



CARING. CREATIVE.
COMMUNITY-FOCUSED.

we are
opd
OREGON
PARK DISTRICT



304 S. 5th Street, Oregon
OregonPark.org | 815.732.3101

2024

FALL

ACTIVITY GUIDE

General Info

Board meetings are typically held the 2nd Tuesday of each month at 6 pm at Nash Recreation Center. Please check our website for the full meeting schedule. The public is encouraged to attend.

Board of Commissioners



Brian Beckman
President



Josh Messenger
Vice President



Mark Tremble
Commissioner



Dan Engelkes
Commissioner



George Howe
Commissioner

Park District Staff



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Mary Sansone
Custodial & Support Services Supervisor



Nick McPhail
Skilled Parks Laborer



Ethan Drew
Skilled Parks Laborer

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Letter from the Director

It is an exciting time of year! With school back in session and fall approaching, there is a sense of new beginnings and the cozy season ahead. Whether it is the cooler weather, utilizing park programs, or the kick-off to the sports season, fall brings a lot to look forward to.

The year's goals and objectives have been curated around our District values of being Caring, Creative and Community-Focused. By embedding these values into our culture, we have created a common language and shared purpose that unites our team and community. This alignment ensures every action and decision we make is in sync with our overarching mission.

As a result, you may have noticed exciting developments throughout our park system. The staff has been extremely busy addressing infrastructure needs and completing capital improvements to expand accessibility and extend the life of the recreation amenities you have come to love. Most recently, renovations began on the Nash Recreation Center pool, and we anticipate completion in September. A grand re-opening celebration is scheduled for September 25th. Stay tuned for more details.

Additionally, recreation programs continue to expand. New programs to look towards are 'No School Day' activities at Nash, youth sports for 3-4-year-olds, Ghouls' Night Out, and a Floating Pumpkin Patch. I invite you to review the pages ahead and gather your friends and family for an exciting season.

The District has placed an emphasized focus on understanding community need and provide programs accordingly. To assist us in achieving this goal, we have created a Citizen Advisory Committee. If you are interested in joining this committee, please contact me at erin@oregonpark.org. Meetings are held quarterly and are an opportunity to hear about upcoming park initiatives and receive feedback from community members.

As always, we look forward to seeing you in the parks and at Nash Recreation Center.

Sincerely,

Erin Folk
Executive Director

Our Mission

'To Provide community-focused social and recreational activities through exceptional programs, parks and facilities'

Our Vision

We strive for operational excellence through caring, creative and community focused service'

Our Values

Caring - Creative - Community-Focused

General Info

What's Inside



Need To Know Info

Nash Recreation Center

304 South Fifth Street

P.O. Box 237

Oregon, IL 61061

(815)732-3101

(815)732-RUBY - Hotline

(815)732-3736 - Fax

HOURS

Monday - Friday: 5:30 am - 8:00 pm

Saturday: 7:00 am - 3:00 pm

Sunday: 12:00 pm - 3:00 pm

*Closed Sundays May - Sept

ADMINISTRATIVE HOURS

Monday - Friday 8:30 am - 4:30 pm

Oregon Park District Office,

Nash Recreation Center

HOLIDAY CLOSURES

Labor Day: September 2

Autumn On Parade: October 5

Thanksgiving: Closed at 5 on

November 27; Closed November 28

Christmas Eve: December 24

Christmas Day: December 25

New Years Eve: December 31

New Years Day: January 1

Financial Assistance

The Oregon Park District provides financial assistance in several forms to help families or individuals that are in financial difficulty with program fees, preschool tuition, Extended Time program and Camp Oh-Pea-Dee. Funds are provided through employee-driven fundraising and generous donations through the A. Charles and Lillemor Lawrence Foundation. Applications are available online and at Nash Recreation Center, 304 S. 5th Street, Oregon. For more information or questions contact Dan at dan@oregonpark.org. Funds are available for anyone residing within the Oregon School District boundaries ages 18 and under.

sign up online.



OREGONPARK.ORG/PROGRAMS/ONLINE-REGISTRATION

Registration

**Fall Registration
Opens August 19 & 20!**

**Member registration
starts August 19;
Public registration
opens August 20.**

Registrations are processed on a first-come-first-served basis. Please register early – programs fill quickly. If a program is full, we encourage you to sign up for the waitlist. Registrants on the waitlists will be notified first of additional spots opening or new program times.

Fees are listed with resident fees first. NR=Non-resident fees.

If you have any questions regarding residency or registration, call 815-732-3101 or email info@oregonpark.org.

How To Register

Online Registration

Visit us at www.oregonpark.org to sign up for an online ID and register for any of our activities over the web.



Phone-in Registration

Call (815) 732-3101 and one of our friendly receptionists would be happy to enroll you or your family.



Drop-in Registration

Visit Nash and register for any of our activities, passes or rentals.



OPD Residents

Residents are defined as individuals who live or own property within the boundaries of the District that pay taxes to help support District operations.

Exceptions:

School age children living within the Oregon School District boundaries (regardless of whether they live within the boundaries of the Park District) are considered residents of the District.

Village of Mt. Morris Residents can register for all programs, memberships, facility rentals and daily fees at the Oregon Park District resident rate. Additional non-resident fees are subsidized by the Village of Mt. Morris.

Creating an Account

An account must be established in the District's registration system before any registration for programs, events, or memberships can be completed. Accounts can be created online at www.oregonpark.org. By default, your account will be created with a Non-Resident status. If you live within the District boundaries and are a resident, please call Nash Recreation Center at 815-732-3101 so our customer service team can verify your residency and update your account.

Waitlist

If you are placed on a wait list for a class, and an opening becomes available, you will be contacted by customer service staff. Within 24 hours of being contacted, payment must be made at Nash Recreation Center, 304 S. 5th St. Oregon, or over the phone 815-732-3101.

Sibling Discount for Select Programs

The Oregon Park District offers a sibling discount of 10% for select programs for each additional child enrolled in a program where one child has already enrolled at full price in the same session. Registration for all siblings must take place at Nash or by phone at the same time in order to receive the discount, if applicable. All family members must be in the same account to qualify. Discounts are not available through online registration. If you wish to take advantage of our Sibling Discount, please register with our customer service staff over the phone or at Nash Recreation Center.

Refund Policy

To withdraw from a program, a refund application must be completed online. An administrative fee of \$5 shall be deducted from the amount of the refund to offset the cost of processing the refund. A full refund, less the fee, will be granted if the application for refund is filed at least ten days prior to the scheduled start of the program or activity. To avoid the \$5 administration fee, the refund amount may be credited to another program fee. Refunds will not be granted after the registration deadline. All program refunds are subject to the program coordinator's approval. A full refund will be issued if the Park District reschedules or cancels a class. A refund request can be made on our website under the Refund Request link or by completing a form in the office.

Class Changes

The Oregon Park District may cancel, postpone, combine classes, or change instructors. Classes may be cancelled due to low enrollment and refunds will be issued. All participants will be notified of any scheduling changes or cancellations.

Membership

Passes & Daily Fees

A pass or daily fee allows patrons to use the pool and whirlpool, gym, TRX room, and Fitness Center.

Lockers

The Oregon Park District has lockers available for rental to annual pass holders for the term of the pass. The monthly recurring cost is \$10 for residents and \$12 for non-residents.

Racquetball & Wallyball

Racquetball court rental is included in the annual pass fee and is \$3/hr for non-annual pass holders. Wallyball court rental is \$5/hr. Age restriction of 13+ without a guardian.

Nash Fitness Center

The Nash Fitness Center is over 6,000 square feet and features a three lane rubberized track that surrounds our CYBEX strength training machines, free weights, and cardiovascular equipment. Fitness Center staff is available to set up an orientation for any and all users.

TRX Room

Our TRX Room is an 800 square foot space of alternative fitness equipment including TRX stations, kettlebells, weighted ropes, yoga mats, dumbbells, punching bag, spin bikes, rower, elliptical, air assault treadmill and stair mill. Age Restriction of 18+

Automatic Monthly Payment

This is a convenient way to pay for your pass. The automatic debit monthly fees are shown below. With your permission, automatic credit card charges will be made each month. The first amount is the initial payment that will be made when registering, followed by the amount of 11 equal payments charged each month.

3 Pay Payment Plan

Your annual pass is paid off in three equal consecutive payments! The pass fee is paid for the first three months, and is only available on annual passes.

Age Restrictions

Children under the age of 5 are welcome to use the gym and pool area free of charge. Anyone 3rd grade or younger must be accompanied by a parent or responsible person, Junior High aged or older in the facility. Participants must be 7th grade or older to use the Nash Fitness Center and 9th grade or older to use the free weights.

7th & 8th graders have the opportunity to complete a Fitness Orientation with a personal trainer. Upon completion, 7th & 8th graders can use the area when accompanied by an adult, 18 years or older. See page 13 for more information on the Fitness Orientation.

Membership Cancellations

Refunds will not be approved on Park District passes, however refunds may be requested on passes for two reasons: major illness and/or injury with a doctor's note or a move outside of a 90 mile radius with proof of primary residency (updated ID, utility bill, etc.). Passes and cards are non-transferable.

Resident Fees

	Student K-12	Adult 18+	Senior 60+	Senior Couple	Family*
Annual Pass	\$182	\$258	\$213	\$380	\$592
Quarterly Pass	\$61	\$76	\$70	\$114	\$184
Monthly Pass	\$23	\$28	\$25	\$41	\$63
10 Punch Pass Card	\$21	\$29	\$22	NA	NA
Daily Fee	\$3	\$4	\$3	\$4	\$11
Auto Debit Monthly	12 @ \$18	12 @ \$24	12 @ \$20	12 @ \$34	12 @ \$51
3 Pay	3 @ \$63	3 @ \$87	3 @ \$72	3 @ \$128	3 @ \$199

Non-Resident Fees

	Student K-12	Adult 18+	Senior 60+	Senior Couple	Family*
Annual Pass	\$213	\$319	\$258	\$455	\$713
Quarterly Pass	\$70	\$91	\$83	\$139	\$215
Monthly Pass	\$25	\$35	\$29	\$51	\$76
10 Punch Pass Card	\$28	\$36	\$29	NA	NA
Daily Fee	\$4	\$5	\$4	\$6	\$15
Auto Debit Monthly	12 @ \$21	12 @ \$29	12 @ \$24	12 @ \$40	12 @ \$61
3 Pay	3 @ \$73	3 @ \$107	3 @ \$87	3 @ \$153	3 @ \$240

*Family: Persons must reside in the same household. Each household is limited to two adults, legally married (including civil union and common law marriage), with the exception of full-time students between the ages of 18 and 24. An unlimited number of persons 17 and under can be included under a family membership.

Aquatics

4 weeks
\$65/\$71 NR
*5 weeks
\$81.25/\$88.75 NR



**Tuesdays &
Thursdays
from 4-7 pm**

**Private lessons offered on
Wednesdays—\$35/lesson**

NEW TO CATCH THE WAVE?

