to use. This **two-part workshop** is a perfect introduction to the art of ceramics. Part one will create the shape of the mug, and part two will be glazing the mug to add color and make it ready for drinking. Projects will be kiln fired between classes and after the second session, and can be picked up during Happily Handmade 815's regular business hours on or after September 4.

Summer STEAM

Age: 6-12 • Time: 9:00-10:00 am • Fee: \$5/\$7 NR per session

Date	Program	Location	Deadline
Th 6/13	Egg Drop Challenge	Fairgrounds Park	6/6
Th 6/27	Kaleidoscopes	Mix Park	6/20
Th 7/11	Windmills	Mix Park	7/4
Th 7/25	Summer Snowmen	Mix Park	7/18

Culinary Kids Age: 6-9 Date: Th 6/13 (Deadline 6/7) or 7/11 (Deadline 7/3) Time: 10:00-11:30 am Location: Nash Recreation Center-Staff Lounge

Fee: \$35/\$42 NR

Let your little gourmet join Ms. Teresa for a fun culinary experience in the kitchen at Nash. The class is designed to introduce each participant to the basics of the kitchen in a creative environment. Delicious creations will be created in class and brought home. Recipes will change each month, but will always include a main dish, side and dessert. Cost includes one meal large enough to feed a family of 4. Two children can work on the same meal for the family. Just preheat the oven and dinner is done.

Summer Lunches

Age: 18 & under Date: M/Th 6/3-8/8 Time: 11:30 am-12:30 pm *No meals 7/1 & 7/4 Location: Mix Park

The Oregon Park District, Oregon United Methodist Church and St. Mary's Catholic Church are partnering with the Northern Illinois Food Bank to bring free boxed breakfasts and lunches to the community. This summer we will have a drive-through service where you can pull up and ask for the number of lunches and breakfasts you will need to feed youth. We will have the meals available on Mondays and Thursdays, when you will pick up three days' worth of food.

Art with Kara

Age: 5-12 Time: 2:00-3:30 pm Location: River Room Fee: \$25/\$30 NR

Come paint with Kara Schabacker in the River Room. Each month will feature a different theme which your child will create on canvas to take home. Acrylic paints will be used in this painting class. Sign up for one or all three! Wed 6/12: Ice Cream Cone Deadline: 6/5 Wed 7/10: Kitty Cat Deadline: 7/3 Wed 8/21: Sunny Beach Day Deadline: 8/14

Activities

Cool Chameleon Children's Craft Age: 7-16



Date: Fri 8/9 Time: 10:00-11:30 am Location: Fairgrounds Park Fee: \$22/\$26 NR • Deadline: 7/30

Cin's Treasure's Ceramics and Art Studio is taking a field trip to Fairgrounds Park for a special children's crafting program. Children will use the sponge painting technique to paint an eye-catching chameleon door hangar showing this crawling critter snatching a fly right out of the air. Finished projects will measure 12" across and can be crafted with or without flowers, perfect for hanging on bedroom doors or walls. Enjoy a fun morning of crafting in Fairgrounds Park with Cin's Treasures Ceramics and Art Studio.

Grandparents' Day

Date: Fri 9/6 • Time: 5:30-7:00 pm • Location: River Room Fee: FREE ages 0-3; \$8/\$9 NR ages 4-11; \$13/\$16 NR ages 12+ • Deadline: 8/30

Celebrate National Grandparents' Day with a unique experience at Nash. We will host an evening of fun geared towards grandchildren and their grandparents. Enjoy a pizza dinner along with games and activities—including Bingo! *Everyone in attendance must be registered.*



Activities

Urban Air for Youth

Age: 12-15 Date: Mon 7/22 Time: 12:30-5:00 pm Location: Urban Air Trampoline Park, Rockford, IL Fee: \$40/\$45 NR • Deadline: 7/10

Join us for a day of Ultimate Fun at Urban Air Trampoline Park in Rockford. Kids will have the opportunity to try out everything that Urban Air has to offer. We will meet at Nash and travel by Park District Van to Urban Air. Price includes the socks required to jump and play at Urban Air. Bring money for snacks.

Super Soaker Spectacular for Kids

Age: 5-12 Date: Mon 7/8 Time: 6:00-7:30 pm Location: Fairgrounds Park Fee: \$3/\$5 NR • Deadline: 7/1

Dust off your super soaker and join us

at Fairgrounds Park for a soaking good time! We will have capture the flag games as well as other events. Everyone will need to wear shoes and clothing that can get wet.

Super Soaker Spectacular for Families

Age: 5+ Date: Mon 7/29 Time: 6:00-7:30 pm Location: Fairgrounds Park Fee: \$3/\$5 NR • Deadline: 7/22

Dust off your super soaker and join us at Fairgrounds Park for a soaking good time! We will have capture the flag games as well as other events including a battle royale between kids and adults. Everyone will need to wear shoes that can get wet. Put on your swimsuit or other clothes to get wet and join us for all the fun! *All family members must register*.

Tubing with White Pelican

Age: 12-15 Date: Mon 6/24 Time: 1:30-4:30 pm Location: Kiwanis Park Fee: \$30/\$40 NR • Deadline: 6/17

Join the Oregon Park District for a tubing float down the Rock River from Oregon to Castle Rock State Park. This leisurely trip will take between 2-4 hours and will be accompanied by staff from Oregon Park District. We will meet at White Pelican at 1:15 pm. Pickup will be at Castle Rock State Park Boat Docks at 4:30 pm. Campers will need to wear shoes and clothes that may get wet and bring a water bottle. Everyone will be wearing a life jacket.

