



OREGON PARK DISTRICT



CARING. CREATIVE. COMMUNITY-FOCUSED.

we are



304 S. 5th Street, Oregon OregonPark.org | 815.732.3101

2025 SUMMERSON ER

General Info

Board meetings are typically held the 2nd Tuesday of each month at 6 pm at Nash Recreation Center. Please check our website for the full meeting schedule. The public is encouraged to attend.

Board of Commissioners



Brian Beckman President



Josh Messenger Vice President



Mark Tremble Commissioner



George Howe Commissioner



Adam Larsen Commissioner

Park District Staff



Erin Folk Executive Director erin@oregonpark.org



Dan Griffin Finance & Technology Administrator dan@oregonpark.org



Tina Ketter Superintendent of Recreation tina@oregonpark.org



Brent Suter Superintendent of Parks and Facilities brent@oregonpark.org



Caleb Jenks Adult Programming & Events Coordinator caleb@oregonpark.org



Kelley Huston Recreation Program Coordinator kelley@oregonpark.org



Lesley Sheffield Athletic Coordinator Iesley@oregonpark.org



Nick Karper Deputy Supt. of Parks nick@oregonpark.org



Matthew Downing Deputy Supt. of Facilities matthew@oregonpark.org



Mary Sansone Custodial & Support Services Supervisor



Nick McPhail Skilled Parks Laborer



Ethan Drew Skilled Parks Laborer







Letter from the Director

Oregon Park District Residents,

We are excited to share that construction is officially underway at Park East! This major redevelopment project began on April 1 and is scheduled to conclude by August 15, 2025. While construction may temporarily impact park access, we are confident the improvements will be well worth the wait.

The enhancements at Park East include:

- A brand-new playground with an artificial turf surface for improved accessibility and separated 2-5 yr and 5-12 yr play spaces
- A new baseball field with lights
- A disc golf course
- A walking trail
- A basketball court
- A new parking lot
- ADA improvements throughout the park

This exciting project is made possible by a \$600,000 grant from the Illinois Department of Natural Resources, with matching funds provided by the Oregon Park District. As part of the playground installation, the existing equipment was removed by Kids Around the World and repurposed in a country where access to playgrounds is limited – allowing us to give back even as we build for the future.

Throughout the construction period, our staff has worked diligently with partners like the Chana School Museum and Ganymedes Baseball Program to minimize disruptions to their programming.

As we look ahead to a great summer, we also invite you to explore the exciting programs featured in our Summer Program Guide! Highlights include:

- Pop Up and Play, beginning May 27
- Joe Kerwin Baseball & Softball Celebration on May 31
- Art in the Park, launching June 4
- Our always-popular Concert Series, starting June 17 at Park West

Thank you for your continued support as we invest in the future of our parks and create inclusive, vibrant spaces for our community to enjoy.

Warm Regards,

FRK

Erin Folk, Executive Director

Our Mission To provide communityfocused social and recreational activities

through exceptional programs, parks and facilities

Our vision We strive for operational

excellence through caring, creative and community focused service Our values Caring Creative

Community-Focused

General Info

What's Inside

















Need To Know Info

Nash Recreation Center

304 South Fifth Street P.O. Box 237 Oregon, IL 61061 (815)732-3101 (815)732-RUBY - Hotline (815)732-3736 - Fax

HOURS

Monday - Friday: 5:30 am - 8:00 pm Saturday: 7:00 am - 3:00 pm Sunday: Closed* *Closed Sundays, May-September

ADMINISTRATIVE HOURS

Monday - Friday 8:30 am - 4:30 pm Oregon Park District Office, Nash Recreation Center

HOLIDAY CLOSURES

Memorial Day: Monday, May 26 Independence Day: Friday, July 4 Labor Day: Monday, September 1

Financial Assistance

The Oregon Park District provides financial assistance in several forms to help families or individuals that are in financial difficulty with program fees, preschool tuition, Extended Time program and Camp Oh-Pea-Dee. Funds are provided through employee-driven fundraising and generous donations through the A. Charles and Lillemor Lawrence Foundation. Applications are available online and at Nash Recreation Center, 304 S. 5th Street, Oregon. For more information or questions contact Dan at dan@oregonpark.org. Funds are available for anyone residing within the Oregon School District boundaries ages 18 and under.

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Registration

OREGONPARK.ORG/PROGRAMS/ONLINE-REGISTRATION

Summer Program **Registration Opens** May 5th and 6th!

sign up Online

Member registration starts May 5th; **Public registration** opens May 6th.

Registrations are processed on a first-come-first-served basis. Please register early - programs fill quickly. If a program is full, we encourage you to sign up for the waitlist. Registrants on the waitlists will be notified first of additional spots opening or new program times.

Fees are listed with resident fees first. NR=Non-resident fees.

If you have any questions regarding residency or registration, call 815-732-3101 or email info@ oregonpark.org.

How To Register **Online Registration**

Visit us at www.oregonpark. org to sign up for an online ID and register for any of our activities over the web.

Phone-in Registration

Call (815) 732-3101 and one of our friendly receptionists would be happy to enroll you or your family.

Drop-in Registration

Visit Nash and register for any of our activities, passes or rentals.

OPD Residents

Residents are defined as individuals who live or own property within the boundaries of the District that pay taxes to help support District operations.

Exceptions:

School age children living within the Oregon School District boundaries (regardless of whether they live within the boundaries of the Park District) are considered residents of the District.

Village of Mt. Morris Residents can register for all programs, memberships, facility rentals and daily fees at the Oregon Park District resident rate. Additional non-resident fees are subsidized by the Village of Mt. Morris.

Waitlist

If you are placed on a wait list for a class, and an opening becomes available, you will be contacted by customer service staff. Within 24 hours of being contacted, payment must be made at Nash Recreation Center, 304 S. 5th St. Oregon, or over the phone 815-732-3101.

Sibling Discount for Select Programs

The Oregon Park District offers a sibling discount of 10% for select programs for each additional child enrolled in a program where one child has already enrolled at full price in the same session. Registration for all siblings must take place at Nash or by phone at the same time in order to receive the discount, if applicable. All family members must be in the same account to qualify. Discounts are not available through online

registration. If you wish to take advantage of our Sibling Discount, please register with our customer service staff over the phone or at Nash Recreation Center.

Refund Policy

To withdraw from a program, a refund application must be completed online. An administrative fee of \$5 shall be deducted from the amount of the refund to offset the cost of processing the refund. A full refund, less the fee, will be granted if the application for refund is filed at least ten days prior to the scheduled start of the program or activity. To avoid the \$5 administration fee, the refund amount may be credited to another program fee. Refunds will not be granted after the registration deadline. All program refunds are subject to the program coordinator's approval. A full refund will be issued if the Park District reschedules or cancels a class. A refund request can be made on our website under the Refund Request link or by completing a form in the office.

Late Registration

To ensure quality planning and program preparation, all registrations must be submitted by the published deadline. A \$15 late fee will be applied to any registration received after the deadline. Late registrations are not guaranteed and will only be accepted if space is available.

Class Changes

The Oregon Park District may cancel, postpone, combine classes, or change instructors. Classes may be cancelled due to low enrollment and refunds will be issued. All participants will be notified of any scheduling changes or cancellations.







Membership

Passes & Daily Fees

A pass or daily fee allows patrons to use the pool and whirlpool, gym, TRX room, and Fitness Center.

Lockers

The Oregon Park District has lockers available for rental to annual pass holders for the term of the pass. The monthly recurring cost is \$10 for residents and \$12 for non-residents.

Raquetball & Wallyball

Racquetball court rental is included in the annual pass fee and is \$3/hr for non-annual pass holders. Wallyball court rental is \$5/hr. Age restriction of 13+ without a guardian.

Nash Fitness Center

The Nash Fitness Center is over 6,000 square feet and features a three lane rubberized track that surrounds our CYBEX strength training machines, free weights, and cardiovascular equipment. Fitness Center staff is available to set up an orientation for any and all users.

TRX Room

Our TRX Room is an 800 square foot space of alternative fitness equipment including TRX stations, kettlebells, weighted ropes, yoga mats, dumbbells, tire flip, punching bag, spin bikes, rower, elliptical, air assault treadmill and stair mill. Age Restriction of 18+

Resident Fees

	Student K-12	Adult 18+	Senior 60+	Senior Couple	Family*
Annual Pass	\$182	\$258	\$213	\$380	\$592
Quarterly Pass	\$61	\$76	\$70	\$114	\$184
Monthly Pass	\$23	\$28	\$25	\$41	\$63
10 Punch Pass Card	\$21	\$29	\$22	NA	NA
Daily Fee	\$3	\$4	\$3	\$4	\$11
Auto Debit Monthly	12 @ \$18	12 @ \$24	12 @ \$20	12 @ \$34	12 @ \$51

Non-Resident Fees

	Student K-12	Adult 18+	Senior 60+	Senior Couple	Family*
Annual Pass	\$213	\$319	\$258	\$455	\$713
Quarterly Pass	\$70	\$91	\$83	\$139	\$215
Monthly Pass	\$25	\$35	\$29	\$51	\$76
10 Punch Pass Card	\$28	\$36	\$29	NA	NA
Daily Fee	\$4	\$5	\$4	\$6	\$15
Auto Debit Monthly	12 @ \$21	12 @ \$29	12 @ \$24	12 @ \$40	12 @ \$61

*Family: Persons must reside in the same household. Each household is limited to two adults, legally married (including civil union and common law marriage), with the exception of full-time students between the ages of 18 and 24. An unlimited number of persons 17 and under can be included under a family membership.

Creating an Account

An account must be established in the District's registration system before any registration for programs, events, or memberships can be completed. Accounts can be created online at www. oregonpark.org. By default, your account will be created with a Non-Resident status. If you live within the District boundaries and are a resident, please call Nash Recreation Center at 815-732-3101 so our customer service team can verify your residency and update your account.

Automatic Monthly Payment

This is a convenient way to pay for your pass. The automatic debit monthly fees are shown below. With your permission, automatic credit card charges will be made each month. The first amount is the initial payment that will be made when registering, followed by the amount of 11 equal payments charged each month.

Age Restrictions

Children under the age of 5 are welcome to use the gym and pool area free of charge. Anyone 3rd grade or younger must be accompanied by a parent or responsible person, Junior High aged or older in the facility. Participants must be 7th grade or older to use the Nash Fitness Center and 9th grade or older to use the free weights.

7th & 8th graders have the opportunity to complete a Fitness Orientation with a personal trainer. Upon completion, 7th & 8th graders can use the area when accompanied by an adult, 18 years or older. See page 13 for more information on the Fitness Orientation.

Membership Cancellations

Refunds will not be approved on Park District passes, however refunds may be requested on passes for two reasons: major illness and/or injury with a doctor's note or a move outside of a 90 mile radius with proof of primary residency (updated ID, utility bill, etc.). Passes and cards are non-transferable.

Aquatics

4 weeks \$65/\$71 NR *5 weeks \$81.25/\$88.75 NR

Catch the Wave Swim Cub structures the program to provide much more than just swimming lessons. Our curriculum, teacher training, evaluation system, and parent communication are all designed to provide a total Aquatic Education. Our primary technique to achieve water safety is to teach all students to comfortably live in the water. When a student truly learns to live in the water, the strokes come easily. We find that when a child enjoys the lessons, the more successful the learning process is. Therefore, our priority is to create a happy atmosphere.

Small class sizes • Professionally trained teachers Consistent, year-round approach • Private swim lessons available Flexible scheduling & make-up classes offered

Penguin Babies

Parent participation is required in the water. Class focus is on water acclamation, submersion, back floating, & independence in the water.

Little Learners

Student focus is on overcoming anxieties associated with the water and parent separation along with introductory back float techniques.

Intermediate

Student focus is on self-rescue foundations through proper stroke and breathing techniques.

Advanced

Student focus is on advanced freestyle and backstroke training with a strong emphasis on kicking & body position.

Elite

Elite is considered our pre-team level. Students focus on swimming efficiency through distance training and coordinating stroke movements.