Visit catchthewaveswim.com to create your online parent portal and register online. If you need assistance with registration or have questions about the program and/or your child, please contact Catch the Wave Director, Nick, by calling 608-340-3030 ext. 5, texting 608-340-3030 or emailing CTWOregon@gmail.com.

ALREADY IN THE CATCH THE WAVE PROGRAM? Log into the parent portal to select Rockhopper Swim Team.

Catch the Wave Swim Club structures the program to provide much more than just swimming lessons. Our curriculum, teacher training, evaluation system, and parent communication are all designed to provide a total Aquatic Education. Our primary technique to achieve water safety is to teach all students to comfortably live in the water. When a student truly learns to live in the water, the strokes come easily. We find that when a child enjoys the lessons, the more successful the learning process is. Therefore, our priority is to create a happy atmosphere.

Small class sizes • Professionally trained teachers

Consistent, year-round approach • Private swim lessons available

Flexible scheduling & make-up classes offered

Penguin Babies

Parent participation is required in the water. Class focus is on water acclimation, submersion, back floating, & independence in the water.

Little Learners

Student focus is on overcoming anxieties associated with the water and parent separation along with introductory back float techniques.

Intermediate

Student focus is on self-rescue foundations through proper stroke and breathing techniques.

Advanced

Student focus is on advanced freestyle and backstroke training with a strong emphasis on kicking & body position.

Elite

Elite is considered our pre-team level. Students focus on swimming efficiency through distance training and coordinating stroke movements.

Party at the Pool

Celebrate a special occasion with friends & family at the Nash Recreation Center! Two room sizes are available to suit your needs.

Splash Bash Rentals

Day	Prairie Room		River Room	
	Available Times	Reservation Fee	Available Times	Reservation Fee
Friday [^]	5:00-7:30 pm	\$69/\$81 NR	5:00-7:30 pm	\$110/\$126 NR
Saturday	11:00 am-2:00 pm	\$76/\$89 NR	11:00 am-12:30 pm 1:00-2:30 pm	\$87/\$98 NR \$87/\$98 NR
Sunday*	12:00 am-3:00 pm	\$76/\$89 NR	12:00 am-1:30 pm 2:00-3:30 pm	\$87/\$98 NR \$87/\$98 NR

[^] Friday Pool Schedule only available during Fall/Winter

* Sundays are closed from May through September

Splash Bash Rentals include up to 15 guests in the Prairie Room and 25 guests in the River Room. Additional Guests can attend the Splash Bash at the daily facility rate. Reservations are required at least 2 weeks in advance. When making a reservation, please have an approximate number attending for room set up. Set-up time of 15 minutes prior to the reservation time is allowed for decorating. Refunds will only be considered if notice is given 10 days in advance.

Private Rentals

Day	Time	Under 50 guests	50 or more guests
Friday [^]	8:00-10:00 pm	\$350/\$420 NR	\$400/\$480 NR
Saturday*	3:30-6:30 pm	\$525/\$630 NR	\$600/\$720 NR
Sunday	5:30-7:30 pm	\$525/\$630 NR	\$600/\$720 NR

[^] Friday Private Facility Rental only available during Fall/Winter to coincide with Open Swim Pool Schedule

* Additional hours may be available on Saturdays with advanced notice.

Celebrate your event with the Nash Recreation Center pool and facility all to yourself! These parties occur after the facility has been closed to the general public and pass holders. This is a perfect location for youth groups, sports teams or school after-hours events. For more information or to make a private reservation contact Dan at (815) 732-3101 or megan@orgonpark.org. Private rentals must be booked a minimum of 3 weeks in advance to verify staff scheduling availability.

Party at NASH!

Room Rentals

RIVER ROOM

The River Room has a capacity of 75-100 people. Tables and chairs are provided for events.

- \$45/\$55 NR for first hour
- \$23/\$28 NR per hour after the first hour

PRAIRIE ROOM

The Prairie Room has a capacity of 25 people. Tables and chairs are provided for events.

- \$30/\$35 NR for first hour
- \$15/\$17 NR per hour after the first hour

GYM (HALF)

The Gym features 2 full basketball courts. Each side must be reserved individually. Water only; no other food/drinks.

- \$35/\$41 NR for first hour
- \$17/\$21 NR per hour after the first hour

NEW! Special Party Rentals



SUPER SPORTS PARTY

– Prairie Room & Gym

The Super Sports Party will include setup for Volleyball, Pickleball, Dodgeball or Basketball. Let us know your sport of choice and we will set up the East Gym along with the Prairie Room for a 3-hour rental. The room allows for up to 25 guests and party attendees will be allowed use of the remainder of the facility.

- \$125/\$150 NR

Special Party Rental Available Hours:

Friday: 5:00–8:00 pm • Saturday: 11:30 am–2:30 pm • Sunday*: 1:30–4:30 pm

*Sundays are closed from May through September



NERF PARTY

– Prairie Room & Gym

Bring your own Nerf branded guns and enjoy a Nerf Party! The party includes a 3-hour rental of the Prairie room and one hour in the East Gym. The East Gym will be setup with bunkers of tumbling equipment for your Nerf fight. The room allows for up to 25 guests and party attendees will be allowed use of the remainder of the facility.

- \$150/\$180 NR



TODDLER TUMBLING PARTY

– River Room

Let us set up our tumbling equipment for your toddler and friends to play. This party package includes 3 hours in our River Room. We can setup tables and chairs for 25 guests along with the equipment.

- \$125/\$150 NR

Aquatics

Swim Programs

Twinges Age: 16+

Let the natural buoyancy and resistance of the water help you improve your joint strength and flexibility along with improving cardiovascular endurance while walking and jogging in the shallow end. Participants do not need to know how to swim.

Water Aerobics Age: 16+

Exercise your entire body without putting stress on your back and joints. This class will work on toning, cardiovascular strength, endurance, and flexibility. All levels can participate, and participants can tailor exercises to their ability.

Deep Water Aerobics

Age: 16+

Deep Water Aerobics is a more intense workout than your typical water aerobics class. Working out in the deep end will allow you to get a cardiovascular workout without the impact. You will also increase your endurance, flexibility and strength. Participants do not need to know how to swim. An aqua jogger belt will be provided.

Lap & Exercise Swim

Age: 7th grade or older

Five lap lanes will be available for lap swim. One lane available for walking/jogging. Bay area will be available for exercise use. Swimming 32 laps is a one mile workout

Open Swim All Ages

All areas of the pool are open for use, including our basketball hoop. Pool toys are allowed in the pool at the discretion of the aquatic staff.

Multi-Use Swim All Ages

Multi-Use Swim is open to all ages; however, children are to be accompanied by an adult ages 13 or older. 2-3 lap lanes will be open. Remainder of the pool and bay area as well as the hot tub will be open for use.

Nash Recreation Center Pool

The Nash pool features stairs to a 3-foot bay area attached to a 25 meter 6 lane pool. The deepest area is 10 feet. The pool is equipped with a handicap chair lift to assist patrons in and out of the pool. After your workout, you can enjoy the 13-person hot tub with both high and low jets.

Hot Tub Hours

The hot tub is available for use during Lap Swim, Open Swim, Water Aerobics, and Twinges classes. You must be at least 16 years old to use the hot tub. The hot tub is equipped with a handicap chair lift to assist patrons in and out of the hot tub.



Water Aerobics Punch Passes

5 punch: \$30/\$36 NR • 15 punch: \$82/\$96 NR
30 punch: \$150/\$180 NR • 50 punch: \$225/\$270 NR
Drop-in Fee: \$9/\$11 NR

Passes are required for Water Aerobics, Deep Water Aerobics & Twinges and are valid for 1 year from date of purchase. No drop-ins are allowed and reservations are required.

Fall Pool Schedule *September 16th-December 30th (Closed 12/23-28)*

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday (starting 10/13)
Lap Swim	5:45-7:30 am 11:30 am-1:00 pm	5:45-7:30 am 11:30 am-1:00 pm 4:30-6:30 pm	5:45-7:30 am 11:30 am-1:00 pm	5:45-7:30 am 11:30 am-1:00 pm 4:30-6:30 pm	5:45-7:30 am	7:15-9:00 am	
Multi-Use & Lap Swim			4:30-7:00 pm		3:30-5:30 pm	10:00-11:00 am	3:30-4:45 pm
Open Swim					5:30-7:30 pm	11:00-2:30 pm	12:15-3:15 pm
Reservations are required for Water Aerobics and Twinges.							
Water Aerobics	8:00-9:00 am	8:00-9:00 am		8:00-9:00 am		8:00-9:00 am	
Deep Water Aerobics	9:10-10:10 am	9:10-10:10 am		9:10-10:10 am		9:00-10:00 am	
Twinges	10:15-11:15 am	10:15-11:15 am		10:15-11:15 am			

Please note holiday closures. Reservations for Water Aerobics, Deep Water Aerobics, & Twinges are required; cancellations must be made two hours prior, or a punch pass will be used. Reservations for a class can be made online at oregonpark.org or call 815-732-3101.

POOL

REOPENING

PARTY

WEDNESDAY, SEPTEMBER 25

3-5 PM • FREE ADMISSION

TREATS • MUSIC • FUN ON THE POOL DECK

GIVEAWAYS • AND MORE!

school's out

LET'S HAVE FUN AT NASH RECREATION CENTER!

~ All activities included with your pass or daily admission ~

FRIDAY, OCTOBER 11

Open Swim • 12:30-3 pm
Volleyball & Basketball • 12:30-4 pm • Gym
Gaga Ball • 1:30-3 pm • River Room

MONDAY, OCTOBER 14

Open Swim • 1:30-3:30 pm
Volleyball & Basketball • 12:30-3:30 pm • Gym
Gaga Ball • 1-3 pm • River Room

TUESDAY, NOVEMBER 5

Open Swim • 1:30-3:30 pm
Gaga Ball & Games • 9-11 am & 1-3 pm • River Room
Wallyball • 9-11 am
Volleyball & Basketball • 9 am-3 pm • Gym

MONDAY, NOVEMBER 25

Open Swim • 1:30-3:30 pm
Volleyball & Basketball • 12:30-3:30 pm • Gym
Gaga Ball • 1-3 pm • River Room

TUESDAY, NOVEMBER 26

Open Swim • 1:30-3:30 pm
Gaga Ball & Games • 9-11 am & 1-3 pm • River Room
Wallyball • 9-11 am
Volleyball & Basketball • 9 am-3 pm • Gym

WEDNESDAY, NOVEMBER 27

Open Swim • 9-11 am
Wallyball • 9-11 am
Gaga Ball & Games • 9-11 am • River Room

MONDAY, DECEMBER 23

~~Open Swim • 1:30-3:30 pm~~ Cancelled
Volleyball & Basketball • 12:30-3:30 pm • Gym
Gaga Ball & Games • 1-3 pm • River Room

THURSDAY, DECEMBER 26

~~Open Swim • 1:30-3:30 pm~~ Canceled
Volleyball & Basketball • 12:30-3:30 pm • Gym

FRIDAY, DECEMBER 27

~~Open Swim • 12:30-3 pm~~ Cancelled
Volleyball & Basketball • 12:30-4 pm • Gym
Gaga Ball • 1:30-3 pm • River Room

MONDAY, DECEMBER 30

Open Swim • 1:30-3:30 pm
Volleyball & Basketball • 12:30-3:30 pm • Gym
Gaga Ball & Games • 1-3 pm • River Room

THURSDAY, JANUARY 2

Open Swim • 1:30-3:30 pm
Volleyball & Basketball • 12:30-3:30 pm • Gym
Gaga Ball & Games • 1-3 pm • River Room

Healthcare Partners

The Oregon Park District is an approved location for Silver Sneakers, Renew Active, Silver & Fit, and Active & Fit. Through these programs, the District is able to provide access to Nash Recreation Center to qualifying members. Please contact the front counter staff at Nash with your membership ID. If you are unsure of what your healthcare plan offers, our staff can assist in determining your eligibility.