Go Ape Adventure Trip

Age: 12-15 Date: Mon 7/15 Time: 10:00 am-3:30 pm Location: Go Ape Zipline and Adventure Park, Western Springs, IL Fee: \$39/\$48 NR • Deadline: 7/1

Join us as we travel to Go Ape! Zipline Chicago in Western Springs, Illinois for a day of adventure in the treetops of the Bemus Forest Preserve. Youth will navigate ziplines, suspended bridges, obstacles during this aerial adventure. Gloves are required and not provided. You will need to wear close toed shoes (no crocs) and dress for the weather. Bug spray and sunscreen are recommended but not required. Children will need to bring a packed lunch.

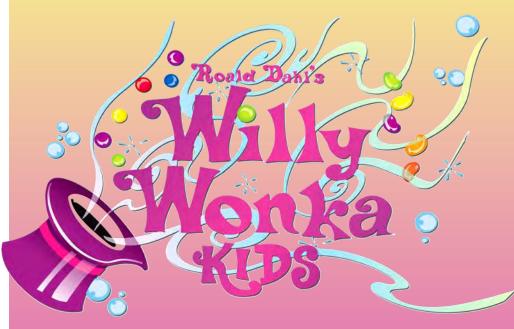
Donate Blood. Save Lives.

Wed 8/14, Th 10/10 & Mon 12/30 • 11:30 am-5:00 pm at Nash Rec Center River Room

Give back this year by joining us in donating blood with the Rock River Blood Center in the River Room at Nash. Your donation can save up to 3 lives and you're sure to get that amazing feeling of accomplishment and satisfaction for helping. Guidelines for donating blood change frequently, so if you have questions about whether you qualify to donate, please talk to a donor care specialist by calling (815)965-8751 or check out www.rrvbc.org. To schedule an appointment for one of our drives please contact Tina at (815)732-3101 or tina@oregonpark.org.

Activities

Join OPD and OES for this year's fall musical:



Do you believe in the Golden Age of Chocolate, Oompa Loompas, and "Pure Imagination"? Join us for this year's fall musical, "Willy Wonka Kids!" Auditions will cast 32 actors/actresses with others joining the stage crew. Dates are subject to change. Stage crew spots are limited. Contact Kelley at kelley@oregonpark. org if you are interested in a stage crew spot only. Audition and cast information available at registration.

Age: 8-12 • Fee: \$125/\$148 NR • Deadline: 8/13 AUDITIONS: Tu 8/20 & Th 8/22 from 3:00-5:00 pm • REHEARSALS: M/Th 8/26-10/24 PERFORMANCE: Sat 11/9 at OJSHS Auditorium at 2:00 & 6:00 pm Admission: \$6 Adults, \$4 Students, FREE Children 3 & under OES students each receive 1 free ticket

Improv Camp with Do Art Productions

OOD TRUCK

Age: 12-15 • Dates: Wed 7/10-7/24 • Time: 10:00-11:00 am • Location: Park West Bandshell • Fee: \$75/\$90 NR • Deadline: 7/3

Come join Jerry from Do Art Productions as we explore different emotions and visual clues each week to act out improv scenarios. By the end, everyone will have a whole repertoire of acting tools to not only utilize the tone of our voice, but also silent body movements to enhance our dialogue.

Seeking Food Truck Vendors!

Concert in the Park Vendors/Food Trucks are able to provide food/drinks/treats, etc at the Concerts in the Park which average 500+ people/concert. There will be no duplicate foods (first come/first served-approved upon registration). Food vendors must provide copies of health permit, license and insurance.

Concert Series: Tuesdays 6/18-7/30 (no event 7/2) 6:30-8:00 pm Family Fun Night: Tuesday 8/6 5:30-8:30 pm \$50/\$60 NR *The fee covers all 6 Concerts in the Park and Family Fun Night.



AUGUST 6 – 5:30-8:30 PM FIREWORKS AT DUSK



Join us for a Family Fun Night at River's Edge Experience to enjoy one last night before school starts! We will be joined by the Oregon Police Department to celebrate National Night Out with a touch a truck and bike rodeo! River's Edge Experience will be open to the public and will feature food trucks, beverages and family fun! Other activities include music from 6:30 - 8:00 pm by Well Strung, FREE hot dogs and chips courtesy of OPD, and FREE inflatables, face painting, and axe throwing!



RIVER'S EDGE EXPERIENCE

Thanks to our generous sponsors Circle G Farms, E.D. Etnyre & Co., the City of Oregon, and Woods! Their sponsorship allows for games, face painting, inflatables, axe throwing and a firewrork show to be FREE of charge and on a first-come, first-serve basis. Ice cream and drinks will be available for purchase.

CONCERTS IN THE PARK

JOIN US FOR FREE MUSIC AT PARK WEST 6:30-8:00 PM ON TUESDAYS

Bring your lawn chair, blanket, picnic basket and wear your dancing shoes! Enjoy a variety of music on Tuesday evenings at Park West. We thank the local business sponsors for bringing great entertainment to the park for the enjoyment of all ages! Food vendors are available on site if you would like to purchase dinner, a snack or beverages.



Coilcraft

RIVER'S EDGE EXPERIENCE

Activities

Flamingo BORGO

Join us on Mondays in June and July at The Reading Nook across from Nash Recreation Center for Lemonade in the Shade & Flamingo Bingo! This is a fun program for all ages and affordable. We will play 5 games with multiple winners. Cards sold in 5 packs for \$3. Play 1 or as many as you'd like each game. Quench your thirst with our free lemonade! Bring your daubers or use one of ours. Winners can choose a gift from the prize table! Income from this activity benefits the Oregon Park District Youth Scholarship Fund. In the event of rain, Flamingo Bingo will be held in the River Room.

Mon 6/3-7/29* 10:00-11:00 am | *No Flamingo Bingo on 7/1 \$3 for 5 pack of bingo cards





Inclusive Play with Village of Progress Thursdays, 9:30-10:30 am Location Varies FREE! Registration not required

Come and play with our friends from Village of Progress. Our summer inclusive play series encourages people of all ability levels to have fun and make summer memories together. This free opportunity will feature a variety of different sports and games and take place in multiple Oregon Park District Parks. Schedule of activities may be subject to change. Contact Caleb Jenks at caleb@oregonpark.org with questions about meeting locations and activities.