Tuesdays & Thursdays from 4-7 pm Private lessons offered on

WIM

Wednesdays-\$35/lesson

NEW TO CATCH THE WAVE?

Visit catchthewaveswim.com to create your online parent portal and register online. If you need assistance with regsitration or have questions about the program and/or your child, please contact Catch the Wave Director, Nick, by calling 608-340-3030 ext. 5, texting 608-340-3030 or emailing CTWOregon@gmail.com.

ALREADY IN THE CATCH THE WAVE PROGRAM? Log into the parent portal to select Rockhopper Swim Team.

Party at the

Celebrate a special occasion with friends & family at the Nash Recreation Center! Two room sizes are available to suit your needs.

	Devi	Prairie Room		River Room	
100	Day	Available Times	Reservation Fee	Available Times	Reservation Fee
Splash	Friday^	5:00-7:30 pm	\$69/\$81 NR	5:00-7:30 pm	\$110/\$126 NR
Bash	Saturday	11:00 am-2:00 pm	\$76/\$89 NR	11:00 am-12:30 pm 1:00-2:30 pm	\$87/\$98 NR \$87/\$98 NR
Rentals	Sunday*	12:00-3:00 pm	\$76/\$89 NR	12:00-1:30 pm 2:00-3:30 pm	\$87/\$98 NR \$87/\$98 NR

^ Friday Pool Schedule only available during Fall/Winter

* Sundays are closed from May through September

Splash Bash Rentals include up to 15 guests in the Prairie Room and 25 guests in the River Room. Additional Guests can attend the Splash Bash at the daily facility rate. Reservations are required at least 2 weeks in advance. When making a reservation, please have an approximate number attending for room set up. Set-up time of 15 minutes prior to the reservation time is allowed for decorating. Refunds will only be considered if notice is given 10 days in advance.

	Friday^
Private	Saturday
Rentals	Sunday

Day	Time	Under 50 guests	50 or more guests
Friday^	8:00-10:00 pm	\$350/\$420 NR	\$400/\$480 NR
Saturday*	3:30-6:30 pm	\$525/\$630 NR	\$600/\$720 NR
Sunday	5:30-7:30 pm	\$525/\$630 NR	\$600/\$720 NR

^ Friday Private Facility Rental only available during Fall/Winter to coincide with Open Swim Pool Schedule * Additional hours may be available on Saturdays with advanced notice.

Celebrate your event with the Nash Recreation Center pool and facility all to yourself! These parties occur after the facility has been closed to the general public and pass holders. This is a perfect location for youth groups, sports teams or school after-hours events. For more information or to make a private reservation contact Dan at (815) 732-3101 or dan@ oregonpark.org. Private rentals must be booked a minimum of 3 weeks in advance to verify staff scheduling availability.

Party at ISS States of the second sec

Room Rentals

RIVER ROOM

The River Room has a capacity of 75-100 people. Tables and chairs are provided for events.
\$45/\$55 NR for first hour
\$23/\$28 NR per hour after the first hour

PRAIRIE ROOM

The Prairie Room has a capacity of 25 people. Tables and chairs are provided for events.

- \$30/\$35 NR for first hour
- \$15/\$17 NR per hour after the first hour

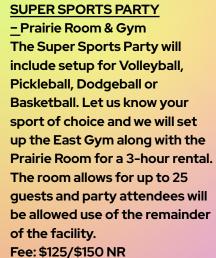
GYM (HALF)

The Gym features 2 full basketball courts. Each side must be reserved individually. Water only; no other food/drinks.

- \$35/\$41 NR for first hour
- \$17/\$21 NR per hour after the first hour

NEW! Special Party Rentals







<u>NERF PARTY</u> <u>-</u> Prairie Room & Gym

Bring your own Nerf branded guns and enjoy a Nerf Party! The party includes a 3-hour rental of the Prairie room and one hour in the East Gym. The East Gym will be setup with bunkers of tumbling equipment for your Nerf fight. The room allows for up to 25 guests and party attendees will be allowed use of the remainder of the facility. Fee: \$150/\$180 NR



TODDLER TUMBLING PARTY - River Room

Let us set up our tumbling equipment for your toddler and friends to play. This party package includes 3 hours in our River Room. We can setup tables and chairs for 25 guests along with the equipment. Fee: \$125/\$150 NR

Special Party Rental Available Hours: Friday: 5:00–8:00 pm • Saturday: 11:30 am-2:30 pm • Sunday*: 1:30–4:30 pm * Sundays are closed from May through September

Aquatics

Swim Programs

Twinges Age: 16+

Let the natural buoyancy and resistance of the water help you improve your joint strength and flexibility along with improving cardiovascular endurance while walking and jogging in the shallow end. Participants do not need to know how to swim.

Water Aerobics Age: 16+

Exercise your entire body without putting stress on your back and joints. This class will work on toning, cardiovascular strength, endurance, and flexibility. All levels can participate, and participants can tailor exercises to their ability.

Deep Water Aerobics Age: 16+

Deep Water Aerobics is a more intense workout than your typical water aerobics class. Working out in the deep end will allow you to get a cardiovascular workout without the impact. You will also increase your endurance, flexibility and strength. Participants do not need to know how to swim. An aqua jogger belt will be provided.

Lap & Exercise Swim

Age: 7th grade or older

Five lap lanes will be available for lap swim. One lane available for walking/jogging. Bay area will be available for exercise use. Swimming 32 laps is a one mile workout

Open Swim All Ages

All areas of the pool are open for use, including our climbing wall and basketball hoop. Pool toys are allowed in the pool at the discretion of the aquatic staff.

Multi-Use Swim All Ages

Multi-Use Swim is open to all ages; however, children are to be accompanied by an adult ages 13 or older. 2-3 lap lanes will be open. Remainder of the pool and bay area as well as the hot tub will be open for use.

Nash Recreation Center Pool

The Nash pool features stairs to a 3-foot bay area attached to a 25 meter 6 lane pool. The deepest area is 10 feet. The pool is equipped with a handicap chair lift to assist patrons in and out of the pool. After your workout, you can enjoy the 13-person hot tub with both high and low jets.

Hot Tub Hours

The hot tub is available for use during Lap Swim, Open Swim, Water Aerobics, and Twinges classes. You must be at least 16 years old to use the hot tub. The hot tub is equipped with a handicap chair lift to assist patrons in and out of the hot tub.



Water Aerobics Punch Passes

5 punch: \$30/\$36 NR • 15 punch: \$82/\$96 NR 30 punch: \$150/\$180 NR • 50 punch: \$225/\$270 NR Drop-in Fee: \$9/\$11 NR

Passes are required for Water Aerobics, Deep Water Aerobics & Twinges and are valid for 1 year from date of purchase. No drop-ins are allowed and reservations are required.

Summer Pool Schedule May 27th-August 30th (closed July 2-4)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lap Swim	5:45-7:45 am 10:30 am-1:00 pm	5:45-7:45 am 11:15 am-1:00 pm 4:00-6:00 pm	10:30-1:00 pm	5:45-7:45 am 11:30 am-1:00 pm 4:00-6:00 pm	5:45-8:45 am	
Multi-Use & Lap Swim	3:30-5:30 pm		3:00-5:30 pm		10:30-1:00 pm	7:30-11:00 am
Open Swim	1:00-3:00 pm		1:00-3:00 pm	1:00-3:00 pm		11:00-2:30 pm
	Reservations are required for Water Aerobics and Twinges.					
Water Aerobics	8:00-9:00 am	8:00-9:00 am		8:00-9:00 am		
Deep Water Aerobics		9:10-10:10 am		9:10-10:10 am		
Twinges		10:15-11:15 am		10:15-11:15 am		

Please note holiday closures. Reservations for Water Aerobics, Deep Water Aerobics, & Twinges are required; cancellations must be made two hours prior, or a punch pass will be used. Reservations for a class can be made online at oregonpark.org or call 815-732-3101.



Financial Assistance Application Form

Scan to apply ouline!

The Oregon Park District believes that all residents should have the opportunity to participate in recreation programs regardless of financial ability. Therefore, the Park District will offer a limited amount of reduced, special, or waived financial assistance for those in need. For more information or to apply online, scan the QR code or go to **oregonpark.org/financial-assistance**.



	_ City:	State:
Work:	(Cell:
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2	3	
5		
		Work: 0

Please complete the following two questions. Provide your total household income and whether your children are eligible for the Free or Reduced Lunch Program at the School District. If necessary, paperwork may be requested to provide proof of qualications.

Total Household Income: _____

Are your children eligible for the Free or Reduced Lunch Program based on the guidelines provided by the Illinois State Board of Education:

Participant Name	Program Name	Program Code	Program Fee

I certify that the above information is true and correct and understand that its accuracy may be verified. I agree to repay, in full, any financial assistance awarded based upon falsified information.

Some programs may include participation requirements and other required criteria to receive financial assistance. Please contact the Park District for further information.

Signature of Applicant

Date

FOR OFFICE USE ONLY-Please do not write below this line

Date Received: _

Amount Approved: _

Authorization:

Aquatics

Rosann's Aquatic Bootcamp

Age 16+ • Location: Nash Rec Center Pool

Take your workout to the next level with Rosann's Aquatic Bootcamp – a high-energy, full-body workout in both thedeep and shallow areas of the pool. This one-hour class is designed to challenge your strength, endurance, and flexibility while minimizing impact on your joints. You'll engage in a variety of exercises that target core stability, cardiovascular endurance, muscle toning, and overall conditioning. Whether you're looking to build strength, improve balance, or simply enjoy a dynamic water workout, this class is for you! All fitness levels are welcome –-come ready to make a splash and push your limits! *No water aerobics punches can be used for this class. Must register for month.*

Wed	Wednesdays 5:30-6:30 pm				
Date	Fee	Deadline			
5/7-5/28	\$26/\$32 NR	5/1			
6/4-6/25 *no class 6/11	\$19/\$23 NR	5/29			
7/9-7/30	\$26/\$32 NR	6/26			
8/6-8/27	\$26/\$32 NR	7/30			
9/3-9/24	\$26/\$32 NR	8/28			

Mondays 5:30-6:30 pm				
Date	Fee	Deadline		
6/2-6/30 *no class 6/9	\$26/\$32 NR	5/29		
7/7-7/28	\$26/\$32 NR	7/2		
8/4-8/25	\$26/\$32 NR	7/31		
9/8-9/29	\$26/\$32 NR	8/26		

Wednesdays 9:30-10:30 am				
Date	Fee	Deadline		
6/4-6/25 *no class 6/11	\$19/\$23 NR	5/29		
7/9-7/30	\$26/\$32 NR	6/26		
8/6-8/27	\$26/\$32 NR	7/30		
9/3-9/24	\$26/\$32 NR	8/28		

Pool Closure Notice



Please note that the pool will be CLOSED on Tuesday, July 2 and Wednesday, July
3 for maintenance. We appreciate your understanding as we work to keep our facility safe, clean, and ready for fun all summer long!

Healthcare Partners

The Oregon Park District is an approved location for Silver Sneakers, Renew Active, Silver & Fit, and Active & Fit. Through these programs, the District is able to provide access to Nash Recreation Center to qualifying members. Please contact the front counter staff at Nash with your membership ID. If you are unsure of what your healthcare plan offers, our staff can assist in determining your eligibility.



SilverSneakers is a fitness and wellness program offered at no additional cost to seniors 65+ on eligible Medicare plans that helps you get active, get fit, and connect with others.

RenewActive by UnitedHealthcare

Renew Active is a program offered to select United Healthcare members at no additional cost as part of your plan.

Silver&Fit.

The Silver&Fit Exercise and Healthy Aging Program is offered by health plans to eligible Medicare Advantage/Supplement beneficiaries and group retirees.

Active&Fit

The Active&Fit Direct Program offers discounted gym membership options, at-home workout videos, and more. The program is available to millions of eligible members through employer groups, health plans, and benefit hubs.