SilverSneakers is a fitness and wellness program offered at no additional cost to seniors 65+ on eligible Medicare plans that helps you get active, get fit, and connect with others.



Renew Active is a program offered to select United Healthcare members at no additional cost as part of your plan.



The Silver&Fit Exercise and Healthy Aging Program is offered by health plans to eligible Medicare Advantage/Supplement beneficiaries and group retirees.



The Active&Fit Direct Program offers discounted gym membership options, at-home workout videos, and more. The program is available to millions of eligible members through employer groups, health plans, and benefit hubs.

Fitness



Early Rise with Aimee

Age: 18+
Day: M/W/F
Time: 5:40-6:40 am
Location: River Room

Rise and shine, get your day started with Aimee! This class covers cardio and light to medium weight training to help increase stamina, strength, and flexibility. This is an excellent way to cross train! Beginner, moderate, and advanced health enthusiasts are all welcome.

No Drop-Ins or Punch Passes, registration only.

Date	Fee	Deadline
9/4-9/30	\$51/\$62 NR	9/4
10/2-10/30	\$55/\$65 NR	10/2
11/1-11/29	\$55/\$65 NR	11/1
12/2-12/30 <i>*no class 12/25</i>	\$51/\$62 NR	12/2
1/3-1/31	\$55/\$65 NR	1/3



Weight training programs take place in the Nash Recreation Center Weight Room.

Middle School Fitness Orientation

Dates: Wednesdays 9/4, 10/2, 11/6, 12/4 • **Time:** 4:00-5:00 pm
Deadline: 2 days before class • **Students only need to attend one class FREE for Nash Members • \$10 Non-Members**

Are you in 7th or 8th grade and interested in using the free weight area? With successful completion of our weight training orientation, 7th and 8th graders can use the area when accompanied by an adult, 18 years or older. Join one of our personal trainers for this 1-hour class that will teach basic technique, proper use of equipment and fitness center etiquette.

Fitness

Senior Workouts with Kim

Age: 18+ • Time: 9:15-10:00 am • Location: River Room

Join Kim Henry to get active. Classes will vary each month as we work to get moving! Class registration is monthly and will be held in the River Room. All abilities welcome and exercises can be modified to use a chair. Silver Sneakers are welcome to attend for free but must register and swipe their pass each class!

Date	Fee	Deadline
M/Th 9/5-9/30	\$32/\$38 NR	9/3
M/Th 10/3-10/31	\$36/\$43 NR	10/1
M/Th 11/4-11/25	\$28/\$33 NR	11/1
M/Th 12/2-12/26	\$32/\$38 NR	11/30
M/Th 1/6-1/30	\$32/\$38 NR	1/2



UN Plugged

Age: 16+ • Location: Prairie Room

In our busy lives, people aren't taking time to relax or unwind. This class will help you unplug! Class begins with a slow and methodical stretch to relaxing sounds in the background. We will continue to clear away the information overload that builds up everyday and aides in our stress level. Put your phone away, get comfy and bring your favorite book, kindle, grocery list, newspaper, headphones...whatever relaxes you! This carved out time will force you to unwind, let your shoulders down and breathe deep. There will be no talking. Feel free to bring your favorite pillow, blanket, yoga mat and slippers. The last 10 minutes of the class will focus on breathing and stretching moves.

Date	Time	Fee	Deadline
M/Th 9/30-11/7 <i>*no class 11/4</i>	10:30-11:30 am	\$55/\$66 NR	9/23
M/Th 11/11-12/19 <i>*no class 11/28</i>	10:00-11:30 am	\$60/\$72 NR	11/4

Women's Weightlifting Club

Age: 16+ • Time: 6:15-8:00 pm

Location: Nash Fitness Center

Join Kim Henry, Personal Trainer, for this 6-week club. Women ages 16 and up will workout together at Nash Fitness Center. Learn new moves, empower each other and get stronger together!

Date	Fee	Deadline
M/Th 9/30-11/7 <i>*no class 11/4</i>	\$135/\$162 NR	9/23
M/Th 11/11-12/19 <i>*no class 11/28</i>	\$147/\$177 NR	11/7



Kettlebell Class

Age: 16+ • Location: River Room

Fee: \$36/\$43 NR • Deadline: 9/28

All fitness levels welcome! Using 5-pound and up kettlebells, we will perform full body movements that will increase calorie expenditure and boost metabolism to promote fat loss. Begin with basic moves and progress each class.

Date	Time
W 10/2-11/6	8:15-9:00 am
Th 10/3-11/7	5:15-6:00 pm

Vintage Step Class

Age: 16+ • Location: River Room • Deadline: 11/10

Let's bring back the old Step Class! All fitness levels welcome! Get ready to burn some calories while listening to all that 90's music! We will start with basic movements and progress at each class!

Date	Fee	Time
W 11/13-12/18	\$36/\$43 NR	8:15-9:00 am
Th 11/14-12/19 <i>*no class 11/28</i>	\$30/\$36 NR	5:15-6:00 pm



Tai Chi

Age: 18+ • Location: Nash River Room

Are you interested in focusing on balance, mindfulness meditation and relaxation? Tai Chi may be the right class for you. Tai Chi is the Chinese internal martial art focused on balance, breathing and centering oneself. Sign up for both Tuesdays and Saturdays in one month and receive 25% off on both registrations.

Date	Fee	Deadline
SATURDAY MORNINGS-8:45-9:30 am		
9/7-9/28	\$25/\$30 NR	9/7
10/12-10/26	\$19/\$23 NR	10/12
11/2-11/30	\$31/\$36 NR	11/2
12/7-12/28	\$25/\$30 NR	12/7
1/4-1/25	\$25/\$30 NR	1/4
TUESDAY EVENINGS-6:15-7:00 pm		
9/3-9/24	\$25/\$30 NR	9/3
10/1-10/29	\$31/\$36 NR	10/1
11/5-11/26	\$25/\$30 NR	11/5
12/3-12/17	\$19/\$23 NR	12/3
1/7-1/28	\$25/\$30 NR	1/7

YES YOU CAN in 2025!

Kick off the new year with this 60-day challenge led by personal trainer Kim Henry! This challenge is geared to your personal goals and times are set by you. *This is a one-on-one program.*

60-day program includes:

- 30-minute consultation to discuss the challenge, health history, goals and scheduling
- 1st meeting (60 mins.): Weigh-in, measurements, body fat % and progress pictures. *Optional: plan workouts & nutrition*
- 2nd meeting (60 mins.): Weigh-in and do a metabolism-boosting workout together
- 3rd meeting (60 mins.): Midway point! Weigh-in, adjust workout and nutrition plan
- 4th & 5th meetings (60 mins. each): Weigh-in and do a metabolism-boosting workout together
- 6th meeting (60 mins.): Weigh-in, measurements and final progress pictures

Complete the challenge to receive an additional 60 days added to your Nash membership!

Age: 16+ • Date: Mon 1/6 • Time: 8:00-9:00 am
 Location: Nash Fitness Center
 Fee: \$250/\$300 NR • Deadline: 1/2

Meet your Motivators



Jason Donegan is a certified Personal Trainer, Nutritionist and Fitness Coach through ISSA. Jason's passion is to help both youth and adults reach their potential through exercise.



Kim Henry has been a certified Personal Trainer through ISSA since 2005.

Whether you are a beginner or want to take your fitness training to the next level, our trainers can provide you with personalized instruction, guidance and the support necessary to achieve your results. All new clients will start with a 1/2 hour consultation where you will discuss your health history, establish fitness goals and even start right away with measurements and/or weigh-in. Call 815-732-3101 to make an appointment. Training is available in both the Nash Fitness Center and the TRX Fitness Room.

1 Hour Session: \$42/\$49 NR

Three 1-Hour Sessions: \$110/\$132 NR

Six 1-Hour Sessions: \$210/\$252 NR

Partners

Do you and a friend both have the same goal? Let one of our trainers coach you both TOGETHER to increase motivation and have an accountability partner! The session will be a one-hour workout session tailored to your similar goals. This session includes weigh-in and measurements if desired.

1 Session: \$48/\$58 NR

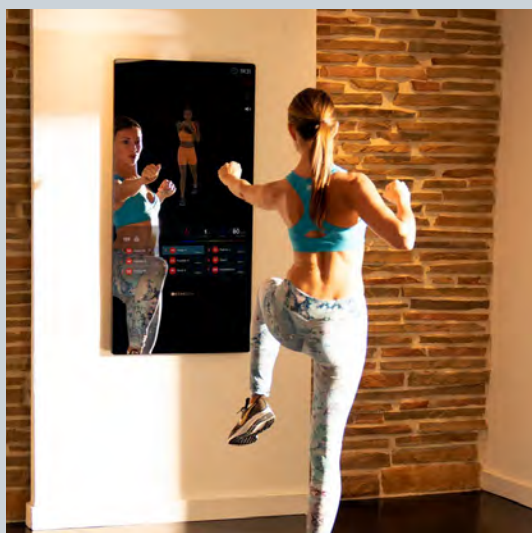
3 Sessions \$129/\$154 NR

Nutrition/Fitness Package

Are you ready to start the new year with a new mindset or weight loss but don't know where to start? Our personal trainers Jason Donegan & Kim Henry can help you accomplish the next step in your fitness or nutrition journey. This plan will feature a 30-minute meeting with one of our trainers to discuss your goals and develop a personalized 4-6 week plan for fitness and nutritional planning. Once developed, the plan also includes a one-hour follow up meeting to go over your plan and develop exercises to get you started on your custom program.

\$85/\$102 NR

Cost includes 4-6 week plan, 1/2 hour meeting and 1 hour meeting with a personal trainer.



Try our NEW Echelon Smart Fitness Mirror!