VOP Dates, Activities & Locations

5/30: Basketball & Four Square in Park West 6/6: Kickball in Fairgrounds Park 6/13: TORO & Bean Bags in Park West 6/20: Frisbee Fun in Park West 6/27: Racket Sports in Park West 7/11: T-ball Hitting Derby in Park East 7/18: Basketball & Four Square in Park West 7/25: Sand Volleyball & Yard Games in Park West 8/1: Kickball in Park East

give us a hand



ARE YOU INTERESTED IN VOLUNTEERING WITH THE **Oregon Park District**? SCAN THE QR CODE AT LEFT OR VISIT OUR WEBSITE TO GET STARTED: OREGONPARK.ORG/ABOUT/VOLUNTEER





Summer Camp for school-aged children with special needs

9 to 11:30 AM Monday thru Wednesday 9 to 12:30 PM Thursday at Lorado Taft

• 4-H Fun
 • Master Gardener Class
 • Catch the Wave NASH Swim
 • Final day at Lorado Taft - *lunch included*

These activities are specially created for school-aged kids with special needs! Space is limited. Registration packets must be received by Monday, May 20.

To get registered: email Janet O'Donnell at odonnellj@kreiderservices.org or call Janet at 815-288-1905.



Funding provided in whole or in part by The Autism Program of Illinois and the Illinois Department of Human Services.











Serving Chicagoland and Greater Rockford

Illinois Extension

Camp Oh-Pea-Dee goes

WEEK 1: Eastern Asia 5/28-5/31 5/29: Carlson Ice Arena/Sapora Playworld

Western Asia 6/3-6/7 6/5: Henry Villas Zoo (lunch included)

ΨξξΚ <u>2</u>:

WEEK >: Western Europe 6/10-6/14 6/12: Town & Country Lanes and Dilahey Park

WEEK 4: Eastern Europe 6/17-6/21 6/19: Discovery Center WEEK 5: N. America & Oceania 6/24-6/28 6/26: Lake LaDonna

W{{K Latin America 7/8-7/12 7/11: Rockford Rivets (lunch included) WEEK 7: The Caribbean 7/15-7/19 7/18: Lake LaDonna WEEK &: Northern Africa 7/22-7/26

Krape Park

W₹₹K \$: Southern Africa 7/29-8/2 7/31: Spring Lake Pool W{K 1♦: Camp OPD Olympics 8/5-8/9

Visiting various parks around Oregon

Fees: Tuesday-Thursday \$120/\$140 NR | Monday \$30/\$35 NR | Friday \$30/\$35 NR Drop-off time: 7:30 am; Pick-up time: 5:00 pm–Nash Recreation Center *No camp May 22-24, May 27, July 1-5, August 12-16

What to bring to camp each day: a water bottle, a swimsuit and towel, and lunch on Wednesdays and Fridays. Make sure to wear closed toe shoes and dress for outdoor play!





Art in the Park is back this summer, sponsored by E.D. Entyre & Co.! Join us for a craft each week and outdoor play with friends at the Reading Nook. Art in the Park is **FREE** and open to all ages! Registration is required. Drop in anytime between 9:00-11:00 am to enjoy the fun!

Wednesdays 9:00-11:00 am • Reading Nook • FREE! Registration required

MAY 29 Monster Windsock Deadline: 5/24

JUNE 5 Pool Noodle Boats

Deadline: 5/31

JUNE 12 Salt Art Deadline: 6/7 JUNE 19 Sand Slime

Deadline: 6/14

JUNE 26 Patriotic Straw Necklaces Deadline: 6/21

JULY 10 Tissue Paper Suncatchers Deadline: 7/5 JULY 17 Painting

Deadline: 7/12

JULY 24 Christmas in July Deadline: 7/19

JULY 31 Squish Painting Deadline: 7/26

Do you have a group that you want to get outdoors more? Oregon Park District is thrilled to be able to offer group outdoor education programs by appointment! Enjoy one of our scenic parks with hands on outdoor activities led by Park District Staff. Educational programs are themed around Illinois plants and animals, and can be customized for your group needs and are suitable for students in kindergarten through 8th grade. Get your kids active and outdoors while learning this year.

Email caleb@oregonpark.org to schedule your group outing today. Rate is \$45 per hour of programming for the whole group.

Activities

Backyard Wildlife Safari

All Ages Welcome! • Fee: \$3/\$4 NR ages 6+; FREE ages 5 & under

Outdoor adventures can happen surprisingly close to home! Come out for an educational nature program with fun for all ages. Each backyard wildlife safari program features hands-on activities themed around a different aspect of Northern Illinois flora and fauna. Perfect for parent/child or grandparent groups, this is a fun way to get outdoors. *Ages 5 and under are FREE! Ages 10 and under must be accompanied by an adult. Everyone in attendance must register.* Themes, dates and times for each session are listed below:

Fri 5/24: Predators and Prey in Park West; 9:00-10:00 am • Deadline: 5/20 Fri 6/14: Critter Detectives in Park East; 9:00-10:00 am • Deadline: 6/10 Fri 7/19: Prairie in Bloom at the Community Gardens; 9:00-10:00 am • Deadline: 7/15 Fri 8/9: Animals of the Night in Fairgrounds Park; 7:00-8:00 pm • Deadline: 8/5

Active Adults Lunch & Learn

Age: 18+ • Time: 11:00 am-1:00 pm • Location: LOMC Fee: \$20/\$24 NR per session

Come and learn something new at Lutheran Outdoor Ministries Center's 600 acres of outdoor space with a fun adults-only program. Each installment of this series will feature a meal in the LOMC dining hall and an interactive educational program focusing on a different aspect of Northern Illinois Natural Resources. This will be a deeper dive into unique topics than our children's programs and is perfect for active adults. Please be prepared for moderate walking with each program. Dates, topics and menus are listed below:

5/30: Reptiles and Amphibians; Chicken Cordon Bleu • Deadline: 5/23 6/13: Bees, Butterflies, and Pollinators; Ham with Cheesy Hash Browns • Deadline: 6/6 8/1: Tree Identification; Roast Beef and Mashed Potatoes • Deadline: 7/25 8/8: Dragonflies and Damselflies; Turkey with Stuffing • Deadline: 8/1

Etnyre

FREE!