Fitness



Early Rise with Aimee

Age: 18+ • Day: M/W/F Time: 5:40-6:40 am Location: River Room

Rise and shine, get you day started with Aimee! This class covers cardio and light to medium weight training to help increase stamina, strength, and flexibility, step aerobics and stretching. This is an excellent way to cross train! Beginner, moderate, and advanced health enthusiasts are all welcome. *No Drop-Ins or Punch Passes, registration only.*

Date	Fee	Deadline
6/2-6/30	\$55/\$65 NR	6/2
7/7-7/30 *no class 7/4	\$51/\$62 NR	7/7
8/1-8/29	\$55/\$65 NR	8/1
9/3-9/29	\$55/\$65 NR	9/3



Evening Bootcamp

Age: 16+ • Location: River Room Dates: Mondays 8/4-9/15 (no class 9/1) Time: 5:30-6:00 pm • Deadline: 7/28 Fee: \$30/\$36 NR

This boot camp is perfect for a quick, effective workout and a great way to break through a fitness plateau! Step out of your comfort zone and challenge yourself, all while having fun with Kim as your trainer. Get ready to sweat, push your limits, and enjoy every step of the journey!



To ensure quality planning and program preparation, all registrations must be submitted by the published deadline. A \$15 late fee will be applied to any registration received after the deadline. Late registrations are not guaranteed and will only be accepted if space is available.



Middle School Fitness Orientation

Dates: Wednesdays 6/4, 6/25, 7/16, 8/7 • Time: 4:00-5:00 pm Deadline: 2 days before class • Students only need to attend one class FREE for Nash Members • \$10 Non-Members

Are you in 7th or 8th grade and interested in using the free weight area? With successful completion of our weight training orientation, 7th and 8th graders can use the area when accompanied by an adult, 18 years or older. Join Kim Henry, Personal Trainer, for this 1-hour class that will teach basic technique, proper use of equipment and fitness center etiquette.

Lifting Classes

Age: 16+ • Day: Thursdays • Time: 6:15-7:15 pm • Fee: \$40/\$48 NR Lifting 101

This class is for all fitness levels and anyone 16 and older both men and women are welcome! Ready to learn how to use dumbbells and barbells, or need a refresher to get back into it? Now's your chance! With years of experience, Kim will guide you through proper form, selecting the right weights, and building confidence in your strength training. Don t be shy; she II help you get started!

Lifting 201 & Lifting 301

Let's keep lifting! Whether you re continuing from Lifting 101, Lifting 201 or jumping in for the first time, this class will take things up a notch with different lifting styles, reps, and techniques. All fitness levels are welcome! Let s pump it up!

Class	Date	Deadline
Lifting 101	5/8-6/12	5/1
Lifting 201	6/19-7/24	6/12
Lifting 301	7/31-9/4	7/24

Fitness

Cookies and Crunches with Kim

Age: 16+ • Dates: Mondays 5/5-6/16 (no class 5/26) Time: 5:30-6:15 pm • Deadline: 5/1 • Location: River Room Fee: \$32/\$38 NR

Join us for a fun and engaging workout focused on strengthening your core muscles, including the abs and back. Each class begins with a cardio warm-up, followed by a mix of standing and floor exercises, and ends with a light stretch. To add a sweet twist, each class we'll choose one participant to bring cookies bonus points for healthy options! Everyone will get a turn, but if you'd rather opt out, no problem! This class is all about fun, laughter, and building a stronger core in a lighthearted atmosphere.

Kettlebell Class

Age: 16+ • Location: River Room

All fitness levels are welcome! Using kettlebells weighing five pounds and up, we will perform full-body movements designed to increase calorie expenditure and boost metabolism to promote fat loss. Start with basic moves and progress with each class.

Date	Time	Fee	Deadline
M/Th 5/12-6/19 *no class 5/26	8:15-9:00 am	\$60/\$72 NR	5/5
M/Th 6/23-7/31	8:15-9:00 am	\$60/\$72 NR	6/11
M 6/23-8/4	5:30-6:15 pm	\$35/\$42 NR	6/17
M/Th 8/4-9/11 *no class 9/1	8:15-9:00 am	\$55/\$66 NR	7/28

Try our NEW Healthbot Kiosk!

The Health Bot is located in the Nash lobby and allows our residents to keep track of important health measurements such as Blood Pressure, Heart Rate, Weight, and BMI.



Tai Chi

Age: 18+ • Location: River Room

Are you interested in focusing on balance, mindfulness meditation and relaxation? Tai Chi may be the right class for you. Tai Chi is the Chinese internal martial art focused on balance, breathing and centering oneself. Now offered twice a week! Sign up for both Tuesday and Saturdays in one month and receive a 25% discount on both registrations.

Date	Fee	Deadline
TUESDAY EVENIN	IGS 6:15-7:00 pm	
6/3-6/24	\$24/\$30 NR	6/3
7/1-7/29	\$30/\$36 NR	7/1
8/5-8/26	\$24/\$30 NR	8/5
9/2-9/30	\$30/\$36 NR	9/2
SATURDAY MORNINGS 8:45-9:30 am		
6/7-6/28	\$24/\$30 NR	6/7
7/5-7/26	\$24/\$30 NR	7/5
8/2-8/30	\$30/\$36 NR	8/2
9/6-9/27	\$24/\$30 NR	9/6

Senior Workouts with Kim

Age: 18 + • Day: M/Th • Time: 9:15-10:00 am Location: River Room

Stay active this summer with Kim Henry in a fun and engaging fitness class! Each month will feature varied exercises designed to keep you moving and feeling great. Class registration is monthly. All abilities welcome and exercises can be modified to use a chair. Silver Sneakers are welcome to attend for free but must register and swipe their pass each class. Join us and keep moving all summer long!

Date	Fee	Deadline
6/2-6/30	\$36/\$43 NR	5/30
7/3-7/31	\$36/\$43 NR	6/26
8/4-8/28	\$32/\$38 NR	7/30
9/4-9/29	\$32/\$38 NR	8/28

Partners

Do you and a friend both have the same goal? Let one of our trainers coach you both TOGETHER to increase motivation and have an accountability partner! The session will be a one-hour workout session tailored to your similar goals. This session includes weigh-in and measurements if desired.

1Session: \$48/\$58 NR 3 Sessions \$129/\$154 NR

Nutrition/Fitness Package

Are you ready to start the new year with a new mindset or weight loss but don't know where to start? Our personal trainers Jason Donegan & Kim Henry can help you accomplish the next step in your fitness or nutrition journey. This plan will feature a 30-minute meeting with one of our trainers to discuss your goals and develop a personalized 4-6 week plan for fitness and nutritional planning. Once developed, the plan also includes a one-hour follow up meeting to go over your plan and develop exercises to get you started on your custom program.

\$85/\$102 NR

Cost includes 4-6 week plan, ½ hour meeting and 1 hour meeting with a personal trainer.

Fitness

Meet your Motivators



Jason Donegan is a certified Personal Trainer, Nutritionist and Fitness Coach through ISSA. Jason's passion is to help both youth and adults reach their potential through exercise.



Kim Henry has been a certified Personal Trainer through ISSA since 2005 and specializes in women ages 40+. Her passions is empowering women to meet their full potential.

Whether you are a beginner or want to take your fitness training to the next level, our trainers can provide you with personalized instruction, guidance and the support necessary to achieve your results. All new clients will start with a 1/2 hour consultation where you will discuss your health history, establish fitness goals and even start right away with measurements and/or weigh-in. Call 815-732-3101 to make an appointment. Training is available in both the Nash Fitness Center and the TRX Fitness Room.

1 Hour Session: \$42/\$49 NR Three 1-Hour Sessions: \$110/\$132 NR Six 1-Hour Sessions: \$210/\$252 NR



Group Outdoor Education Programs

Do you have a group that you want to get outdoors more? Oregon Park District is thrilled to be able to offer group outdoor education programs by appointment! Enjoy one of our scenic parks with hands on outdoor activities led by Park District Staff. Educational programs are themed around Illinois plants and animals, can be customized for your group needs and are suitable for students in kindergarten through 8th grade. Get your kids active and outdoors while learning this year. Great for Scouts, homeschool groups, youth groups and more! Email caleb@oregonpark.org to schedule your group outing today. Rate is \$45 per hour of programming for the whole group.

Inclusive Play



with Village of Progress

Thursdays, 9:30–10:30 am FREE! Registration not required Location: Varies (see below) Rain location: Nash Rec Center Gym

Inclusive Play encourages people of all ability levels to have fun, stay active, and create summer memories together! Join us or an hour of **free play** featuring a variety of games, activities, and park locations. **No registration and no cost** just come for fun and games!

May 29th Kickball at Fairground Park

June 5th Four Square, Shuffleboard, & Basketball at Park West Basketball Courts

June 12th

TORO & Beanbags at Park West Volleyball Court

June 19th

Racket Sports at Park West Tennis Courts June 26th T-Ball at Lions Park

July 3rd Program not in session

July 10th Four Square, Shuffleboard, & Basketball at Park West Basketball Courts

July 17th Lawn Games at Mix Park

July 24th Kickball at Fairground Park



Athletics

Summer Running Series

Grades: 5th-8th • Fee: \$60/\$72 NR Deadline: 5/27

Get ready for the fall season! Participants will meet weekly on Friday afternoons at Park West for an hour of training and running. New this year, speed workouts on Wednesday evenings from 6-7 pm at the OHS Track. A coach-designed training program will also provide workouts runners can do on their own. The series will conclude with entry into the Park District's Color Run on July 22nd, plus an exclusive Summer Run Series/Color Run shirt to wear at the event!

Date & Time	Location
Wed 5/28-7/16 6:00-7:00 pm *no meeting 6/4	OHS Track
Fri 5/30-7/22 1:00-2:00 pm *no meeting 6/6 or 7/4	Park West



Junior High Cross Country

Grades: 5th-8th • Date: 8/4-9/29 Time: 1:00-2:00 pm Fee: \$85/\$100 NR • Deadline: 8/13

5th-8th Grade athletes will focus on developing endurance, improving running technique, and building team camaraderie. Practices will be held on multiple days throughout the week, and meets will follow a schedule similar to the high school format. Transportation to meets is not provided. Sign up early to ensure you get the most out of practices before the meets begin! Practices will start the week of August 4, and registration will remain open through August 13.

07.22.25 | 6:00 PM AT PARK WEST

| THE COLOR RUN IS BACK!

2025 OPD 2025 OPD COLOR RUN

> Bring your family out for our 1 mile fun walk/run through Park West! This color walk/ run themed course will offer multiple color stations along the route. Be prepared to get colorful and messy! All participants registered before July 10th will receive a t-shirt! After completing the course, stay at the Park West Amphitheater for our Concert in the Park series and enjoy Burn N' Bush. Food trucks will be onsite to enjoy dinner if you choose. 2 and under can be free with no shirt. Over 2 must be registered!

Sponsored by

T-SHIRT DEADLINE: 7/10 FINAL DEADLINE: 7/21 \$15/\$18 NR

Athletics

OHS SUMMER CAMPS

Athletes Camp

Age: 5-10 (entering K-4th grade in the fall) Date: Tu/Th 6/10-7/24 • Time: 2:00-2:45 pm Location: Blackhawk Center Fee: \$45/\$54 NR • Deadline: 6/3

Oregon High School Football and Boys Basketball teams will be hosting a co-ed Athlete Camp for athletes entering K-4th grade this fall. The camp will focus on training and movements essential for becoming a better athlete, with an emphasis on speed, agility, plyometrics, and strength through a variety of activities and games. There will be no camp during the week of July 4th. All athletes will receive an Athlete Camp T-shirt. Proceeds will support the OHS Football and Boys Basketball programs.

Basketball Camp

Date: Mon-Fri 6/2-6/6 • Fee: \$40/\$48 NR Deadline: 5/21 • Location: Blackhawk Center

Join Coach Jarrett Reynolds, OHS Boys Varsity Basketball Coach, and Coach Angela Reynolds, OHS Girls Varsity Basketball Coach, along with their teams for a fun summer basketball camp at the Blackhawk Center! This co-ed camp will focus on developing fundamental skills and learning new strategies. All participants will receive a camp T-shirt. All proceeds will benefit the OHS Basketball Programs.