Live and On-Demand classes in our TRX Room. Thousands of training options! Experience a variety of workout methods to mix things up, exercise your body in new ways, and match your classes to your mood. Come try it out today!



Volleyball Open Gym

All Ages

Date: Thursdays 10/3-12/19

Time: 3:30-5:30 pm

Location: Nash Rec Center

Fee: Daily fee/Membership

***No Registration Needed!**

Continue to develop your volleyball skills with a new weekly open gym at Nash Recreation Center. One court will be set up with balls for you to practice and play.

Women's Volleyball League

Age: 18+

Dates: Th 11/7-1/9

*no games 11/28 & 12/26

Time: 6:00-8:00 pm

Location: Nash Gym

Fee: \$240/team • **Deadline: 10/30**

Are you ready for some volleyball this fall? This league is played on Thursday nights and is open to all women who are at least 18 years old and out of high school. This is a great opportunity for all skill levels to exercise and have fun with friends and others from surrounding communities. A tournament will be played at the end of the regular season and championship t-shirts will be awarded to the winners. *Mandatory captains meeting will be held on 11/7 at 5:30 pm at Nash Recreation Center.*

Open GAGA Ball

All Ages

Dates: Wednesday 10/2-12/18

*not held 11/27

Time: 2:30-4:00 pm

Location: Prairie Room

Fee: Daily fee/Membership

***No Registration Needed!**

Gaga ball is a fast paced, high-energy sport played in an octagonal pit, combining the skills of dodging, striking, running and jumping while trying to hit opponents with a ball below the knees. Join us on Wednesday afternoons at Nash for Gaga ball games in the Prairie room.

Adult Athletics

Pickleball Open Gym

Age: 18+ • Fee: Nash Membership or Daily Fee

Pickleball is often described as a mixture of ping-pong, tennis, and badminton, all played on a mini tennis court with an oversized paddle and a ball similar to a wiffle ball. This game is fast, fun, addictive, and can be played by people of all ages and athletic abilities! Drop in at your own leisure and enjoy this wonderful sport. To learn more about pickleball you can visit the USA Pickleball Association at: usapa.org.

Date	Days	Time	Excluded Dates
8/26-12/30	M/W/F	8:00 am-12:00 pm	9/2, 12/25
8/27-12/17	Tues	4:00 pm-7:00 pm	-
8/31-9/28	Sat	8:00-10:00 am	-
10/13-12/29	Sun	2:00-5:00 pm	-

Evening Pickleball League

Age: 18+

Dates: Mon 9/9-10/14

Time: 6:00-8:00 pm

Location: Nash Gym

Fee: \$50/\$60 NR • **Deadline: 9/3**

Join us for a doubles evening Pickleball League. Sign up as a pair for this fast paced 6-week League on Monday evenings in the Nash Gym. Every week, each team will play 2 different teams in a best of three games format. Prizes will be awarded to the top league finishing team. Sign up soon as there is a limited number of team slots.

Fall Pickleball Tournament

Age: 18+

Dates: Tu 10/8

Time: 4:00-8:00 pm

Location: Nash Gym

Fee: \$30/\$36 NR per team

Deadline: 10/1

Come and play in our Fall Pickleball Doubles Tournament! Teams can be made up of male, female, or co-ed. Players must sign up as a team. Nash does have a limited number of paddles that are available to play with. Only 8 teams allowed—don't wait to register!

Beginners Pickleball Open Gym

Age: 18+

Date: Mon 8/26-12/30 *not held 9/2

Time: 12:00-1:30 pm

Location: Nash Gym

Fee: Daily fee/Membership

Are you interested in trying Pickleball? This game is fast, fun, addictive, and can be played by people of all ages and athletic abilities! Learn to play with other beginners in a relaxed environment. A few of our regular pickleball players may even be around to give you some tips! Nash has a limited number of paddles and balls that you can borrow to play.

Holiday Pickleball Tournament

Age: 18+

Dates: Mon 12/30

Time: 4:00-8:00 pm

Location: Nash Gym

Fee: \$30/\$36 NR per team

Deadline: 12/19

Come and play in our Holiday Pickleball Doubles Tournament! Teams can be made up of male, female, or co-ed. Players must sign up as a team. Nash does have a limited number of paddles that are available to play with. Only 8 teams allowed—don't wait to register!

Youth Athletics

Indoor Soccer

Age: 3-7
Date: Sat 2/8-3/1
Time: 9:00-12:00 pm
Location: Nash Gym
Fee: \$55/\$66 NR • **Deadline:** 1/20

Practice your soccer skills in the warmth of Nash! Youth players will develop their fundamentals and team playing strategies through a 30-minute practice followed by a 30-minute game every week. All players will receive a t-shirt and their own soccer ball to keep! *Must be 3 years old by 2/10/24 to register.* Volunteer coaches are needed. Please email lesley@oregonpark.org if you are interested.

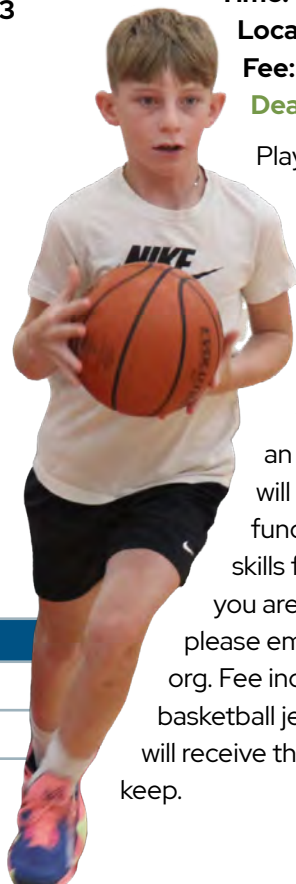
Teams are broken up into 3 year olds, 4-5 year olds, and 6-7 year olds.

OHS Fall Basketball Camp

Date: Mon 9/9-10/7 *no camp 9/23
Location: Nash Gym
Fee: \$35/\$42 NR • **Deadline:** 8/29

This is an introduction to the fundamentals of basketball for both boys and girls instructed by the Oregon High School Girls and Boys Basketball Team. Youth will develop dribbling, passing and shooting skills in a positive and fun atmosphere! Location of the camps will be at the Blackhawk Center. Camp t-shirt is included in price. Please bring a water bottle. All proceeds benefit the OHS Basketball programs.

Age	Time
4-6	6:00-6:45 pm
7-9	7:00-7:45 pm



Little Hawks Basketball

Age: 3-4
Date: Sat 10/19-11/9
Time: 9:00-11:00 am
Location: Nash Gym
Fee: \$55/\$66 NR • **Deadline:** 9/24

Our youngest players will be introduced to basketball in a fun, age-appropriate environment. This co-ed program is held on Saturday mornings at Nash. Each team will meet for an hour with a practice for the first 30 minutes followed by a scrimmage. All players will receive a team tshirt and their own basketball to keep. Coaches are needed—if you are interested, please email lesley@oregonpark.org.

PreK-1st Grade Basketball

Age: 5-7
Date: Sat 10/19-11/9
Time: 10:00 am-1:00 pm
Location: Nash Gym
Fee: \$60/\$72 NR
Deadline: 9/24

Players will be given the opportunity to improve their skills in a positive environment. These co-ed programs are held on Saturdays at Nash, with each team meeting for an hour. Each Saturday will start with practicing fundamental basketball skills followed by a game. If you are interested in coaching, please email lesley@oregonpark.org. Fee includes Jr. NBA basketball jersey, and every player will receive their own basketball to keep.

6th Grade Boys & Girls Competitive Basketball

Location: Nash Gym
Fee: \$85/\$100 NR

This competitive league elevates the expectation of both the players and the coaches. Games are scheduled by Oregon School District and will replicate the 7th and 8th grade schedule. All home games will be played at Nash. Transportation to all away games will be provided by OCUSD. Roster size is limited on this team and try-outs may be required. Boys team practices are scheduled to begin the week of September 23rd & girls team practices are scheduled to begin the week of January 6th. *Players must be in 6th grade.*

Team	Date	Deadline
Boys	M/F 9/23-11/29	9/12
Girls	M/F 1/6-3/28	12/12

Boys & Girls Basketball

Age: 7-11
Date: M/F 11/4-1/17
Time: 9:00 am-4:00 pm
Location: Nash Gym & Blackhawk Center
Fee: \$80/\$96 NR • **Deadline:** 10/16

Players will be given the opportunity to improve their skills in a positive environment. Practices are held during the week at Nash Recreation Center or Oregon Elementary. Games are played on Saturday in Oregon at the Blackhawk Center or Byron. All players will receive their own practice basketball to keep. If you are interested in coaching please contact Lesley at lesley@oregonpark.org. Head Coaches will set practice times. Player assessment dates at Nash are as follows:

2nd-3rd grade Boys Team:
 10/21 from 5:15-6:00 pm
4th-5th grade Boys Team:
 10/21 from 6:15-7:00 pm
2nd-3rd grade Girls Team:
 10/22 from 5:15-6:00 pm
4th-5th grade Girls Team:
 10/22 from 6:15-7:00 pm

Tumbling



Tiny Tumblers

Age: 3-5 • Day: Wed • Location: Nash Rec Center Gym

Jump, flip, and roll! This class is perfect for the kids that just love to tumble. Tiny Tumblers focuses exclusively on the fundamentals of tumbling and classroom participation. Through a variety of fun activities your preschooler will learn to cartwheel and roll, listen and follow directions, work independently and cooperate with others. Must be potty trained to participate.

Date	Time	Fee	Deadline
9/4-9/25	4:35-5:20 pm	\$70/\$77 NR	8/28
	5:25-6:10 pm		
	6:15-7:00 pm		
10/2-10/23	4:35-5:20 pm	\$70/\$77 NR	9/25
	5:25-6:10 pm		
	6:15-7:00 pm		
11/6-11/20	4:35-5:20 pm	\$53/\$58 NR	10/30
	5:25-6:10 pm		
	6:15-7:00 pm		
12/4-12/18	4:35-5:20 pm	\$53/\$58 NR	11/27
	5:25-6:10 pm		
	6:15-7:00 pm		
1/8-1/29	4:35-5:20 pm	\$70/\$77 NR	1/1
	5:25-6:10 pm		
	6:15-7:00 pm		

Beginner and Novice

Age: 6-17 • Day: Wed • Location: Nash Rec Center Gym

Our entry level tumbling class is designed to teach the basics skills and technique needed to safely progress in this dynamic sport. Cartwheels and handstands, power and grace, this exciting class offers 45 minutes of nonstop fun and fitness!