2024 Drop-in Nature Play

All Ages • Select Fridays from 8:00-11:00 am

Drop-in Nature Play encourages families to come and experience the natural side of Oregon's Fantastic Parks and is an extension of our Pop-Up & Play Program. **No need to register**, no organized program, just come out and explore. Drop-in Nature Play is made possible through generous support from E.D. Etnyre & Co.

5/31: Bug Houses, Magnifying Lenses, & Butterfly Netsnorth end of Park West by Outdoor Classroom 6/7: Nature Scavenger Hunt–Jack's Landing 6/21: Birdwatching–Carnation Park Observation Deck 7/12: Bug Houses, Magnifying Lenses, & Butterfly Nets-Fairgrounds Park 7/26: Nature Art–Park West Upper Shelter 8/2: Birdwatching–Park East Observation Deck Rock River Headwaters Virtual Tour

All Ages Date: Mon 6/10 Time: 6:00-7:00 pm Location: Oregon Public Library Register at oregonpubliclibrary.com

Our beloved hometown would not exist without the Rock River. Not only is the Rock River connected to all our local history, but it is also connected to one of the most incredible natural habitat areas in the United States. Join us at the Oregon Public Library for a virtual tour of the Rock River headwaters. Horicon Marsh is sometimes called the "little Everglades of the North" and is the origin of our very own Rock River. We will enjoy an interactive presentation from a former Horicon Marsh guide, highlighting the incredible story and wildlife of Horicon Marsh. This program is a collaboration between Oregon Park District and the Oregon Public Library District. Register in advance at the Oregon Public Library District's website.

Wild About Monarchs

All Ages Welcome! Time: 9:00-10:30 am Fee: \$3/\$4 ages 6+, FREE ages 5 & under!

Get up close and personal with monarch butterflies! We will spend the morning learning about the incredible life cycle and annual migration these beautiful critter make each year. We will get hands on in the prairie gardens as monarch butterflies are beginning their annual migration all the way to Mexico. *Children* 5 & under are free but must register!

Date	Location	Deadline		
8/24	Park West- Upper Shelter	8/17		
9/7	Fairgrounds Park	8/31		





FREE PROGRAMS!

Pop-Up & Play invites families to explore and enjoy our wonderful parks during the summer season. No registration, just come out and play! Each week features different games and activities in a different park than the week before. Oregon Park District thanks the generous sponsorship of E.D. Etnyre & Co. for making Pop Up and Play free to our community.

MAY 28 Gaga Ball & Sidewalk Painting at Mix Park 9-11 am

JUNE 4 Bubble Fun & Water Toys at Park West Splashpad 1–3 pm

JUNE 11

Giant Board Games

& Sidewalk Chalk at

Fairgrounds Park

9-11 am

JUNE 25

Bubble Fun & Water Toys at Park West Splashpad 1-3 pm

JULY 9

Inflatable Connect Four & Dart Board at Mix Park 9-11 am

JULY 16

Gaga Ball, TORO, Kickball, Beanbags & Volleyball at Park West 9-11 am

> JULY 23 Ultimate Frisbee at Fairgrounds Park 9-11 am



JULY 30

Sidewalk Painting at Mix Park 9-11 am

AUGUST 6

Bubble Fun & Water Toys at Park West Splashpad 1-3 pm

AUGUST 13

Gaga Ball & Kickball at Park East (Inland Side) 9–11 am

JUNE 18 Scavenger Hunt at Park East (Inland Side) 9-11 am

Activities

Family Fishing Fun

Age: 3-15 Date: Fri 5/31



Time: 4:00-6:00 pm or 6:00-8:00 pm Location: LOMC Fee: FREE! Registration required Deadline: 5/24

Spend an evening making family summer memories at Paul's fishing pond. OPD thanks Lutheran Outdoor Ministries Center for generously providing an evening of fishing for bass and pan-fish at Paul's Pond. OPD will supply bait and a limited number of poles. Families are welcome to use their own as well. Fishing is open to children ages 3-15, and families are welcome to pack a picnic dinner and enjoy a relaxing evening at the pond. Pre-registration is free but required for all fishers. OPD thanks the generosity of E.D. Etnyre & Co. and LOMC in making this event free to the community.

Plant Native Landscaping Workshop

Age: 16+ Date: Wed 6/12 or Th 6/13 Time: 6:00-8:00 pm Location: Hidden Timber Gardens Fee: \$28/\$34 NR • Deadline: 6/5

Native perennial plants can beautify any home, improve wildlife habitat, and are able to handle the wide range of weather conditions experienced in northern Illinois. For this special workshop, we will have a program on the many benefits of incorporating native perennials into your landscaping, a tour of Hidden Timber Gardens to see native landscaping in action, and time for brainstorming and shopping for your own home. All attendees will receive \$25 credit for any perennials purchased on-site.



Age: 18+ for volunteers Date: Sat 6/22, 7/27 & 8/24 Time: 10:00 am-1:00 pm Location: Nachusa Grasslands *Register in advance online through nachusagrasslands.org.

Volunteering is good for both the volunteer and the community. OPD is proud to partner with Nachusa Grasslands to promote volunteering, conservation and wellness. On select Saturdays in 2024, all volunteers who report for Nachusa Grasslands weekly volunteer days will receive a Nash Recreation Center Day Pass. Any decisions regarding workdays and weather plans will be made by Nature Conservancy Staff. Volunteers will be working to collect seeds from priority native plant species to be used in ongoing prairie restoration efforts.