Age	Time
6-9	10:00-11:00 am
10-14	11:00 am-12:00 pm

late !!!! registration

To ensure quality planning and program preparation, all registrations must be submitted by the published deadline. A \$15 late fee will be applied to any registration received after the deadline. Late registrations are not guaranteed and will only be accepted if space is available.



Volleyball Camp

Date: Monday-Wednesday 7/28-7/30 Deadline: 7/14 • Location: Blackhawk Center

Join Oregon Hawks Volleyball Coach Farrell Cain, her coaching staff, and the OHS Lady Hawks for an exciting volleyball camp! This camp will focus on basic techniques, skill-building, and intrateam scrimmages. It is designed to introduce new players to the sport or help experienced players further develop their skills. Players will be divided by age level, with younger participants learning the fundamentals on an age-appropriate net. Each player will receive an OHS Lady Hawks team shirt. Camp will be held at the Blackhawk Center. Proceeds from the camp benefit the OHS Volleyball Team. Please register your child for the grade they will be entering in Fall 2025.

Grade	Time	Fee
PreK-1st	9:00-10:00 am	\$30/\$36 NR
2nd-4th	10:30 am-12:00 pm	\$45/\$54 NR
5th-8th	1:00-3:00 pm	\$50/\$60 NR

Soccer Camp

Date: Monday-Thursday 7/7-7/10 Deadline: 6/25 • Location: Park West - Soccer Field

Oregon High School Soccer Camp is Back! Join Varsity Coaches Seger Larson and Tiffany Rufer, along with the Oregon Hawks team, for a fun, interactive, and informative soccer camp at Park West! Participants will learn the fundamentals of the game, age-appropriate strategies, and the importance of teamwork. Each participant will receive a camp T-shirt. Please bring your own practice ball. A limited number of balls will be available to borrow.

Age	Time	Fee
4-8	9:00-10:00 am	\$30/\$36 NR
9-14	10:00-11:30 am	\$45/\$54 NR

Tennis Camp

Date: Monday-Thursday 6/23-6/26 Fee \$45/\$54 NR • Deadline: 6/9 Location: Park West - Tennis Courts

Tennis Camp is back at Oregon Park West! Join Coach Kristy Eckardt for a fun-filled week of developing fundamental tennis skills and improving your game. Kristy is a certified and experienced tennis coach, currently leading the Rochelle/Oregon Tennis Team. Participants should bring a tennis racket and a water bottle. A limited number of park district rackets will be available to borrow. All camp participants will receive a T-shirt. Please register your child for the grade they will be entering in Fall 2025.

Grade	Time
3rd-6th	8:00-9:30 am
7th-12th	9:30-11:00 am



Little Hawks Soccer

Age: 3-4 • Saturdays 7/19-8/9 Time: 9:00 am-12:00 pm Fee: \$55/\$66 NR • Deadline: 6/30

Welcome to our newest program for our youngest soccer players! Join us on Saturday mornings at Park West soccer fields for a fun introduction to soccer. Youth players will develop their fundamentals through a 30-minute practice followed by a 20-minute game each week. A parent or adult will be required to attend each session to assist their child. All players will receive a t-shirt and their very own soccer ball to keep! Must be 3 years old by July 19, 2025, to register. Volunteer coaches are needed. If you are interested, please email lesley@oregonpark.org.

Athletics

OPEN GYM & RENTALS

Pickleball Open Gym

Age: 18+ • Fee: Membership or Daily Admission

Come and play America's fastest growing sport! Pickleball is often described as a mixture of ping-pong, tennis, and badminton, all played on a mini tennis court with an oversized paddle and a ball similar to a wiffle ball. This game is fast, fun, addictive, and can be played by people of all ages and athletic abilities! Register for your preferred timeslot and enjoy this wonderful sport. To learn more about pickleball you can visit the USA Pickleball Association at: usapa.org.

Date	Days	Time	Excluded Dates
4/28-9/1	M/W/F	8:00 am-12:00 pm	7/4
5/3-8/30	Sat	8:00-10:00 am	-

Beginners Pickleball Open Gym

Age: 18+ • Date: Mondays through 9/1 • Time: 12:00-1:30 pm Location: Nash Gym • Fee: Membership or Daily Admission

Have you been interested in trying out Pickleball? This game is fast, fun, addictive, and can be played by people of all ages and athletic abilities! Join us for a new beginner's time on Mondays, when you can learn to play with other beginners in a relaxed environment. A few of our regular pickleball players may even be around to give you some tips! To learn more about pickleball you can visit the USA Pickleball Association at: usapa.org. Nash has a limited number of paddles and balls that you can borrow to play.

Volleyball Open Gym

Age: 18+•Date: Thursdays through 5/22•Time: 3:30-5:30 pm Location: Nash Gym • Fee: Membership or Daily Admission

Continue to develop your volleyball skills with a new weekly open gym at Nash Recreation Center. One court will be set up with balls for you to practice and play. Free for members, or daily admission fee.

Batting Cage Rentals

Fee: \$18/\$22 NR per 30 minutes

Ready for some batting practice? We are excited to offer rentals for Batting Cages with a pitching machine at Oregon Park West. A staff member will be onsite to assist with the pitching machine. You must provide your own bat and helmet. Available in 30-minute intervals, but you can certainly book more than one! Please email Lesley@ oregonpark.org to check availability.

Athletics

FALL LEAGUE PROGRAMS

Fall Soccer Date: 8/4-10/4 • Deadline: 7/9



Soccer Returns to Park West in Fall 2025! Get ready for another exciting season of youth soccer! Practices will be held during the week, and games will take place on Saturdays, starting August 16, in Oregon and surrounding towns. Not sure which age level to register for? Use our age chart below. A new practice ball is included with your registration! Interested in coaching? Contact Lesley at lesley@oregonpark.org. Don't miss out; register today and get ready for a great season!

	Beginning 8/4	
	Year Born	Fee
U6 League	2020	\$70/\$84 NR
U7 League	2019	\$70/\$84 NR
U8 League	2018	\$85/\$102 NR
U9 League	2017	\$85/\$102 NR
U10 League	2016	\$85/\$102 NR
U11 League	2015	\$85/\$102 NR
U13 League	2013 & 2014	\$90/\$108 NR
U15 League	2011 & 2012 (No HS players)	\$90/\$108 NR

J-Hawks Fall Travel Basketball

Registration fee is due once teams are set. Age: 9-14 • 8/18-11/17 • Time: Varies Location: Nash Rec Center Gym • Deadline: 8/5 • Fee: \$150

Join us for a fall competitive travel basketball league for 5th, 6th, 7th, and 8th grade girls and 5th and 6th grade boys. This program is being developed with the support of the OHS Basketball programs and is open to students in the Oregon CUSD school boundaries. There will be a maximum of 1 team per age division and competitive tryouts will be held. This is a competitive league and playing time is not guaranteed. Exact season dates TBD but games are played on Sundays in the Eastland Booster League. \$150 fee includes 2 practices a week at Nash and/or OHS, 6-week/ 8 game regular season at Eastland, and a reversible J-Hawks jersey. Tryouts performed by OHS Varsity program. For more coaching information and an application, please contact lesley@ oregonpark.org. Tryouts to be held the week of August 11th.

6th Grade Girls Volleyball

Grade: 6th • Date: Starting 8/11 Fee: \$85/\$100 NR • Deadline: 7/31

The 6th Grade Volleyball Program focuses on skill development and serves as an introduction to volleyball. It is designed to help prepare participants for junior high-level competition. Practice dates and times will vary based on the head coach s preference. Home games are played at Nash, and transportation to away games is provided by OCUSD buses. Tryouts may be required if the maximum number of participants is reached.



Co-Ed Softball League

Age: 18+ • Date: 8/14-10/9 Location: Park West -Baseball Diamond Time: 6:00-10:00 pm Fee: \$550 per team • Deadline: 8/6

Join us for a fun and competitive slow-pitch softball league designed for both men and women! Teams will enjoy friendly competition throughout the season. Bats will be provided by

> the Park District for all teams to use. The league includes a regular season followed by a postseason tournament to wrap up the year. Don t miss out sign up today!

IN MEMORY OF

JOE KERWIN

OCACE OF A CONTROL OF A CONTROL

Diamond 1 8 am: Minor Boys 11 am: Minor Girls

Diamond 2 8 am: Leon Gasmund 11 am: Sandy Koufax

10:30 am: Recognition and announcement of 2025 OPD Baseball, Softball and T-ball players and coaches

SATURDAY, MAY 31 FROM 8:00 AM- 1:00 PM

FREE!

Celebrate our national pastime with a double header on both Park West ball diamonds. Between games, we will host a season kickoff ceremony where we celebrate our youth baseball and softball players with their volunteer coaches. This annual event is held in honor of former Oregon Park District employee and scorekeeper Joe Kerwin. Members of the Kerwin family will be present to recognize the 2025 Joe Kerwin Player of the Game award recipients. These awards recognize players who demonstrate exceptional sportsmanship and a positive attitude. Come pack the park and enjoy four games of youth baseball and softball at the 2025 Joe Kerwin Memorial Baseball & Softball Kickoff! This FREE community event celebrates the positive impacts of youth sports and honors the contributions of the Kerwin family. *Rain Date June 7*

Adult Activities

Morning with Rosann

Age: 18+ • Location: River Room Date: Wednesday 10/15 Time: 9:00-11:30 am Fee: \$20/\$25 NR • Deadline: 10/5

Join us for the 16th annual event with Rosann as she brings a morning filled with fun, reflection, and prizes! Relax, play games, socialize, and enjoy a delicious lunch.

- 9:00 am Coffee and conversation in the River Room
- 9:15-11:00 am Time to reflect, have fun, and enjoy games provided by Rosann
- 11:00-11:30 am Charcuterie lunch for everyone to enjoy!

We look forward to seeing you there!

Grown-up Nerf Night

Age: 18+ • Date: Friday 8/15 Time: 5:30-7:30 pm Location: Nash Rec Center Gym Fee: \$5/\$6 NR • Deadline: 8/7

Who says toys are just for kids? Get ready for an action-packed Nerf night just for grown-ups at Nash Recreation Center! Dodge, duck, and battle it out in the gym, filled with obstacles and multiple team game variations for an intense night of Nerf fun! Must bring your own Nerf equipment (Nerf series only no Rival products). Adults only because why should kids have all the fun? Gather your friends and let the Nerf wars begin!

enjoy the great outdoors

Grown Up Wellness Walks

Age: 18+ • Time: 1:30-2:30 pm • Fee: \$5/\$6 NR

Time in nature is beneficial at any age! Join us for Adult-Only Wellness Walks and experience the physical and mental benefits of outdoor time. What to Expect:

- Gentle one-mile strolls at different parks.
- Stops along the way to explore natural sights and sounds.
- Each walk focuses on a unique aspect of how nature benefits well-being.
- · Perfect for self-care, relaxation, or socializing with others.
- Meeting locations will be shared via email after registration closes.
- Take a break, breathe in the fresh air, and enjoy the calm of nature!

Date	Location	Deadline
6/9	Park West	6/4
6/23	Fairground Park	6/18
7/7	Lowden State Park	7/2
7/21	Park West	7/16
8/4	Fairground Park	7/30

Bird and Butterfly Gardening with Hidden Timber Garden



Each registration includes a \$25 prepaid voucher for plant shopping. Age: 16+ • Date: Tuesday 6/17 • Time: 6:00-7:00 pm Location: Hidden Timber Gardens • Fee: \$34/\$39 NR • Deadline: 6/10

Turn your backyard into a hotspot for birds and butterflies with the help of Hidden Timber Gardens. Enjoy a program that explores what makes a space appealing to our fine flying friends, complete with tips and tricks on plant selection and placement. Learn about some of our most delightful butterflies and birds that might visit your yard even if they don t frequent feeders. Then, take advantage of exclusive after-hours shopping at Hidden Timber Gardens, where you can also brainstorm ideas for your own home.