Date	Time	Fee	Deadline
9/4-9/25	4:35-5:20 pm	\$70/\$77 NR	8/28
	5:25-6:10 pm		
	6:15-7:00 pm		
10/2-10/23	4:35-5:20 pm	\$70/\$77 NR	9/25
	5:25-6:10 pm		
	6:15-7:00 pm		
11/6-11/20	4:35-5:20 pm	\$53/\$58 NR	10/30
	5:25-6:10 pm		
	6:15-7:00 pm		
12/4-12/18	4:35-5:20 pm	\$53/\$58 NR	11/27
	5:25-6:10 pm		
	6:15-7:00 pm		
1/8-1/29	4:35-5:20 pm	\$70/\$77 NR	1/1
	5:25-6:10 pm		
	6:15-7:00 pm		

Adult Activities

Bingo, Brownies & Booze!

Age: 21+

Time: 6:00-8:30 pm

Location: Cork & Tap

Fee: \$12/\$14 NR

Who doesn't love BINGO! Join us at Cork & Tap where we will play bingo for prizes, enjoy a specialty brownie from Teresa's Treats and a drink of your choice from Cork & Tap while playing for fun! Check-in at 6 pm; Bingo begins at 6:30 pm.



Date	Deadline
9/12	9/5
11/14	11/7
1/9	1/2
3/13	3/6



Fall Fun with Rosann

Age: 18+ • **Date:** Wed 10/2 • **Time:** 9:00-11:30 am • **Location:** River Room

Fee: \$20/\$25 NR • **Deadline:** 9/25

Join us for this 15th annual event with Rosann as she brings a morning of fun, reflection and prizes! We will relax, play games, socialize and enjoy food. The fun will begin at 9:00 am with coffee & conversation in the River Room. 9:15-11:00 am will be a time to reflect, have fun and enjoy games provided by Rosann. From 11:00-11:30 am, charcuterie lunch boxes by Jen's Artisan Breads will be provided for everyone to enjoy!



Holiday Brunch & Market

Age: 21+

Date: Sat 11/9

Time: 9:30-10:00 am

Location: River's Edge Experience

Fee: \$28/\$32 NR • **Deadline:** 11/3

Are you ready to kick off the holidays? Join us for brunch featuring quiche, pastry, meat and a sweet surprise paired with a flight of morning cocktails. Breakfast coincides with Oregon's Holiday Market and Shopping Spree. Brunch also includes discount cards for local businesses to get your holiday shopping off to a fun start! A Holiday Market will also be held at River's Edge Experience featuring local artisans and coincides with Merlin's Holiday Open House as well as many other local businesses! Don't miss out enjoying all that Oregon has to offer! *Non-alcoholic flights offered, please request at registration.*

Grown Up Puzzle Party

Age: 21+

Date: Wed 11/20

Time: 6:30-8:00 pm

Location: Cork & Tap

Fee: \$18/\$22 NR • **Deadline:** 11/13

As the weather gets colder, warm up at Cork & Tap with an adults-only team puzzle challenge. Each team will receive an identical 500-piece puzzle and has 90 minutes to put it together. Register as individuals and play on a team of anywhere between 2-6 people! Each registration includes a pre-paid voucher for one Cork & Tap Beverage. Oregon Park District will provide the puzzles and prizes for the winning teams! Each team can keep their puzzle at the end of the challenge. Doors open at 6:00 pm for check-in and the challenge begins at 6:30 pm.

Ghoul's Night Out!

Shopping, discounts, prizes, candy and wine—what better way to get in the spirit! Enjoy shopping downtown with your passport and return to Cork & Tap with participating businesses punched to enter to win a prize basket. Enjoy a pairing including some of your favorite halloween candy with wines to accentuate the flavors! Pairings will be served anytime between 4-7 pm. Shop before or after you enjoy your treats! ***Pre-register at a discount or drop in to Cork & Tap that night after 4:00 pm and pay \$18.*** Passports can be picked up at Nash anytime on October 17 or at Cork & Tap after 4 pm.

October 17
4:00-7:30 pm
\$14* • ages 21+
Cork & Tap

*Pre-registration fee. Night of Fee: \$18



Adult Activities

get cooking with Lynnie's Kitchen!



Asian Stuffed Bao Buns

Age: 16+ • **Date: Wed 9/18** • **Time: 6:00-7:00 pm**
Location: Cork & Tap • **Fee: \$40/\$48 NR** • **Deadline: 9/11**

Delicious and nutritious! Asian bao buns are as much fun to make as they are to eat. We will make made-from-scratch dough and meat filling, then stuff the buns to take home and bake. Participants will need to bring some dishes and utensils from home. Full supply list will be distributed by email after registration closes.



Butternut Squash Galatte

Age: 16+ • **Date: Th 10/17** • **Time: 6:00-7:30 pm**
Location: Cork & Tap • **Fee: \$40/\$48 NR** • **Deadline: 10/10**

Butternut Squash is a fall favorite. Create an irresistible open-faced pie loaded with butternut squash and other fresh fall vegetables. Make the dough and filling in class, then take home to bake, and get a copy of the recipe to keep. Participants will need to bring some dishes and utensils from home. Full supply list will be distributed by email after registration closes.



Pumpkin & Peppermint Holiday Cheesecake

Age: 16+ • **Date: Wed 11/6** • **Time: 6:00-7:30 pm**
Location: Cork & Tap • **Fee: \$40/\$48 NR** • **Deadline: 10/30**

Make two mini cheesecakes in one class. Pumpkin and peppermint, just in time for Thanksgiving and Christmas. Guaranteed to be a pleasing dessert no matter when you eat it! Participants will need to bring some dishes and utensils from home. Full supply list will be distributed by email after registration closes.



Christmas Sweets & Cocktail Treats Pairing

Age: 21+
Date: Fri 12/13
Time: 6:30-7:30 pm
Location: Cork & Tap
Fee: \$27/\$32 NR • **Deadline: 12/9**

Cork & Tap is pairing Christmas sweets with cocktail treats. Join us for a fun event to sample four delicious treats from local bakers paired with four selected hand-crafted cocktails. Grab your friends or family and enjoy an evening out at Cork & Tap. Spots are limited so register early!
Non-alcoholic drinks are available upon request at registration.

Souper Sunday Pairing

Age: 21+
Date: Sun 1/19
Time: 2:00-3:00 pm
Location: Cork & Tap
Fee: \$27/\$32 NR • **Deadline: 1/13**

Join us for a Souper Bowl Sunday at Cork & Tap! This pairing will feature two soups, gourmet grilled cheese and a sweet treat from CheeseKake Co. to enjoy. Cork & Tap will pair this January meal with your choice of a beer or wine flight!

Sweet Spooky Halloween with Aunt B's Baking

Age: 16+ • **Date: Th 10/24** • **Time: 6:00-8:00 pm** • **Location: Cork & Tap**
Fee: \$50/\$60 NR • **Deadline: 10/17**

A ladies night out so fun it's scary! Brooke Cox of Aunt B's Baking will teach you cookie decorating techniques used by professional bakers as you decorate six spooky-themed cookies just in time for Halloween. Aunt B's Baking supplies everything you need, and you get to decide if the cookies are more fun to decorate or to eat. Halloween costumes are welcome!



Adult Activities

Grown Up Art with Kara: Prairie Flowers

Age: 16+

Date: Wed 9/18

Time: 5:30-7:30 pm

Location: Fairgrounds Park Shelter

Fee: \$40/\$48 NR • Deadline: 9/11

Enjoy an evening of learning to paint outside. Instructor Kara Schabacker will teach you the techniques and brushstrokes, and the Fairground Park prairie patch will provide your inspiration! Create your own mini-masterpiece of late blooming flowers like asters and goldenrods.

Fall Planter with Hagemann Horticulture

Age: 16+

Date: Tu 9/24

Time: 5:00-6:00 pm or 6:30-7:30 pm

Location: River's Edge Experience

Fee: \$55/\$65 NR

Deadline: 9/17

Some of the prettiest flowers are the last to bloom in the growing season. Assemble a beautiful planter pot with varieties and exciting new decor specially selected by Tyler Hagemann to be at their best in the fall season. Registration includes a 14" diameter pot, soil medium, and plants and decorative add-ons. The class will be on the outdoor patio weather permitting.

Paint & Sip with Kara: Pumpkin Arrangement

Age: 16+

Date: Wed 10/16

Time: 6:00-8:00 pm

Location: Cork & Tap

Fee: \$45/\$54 NR • Deadline: 10/9

Come and enjoy a fun evening of painting out at Cork & Tap. Just in time for Halloween and Thanksgiving, we will be painting a set of fall pumpkins. Kara Schabacker will supply paint, brushes, and canvas and will teach you the techniques used for this fun painting!

Kokedama

Age: 16+

Date: Tu 10/29

Time: 6:30-8:30 pm

Location: The Collective

Fee: \$49/\$59 NR • Deadline: 10/22

Join us for a fun night out at Oregon's newest space, The Collective, to create your own Kokedama with Grungy Roots of Grand Detour. Kokedama is the Japanese art of growing plants in a moss-covered ball of soil wrapped with string. They can be displayed on a decorative surface or hung by string in a window. Grungy Roots will supply everything you need to create your one-of-a-kind plant to display or hang. In addition, M Mongan Decor and Bundles and Brands will be open for a private shopping night for all guests. Grab a friend and sign up today!



Nostalgic Ceramic Christmas Tree

Age: 16+

Date: Sat 11/16

Time: 4:00-7:00 pm

Location: Cin's Treasures

Fee: \$70/\$84 NR

Deadline: 11/9

No decoration is as special as a Christmas Tree. Come spend an evening crafting at Cin's Treasures Ceramics and Art Studio in Conover Square to paint a ceramic Christmas Tree that will stay beautiful for years to come. Ceramic Christmas Trees are easy to customize and fun to paint, perfect for decorating or gift giving. Finished trees are approximately 14" tall and 9.5" wide, and come with lights and electric. This fun Christmas tradition fills quickly, sign up today!



Build a Winter Porch Pot Workshop

Age: 16+

Date: Tu 12/3

Time: 6:00-8:00 pm

Location: River's Edge Experience

Fee: \$38/\$45 NR • Deadline: 11/26

The growing season may be over, but don't put those gardening gloves away yet! Hagemann Horticulture's Winter Porch Pot class is better than ever in 2024. New this year, bring a pot of your own or purchase one on-site. Perfect option for anyone with a used pot from previous seasons. Registration includes starter greens and class demonstrations. Typical green bundle will fill a 14" pot. Extra greens and decorations may also be purchased on-site. Winter Porch Pots are the perfect decorative item to welcome friends and family to your home for the holiday season, enjoy making your own custom one with Hagemann Horticulture. River's Edge Experience will open at 5:00 pm for cocktail hour.

Grown Up Art with Kara: Christmas

Age: 16+

Date: Sun 12/8

Time: 1:00-3:00 pm

Location: Hazel's Cafe

Fee: \$40/\$48 NR • Deadline: 12/1

Grown up Art with Kara is heading to Hazel's Cafe for a fun Christmas-themed afternoon of painting. Let the scents of coffee and sweet treats stimulate your creativity as Kara demonstrates the brush techniques you need for a Christmas Masterpiece. Hazel's Cafe will be open for anyone who wants to make it a luncheon!