Under the Stars Family Campout

Date: Fri/Sat 7/19-7/20 Time: 4:00 pm-10:00 am Location: Park West Upper Shelter Fee: \$42/\$50 NR per family (max 6) Deadline: 7/12

Oregon Park District is thrilled to announce that the second annual Family Campout is back in action in Park West! Families bring their own tent and sleeping bags. OPD will provide dinner and a light breakfast. We will enjoy the fun of camping out in the park, free play in all the Park West amenities, and family friendly outdoor activities for everyone. This event is perfect for families looking to try camping without the hassle of a big road trip. The event is priced per family, maximum of six people per registration. Weather backup date is 7/20-7/21.

Community Sarden Plots

Dates: 5/1-11/1

REGISTER NOW!

Location: Community Garden Fee: \$30/\$36 NR • Limited Spots

Join us at the Garden. Raised beds are 4'x8' and will be available on a firstcome first-served basis. The plots are conveniently located at Veterans Park, South 10th Street, Oregon. The plots offer both residents and nonresidents the opportunity to produce fruits, veggies, herbs, flowers and more at the community garden, spend time outdoors, and share gardening knowledge and skills with others.

Meet Me at the Garden with Ms. Teresa

Dates: 5/28-7/29 Time: 9:00-10:00 am Location: Community Garden Fee: \$60/\$72 NR • Deadline: 5/21

Join us for this summer program at the Community Garden! In this summer long class, kids with their parents or grandparents will learn how to plant, harvest, pollinate, compost, will read stories, do crafts, and end summer with a garden party! Ms. Teresa will be joined by several guests to learn about gardening each week:

- Liz Hiemstra of Libra Farms will provide our plants and serve as our garden expert for the summer.

- Tim Benedict of Orion Organics will join us to talk about pollination. We have many more guests lined up for this fun, interactive program! All the produce will be for each family. Families may purchase multiple beds for children or share. The plots are conveniently located at Veterans Park, South 10th Street, Oregon. Join us to spend time outdoors and learn how to grow your own food! Class begins on Tu 5/28 from 9:00-10:30 am; following class times are 9:00-10:00 am on Mon 6/10, 6/24, 7/8 & 7/29.



Seasons Luncheon & Matinee

Date: Wed 9/11 • Time: 11:15 am-4:00 pm Location: White Pines Lodge Fee: \$58/\$62 NR • Deadline: 8/10

Four times a year, a group of four "forever" friends go on bus trips, arranged through their local library, to see Broadway musicals performed at their favorite dinner theater "Seasons". During these trips, Ava, Letty, Sadie & Ginny come together to share their love of Broadway musicals and talk about their lives. As they get ready for Ginny – the youngest in the group – to turn 60, the three older gals plan a surprise party for her with disastrous and hilarious results. Enjoy a year in the lives of the "Ladies of Seasons" as they weather the ups and downs of getting older and show how true friends support and love one another, no matter what.

Make it a group outing with your friends and enjoy guaranteed gold section seating! Arrive at White Pines before doors open to check-in and enjoy the matinee show. Registration includes buffet luncheon, performance, and prepaid gratuity.

Activities

Trips

Supper with Sculptures

Date: Wed 6/12 • Time: 5:00-7:30 pm Location: Lorado Taft Campus Fee: FREE ages 0-2; \$12 ages 3-9; \$24/\$28NR ages 10+ • Deadline: 6/5

Art has been an important part of the Oregon

Community for generations. This special event combines both modern and historic artwork. Join us for a fried chicken dinner at the Lorado Taft Field campus, the site of the historic Eagle's Nest Art Colony. During dinner, enjoy presentations on the story of the Eagle's Nest Art Colony and a meet and greet with contemporary artist and Oregon native, Chloe Metz. We will also see the historic Eagle's Nest Art Colony structures including the local legend Seven Muses sculpture and Lorado Taft's summer home. Celebrate our art community with the 2nd annual Supper with Sculptures.

Trips will meet at Nash Recreation Center. We will provide van transportation to each site.

Endangered Habitats of Illinois

Age: 8+ • Date: Sat 5/18 Times: 8:00 am-12:00 pm or 1:00-4:00 pm Location: Nachusa Grasslands Fee: \$6/\$8 NR • Deadline: 5/11

A high quality habitat is critical for wildlife conservation. Many habitats once common in Illinois are now rare, including the wildlife that call it home. The Nachusa Grasslands preserves and maintains 4,000 acres of habitat, including 700 plant species, 180 bird species, 30 reptile and amphibian species, and a herd of bison. We will meet at Nash Recreation Center and take a Park District Van to the grasslands, where we will explore oak savanna and prairie areas on foot with Nature Conservancy staff. Learn about how these restored habitats are established and maintained with a chance to see wildlife. There will be a short ride through a portion of the bison enclosure for a chance to view the herd. The morning session will include a longer and more strenuous hike.

Driftless Area Wine & Shopping Tour Age: 21+ • Date: Mon 6/17 • Time: 9:00 am-6:30 pm

Location: Monroe, WI · Fee: \$12/\$14 NR · Deadline: 6/10

Great scenery pairs best with wine. Enjoy two great wineries in the incredibly scenic driftless region. Let OPD be your driver so you can enjoy the day. We will visit Bailey's Run Vineyard and Hawk's Mill Winery with a stop in historic downtown Monroe in between for lunch and shopping. Registrants must be 21 or older; registration covers transportation for the day. Please bring money for wine tastings, lunch and any desired shopping.