Rock River Blood Center Blood Drive

July 17 from 1:00-6:00 pm • Nash Rec Center River Room

Give back this year by joining us in donating blood with the Rock River Blood Center in the River Room at Nash. Your donation can save up to 3 lives and you're sure to get that amazing feeling of accomplishment and satisfaction for helping. Guidelines for donating blood change frequently, so if you have questions about whether you qualify to donate, please talk to a donor care specialist by calling (815)-965-8751 or check out www.rrvbc.org. To schedule an appointment for one of our drives please contact Tina at (815)732-3101 or tina@oregonpark.org.

Adult Activities

BINGO

Bingo, Brownies and Booze

Age: 21+ • Location: Cork & Tap • Date: Thursdays Time: Check-in begins at 6:00 pm; Bingo starts at 6:30 pm Who doesn t love BINGO? Join us at Cork & Tap for a fun-filled evening of 10 bingo games, prizes, and treats! Enjoy a specialty brownie from Teresa's Treats and a drink of your choice from Cork & Tap while playing for fun. Check-in begins at 6:00 PM, and bingo starts at 6:30 PM. Don t miss out on a great night of games and good company!

Date	Fee	Deadline
9/11	\$13/\$15 NR	9/5
11/13	\$13/\$15 NR	11/7
1/8/26	\$13/\$15 NR	1/2/26
3/12/26	\$13/\$15 NR	3/6/26

Musical Bingo

Age: 21+ • Location: Cork & Tap Date: Thursday 6/26 Time: Check-in begins at 6:00 pm; Bingo starts at 6:30 pm Fee: \$15/\$18 NR • Deadline: 6/18

Put a musical twist on the classic game of bingo! Instead of numbers, match the artists on your bingo sheet to the songs played. With four exciting rounds featuring genres like '70s Rock, '90s Pop, Musicals, Country, and more you II be singing along while marking your card. Enjoy a fun night out with great music, friendly competition, and prizes awarded each round. Fee includes prizes and a drink voucher for Cork & Tap. Don t miss out on this high-energy, music-filled bingo experience! Check-in begins at 6:00 PM, and bingo starts at 6:30 PM. Don t miss out on a great night of games and good company!

Creative Ceramics: Monster Sponge Holder

Age: 12+ • Date: Wednesday 6/11 & 6/18 Time: 6:00-8:00 pm • Fee: \$75/\$90 NR Location: Happily Handmade 815 • Deadline: 5/28

Bring some personalized spunk to your kitchen with a monster sponge holder! These fun projects are easy to get creative with, allowing you to add personal touches like textures, shapes, and colors. Instructor Tonya Hardy will



guide you through the shaping and glazing processes, and will kiln fire your project after each session. This is a two-part workshop:

- Part One: Shaping your project
- Part Two: Glazing your creation to get it ready for use at home

This class is more suitable for adult skill levels, but children 12 and under may participate when accompanied by a

registered adult. \bigcirc

Music Trivia Night at Cork & Tap

Age: 21+ • Location: Cork & Tap Date: Wednesday 6/18 • Time: 6:00-8:00 pm Fee: \$15/\$18 NR • Deadline: 6/11

Trivia is the perfect way to enjoy a night out! Join us at Cork & Tap for a fun-filled evening of Music Trivia! Test your knowledge of your favorite songs and artists while playing for fun and prizes. Play solo or with a team (maximum of six people per team). Each registration includes a prepaid Cork & Tap beverage voucher. Must be 21 or older to participate. Each person should register separately. Don't miss this exciting night of music, drinks, and friendly competition!

Spring Flower & Plant Sale

This year's spring flower and plant sale is a collaboration between Oregon Park District and the Oregon High School FFA. Kickstart the growing season with a fantastic selection of vegetable, annual, and perennial plants for sale at the high school greenhouse. All vendor registration fees will be donated to the Oregon High School FFA. Each registration is for a 10 x 10 plot, and vendors must bring their own equipment. Vendors with extra large inventories can register for multiple plots.

Saturday, May 10 • 8:00 am-1:00 pm • OHS Greenhouse Parking Lot • \$15/\$18 NR • Deadline: 5/3

Trips

First Friday Mystery Trips!

Age: 21+ • Time: 9:00 am-6:00 pm • Fee: \$20/\$24 NR

Destination.... unknown! Take a road trip to explore a fun location in northern Illinois or Southern Wisconsin. The only catch is that you will not know where you are going until the wheels hit the road! Each trip will include a stop at one or more attractions and a meal stop. Registration covers trip transportation, please bring money for attraction admission (under \$15) and meals.

Date	Theme	Deadline
Fri 6/6	Fun in the Gardens (moderate walking)	5/30
Fri 8/1	Wine & Dine (minimal walking)	7/25
Fri 9/5	Distilled Enjoyment (moderate walking)	8/29
Fri 10/3	Fall Colors (minimal walking)	9/27



Lake Geneva Mailboat Tour

Age: 12+ • Date: Wednesday 7/16 • Time: 7:00 am-4:00 pm Location: Lake Geneva, WI • Fee: \$65/\$80 NR • Deadline: 7/2

Did you know Lake Geneva, Wisconsin is one of the only places in the U.S. where mail is delivered by boat? Now's your chance to experience this unique tradition firsthand! Join us for an action-packed tour as we cruise the lake while a postal service mail carrier jumps from the boat to each pier and back all while the boat never stops moving! After the boat tour, enjoy lunch on your own and shopping in downtown Lake Geneva at your own pace before we return home. Don't miss this one-of-a-kind experience; reserve your spot today! Meet at: Nash Recreation Center. Transportation provided by Oregon Park District.



Brewers/Cubs Bus Trip

Age: 21+ • Date: Wednesday 7/30 Time: 9:30 am-6:00 pm Location: Milwaukee, WI Fee: \$110 • Deadline: 6/30

REGISTRATION OPEN NOW!

The Byron Park District and Oregon Park District are ready to play ball! Join us as we head to Miller Park to watch the Milwaukee Brewers take on the Chicago Cubs on Wednesday, July 30. Miller Park features a retractable roof stadium allowing the game to be played rain or shine! Choose to depart from Oregon or Byron. The chartered bus will depart from Park West parking lot at 9:30 am and head to Byron Park District for the second pick up. Coolers are welcome on the bus! We will arrive with plenty of time to enjoy the ballpark atmosphere before the 1:10 PM game start. Tickets are in the Loge Infield Box, Section 223. Space is limited! Participants must be 21 years of age or older to attend. Registration is \$110 per person and includes transportation, ticket and bus gratuity. Please register at www.oregonpark.org.

Supper with Sculptures

Age: 16+ • Date: Friday 9/19 Time: 5:30-7:30 pm • Location: LOMC Fee: \$24/\$28 NR • Deadline: 9/12

Oregon is home to 19 different sculptures, but not all of them are open to the public. Join us at Lutheran Outdoor Ministries Center for dinner and the unique opportunity to see LOMC's "Come to the Wilderness" sculpture. Normally off-limits to the public, this sculpture by Oregon native Jeff Adams depicts John the Baptist greeting travelers and pointing them to Christ. We will enjoy a buffet-style dinner in the LOMC dining hall, a short program on the Oregon Sculpture Trail, and time to view the "Come to the Wilderness" sculpture with a Q&A time with Jeff.

ARE YOU INTERESTED IN VOLUNTEERING WITH THE **Oregon Park District**? SCAN THE QR CODE AT LEFT OR VISIT OUR WEBSITE TO GET STARTED: OREGONPARK.ORG/ABOUT/VOLUNTEER

give us a

All Ages Activities

Calling all Swifties! Get ready for two nights of unforgettable parTAY vibes full of dancing, music and family fun!



Swifties Pool Party at Nash

Everyone in attendance must register. Age: 3+ • Date: Friday 5/16 • Time: 5:00-8:00 pm • Deadline: 5/10

Location: Nash Rec Center Pool • Preregister: \$6/\$8 NR • Pay at the door: \$10

Get ready for a night of music, fun, and fearless vibes at our Taylor Swift-themed party. Test your skills in a Taylor Swift Escape Room (new start times every 30 minutes beginning at 5:00 PM), dance and sing along in the pool to an all-Taylor playlist, and make your own friendship bracelets on the outdoor patio! This is your chance to Shake It Off, make memories, and celebrate your love for all things Taylor! Pre-register by May 10 to secure your spot at a discount!

Girls Night Out with Taylor Swift!

Age: 3+ • Date: Sunday 8/10 • Time: 6:30-8:30 pm Location: Cork & Tap • Fee: \$15/\$18 NR • Deadline: 7/29

Join us for a Taylor Swift-inspired Girls Night Out at Cork & Tap, where all ages are welcome! Whether you're a mom, daughter, or grandma, come dressed as your favorite Taylor Swift Era and get ready for a night of fun, music, and memories. This after-hours event will be closed to the public, so it's just us Swifties for the night! Enjoy a professional DJ playing all Taylor Swift hits from "Love Story" to "Shake It Off", bracelet making, a photo station, and dancing to your favorite tunes. Don't forget to grab a pic at the photo station for your "Enchanted" moment! Plus, Cork & Tap will be offering cocktails and mocktails inspired by your favorite Taylor Swift eras whether you're feeling like "Red" or just want to live in the "Fearless" era. Come enjoy one last summer smash before heading back to class this night is going to be "All Too Well" and unforgettable. Don t miss out on the chance to "Begin Again" with a night full of "Wildest Dreams" and memories!

Homemade Soap Making Workshops

Age: 8+ • Time: 6:00-8:00 pm Location: Happily Handmade 815 Fee: \$55/\$65 NR

Homemade soaps are not only fun to use around the house, but they also make thoughtful gifts for friends and family. Join us at Happily Handmade 815 for two exciting classes where you'll learn how to create your own bar of soap from start to finish! Each class will feature a different base ingredient and technique to make a unique soap. June 16th will be a Glycerin Base, while June 23rd will be a Lye Base. You can register for one or both classes, and at the end of each session, you II have a finished bar of soap to take home. These programs are designed for adult skill levels, but children are welcome to participate when accompanied by a registered adult.

Date	Deadline
6/16	6/9
6/23	6/9

Grandparents Day Celebration!

Grandparents and grandchildren: Join us for a memorable evening of laughter, bonding, and intergenerational fun, including Alfano's pizza, trivia, bingo & more! 5:30-7:00 pm Friday, Sept. 5th in the River Room Adults: \$15/\$18 NR Children Age 3+: \$10/\$12 NR Age 0-2: Free but must register Deadline: 8/28



All Ages Activities

FAMILY OUTDOOR ACTIVITIES



Meet Me at the Garden with Ms. Teresa

Age: All • Community Garden Fee: \$75/\$90 NR • Deadline: 5/5

Join us for a summer-long adventure at the Community Garden with all-new raised beds, fresh soil, and fertilizer! In this interactive program, kids alongside their parents or grandparents will learn how to plant, harvest, pollinate, compost, read garden-themed stories, create crafts, and celebrate the season with a garden party for the whole family! Ms. Teresa will be joined by several guests to learn about gardening each week! Liz Hiemstra of Libra Farms will provide our plants and serve as our garden expert for the summer. Plants are included in registration price. All produce will be for each family. Each family will receive all the produce they grow. Families may purchase one 4'x8' garden bed to share or multiple beds if desired. Water and a compost bin are available on-site. The garden is located at Veterans Park, South 10th Street, Oregon. Join us for a summer of learning, fun, and time outdoors! Class limited to 12 garden beds! Dates of class:

Date	Time		
5/14	4:30-6:00 pm		
5/28	9:00-10:00 am		
6/18	9:00-10:00 am		
7/9	9:00-10:00 am		
7/23	5:30-7:00 pm		

REGISTRATION OPEN NOW! Community Garden Plots

Age: All • Date: 5/1-10/1 Location: Community Garden Fee: \$40/\$48 NR

Join us at the Garden, Fresh Beds for 2025! Get ready for a great growing season with all-new raised beds, fresh soil, and fertilizer! Our 4 x8 raised beds are available on a firstcome, first-served basis. Water and a compost bin are available on-site. Located at Veterans Park on South 10th Street, Oregon, the community garden welcomes both residents and non-residents to grow fruits, veggies, herbs, flowers, and more. It s a perfect opportunity to enjoy the outdoors, cultivate fresh produce, and connect with fellow gardeners. Don't miss out reserve your plot today!