Adult Activities



Miracle on 34th Street at the Fireside

Age: 18+ • Date: Fri 11/15 • Location: Fort Atkinson, WI • Deadline: 10/13

Written by Meredith Wilson, creator of "The Music Man", "Miracle on 34th Street" is a must see Christmas performance. The Macy's Thanksgiving Day Parade is looking for a new Santa, and Kris Kringle claims to be the REAL Santa Claus. Kris must now prove his claim in a court of law while teaching his cynical neighbor to believe in the goodness and love that is Christmas. Seeing a matinee performance of this tuneful musical at the Fireside Dinner Theater with Oregon Park District is the perfect way to start the Christmas season.

If you pay for transportation, the trip will meet at Nash Recreation Center and use Oregon Park District passenger vans for transportation. Registration includes transportation (optional), luncheon, prepaid gratuity, and performance. Beverages from the bar may be purchased on-site, and the Fireside boasts many fantastic gift shops. Entree choice of chicken and ribs, steak Diane, seared duck breast, or vegetarian medley..

Ticket Type	Time	Fee
With Transportation	8:30 am-6:30 pm	\$102/\$122
Without Transportation	10:00 am-4:00 pm	\$92/\$98



Donate Blood. Save Lives.

Th 10/10 & Mon 12/30 • 11:30 am-5:00 pm • Nash Rec Center River Room

Give back this year by joining us in donating blood with the Rock River Blood Center in the River Room at Nash. Your donation can save up to 3 lives and you're sure to get that amazing feeling of accomplishment and satisfaction for helping. Guidelines for donating blood change frequently, so if you have questions about whether you qualify to donate, please talk to a donor care specialist by calling (815) 965-8751 or check out www.rrvbc.org. To schedule an appointment for one of our drives please contact Tina at (815) 732-3101 or tina@oregonpark.org.



Potosi Beer Museum

Age: 21+

Date: Fri 10/4

Time: 8:00 am-5:00 pm

Location: Potosi, WI

Fee: \$25/\$30 NR • Deadline: 9/27

Let Oregon Park District be your driver so you can enjoy the experience. We will travel to Potosi, WI for a self-guided tour of the the National Brewery Museum and Transportation Museum, housed inside the Potosi Brewing Company. All in one destination features two museums and a brew-pub onsite for enjoying lunch and beverages. Registration includes admission with self-guided tour and transportation. Please bring money for lunch, samples and souvenirs.

Parks For Pollinators Bio Blitz

All Ages

Date: Sat 9/21

Fee: FREE! Registration required

Deadline: 9/18

A Bio Blitz is an event that brings teams of people together to try and document as many species of plant or animal in one location as possible. Oregon Park District is participating in the 2024 Parks for Pollinators National Bio Blitz initiative, and we need your help! Teams of people led by Park District Staff will use the free iNaturalist App to photograph as many different species of pollinators in our parks as we can. Oregon Park District staff will supply nets and lead a brief training on how to take and load your pictures, and then you get to have fun helping us record butterflies, moths, bees and other pollinators.

Participation in this program is FREE and open to all ages, but at least one member of each family in attendance must have a smartphone or tablet with the free iNaturalist app installed in order to participate. Preregistration required to help us coordinate teams.

Location	Time
Park West	8:00-9:30 am
Fairgrounds	10:30 am-12:00 pm

Activities

enjoy a meal with a view



Fall Luncheon at Lorado Taft

Age: 3+

Date: Sun 10/20

Time: 2:00-4:00 pm

Location: Lorado Taft Campus

Fee: \$18/\$22 NR • Deadline: 10/13

Enjoy a Thanksgiving-style meal with a great view of the Rock River valley fall colors! Turkey, stuffing and all the fixings make a fun Sunday social. Come with friends or meet new ones. After our meal, we will enjoy a presentation on Rock River Habitats and seasonal changes as well as an optional walking tour of the Lorado Taft Field Campus historic structures dating back to the Eagle's Nest Art Colony era.

Stronghold Castle Eagle Watching Brunch

Age: 8+

Time: 9:00 am -12:00 pm

Location: Stronghold Castle

Fee: \$33/\$39 NR

Watch for eagles in a Castle!

Eagle-watching is a delightful winter tradition for all ages. Stronghold Camp and Retreat Center is opening its doors for a special celebration of the winter eagle-watching tradition. Doors will open at 9:00, and we will enjoy a full brunch buffet served at 9:30. During the brunch, we will enjoy a program on bald eagles. Eagle-watching will take place from Stronghold Castle after the meal and program, including the option to enjoy a full castle tour. Registration includes brunch buffet, presentation, optional castle tour and eagle watching. Bring your binoculars and your appetite.

Date	Deadline
1/11	1/4

Do you have a group that you want to get outdoors more? Oregon Park District is thrilled to be able to offer **group outdoor education programs** by appointment! Enjoy one of our scenic parks with hands on outdoor activities led by Park District Staff. Educational programs are themed around Illinois plants and animals, and can be customized for your group needs and are suitable for students in kindergarten through 8th grade. Get your kids active and outdoors while learning this year.

Email caleb@oregonpark.org to schedule your group outing today. Rate is \$45 per hour of programming for the whole group.

Youth Activities

fall festivities with oregon park district



Halloween Fun at Nash: Floating Pumpkin Patch

Age: 3-16 • Date: Wed 10/16 • Time: 2:30-5:00 pm

Location: Nash Pool • Fee: \$6/\$8 NR • Deadline: 10/9

The Nash Recreation Center pool is turning into a floating pumpkin patch. Kids can find a pumpkin, then dry it off and take it to the River Room to paint it when they are done swimming. All children must be accompanied by an adult in the pool area; adults do not need to register. Pool is open from 2:30-4:30 pm and art station is open from 3:00-5:00 pm so families can move through the patch at their own pace and enjoy an afternoon swim with pumpkin hunting. Make the floating pumpkin patch your next fall family tradition. Pumpkins are for preregistered children only, but parents, siblings, and other family are welcome to come and enjoy the open swim.



Halloween Storywalk and Mini-Carnival

Age: 2-12 • Date: Wed 10/23 (rain date 10/30)

Time: 1:30-5:30 pm in 30-min. increments • Location: Park West Lower Shelter

Fee: FREE! Registration required • Deadline: 10/16

Halloween fun for the whole family! Take a walk through the Park West StoryWalk trail, which has come to life with the story of a Halloween-themed children's book. Our book of the year is *Halloween in the Orchard* written by Phyllis Alsdurf and illustrated by Lisa Hunt. After walking the trail, catch a ride to the pumpkin patch and pick out a prize. Activities and games will be spread out along the trail, pumpkin patch, and shelter. Don't forget about family pictures at the haunted house before going home! Pre-registration is FREE but required for children 2-12 only. The ride to the prairie is not wheelchair accessible, but a paved path leads to the pumpkin patch.

Happily Handmade Fall Art Party

Age: 3-18

Date: Wed 11/13

Location: Happily Handmade 815

Fee: \$35/\$42 NR • Deadline: 11/6

The best gifts are made by hand. Let instructor Tonya Hardy teach you to create a fun Thanksgiving decoration or gift. Come ready to get hands on at Happily Handmade 815. You will have a variety of projects to choose from, from paper crafts to felting projects.

Age	Time
3-5	1:00-3:00 pm
6-13	4:00-6:00 pm
14-18	6:30-8:30 pm



Family Fun Night

All Ages

Date: Fri 11/22

Time: 5:30-8:00 pm

Location: Nash Rec Center

Fee: \$5/person

The Oregon High School class of 2025 is hosting a family fun night fundraiser for class activities including spring prom. Come enjoy inflatables, dodgeball, open swim until 7:30 pm and more! Admission is \$5 per person at the door—no preregistration. Celebrate the start of Thanksgiving break with a night of family fun and support the OHS class of 2025!

Youth Activities



Tree-mendous Christmas Children's Crafting

Age: 5-12

Date: Sat 11/23

Time: 4:00-6:30 pm

Location: Cin's Treasures

Fee: \$40/\$48 NR • **Deadline:** 11/16

Want to create a Christmas masterpiece but not quite ready for the intricate details of a full-sized ceramic tree? Cindy Hendrickson of Cin's Treasures Ceramics and Art Studio is putting on a special children's Christmas tree program perfect for young artists. These trees are smaller and less complicated than the full-size adult ones but are just as much fun to make and really light up. Cindy will add a layer of glaze to each tree after class for extra shine and finished projects can be picked up after class during Cin's Treasures Studio's regular business hours. Finished trees are roughly 9.5" tall and 5.5" wide, and are perfect for decorating at home or giving as a gift.

holly jolly Christmas fun

it's the most wonderful time of the year!

Gingerbread Workshop

All Ages Welcome!

Date: Fri 12/6

Time: 3:30-4:30 pm

Location: River Room

Fee: \$6/\$8 NR • **Deadline:** 11/27

It's time again for our annual Gingerbread workshop! Join us in the River Room at Nash as we take graham crackers and frosting and turn them into gingerbread houses. We will have a candy bar for you to make your house extra sweet! We will also be making stocking hat ornaments and decorating (and eating) reindeer grahams. A sweet time will be had by all! Stay after making your gingerbread house for open swim. *One of each item is included in the registration price.*

Christmas Breakfast with Santa

All Ages

Date: Sat 12/14

Time: 8:00-9:30 am & 10:00-11:30 am

Location: Lorado Taft Campus

Fee: Children \$16/\$18 NR

Adults \$20/\$24 NR

Deadline: 12/7

Family meals are a wonderful Christmas tradition and having Santa Claus as a guest is a wonderful treat! Join us at the Lorado Taft Field Campus for a delicious breakfast buffet with a special appearance from both Mr. and Mrs. Claus! A morning of carols, fun and memories for all! Bring your appetite and wear your favorite Christmas outfit or pajamas.

Search for Santa

All Ages

Date: Sat 12/14

Time: 1:00-3:00 pm

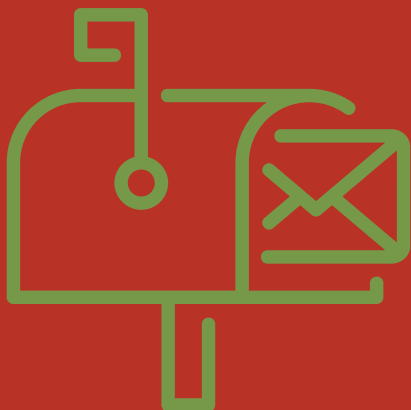
Location: River Room

Fee: \$20/\$24 NR per family

Deadline: 12/7

A fun family adventure! Santa Claus is hidden somewhere in Oregon, can you find him? Families will travel to different locations throughout town to find clues for a special password to meet Santa Claus. Registration is priced per family, not per person. You will start your adventure with a check-in at Nash Recreation Center and then head out to solve the clues! *Families must have their own car for traveling for clues.*

Letters to Santa!