Lake Geneva Mailboat Cruise

Age: 12+ • Date: Wed 7/10 • Time: 7:30 am-5:30 pm Location: Lake Geneva, WI Fee: \$60/\$70 NR • Deadline: 6/25

Lake Geneva, WI is one of the few places in the USA where mail is delivered by boat! This action packed tour covers the entire lake, with a postal service mail carrier who must jump from the boat to each pier and back to deliver mail, all while the boat never stops moving! After the tour, we will head to downtown Lake Geneva where you can enjoy lunch and shopping at your own pace before returning home. This tour runs rain or shine! Please bring money for lunch and any desired shopping.

Expedition Headwaters Road Trip

Age: 10+ • Date: Sat 8/17 • Time: 7:30 am-6:30 pm • Location: Horicon Marsh • Fee: \$14/\$16 NR • Deadline: 8/10

Experience the headwaters of the Rock River up close and personal. We will enjoy a special program at the Horicon Marsh Education and Visitor Center including museum admission, a scenic wildlife driving tour with stops to get out and walk, and a stop for lunch in downtown Mayville. Horicon Marsh offers the opportunity to see rare bird species. Registration includes transportation, program, and a donation to the Friends of Horicon Marsh Education and Visitor Center. Please bring money for lunch and snack stops. This trip is great for families and active adults. Wheelchair accessible boardwalks are available at multiple stopping points.

oregonpark.org | 815.732.3101 | 🚺 🎯 | #oregonparkdistrict | Page 37

Follow Artist Bob Diven as he returns to his childhood home of **Oregon this May.**



Artist Reception Friday, May 3 from 6:00-8:00 pm Location: Coliseum Museum of Art, Antiques and Americana **FREE-No** registration

Bob will be a featured artist for the month of May. Join us for his first public presentation "A Pilgrim's Portraits." In 2023, Bob visited family and friends in Oregon. While re-acquainting himself with friends and family, he also photographed people he came in contact with during his stay. Those photographs, accompanied by short poems describing each person, will be the focus of his exhibition at the Coliseum Museum, May 1-June 30. Light snacks served; beer and wine will be available.

"John Singer Sargent: Painting Madame X"

Performance: Sunday, May 5 at 2:00 pm Location: Coliseum Museum of Art, Antiques and Americana **FREE-No** registration

"John Singer Sargent: Painting Madame X" is an original one-man show written and performed by artist Bob Diven and directed by Tony Award-winning playwright Mark Medoff. In a densely-packed 40 minutes, famed Victorian painter John Sargent reveals the emotional story behind his most famous (and notorious) painting.



A Portrait Tour

Presented by Oregon Park District Thursday, May 23 at 6:00 pm Location: Cork & Tap Fee: \$12R/\$15NR; Registration required Call 815-732-3101 or go to oregonpark.org to register

Get ready to be taken on a rollicking personal tour through painted portraits from some of the great collections in Paris, Cambridge, London, Dublin, Chicago, New England, and New Mexico. Bob will reveal these paintings through a working artist's eyes, with time for questions and discussion. A great evening for the curious, the art lover, and the art student.



Bob Diven moved from Oregon to Las Cruces at the age of 5, returning to visit family in his youth. Bob attended art school in Denver, CO specializing in drawing and sculpting. After art school, Bob began his work as an illustrator and commercial artist. Over the years, Bob expanded his skills to include painting, scene design, musical composition, playwriting, sculpture and cartooning. He has won numerous awards over the years and built his life around his art. Join us in May for four unique experiences as Bob shares his career and talents with Oregon.



"The First Female White Child Born in Oregon, Illinois: A Journey and Meditation on an Illinois Boy's **Midwestern Roots**" Saturday, May 25 Doors Open: 9:00 am Presentation Time: 10:00 am Location: Oregon Depot Museum **FREE-No registration**

On November 28, 1836, Bob Diven's fourth great grandmother Martha Eliza Mix was born in a log cabin in the new settlement of Oregon City to a widow from New York and a mysterious divorced father from Vermont. So begins the tale of how the threads of English, Dutch, Ulster Irish, Scottish, and German settlers in the New World were woven together in this small town on the Rock River. Based upon his book of the same name, Bob will recount his journeys of pilgrimage, discovery, and understanding of the deep American history that led him.

Education



The Oregon Park District Children's Center program is designed to help prepare your child for kindergarten. Children will learn both indoors and outdoors utilizing both of our classrooms. Mrs. Crandall and Ms. Teresa have developed a curriculum to assist your child's social and emotional development as well as providing kindergarten readiness skills.

Drop-off and pick-up will occur at our Children's Center entrance located at School Street and South 6th Street. This location allows for you to drop your child off at the entrance from your car directly to our teachers.

The Tuesday/Thursday class is geared towards 3-year-olds and younger 4-yearolds. Class meets from 8:15-10:45 am two days per week. Children must be at least 3 years old to attend the two-day class.

The Monday/Wednesday/Friday class is structured for 4-year-olds and younger 5-year-olds. Children must be at least 4 years old by September 1 to attend. The class will meet on Monday and Friday from 8:15-11:00 am. Wednesday class will meet from 8:15 am-12:00 pm. Children will bring a packed lunch each Wednesday and enjoy lunch with their teachers to help prepare them for school lunches in Kindergarten.

Children must be potty trained by the first day of class. A birth certificate is required at registration.

Tuition Assistance:

Application and guidelines are available at Nash Recreation Center for the A. Charles and Lillimore Lawrence Scholarship. The scholarship will supplement tuition for the Children's Center for the 2024-2025 school year for families that meet income guidelines. For more information call Nash Recreation Center, 815-732-3101 or email dan@oregonpark.org.

To register for either program, please call Nash (815) 732-3101. A deposit is required at the time of registration. The deposit is non-refundable and applied towards your September tuition. Monthly tuition payments will begin in October 2024.