Fun at the Campfire

Age: All • Date: Friday 7/11 Time: 8:00-10:00 pm Location: Park West Shelter - Upper Fee: \$6/\$8 NR • Deadline: 7/2 Add tent camping for \$10 per family

Summer Campfire Night at Park West! Summer isn't complete without a night by the campfire! Join us at Park West on Friday, July 11th for an evening filled with classic summer fun. Enjoy s'mores, night games, and stargazing on the hill. Perfect for making summer memories with family and friends! Optional Add-On: Tent Camping! Families can choose to tent camp in the park for Friday night only for a \$10 add-on per family. Tents must be taken down by 10:00 am Saturday morning. Don't miss this unforgettable night of summer fun!

Wild about Monarchs

Age: 5+ • Date: Friday 9/12 Time: 5:00-6:00 pm Location: Park West Shelter - Upper Fee: \$5/\$6 NR • Deadline: 9/5

Fall migration is in full swing, and our monarch butterflies are embarking on an incredible journey to the mountains of Mexico! Come to Park West for a fun and informative evening all about these remarkable insects. We'll explore the monarch butterfly s life cycle and migration, then head to the prairie garden to observe wild butterflies and milkweed plants in their natural habitat. This is an all-ages program children 5 and under are free but must be registered.

Box Boat Regatta: Father s Day Cardboard Boat Races

Age: 6+ • Date: Friday 6/13 Time: 12:30-1:30 pm Location: Nash Rec Center Pool Fee: \$20/\$24 NR • Deadline: 6/5

Celebrate Father's Day with a unique and friendly competition in the Nash Recreation Center pool! Parents and kids will team up to build a boat at home using only cardboard and tape, then race it across the pool. Can your boat stay afloat and make it to the finish line? Check-in: 12:30 pm; Races Begin: 1:00 pm. Registration Covers one parentchild team (register the adult who will be in the water). Prizes awarded for fastest team, longest floating boat and best decorated boat.

- All participants must wear a life jacket (bring your own or borrow one from OPD).
- Boats must be made only from cardboard and tape.
- Boats must be propelled by hand no paddles!

Join us for a morning of creativity, competition, and fun! Will your boat sink or sail?





All Ages Activities

Flamingo Bingo

Age: All • Location: Reading Nook • Day: Mondays 6/2-7/28 Time: 10:00-11:00 am • Fee: \$5 for a pack of 5 Bingo cards

Flamingo Bingo is Back for Summer! Nothing says summer like Flamingo Bingo at the Reading Nook with OPD! Join us Mondays at 10:00 AM in June and July for a morning of bingo, fun, and prizes! How It Works: We'll play 5 games with multiple winners each round. Bingo cards are sold in packs of 5 for \$5. Play one card per game or use them all at once! No preregistration required—just drop in and play! Enjoy FREE lemonade while it lasts! All proceeds from Flamingo Bingo will benefit the Oregon Park District Youth Scholarship Fund, so come out for a great time and a great cause!



Wildflower Trinket Trays

Age: 8+ • Date: Wednesdays 7/9-7/16 • Time: 6:00-8:00 pm Location: Happily Handmade 815 • Fee: \$75/\$90 NR • Deadline: 7/2

This one-of-a-kind workshop will leave you with a unique, handcrafted trinket tray perfect for holding change, keys, snacks, or jewelry.

- Part One: Learn how to roll plants onto the tray, adding shapes, textures, and underglaze for beautiful, natural detail.
- Part Two: Apply a final seal to make your project safe for home use, including microwave and dishwasher compatibility, as well as food safety for serving.

This class is best suited for adults, but children ages 8-12 may participate if accompanied by a registered adult. *Please note: Gold glaze will not be offered in this class, as it is not food safe.*

Homemade Pizza and Poptarts

Age: 8+ • Date: Wednesday 7/9 • Time: 6:00-7:00 pm Location: River Room • Fee: \$45/\$55 NR • Deadline: 7/2

Have a budding chef in the family? Come to Nash and enjoy a fun parent-child culinary class with Lynnie's Kitchen! Together, we'll make our own pizza and poptarts, just as much fun to eat but more nutritious than the store-bought brands. This fun class is a perfect next step for children who have done Culinary Kids in the past and is great for intergenerational fun! *Important: Only register the child, as the registration cost includes the parent. Partner pairs will need to bring some dishes and utensils from home. A supply list will be emailed after registration closes.*

Paint Your Pet @ Fairground Park

Age: 5+ • Date: Friday 8/8 • Time: 11:00-12:00 pm Location: Fairground Park • Fee: \$28/\$35 NR • Deadline: 7/27

Celebrate the special bond between kids and their pets with Cin's Treasure's Studio!

Participants will receive a customizable dog or cat kit and add colors and patterns to make it one of a kind. Cindy Hendrickson will supply the kits and painting materials, and everyone can enjoy a morning of crafting in Fairground Park.

The finished projects stand about 10" tall and are as unique as everyone's favorite pet. Participants will select the dog or cat option at registration.



Pool Closure Notice



Please note that the pool will be CLOSED on Tuesday, July 2 and Wednesday, July 3 for maintenance. We appreciate your understanding as we work to keep our facility safe, clean, and ready for fun all summer long!

Youth Activities

CAMP OPD: THROUGH THE AGES

Camp OPD 2025 will travel through history with our activities and field trips. Camp begins on Wednesday, May 28 and runs weekdays through August 8, except for July 3 & 4. We will spend time each day doing active play, swimming, making crafts, exploring history and so much more! Please visit the OPD website for more information on each week's trip!

REGISTRATION IS OPEN! PAYMENT PLAN AVAILABLE!

Date	Theme	Field Trip	Deadline	
May 28-30 Dinosaurs-Cavemen		No Field Trip	5/9	
June 2-6	Ancient Civilizations	5/16		
June 9-13	Medieval Knights & Princesses	Tu 6/10 - Bowling & Dillehey Park	5/23	
June 16-20	Pirates	Wed 6/18 - Rockford Rivets Baseball Game	5/30	
June 23-27	Native Americans 🔤 📕	Tu 6/24 - Niabi Zoo, Coal Valley	6/6	
June 30-July 2	Colonial America 🦳 📕	No Field Trip	6/13	
July 7-11	Pioneers	Tu 7/8 - Lake LaDonna	6/20	
July 14-18	Cowboys	Tu 7/15 - Cooper Park & Spring Lake Pool	6/27	
July 21-25	20s, 50s, 60s, Disco	Tu 7/22 - Chana School, Oregon	7/4	
July 28-Aug 1	90s & 2000s	Tu 7/29 - Urban Air, Rockford	7/11	
Aug 4-8	Future	Tu 8/5 - Discovery Center & Planetarium	7/18	

When paying the Daily Fee, Field Trip Days are an additional \$10

Free Pop Up & Play! Engre

Pop Up and Play encourages families to come enjoy free play in Oregon's fantastic parks this summer season. No registration, no cost, just come and play. Each session will feature a different theme than the week before, and we will travel to many different parks during the season. These fun programs are made free to the community through generous support by E.D. Etnyre Co.

MAY 27TH

1-4 pm @ Park West Splash Pad Re-opening Party

JUNE 3RD

9-11 am @ Mix Park Sidewalk Painting & Yard Games

JUNE 10TH

9-11 am @ Lions Park Inflatable Games

JUNE 17TH

1-3 pm @ Fairground Park Scavenger Hunt & Nature Play

JUNE 24TH

5-7 pm @ Park West Toro, 4 Square in the Air & Yard Games

JULY 1ST

9-11 am @ Mix Park Dodgeball & Giant Board Games

JULY 8

5-7 pm @ Park West Toro, 4 Square in the Air & Gaga Ball

JULY 15TH

1–3 pm @ The Splashpad Bubble Fun

JULY 22ND

No session



Dodgeball Fun

JULY 29TH

AUGUST 5TH

1–3 pm @ The Splashpad Bubble Fun

AUGUST 12

9–11 am @ Mix Park End of Summer Sidewalk Painting Party

And there's more ...

TORO TIME

Tue, June 3rd and July 1st Time: 1:00 – 3:00 pm Location: Park West

Have you tried our exciting TORO Games at Park West? Join us for fast-paced, funfilled TORO soccer games. Learn how to use the court and enjoy playing in a dynamic, engaging environment. The event is open to all ages, and no registration is required. No cleats on the TORO Court!



MINI PITCH UNDER THE LIGHTS

Monday, June 30th and Thursday, July 31st Time: 7:00 – 9:00 pm Location: Park West

Have you played Mini Pitch under the Lights? Join us for pop-up mini pitch soccer games under the lights at Park West! Teams will be formed on-site for fun, short-sided games. All ages are welcome, and no registration is required. Bring your friends and join in the fun! No Cleats on the Mini Pitch Court!

KICKBALL UNDER

Fri, June 13th and August 8th Time: 8:00 – 10:00 pm Location: Lions Park – Ball Diamond

Join us for a Fun Pop-Up Kickball Game Under the Lights! This free event is open to all ages, and no registration is required. Bring your family and friends for an exciting evening of kickball and fun!



Youth Activities

Ultimate Capture the Flag

Age: 8-14 • Date: Wednesday 7/9 Time: 2:00-3:30 pm • Location: Fairgrounds Park Shelter Fee: \$5/\$6 NR • Deadline: 7/2

Capture the Flag with a Splash! Get ready for all the fun of classic Capture the Flag with an added twist: Super Soakers! Be prepared to run, dodge, and soak your opponents in this high-energy game of strategy and splashes. As an added bonus, everyone who registers will be entered into a prize drawing for some fun giveaways! What to bring:

- Super soakers or squirt guns (participants must bring their own)
- Shoes for running
- Clothes that can get wet

The Oregon Park District will provide all other game supplies. Come ready to get active, get soaked, and have a blast!



Free Park East Bicycle Kickoff Contest

Age: 5-16 • Date: Monday 8/11 • Time: 4:00-5:00 pm Location: Park East • Deadline: 7/30

Celebrate the completion of the Park East renovations with a kickoff bicycle ride and rodeo! We will practice some important bicycle safety skills while riding the newly completed trail loop. This event is a part of the larger Park East Ribbon Cutting ceremony. Oregon Park District will award prizes for best decorated bicycle, and will enter each participant into drawings for fun bicycle related items. **Preregistration is FREE but required.**

Free Family Fishing Fun at LOMC

Age: All • Date: Friday 5/23 Location: LOMC • Deadline: 5/20

Kick Off Summer with Family Fishing Fun! Start your summer vacation with an evening of fun and memory-making at Lutheran Outdoor Ministries Center! Kids can enjoy catch-andrelease fishing along the shores of Paul's Pond a perfect way to relax and enjoy the outdoors. What to bring:

- A fishing pole (or borrow one from Oregon Park District limited availability)
- A picnic dinner to enjoy with family
- Excitement for summer fun!

Pre-registration is FREE but required; please register the children who will be fishing. Parents, grandparents, and other family members are all welcome to attend and join in the fun! Oregon Park District will provide bait and a limited number of poles. Kick off summer break with an evening of fishing, family, and fun at Lutheran Outdoor Ministries Center!

Two Time Options Available

4:00-6:00 pm

6:00-8:00 pm

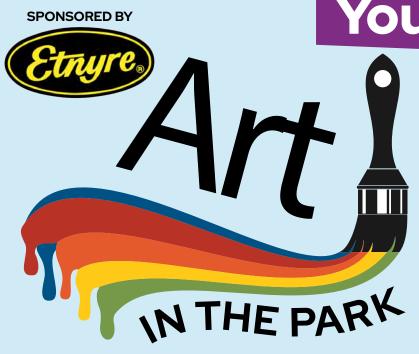


Custom Canvas Shoes

Age: 10-16 Date: Wednesday 7/16 Time: 1:00-5:00 pm Location: Happily Handmade 815 Fee: \$60/\$72 NR • Deadline: 7/9

becca.peterson26on Flickr

Custom shoes are all the rage! Come and paint your own design onto canvas shoes pre-made for customizing. Everyone will receive a blank set of ready to customize shoes, and will have the whole class to customize. Remember clothes that can get dirty and to bring your artistic inspiration.