Just in time for Christmas, Santa's elves will be stopping at Nash Recreation Center to set up a mailbox in the lobby that ships directly to the North Pole! Write a letter to Santa Claus to tell him that you have been nice this year. Santa's elves will be checking the mailbox daily for new letters. Remember to include your mailing address to make sure that Santa and his helpers can write back to you. Mailbox will be up from November 23rd through December 15th. Stop in and drop off your letter whenever Nash Recreation Center is Open.

Youth Activities



Nerf Fun for Kids

Age: 5-12

Date: Fri 11/8

Time: 6:00-7:30 pm

Location: Nash Gym

Fee: \$5/\$6 NR • **Deadline:** 10/31

Battle it out with Nerf! Compete in games like Capture the Flag and Free-for-All Combat as well as target practice. Bring your own Nerf guns (no rival series guns please), and safety glasses. We will provide the bullets. Label all your equipment with your name. Oregon Park District is not responsible for lost or damaged guns, bullets or eye protection.

Toddler Gym with Nancy

Age: 1-3 • **Day:** Thursday • **Time:** 11:30 am-12:15 pm • **Location:** River Room

Let's head to the gym and burn off some energy! These sessions will include marching, jumping, skipping and dancing. Class is instructed by Nancy Crandall. Class includes structured play, free play and parachute time. Toddlers must be accompanied by a caregiver. Classes are held in the River Room at Nash Recreation Center.

Date	Fee	Deadline
11/7-11/21	\$20/\$25 NR	10/31
12/5-12/19	\$20/\$25 NR	11/27
1/9-1/30	\$25/\$30 NR	1/2
2/6-2/27	\$25/\$30 NR	1/30

Toddler Drop-in & Play

Age: 0-5 • **Date:** Fri 10/18/24-4/11/25* • **Time:** 9:00 am-12:00 pm

Fee: FREE/Daily Fee for non-members • **Location:** River Room

*No class held 11/29, 12/27, 1/3, 2/14, 3/28

Bring your child aged 0-5 to the River Room to play and meet friends. The cost will be free for passholders or the daily fee for non-passholders. Children *under 5 are free*. *Children must be accompanied by an adult who stays in the room with them at all times.*

Once a month beginning in October, we will have a craft activity for you to complete with your child.

10/18: Beaded pumpkins; 11/15: Hand turkeys; 12/13: Hand and foot reindeer; 1/17: Cotton ball snowman; 2/7: Beaded hearts; 3/14: St. Patrick's Day Rainbow Hats; 4/11: Easter Bunnies

Parents vs Kids Nerf Bash

Age: 6+

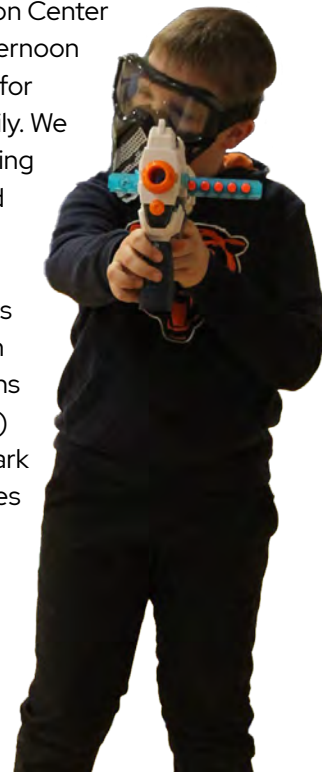
Date: Tu 11/26

Time: 5:30-7:30 pm

Location: Nash Gym

Fee: \$5/\$6 NR • **Deadline:** 11/19

Looking for some family friendly fun over thanksgiving break? Come to the Nash Recreation Center gym for an afternoon of Nerf action for the whole family. We will have shooting challenges and games set to a parent vs kids theme! Families bring their own Nerf brand guns (no rival series) and Oregon Park District provides the darts! All participants must wear safety glasses.



Culinary Kids

Age: 6-9

Date: Tu 11/5

Time: 3:30-5:00 pm

Location: Nash Lounge

Fee: \$35/\$42 NR • **Deadline:** 10/29

Let your little gourmet chef join Ms. Teresa for a fun culinary experience in the kitchen at Nash. The class is designed to introduce each participant to the basics of the kitchen in a creative environment. Delicious creations will be created in class and brought home. Recipe includes a main dish, side and dessert. Cost includes one meal large enough to feed a family of 4. Two children can work on the same meal for the family. Just preheat the oven and dinner is done!

Student Volunteer Orientation

Age: 12-19

Day: Tuesdays 9/3, 10/1, 11/5, or 12/3

Time: 3:30-4:30 pm

Location: Prairie Room

FREE! • **Deadline:** day before class

Oregon Park District is proud to offer many opportunities for Jr. and Sr. High School students to earn service hours to use for school, community college and youth group programs. Many of these opportunities include chances to engage with the community at Oregon Park District events. Prior to attending an OPD event as a volunteer, student volunteers must attend an Oregon Park District Youth Volunteer Orientation. At Orientation, volunteers will learn the basic expectations for volunteers, learn about upcoming opportunities, and meet Oregon Park District Staff. Attendance and completion of a volunteer orientation qualifies as one hour of service. Students unable to attend a regular orientation are welcome to contact caleb@oregonpark.org to schedule an orientation by appointment.

Wild About Monarchs

All Ages Welcome!

Time: 9:00-10:30 am

Fee: \$3/\$4 NR ages 6+, **FREE** ages 5 & under!

Get up close and personal with monarch butterflies! We will spend the morning learning about the incredible life cycle and annual migration these beautiful critters make each year. We will get hands-on in the prairie gardens as monarch butterflies are beginning their annual migration all the way to Mexico. *Children 5 & under are free but must register.*

Date	Location	Deadline
8/24	Park West-Upper Shelter	8/17
9/7	Fairgrounds Park	8/31



Owl-O-Ween Nightwalk

Age: 5+

Date: Fri 10/11

Time: 7:00-8:30 pm

Location: LOMC

Fee: \$5/\$6 NR • **Deadline:** 10/4

October is the time of year for spooky stories, many of which have been inspired by very real but often mysterious owls. Come to Lutheran Outdoor Ministries Center for an evening hike all about the owls of Illinois. We will have a short program about Illinois owl species and how to recognize them, take a hike to practice listening for wild owls in their natural habitat, and end the evening with a campfire and smores. Remember to layer up and wear sturdy walking shoes for hiking.

Education

pets!



Virtual Canine Costume Contest

Fun costumes aren't just for kids—dress up your favorite canine companion for our virtual canine costume contest! To participate, email caleb@oregonpark.org a picture of your dog in costume with name, breed, age and costume by midnight on October 27.

All submitted pictures will be posted to our Facebook page in the evening on October 29 and whichever dog has the most likes by 8:00 am on November 1 is the winner! Make sure to tell all your friends to vote for your dog. Winners receive a free Nash Recreation Center Family quarterly membership and a 2025 Wiggly Field Dog Park pass.

Virtual Feline Costume Contest

Why let the dog lovers have all the fun? Send us your costumed cat photos to participate in our first-ever virtual feline costume contest. To participate, email caleb@oregonpark.org a picture of your cat in costume with name, age and costume by midnight on October 20. All submitted pictures will be posted to our Facebook page in the evening on October 22 and whichever cat gets the most likes by 8:00 am on October 25 is the winner! Humans will win a family quarterly membership to Nash Recreation Center.

Education



The Oregon Park District Children's Center program is designed to help prepare your child for kindergarten. Children will learn both indoors and outdoors utilizing both of our classrooms. Mrs. Crandall and Ms. Teresa have developed a curriculum to assist your child's social and emotional development as well as providing kindergarten readiness skills.

Drop-off and pick-up will occur at our Children's Center entrance located at School Street and South 6th Street. This location allows for you to drop your child off at the entrance from your car directly to our teachers.

The Tuesday/Thursday class is geared towards 3-year-olds and younger 4-year-

olds. Class meets from 8:15-10:45 am two days per week. Children must be at least 3 years old to attend the two-day class.

The Monday/Wednesday/Friday class is structured for 4-year-olds and younger 5-year-olds. Children must be at least 4 years old by September 1 to attend. The class will meet on Monday and Friday from 8:15-11:00 am. Wednesday class will meet from 8:15 am-12:00 pm. Children will bring a packed lunch each Wednesday and enjoy lunch with their teachers to help prepare them for school lunches in Kindergarten.

Children must be potty trained by the first day of class. A birth certificate is required at registration.

Tuition Assistance:

Application and guidelines are available at Nash Recreation Center for the A. Charles and Lillimore Lawrence Scholarship. The scholarship will supplement tuition for the Children's Center for the 2024-2025 school year for families that meet income guidelines. For more information call Nash Recreation Center, 815-732-3101 or email megan@oregonpark.org.

To register for either program, please call Nash (815) 732-3101. A deposit is required at the time of registration. The deposit is non-refundable and applied towards your September tuition. Monthly tuition payments will begin in October 2024.

EXTENDED TIME

Enroll your child in Extended Time Before School Care. Staff engage students in both recreational and educational activities that encourage teamwork, self-confidence and fun.

Age: 5-12 • Location: OES (Room 138)

AFTER SCHOOL

- M/Tu/Th/F 3:00-5:30 pm-\$9 day/per student
- Wednesday 2:00-5:30 pm-\$13 day/per student
- Registration Deadline: 25th of the month prior
- Children can come straight to the ET room after school! Daily afternoon schedule includes time for a snack, homework, themed projects, and physical activity.
- Please ensure we have all information updated in our online registration system (including payment) by the 25th of the month prior to attendance. \$2/student/day late fee with a max of \$20.
- NO registrations are accepted after the first of the month.



No School Days at Nash

Age: 5-12
Time: 7:30 am-5:00 pm
Location: Prairie Room
Fee: \$40/\$48 NR

No school in the Oregon School District means fun times at the Oregon Park District! Join us on the days off from school for fun at Nash. We will do crafts, play games, play outside (weather permitting), swim and have lots of fun!

Date	Deadline
Fri 10/11	10/3
Tu 11/5	10/29
Mon 1/20	1/13

Day Off School at Lorado Taft

Age: 5-12
Date: Mon 10/14
Time: 8:30 am-4:00 pm
Location: Lorado Taft Campus
Fee: \$40/\$48 NR • **Deadline:** 10/7

Join us on October 14, Columbus Day, for a day of fun at Lorado Taft Field Campus. We will spend the day hiking, playing games and learning about nature, and the Taft cooks will prepare a scrumptious lunch for us to enjoy.