Wild Wednesday FREE! in the Outdoor Classroom NATURA

OLE

ALL

Date: Wed 5/15 Time: 3:00-4:00 pm Location: Park West **Upper Shelter** Fee: FREE! **Registration required** Deadline: 5/10

Did you know that Park West has an outdoor classroom? Come and enjoy learning outdoors when school is out early! This program is a continuation of our summer backyard wildlife safari program and will feature hands-on activities and games themed around Illinois plants and animals that are suitable for a wide age range. This program is made free through a grant from Ogle Natural Areas Alliance. Registration is free but required, children under age 10 must be accompanied by an adult. This program takes place at the Park West Upper Shelter.

Preschool in the Park with Ms. Teresa

Age: 3-5 Time: 10:00-11:00 am Location: Reading Nook Fee: \$8/\$10 NR

Join Ms. Teresa for Preschool in the Park at The Reading Nook. Each week we will read a story, do a craft, learn a new letter and sound related to our theme and talk about our colors. This fun and educational class will help your preschooler stay engaged over the summer!

Date	Deadline		
Tu 6/18	6/11		
Tu 6/25	6/18		
Tu 7/9	7/5		
Tu 7/16	7/11		

Summer Fun with Ms. Heather

Age: 6-10 Dates: Tu 5/28-7/30 Time: 1:00-2:00 pm Location: River Room Fee: \$5/\$6 NR per session Deadline: Tuesday before session

Join our summer recreation intern, Ms. Heather for fun this summer to keep your brain engaged! Ms. Heather is an education major at NIU and will be graduating in 2025. Join her for fun themed classes to keep engaged over the summer and have fun while learning! 5/28: The Magical Yeti (Social & Emotional) 6/4: Pitter Pattern (Math) 6/18: The Dot (Art) 7/9: Our Flag was Still There (History) 7/16: Clara Caterpillar (ELA) 7/23: Family Dynamics (Music) 7/30: Cece Loves Science (Science)

2024 OPD COLORRUN

ponsored by

July 30 at 6:00 pm • Park West

The Color Run is back! Bring your family out for our 1 mile fun walk/run through Park West! This color walk/run themed course will offer multiple color stations along the route. Be prepared to get colorful and messy! All participants registered before July 19th will receive a t-shirt!

After completing the course, stay at the Park West Amphitheater for our Concert in the Park series and enjoy Burn N' Bush. Food trucks will be onsite to enjoy dinner if you choose. 2 and under can be free with no shirt. Over 2 must be registered! Sponsored by Woods.

> T-SHIRT DEADLINE: 7/19 FINAL DEADLINE: 7/29

\$18 NR



EXTENDED TIME

Enroll your child in Extended Time Before School Care. Staff engage students in both recreational and educational activities that encourage teamwork, self-confidence and fun.

Age: 5-12 · Location: OES (Room 138)

NEW!

BEFORE SCHOOL

- M-F 6:45-7:50 am-\$7 day/per student
- Sign up is for the entire school year; you will be billed monthly.
- Registration Deadline: 7/15 (must commit to year)
- Students go right to the class lines before school.
- Students may bring their breakfast each morning to eat.
- Minimum of 10 children/day is required for program. Families will be notified afer registration deadline if program meets minimum numbers.

AFTER SCHOOL

- M/Tu/Th/F 3:00-5:30 pm-\$9 day/ per student
- Wednesday 2:00-5:30 pm-\$13 day/per student
- Registration Deadline: 25th of the month prior
- Children can come straight to the ET room after school! Daily afternoon schedule includes time for a snack, homework, themed projects, and physical activity.
- Please ensure we have all information updated in our online registration system (including payment) by the 25th of the month prior to attendance. \$2/student/ day late fee with a max of \$20.
- NO registrations are accepted after the first of the month.

Shelters

Reserve Space Outdoors!

Community members may reserve a park shelter for family parties, reunions, or community group picnics. The shelters below will provide your group an area to gather and share a meal while enjoying an Oregon Park District park site. Shelter reservations are available April-October and can be made up to 365 days in advance.

Park West 1402 Koontz Place

With a yalp court, baggo, inclusive playground, ampitheater, skate park, splash park, boardwalk, batting cage, 2 sand volleyball courts, 2 ball diamonds, 3 tennis courts, 2 basketball courts, 4 shelters, grills, an open play area, and a walking trail, this park has just about everything you need for a great day outdoors. NEW this summer! Mini-Pitch Soccer!

Upper Shelter

- Capacity: 30-40
- Picnic Tables: 6
- Fee: \$35/\$42 NR
- Per Day: \$50/\$60 NR
- Lower Shelter
- Capacity: 40-60
- Picnic Tables: 8
- Fee: \$45/\$52 NR
- Per Day: \$65/\$78 NR



Park East 200 Jones Terrace / 120 River Road

Split by River Road this park has many options for recreation including a ball diamond, 2 shelters, grills, 2 playgrounds, an open play area, river fishing, basketball court, and a walking trail.

Inland Shelter

- Capacity: 100-200
- Picnic Tables: 19
- Fee: \$35/\$42 NR
- Per Day: \$50/\$60 NR

<u>River Shelter</u>

- Capacity: 40-50
- Picnic Tables: 7
- Fee: \$35/\$42 NR
- Per Day: \$50/\$60 NR



River Shelter

Shelters



Lions Park 809 Webster St.

This park has a ball diamond, shelter, playground, and open play area.

- Capacity: 20-30
- Picnic Tables: 4
- Fee: \$35/\$42 NR
- Per Day: \$50/\$60 NR





Kiwanis Park 201 N. 2nd St.

This park has a shelter and access for river fishing.

- Capacity: 20-40
- Picnic Tables: 6
- Fee: \$35/\$42 NR
- Per Day: \$50/\$60 NR

Mix Park 7015.4th St.

Located in the middle of Oregon, this park's amenities include a shelter, grill, playground, open play area, and pickleball courts.

- Capacity: 30-40
- Picnic Tables: 7
- Fee: Free



Fairground Park 607 Fair Park Dr.

Park has a ball diamond, shelter, grill, gazebo, playground, open play area, basketball court, a walking trail and fitness/ play pods located on the walking trail.