Youth Activities

Art in the Park is back this summer, sponsored by E.D. Entyre & Co.! Join us for a craft each week and outdoor play with friends at the Reading Nook. Art in the Park is **FREE** and open to all ages! Registration is required. Drop in anytime between 9:00-11:00 am to enjoy the fun!

Wednesdays 9:00-11:00 am • Reading Nook • FREE! Registration required

JUNE 4 Glitter Bottles Deadline: 5/30

JUNE 11

Homemade Sidewalk Paint Deadline: 6/6

JUNE 18

Tote Bag Painting Deadline: 6/13 JUNE 25

Red, White & Blue Slime Deadline: 6/20

> JULY 9 Canvas Painting Deadline: 7/4

JULY 16

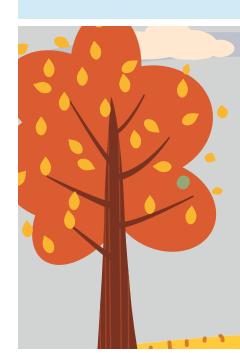
Paper Plate Frisbee Deadline: 7/11 JULY 23 Christmas in July

Deadline: 7/18

JULY 30 Finger Painting Deadline: 7/25

AUGUST 6

Mystery! Deadline: 8/1





Age: 5-12 • Time: 12:00-5:30 pm • Fee: \$25

On noon dismissal days, the fun continues with the Extended Time (ET) staff! Lunch at OES to start the day • Travel to Nash for an afternoon of exciting activities Weather permitting, we'll visit a park for outdoor play.

What to Bring: Sack lunch • Swimsuit & towel

We'll provide a nutritious snack to end the day! Join us for a fun-filled afternoon!

Date	Date Deadline Date		Deadline	
10/17	10/10	3/13/26	3/6/26	
12/19	12/12	5/22/26	5/15/26	

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Education

The Oregon Park District Children's Center program is designed to help prepare your child for kindergarten. Children will learn both indoors and outdoors utilizing both of our classrooms. Mrs. Crandall and Mrs. Teresa have developed a curriculum to assist your child's social and emotional development as well as providing kindergarten readiness skills.

Drop-off and pick-up will occur at our Children's Center entrance located at School Street and South 6th Street. This location allows for you to drop your child off at the entrance from your car directly to our teachers.

The Tuesday/Thursday class is geared towards 3-year-olds and younger 4-yearolds. Class meets from 8:15-10:45 am two days per week. Children must be at least 3 years old to attend the two-day class. The cost is \$140R/\$168NR.

The Monday/Wednesday/Friday class is structured for 4-year-olds and younger 5-year-olds. Children must be at least 4 years old by 9/1 to attend. The class will meet on Monday and Friday from 8:15-11 am. Wednesday class will meet from 8:15 am-12 pm. Children will bring a packed lunch each Wednesday and enjoy lunch with their teachers. Cost is \$175R/\$210NR.

Children must be potty trained by the first day of class. A copy of child's birth certificate is required at registration.

Registration for the 2026-27 school year will be Saturday, March 7, 2026, beginning at 7:30 am. For more information contact tina@oregonpark.org.

Tuition Assistance:

children's

center

Application and guidelines are available at Nash Recreation Center for the A. Charles and Lillimore Lawrence Scholarship. The scholarship will supplement tuition for the Children's Center for the 2020/21 school year for families that meet income guidelines. For more information call Nash Recreation Center, 815-732-3101 or e-mail tina@oregonpark.org.

To register for either program, please call Nash (815) 732-3101. A deposit is required at the time of registration. The deposit is non-refundable and applied towards your September tuition. Monthly tuition payments will begin in October 2025.

EXTENDED TIME

Enroll your child in Extended Time After School Care. Staff engage students in both recreational and educational activities that encourage teamwork, self-confidence and fun.

Age: 5-12 · Location: OES (Room 138)

AFTER SCHOOL

- M/Tu/Th/F 3:00-5:30 pm-\$9 day/per student
- Wednesday 2:00-5:30 pm-\$13 day/per student
- Registration Deadline: 25th of the month prior
- Children can come straight to the ET room after school! Daily afternoon schedule includes time for a snack, homework, themed projects, and physical activity.
- Please ensure we have all information updated in our online registration system (including payment) by the 25th of the month prior to attendance. \$2/student/day late fee with a max of \$20.
- NO registrations are accepted after the first of the month.



Learn to Canoe at LOMC

Age: 8+ • Date: Monday 8/11 Time: 10:00 am-12:00 pm Location: LOMC • Fee: \$10/\$12 NR Deadline: 8/4

Curious about paddling but not quite ready for the river? Join us at Lutheran Outdoor Ministries Center for a beginner-friendly canoeing class on Paul's Pond. Learn basic canoe safety and paddling skills in a calm, controlled environment no motorized boats, river currents, or high winds! This class is perfect for couples or parent-child teams looking for their first adventure on the water. Canoeing is best in teams! Bring a friend, a family member, or meet a partner in class. All children must be accompanied by a registered, participating adult. Ready to paddle? Sign up today!

Predator & Prey: A Wild Adventure at Park West!

Age: 6+ • Date: Tuesday 6/24 Time: 10:00-11:30 am Location: Park West - Upper Shelter Fee: \$5/\$6 NR • Deadline: 6/17

Get active and moving in this fun, interactive game where participants take on the roles of predator and prey animals! Search for food, find water, and most importantly avoid becoming prey! Modeled after some of the most beloved programs from Taft Campus, this adapted version fits perfectly into our local parks and is open to both parents and children for some exciting summer memory-making.

Join us for an adventure in nature will you survive the wild?

Backyard Wildlife Safari

Age: All • Time: 9:00-10:00 am • Fee: \$5/\$6 NR

Backyard Wildlife Safari is Back for the Summer! Join us for these fun parent-child programs, designed to help you explore the natural side of Oregon's parks while learning about Northern Illinois flora and fauna! These programs are best suited for elementary school-aged children and their parents. *Children 5 and under are free, but everyone in attendance must register.* Come discover the wild side of your backyard!

Date	Theme	Location	Deadline
6/20	Critter Detectives	Park West - Upper Shelter	6/13
7/11	Creepy Crawlers	Fairground Park	7/4
7/25	Animal Olympics	Mix Park	7/18

Outdoor Skills in the Parks

Age: All • Time: 9:00-10:30 am • Fee: \$8/\$10 NR

Come out to the parks and enjoy hands-on fun while learning outdoor skills for your next adventure! This exciting outdoor learning program is perfect for children with parents or grandparents and is a bit more advanced than our Backyard Wildlife Safari series. Everyone in attendance must register, and children under 12 must be accompanied by an adult. *Children 5 and under are free*.

Date	Theme	Location	Deadline
6/27	Hiking 101	Park West	6/20
7/18	Using a Map & Compass	Park West	7/11
8/8	Campfire Science & Safety	Fairground Park	8/1

Scaly Safari at LOMC

Age: 5+ • Date: Wednesday 7/2 • Time: 10:00-11:30 am Location: LOMC • Fee: \$6/\$8 NR • Deadline: 6/26

Snakes, turtles, and things that creep and crawl! Come to Lutheran Outdoor Ministries Center for a fun program all about the reptiles and amphibians of Illinois. We will enjoy a short presentation on Illinois-native reptiles and amphibians, followed by a guided hike to the pond to observe them in their natural habitat. Learn fun tips and tricks for recognizing common species and discover the amazing adaptations these animals use to survive the seasonal changes in Illinois.

late IIII registration

To ensure quality planning and program preparation, all registrations must be submitted by the published deadline. A \$15 late fee will be applied to any registration received after the deadline. Late registrations are not guaranteed and will only be accepted if space is available.

Education

Education

Musical Milestones with Ms. K-Rae

Age: 3 months-1.5 years • Location: River Room

Join K-Rae Knowles for a fun and engaging experience where babies and their caregivers learn and grow together! In this class, you will:

- Explore music in a safe and welcoming space
- Learn simple colors, numbers, and sign language
- · Strengthen bonding through interactive activities

A perfect way to support early development while having fun!

Date	Time Fee		Deadline
6/2-6/30	11:30 am-12:15 pm	\$38/\$43 NR	5/26
7/7-7/28	11:30 am-12:15 pm	\$30/\$35 NR	6/30
8/4-8/25	3:00-3:45 pm	\$30/\$35 NR	7/28
9/8-9/29	3:00-3:45 pm	\$30/\$35 NR	8/25

Preschool Music Time with Ms. K-Rae

Age: 2-5 • Location: River Room

Join K-Rae Knowles for a fun and engaging class focused on Kindergarten readiness skills! Designed in a style similar to Ms. Rachel, this class will captivate young learners with daily themes that incorporate stories, music, movement, instruments, and more. Through interactive activities, children will build essential early learning skills while having a great time. An adult must remain with the child at all times.

Date	Date Time		Deadline
6/2-6/30	10:30-11:15 am	\$38/\$43 NR	5/26
7/7-7/28	10:30-11:15 am	\$30/\$35 NR	6/30
8/4-8/25	2:00-2:45 pm	\$30/\$35 NR	7/28
9/8-9/29	2:00-2:45 pm	\$30/\$35 NR	8/25

Preschool in the Park with Ms. Teresa

Age: 3-5 • Day: Thursday • Time: 10:00-11:00 am Location: Reading Nook • Fee \$10/\$12 NR

Join Mrs. Teresa at The Reading Nook for a fun and educational Preschool in the Park experience! Each week, preschoolers will read a story, create a craft, learn a new letter and sound related to the theme, and explore colors. This engaging summer program is the perfect way to keep your preschooler learning and having fun all season long!

Date	Deadline		Date	Deadline
7/10	6/11	[7/24	7/5
7/17	6/18		7/31	7/11

Page 34 | Summer 2025 | May-September

Join Oregon Elementary School and the Oregon Park District for an unforgettable performance of



Follow Simba's journey as he learns valuable life lessons on the African savanna. Don't miss this exciting production register today!

AUDITIONS & CASTING:

- 32 actors/actresses will be cast.
- Additional spots available for stage crew (limited availability).
- Audition and cast details available at registration.
- Dates subject to change.
- Leads will practice twice per week, supporting cast will practice one time per week.

STAGE CREW INTEREST:

Limited spots available! Contact Kelley at kelley@oregonpark.org if you're interested in a stage crew position only.

Age: 8-12 • Fee: \$130/\$150 NR Deadline: 8/10

AUDITIONS: Tu 8/19 or Th 8/21 from 3:00-5:00 pm

> REHEARSALS: Tu/Th 8/26-11/7

PERFORMANCE: Sat 11/15 at OJSHS Auditorium at 2:00 & 6:00 pm

Admission: \$6 Adults \$4 Students FREE Children 3 & under OES students each receive 1 free ticket

Education

Join Kelley this summer for a series of exciting STEM experiences in the parks! Each session features a hands-on experiment, with some even being edible! Come for a single day or enjoy the entire series. Don't miss out on this fun-filled summer of learning and discovery!

Age: 5-12 • Day: Wednesday • Time: 2:00-3:00 pm • Fee: \$6/\$8 NR

JUNE 4 PERISCOPES Park West Shelter - Upper Deadline: 5/28

.STEA

SUMMER SERIES

JULY2

VERTICAL MARBLE MAZES Fairgrounds Park Shelter Deadline: 6/25

JULY 30

WIND POWERED BOATS Mix Park Shelter Deadline: 7/23

AUGUST 6

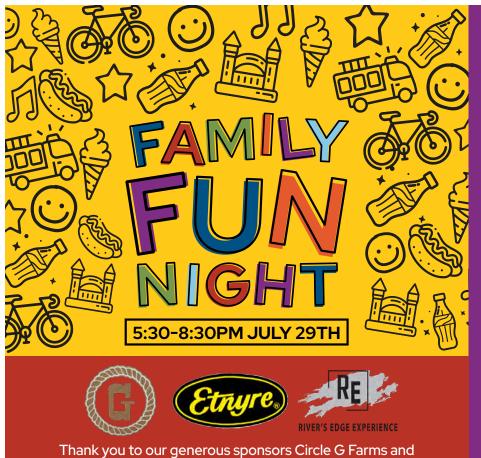
ICE CREAM IN A BAG Reading Nook Deadline: 7/30



CHEESE (CURDS & WHEY) Reading Nook Deadline: 6/11

JULY 16

FIZZY SHERBET Reading Nook Deadline: 7/9



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E.D. Etnyre & Co. games, inflatables and face painting will be free of charge and on a first-come, first-served basis.