Thanksgiving Break Mini Day Camp

Age: 5-12
Date: Mon 11/25 and/or Tu 11/26
Time: 7:30 am-5:00 pm
Location: Prairie Room
Fee: \$40/\$48 NR per day
Deadline: 11/18

Oregon Schools are out November 25 and 26 in preparation for Thanksgiving week. Join us at Nash for a mini day camp! We will have day camp activities including games, crafts, active play in the gym and swimming. We will serve a nutritious snack each day but campers will need a sack lunch. Join us for one or both days!



Musical Milestones with Ms. K-Rae

Age: 3 mos.-18 mos.
Time: 9:45-10:30 am
Location: River Room

Join K-Rae Knowles for a time of fun while learning and practicing skills. Babies and their caregivers will work together in a safe space with music as the backdrop learning simple colors, numbers, and sign language all while bonding.

Date	Fee	Deadline
Sat 10/5-10/26	\$30/\$36 NR	9/30
Sat 11/2-11/23	\$30/\$36 NR	10/26
Fri 12/6-12/20	\$22/\$27 NR	11/23

Preschool Music Time with Ms. K-Rae

Age: 2-5
Time: 2:00-2:45 pm
Location: River Room
Fee: \$30/\$36 NR

Join K-Rae Knowles to practice those Kindergarten readiness skills. She will appeal to those who love Ms. Rachel as she will use a similar style in her classes. We will have fun with a daily theme with activities in a story, music, movement, instruments and much more. *An adult must remain with the child at all times.*

Date	Deadline
Mon 10/7-10/28	9/30
Mon 11/4-11/25	10/28
Mon 12/2-12/23	11/25



Mad Scientist Halloween STEM

Age: 6-12
Date: Fri 10/4
Time: 3:30-4:30 pm
Location: River Room
Fee: \$6/\$8 NR • **Deadline:** 9/25

Join us in the reading nook for an afternoon of mad scientist fun. We will make pumpkins puke, ghosts fizz, power witches with static and much more. Kids should dress for messy play.

Grinch STEM-bilation

Age: 6-12
Date: Fri 12/20
Time: 3:30-4:30 pm
Location: River Room
Fee: \$6/\$8 NR • **Deadline:** 12/11

Join us for a Grinchy good time with a variety of STEM activities. We will grow the Grinch's heart, make Grinch bathbombs and Grinch slime and play some Grinch Bingo! There may be a surprise activity or two as well. Stay after the STEM-bilation for open swim.

Slime Time STEM

Age: 6-12
Date: Mon 1/20
Time: 12:00-1:00 pm
Location: River Room
Fee: \$6/\$8 NR • **Deadline:** 1/13

Join us for this hour of all things slimy. We will have the supplies to make slime and mix ins to make your slime even better. Go home with two different slimes of your making and recipes to make more variations at home. Stay after making slime for open swim!

Shelters

Reserve Space Outdoors!

Community members may reserve a park shelter for family parties, reunions, or community group picnics. The shelters below will provide your group an area to gather and share a meal while enjoying an Oregon Park District park site. Shelter reservations are available from May 1st through October 31st each year and can be made up to 365 days in advance.

Park West 1402 Koontz Place

With a yalp court, baggo, inclusive playground, ampitheater, skate park, splash park, boardwalk, batting cage, 2 sand volleyball courts, 2 ball diamonds, 3 tennis courts, 2 basketball courts, 4 shelters, grills, an open play area, and a walking trail, this park has just about everything you need for a great day outdoors. NEW this summer! Mini-Pitch Soccer!

Upper Shelter

- Capacity: 30-40
- Picnic Tables: 6
- Fee: \$35/\$42 NR
- Per Day: \$50/\$60 NR

Lower Shelter

- Capacity: 40-60
- Picnic Tables: 10
- Fee: \$45/\$52 NR
- Per Day: \$65/\$78 NR



Park East 200 Jones Terrace / 120 River Road

Split by River Road this park has many options for recreation including a ball diamond, 2 shelters, grills, 2 playgrounds, an open play area, river fishing, basketball court, and a walking trail.

Inland Shelter

- Capacity: 100-200
- Picnic Tables: 17
- Fee: \$35/\$42 NR
- Per Day: \$50/\$60 NR

River Shelter

- Capacity: 40-50
- Picnic Tables: 8
- Fee: \$35/\$42 NR
- Per Day: \$50/\$60 NR



Shelters

Lions Park 809 Webster St.



This park has a ball diamond, shelter, playground, and open play area.

- Capacity: 20-30
- Picnic Tables: 8
- Fee: \$35/\$42 NR
- Per Day: \$50/\$60 NR

Kiwanis Park 201 N. 2nd St.



This park has a shelter and access for river fishing.

- Capacity: 20-40
- Picnic Tables: 6
- Fee: \$35/\$42 NR
- Per Day: \$50/\$60 NR

Mix Park 701 S. 4th St.



Located in the middle of Oregon, this park's amenities include a shelter, grill, playground, open play area, and pickleball courts.

- Capacity: 30-40
- Picnic Tables: 7
- Fee: Free

Fairground Park 607 Fair Park Dr.



Park has a ball diamond, shelter, grill, gazebo, playground, open play area, basketball court, a walking trail and fitness/play pods located on the walking trail.

- Capacity: 40-60
- Picnic Tables: 9
- Fee: \$35/\$42 NR
- Per Day: \$50/\$60 NR

Reservations can be made online at www.oregonpark.org or over the phone by calling 815-732-3101. Reserve any shelter from 8 am-2 pm or 2 pm-8 pm. Reserve both time slots at a discounted rate.

Shelters

	Capacity	Grill	Electricity	Picnic Tables	Playground	Sports Fields	Walking Trail	Fishing	Park Size
Park West Upper	30-40	✓		6	✓	✓	✓		58.5 acres
Park West Lower	40-60	✓	✓	8	✓	✓	✓		58.5 acres
Park East Inland	100-120	✓	✓	19	✓	✓			21.5 acres
Park East River	40-50	✓	✓	7	✓			✓	21.5 acres
Lions Park	20-30			8	✓	✓			3 acres
Kiwanis Park	20-40			6				✓	1.5 acres
Mix Park	30-40	✓	✓	7	✓	✓			3 acres
Fairground Park	40-60	✓	✓	7	✓	✓	✓		10.5 acres

Reservations can be made online at www.oregonpark.org or over the phone by calling 815-732-3101. Reserve any shelter from 8 am-2 pm or 2 pm-8 pm. Reserve both time slots at a discounted rate.

Reading Nook 210 S. 6th St.

Park offers a little library, pergola with seating and playground for ages 2-5.

- Picnic Tables: 3



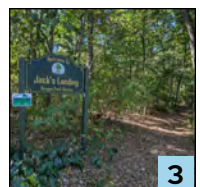
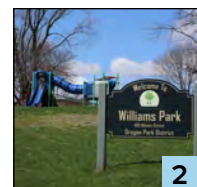
Wiggly Field Dog Park 810 S. 13th St.

One acre fenced off-leash dog park with two separate entrances and exits for safety. The first area is an open running area and the second is an agility training area. The park offers water fountains for people and dogs. All users and dogs must have a permit from Nash Recreation Center to get your permit. Proof of rabies vaccination is required upon registering. A \$10 Key Fob deposit is collected for all first-time users. Yearly Fee: 1st dog \$5/\$6 NR; 2nd dog \$2/\$3 NR



Other Oregon Park District Parks

- 1. Carnation Park**, 1 Webster Street: River fishing and a walking trail
- 2. Williams Park**, 1101 Illinois Street: Open play area and playground
- 3. Jack's Landing**, Corner of Lafayette & 2nd St. in Daysville: Canoe portage and a walking trail



General Info

Activity Guide Release

Digital activity guides are released each year. A full updated guide can always be found by visiting the district's website: www.oregonpark.org.

Blood Pressure Monitor

The Park District offers a free blood pressure and heart rate monitor in our Fitness Center. It is a fully automatic self-attended monitor. Be heart-healthy and happy! Know your blood pressure!

Lost & Found

Lost and found articles are kept a maximum of 30 days and then donated to charitable organizations. If you think you or a family member may have lost something in one of our parks or facilities, please call or visit Nash Recreation Center.

Scholarship Program

The Oregon Park District believes that every child should have an opportunity to participate in recreational programs regardless of financial hardship. The Oregon Park District offers scholarships to all OCUSD students for reduced program rates according to financial need. Application forms are available at Nash Recreation Center or online at www.oregonpark.org. Applicants for scholarships are not guaranteed program registration or choice of program location. Scholarship fund availability cannot be guaranteed.

Memorial Tree & Bench

Sponsored by the Oregon Park District, the Memorial Bench and Tree Program allows groups and individuals to donate trees or benches to commemorate special events, honor individuals or agencies, or as memorials to loved ones to be placed in park district parks. The criteria for tree and bench styles is based on park design, function, aesthetics, and maintenance. There are two benches and ten different trees available for memorials. Costs for the memorial benches and trees vary. Please contact Brent Suter, Superintendent of Parks and Facilities, at 815-732-3101 or brent@oregonpark.org for ordering information.

Americans With Disabilities Act

The Oregon Park District is happy to comply with the spirit of the Americans with Disabilities Act. If you need special accommodations (such as an interpreter or physical assistance), please call the Oregon Park District (TDD or Voice) two weeks in advance so that we may make the necessary arrangements for you.

Night Fishing Permits

You can now fish at night in Oregon Park District parks by purchasing a required Night Fishing Permit. To purchase a permit, please call Nash Recreation Center (815)732-3101. Permits are \$20.00 and are valid through the end of the calendar year.



Photo Policy

The Oregon Park District and/or professional photographers under contract may videotape or take photographs of participants in Park District activities, classes, programs, or parks. These photographs and videotapes are used for future recreation guides, brochures, Facebook and other marketing materials.

Gift Cards

Gift Cards are available for memberships, activities, and more! For more information call (815)732-3101.

Military Policy

Military home on active duty, their resident family members during military tours and wounded warriors will have access to Nash Recreation Center at no charge. Also, veterans will receive a military discount rate of 10% that cannot be combined with any other discounts. Proof of Common Access Card or documentation with their status as a veteran disabled during service is required.

Image Release

Some graphics courtesy of Vecteezy, Pixabay, Unsplash, Freepik and Flaticon.

let's get
social.  

FOR CURRENT NEWS AND HAPPENINGS
AT OREGON PARK DISTRICT, BE SURE TO
FOLLOW US ON FACEBOOK & INSTAGRAM!
[@oregonparkdistrict](https://www.facebook.com/oregonparkdistrict)

The Oregon Park District would like to thank the following businesses for their gracious sponsorships. Each sponsorship is allocated to help offset the costs of programs and events offered to our community.

Presenting Sponsor



Entertainment Sponsors

Coilcraft



Stillman BANK

WOODS



Youth Area Sponsors



WILLIAMS GROUP PHOTOGRAPHY



Any local business who is interested in becoming an Oregon Park District sponsor may do so by contacting Tina Ketter, Superintendent of Recreation, at tina@oregonpark.org or 815-732-3101.