- Capacity: 40-60
- Picnic Tables: 6
- Fee: \$35/\$42 NR
- Per Day: \$50/\$60 NR

Reservations can be made online at www.oregonpark.org or over the phone by calling 815-732-3101. Reserve any shelter from 8 am-2 pm or 2 pm-8 pm. Reserve both time slots at a discounted rate.

Shelters

	Capacity	Grill	Electricity	Picnic Tables	Playground	Sports Fields	Walking Trail	Fishing	Park Size
Park West Upper	30-40	\checkmark		6	\checkmark	\checkmark	\checkmark		58.5 acres
Park West Lower	40-60	\checkmark	\checkmark	8	\checkmark	\checkmark	\checkmark		58.5 acres
Park East Inland	100-120	\checkmark	\checkmark	19	\checkmark	\checkmark			21.5 acres
Park East River	40-50	\checkmark	\checkmark	7	\checkmark			\checkmark	21.5 acres
Lions Park	20-30			8	\checkmark	\checkmark			3 acres
Kiwanis Park	20-40			6				\checkmark	1.5 acres
Mix Park	30-40	\checkmark	\checkmark	7	\checkmark	\checkmark			3 acres
Fairground Park	40-60	\checkmark	\checkmark	7	\checkmark	\checkmark	\checkmark		10.5 acres

Reservations can be made online at www.oregonpark.org or over the phone by calling 815-732-3101. Reserve any shelter from 8 am-2 pm or 2 pm-8 pm. Reserve both time slots at a discounted rate.

Reading Nook 210 S. 6th St.

Park offers a little library, pergola with seating and playground for ages 2-5.

• Picnic Tables: 3



Wiggly Field Dog Park 810 S. 13th St.

One acre fenced off-leash dog park with two separate entrances and exits for safety. The first area is an open running area and the second is an agility training area. The park offers water fountains for people and dogs. All users and dogs must have a permit from Nash Recreation Center to get your permit. Proof of rabies vaccination is required upon registering. A \$10 Key Fob deposit is collected for all first-time users. Yearly Fee: 1st dog \$5/\$6 NR; 2nd dog \$2/\$3 NR



Other Oregon Park District Parks

- 1. Carnation Park, 1 Webster Street: River fishing and a walking trail
- 2. Williams Park, 1101 Illinois Street: Open play area and playground
- **3. Jack's Landing**, Corner of Lafayette & 2nd St. in Daysville: Canoe portage and a walking trail



Activity Guide Release

Digital activity guides are released each year. A full updated guide can always be found by visiting the district's website: www.oregonpark.org.

Blood Pressure Monitor

The Park District offers a free blood pressure and heart rate monitor in our Fitness Center. It is a fully automatic self-attended monitor. Be heart-healthy and happy! Know your blood pressure!

Lost & Found

Lost and found articles are kept a maximum of 30 days and then donated to charitable organizations. If you think you or a family member may have lost something in one of our parks or facilities, please call or visit Nash Recreation Center.

Scholarship Program

The Oregon Park District believes that every child should have an opportunity to participate in recreational programs regardless of financial hardship. The Oregon Park District offers scholarships to all OCUSD students for reduced program rates according to financial need. Application forms are available at Nash Recreation Center or online at www.oregonpark.org. Applicants for scholarships are not guaranteed program registration or choice of program location. Scholarship fund availability cannot be guaranteed.

Memorial Tree & Bench

Sponsored by the Oregon Park District, the Memorial Bench and Tree Program allows groups and individuals to donate trees or benches to commemorate special events, honor individuals or agencies, or as memorials to loved ones to be placed in park district parks. The criteria for tree and bench styles is based on park design, function, aesthetics, and maintenance. There are two benches and ten different trees available for memorials. Costs for the memorial benches and trees vary. Please contact Brent Suter, Superintendent of Parks and Facilities, at 815-732-3101 or brent@oregonpark. org for ordering information.

Americans With Disabilities Act

The Oregon Park District is happy to comply with the spirit of the Americans with Disabilities Act. If you need special accommodations (such as an interpreter or physical assistance), please call the Oregon Park District (TDD or Voice) two weeks in advance so that we may make the necessary arrangements for you.

Night Fishing Permits

You can now fish at night in Oregon Park District parks by purchasing a required Night Fishing Permit. To purchase a permit, please call Nash Recreation Center (815)732-3101. Permits are \$20.00 and are valid through the end of the calendar year.



Photo Policy

The Oregon Park District and/or professional photographers under contract may videotape or take photographs of participants in Park District activities, classes, programs, or parks. These photographs and videotapes are used for future recreation guides, brochures, Facebook and other marketing materials.

Gift Cards

Gift Cards are available for memberships, activities, and more! For more information call (815)732-3101.

Military Policy

Military home on active duty, their resident family members during military tours and wounded warriors will have access to Nash Recreation Center at no charge. Veterans and active military will receive a 10% military discount rate on passes that cannot be combined with any other discounts. Proof of Common Access Card or documentation with their status as a veteran disabled during service is required.

Image Release

Some graphics courtesy of Vecteezy, Pixabay, Unsplash, Freepik and Flaticon.

FOR CURRENT NEWS AND HAPPENINGS AT OREGON PARK DISTRICT, BE SURE TO FOLLOW US ON FACEBOOK & INSTAGRAM! @**oregonparkdistrict**

let's get SOCIAL

The Oregon Park District would like to thank the following businesses for their gracious sponsorships. Each sponsorship is allocated to help offset the costs of programs and events offered to our community.

Presenting Sponsor



Entertainment Sponsors





Mike Guzman



RIVER'S EDGE EXPERIENCE



ROCK RIVER TITIF

Stillma BANK

Youth Sports Sponsors



Any local business who is interested in becoming an Oregon Park District sponsor may do so by contacting Tina Ketter, Superintendent of Recreation, at tina@oregonpark.org or 815-732-3101.