Join us for a Family Fun Night at River's Edge Experience to enjoy one last night before school starts! River's Edge Experience will be open to the public and feature will food trucks, beverages and family fun! Enjoy Music by Back Country Duo from 6-8 p.m. Giveaways by Oregon Park District. Add in inflatables, face painting and games, and we are sure everyone will have a great night!

MARKET SIGNATION

Enjoy great music along the Rock River, shopping at the Rivers Edge Market, and fun outdoor activities for kids with the Oregon Park District! Mark your calendar for Music and More @ The Market – happening once a month in June, July, and August. Everyone is invited to join us for a fun evening along the beautiful Rock River in Oregon.

THU, JUNE 5

5:30-7:00 pm @ River's Edge Music by Burn 'N Bush Sponsored by Mike Guzman COUNTRY Financial

THU, JULY 10

5:30-7:00 pm @ River's Edge Music by EJ Kane Sponsored by Sean Adams Construction & Becky Adams RE/MAX

THU, AUGUST 7

11:30 am-1:00 pm @Sarah Phelps Plaza, 418 W. Washington St. Music by Justin Jones *Rain Date: August 14 Sponsored by Rock River Title*

MORE: Crafts and activities will be available at each event, provided by E.D. Etnyre & Co. and the Oregon Park District. Don't miss out on this fun-filled summer event!







This event is made possible by our wonderful partners:



plus...



RIVER'S EDGE MARKET 123 N. 2ND ST., OREGON



JUNE 12 Community Resource Day

Music by Marques Morel



JUNE 26 Explore-a-Truck Day Music by Korey C. Pepper



River Appreciation Day Music by Pete Low



Library Day with The Bubble Guy Music by Alex Sitze



Natural Resources Day Music by Bowling for Dollars



Summer Send Off & Stuff the Bus Music by Marques Morel

THURSDAYS IN AUGUST & SEPTEMBER 10:00 am-2:00 pm SARAH PHELPS PLAZA 418 W. WASHINGTON ST., OREGON

Next to Chile Pepper, across the street from the courthouse. This market prioritizes fresh produce with the potential to offer rotating craft vendors.

<image><text>

Mondays & Thursdays 6/2-8/11* *No meals 7/3

11:30AM-12:30PM MIXPARK The Oregon Park District, Oregon United Methodist Church and St. Mary's Catholic Church are partnering with the Northern Illinois Food Bank to bring free boxed meals for youth under 18 throughout the summer! Meals can be picked up on Mondays and Thursdays, with each child receiving three breakfasts and three lunches to take home. Interested in volunteering to help feed Oregon's youth? Contact Kelley at kelley@oregonpark.org.

More Free Lunches

Summer Eats Program at the Oregon Library

Meals will be available at the library on Wednesdays and can be picked up during library open hours. Meals are available while supplies last, and a new delivery will be made the following Wednesday. The program is sponsored by the United Way.





CONCERTS in the Park

JOIN US FOR FREE MUSIC AT PARK WEST 6:30-8:00 PM ON TUESDAYS

Grab your lawn chair, blanket, picnic basket, and dancing shoes – it's time to enjoy an evening of music under the stars! Join us every Tuesday at Park West for a lively mix of tunes that will get you grooving. We'd like to extend a big thank you to our local business sponsors for making these free concerts possible, bringing fun for all ages to the park. Hungry? Food vendors will be on-site with delicious options for dinner, snacks, and beverages.



Shelters

Reserve Space Outdoors!

Community members may reserve a park shelter for family parties, reunions, or community group picnics. The shelters below will provide your group an area to gather and share a meal while enjoying an Oregon Park District park site. Shelter reservations are available from May 1st through October 31st each year and can be made up to 365 days in advance.

Park West 1402 Koontz Place



With a yalp court, baggo, inclusive playground, ampitheater, skate park, splash park, boardwalk, batting cage, 2 sand volleyball courts, 2 ball diamonds, 3 tennis courts, 2 basketball courts, 4 shelters, grills, an open play area, and a walking trail, this park has just about everything you need for a great day outdoors. NEW this summer! Mini-Pitch Soccer!

Upper Shelter

- Capacity: 30-40
- Picnic Tables: 6
- Fee: \$35/\$42 NR
- Per Day: \$50/\$60 NR

Lower Shelter

- Capacity: 40-60
- Picnic Tables: 10
- Fee: \$45/\$52 NR
- Per Day: \$65/\$78 NR

Park East 200 Jones Terrace / 120 River Road

Lower Shelter





Split by River Road this park has many options for recreation including a ball diamond, 2 shelters, grills, 2 playgrounds, an open play area, river fishing, basketball court, and a walking trail.

Inland Shelter

- Capacity: 100-200
- Picnic Tables: 17
- Fee: \$35/\$42 NR
- Per Day: \$50/\$60 NR

River Shelter

- Capacity: 40-50
- Picnic Tables: 8
- Fee: \$35/\$42 NR
- Per Day: \$50/\$60 NR

Shelters

Lions Park 809 Webster St.

This park has a ball diamond, shelter, playground, and open play area.

- Capacity: 20-30
- Picnic Tables: 8
- Fee: \$35/\$42 NR
- Per Day: \$50/\$60 NR

Kiwanis Park 201 N. 2nd St.

This park has a shelter and access for river fishing.

- Capacity: 20-40
- Picnic Tables: 6
- Fee: \$35/\$42 NR
- Per Day: \$50/\$60 NR

Mix Park 701 s. 4th st.

Located in the middle of Oregon, this park's amenities include a shelter, grill, playground, open play area, and pickleball courts.

- Capacity: 30-40
- Picnic Tables: 7
- Fee: Free







Fairground Park 607 Fair Park Dr.

Park has a ball diamond, shelter, grill, gazebo, playground, open play area, basketball court, a walking trail and fitness/ play pods located on the walking trail.

- Capacity: 40-60
- Picnic Tables: 9
- Fee: \$35/\$42 NR
- Per Day: \$50/\$60 NR

Reservations can be made online at www.oregonpark.org or over the phone by calling 815-732-3101. Reserve any shelter from 8 am-2 pm or 2 pm-8 pm. Reserve both time slots at a discounted rate.

Shelters

	Capacity	Grill	Electricity	Picnic Tables	Playground	Sports Fields	Walking Trail	Fishing	Park Size
Park West Upper	30-40	\checkmark		6	\checkmark	\checkmark	\checkmark		58.5 acres
Park West Lower	40-60	\checkmark	\checkmark	8	\checkmark	\checkmark	\checkmark		58.5 acres
Park East Inland	100-120	\checkmark	\checkmark	19	\checkmark	\checkmark			21.5 acres
Park East River	40-50	\checkmark	\checkmark	7	\checkmark			\checkmark	21.5 acres
Lions Park	20-30			8	\checkmark	\checkmark			3 acres
Kiwanis Park	20-40			6				\checkmark	1.5 acres
Mix Park	30-40	\checkmark	\checkmark	7	\checkmark	\checkmark			3 acres
Fairground Park	40-60	\checkmark	\checkmark	7	\checkmark	\checkmark	\checkmark		10.5 acres

Reservations can be made online at www.oregonpark.org or over the phone by calling 815-732-3101. Reserve any shelter from 8 am-2 pm or 2 pm-8 pm. Reserve both time slots at a discounted rate.

Reading Nook 210 s. 6th St.



Park offers a little library, pergola with seating and playground for ages 2-5.

• Picnic Tables: 3

Wiggly Field Dog Park 810 S. 13th St.



One acre fenced off-leash dog park with two separate entrances and exits for safety. The first area is an open running area and the second is an agility training area. The park offers water fountains for people and dogs. All users and dogs must have a permit from Nash Recreation Center to get your permit. Proof of rabies vaccination is required upon registering. A \$10 Key Fob deposit is collected for all first-time users. Yearly Fee: 1st dog \$5/\$6 NR; 2nd dog \$2/\$3 NR

<u> Other Oregon Park District Parks</u>





2

 Carnation Park, 1 Webster Street: River fishing and a walking trail
 Williams Park, 1101 Illinois Street: Open play area and playground
 Jack's Landing, Corner of Lafayette & 2nd St. in Daysville: Canoe portage and a walking trail

General Info

Activity Guide Release

Digital activity guides are released each year. A full updated guide can always be found by visiting the district's website: www.oregonpark.org.

Late Registration Policy

To ensure quality planning and program preparation, all registrations must be submitted by the published deadline. A \$15 late fee will be applied to any registration received after the deadline. Late registrations are not guaranteed and will only be accepted if space is available.

Lost & Found

Lost and found articles are kept a maximum of 30 days and then donated to charitable organizations. If you think you or a family member may have lost something in one of our parks or facilities, please call or visit Nash Recreation Center.

Military Policy

Military home on active duty, their resident family members during military tours and wounded warriors will have access to Nash Recreation Center at no charge. Also, veterans will receive a military discount rate of 10% that cannot be combined with any other discounts. Proof of Common Access Card or documentation with their status as a veteran disabled during service is required.

Gift Cards

Gift Cards are available for memberships, activities, and more! For more information call (815)732-3101.

Financial Assistance

The Oregon Park District believes that every child should have an opportunity to participate in recreational programs regardless of financial hardship. The Oregon Park District offers scholarships to all OCUSD students for reduced program rates according to financial need. Application forms are available at Nash Recreation Center or online at www.oregonpark.org. Applicants for scholarships are not guaranteed program registration or choice of program location. Scholarship fund availability cannot be guaranteed.



Memorial Tree & Bench

Sponsored by the Oregon Park District, the Memorial Bench and Tree Program allows groups and individuals to donate trees or benches to commemorate special events, honor individuals or agencies, or as memorials to loved ones to be placed in park district parks. The criteria for tree and bench styles is based on park design, function, aesthetics, and maintenance. There are two benches and ten different trees available for memorials. Costs for the memorial benches and trees vary. Please contact Brent Suter, Superintendent of Parks and Facilities, at 815-732-3101 or brent@oregonpark.org for ordering information.

Blood Pressure Monitor

The Park District offers a free blood pressure and heart rate monitor in our lobby. It is a fully automatic self-attended monitor. Be heart-healthy and happy! Know your blood pressure!

Americans With Disabilities Act

The Oregon Park District is happy to comply with the spirit of the Americans with Disabilities Act. If you need special accommodations (such as an interpreter or physical assistance), please call the Oregon Park District (TDD or Voice) two weeks in advance so that we may make the necessary arrangements for you.

Night Fishing Permits

You can now fish at night in Oregon Park District parks by purchasing a required Night Fishing Permit. To purchase a permit, please call Nash Recreation Center (815)732-3101. Permits are \$20.00 and are valid through the end of the calendar year.

Photo Policy

The Oregon Park District and/or professional photographers under contract may videotape or take photographs of participants in Park District activities, classes, programs, or parks. These photographs and videotapes are used for future recreation guides, brochures, Facebook and other marketing materials.

Image Release

Some graphics courtesy of Vecteezy, Pixabay, Unsplash, Freepik and Flaticon.

let's get SOCIAL FO

FOR CURRENT NEWS AND HAPPENINGS AT OREGON PARK DISTRICT, BE SURE TO FOLLOW US ON FACEBOOK & INSTAGRAM! @**oregonparkdistrict** The Oregon Park District would like to thank the following businesses for their gracious sponsorships. Each sponsorship is allocated to help offset the costs of programs and events offered to our community.

Presenting Sponsor



Entertainment Sponsors



Any local business who is interested in becoming an Oregon Park District sponsor may do so by contacting Tina Ketter, Superintendent of Recreation, at tina@oregonpark.org or 815-732-3101.